

Regional Funding

Fiscal Year 2021 - Partner Funding Application

Healthy Families Rappahannock Area

Agency Information

General Information

Agency Name	Healthy Families Rappahannock Area
Physical Address	4815 Carr Drive, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	4815 Carr Drive, Fredericksbuarg VA 22408
Agency Phone Number	(540) 374-3366
Federal Tax ID #	542029476
Web Address	http://www.healthyfamiliesrappahannock.org/
Agency Email Address	dfearon@rappahannockareacsb.org

Agency Mission Statement

Empowering parents to raise healthy children.

Healthy Families home visitors, referred to as "Family Support Specialists" (FSS) are living, breathing how-to manuals, supporting parents as they establish nurturing parent-child relationships, develop positive parenting skills, provide safe homes, and learn to support healthy child development.

Healthy Families Virginia's evidence-based model is rooted in the belief that early nurturing relationships are the foundation for life-long healthy development. Families work to reduce risks and build resiliency so that they can raise healthy children who are ready to learn.

Families are typically referred prenatally or at the time of the baby's delivery. Families will receive an initial visit, during which their strengths and needs are identified. A determination is then made about whether Healthy Families or other services in the community are right for them. Families are voluntarily connected to community resources they prefer.

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Healthy Families Rappahannock Area (HFRA) is a good fit for parents with multiple stressors, such as single parenthood; low income; limited knowledge about infant and child development; history of abuse or adverse childhood experiences; personal trauma; and issues related to substance abuse, mental health, and/or domestic violence.

Number of Years in Operation	20
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Main Contact

Main Contact Davy Fearon, phone: (540) 374-3366, email: dfearon@rappahannockareacsb.org

Job Title Program Manager

Localities Served

Please select any/all localities your agency serves.

Caroline

Fredericksburg

King George

Spotsylvania

Stafford

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

Each year, Healthy Families Rappahannock Area (HFRA) serves over 200 families with home visiting services. If HFRA were dissolved or merged, we would see an increase in parents ill-equipped and unsupported in their journey of parenthood. The overall child abuse and neglect founded rate in FY2018 within the Healthy Families Virginia network was .09 percent (14 out of 1,619 investigations). This accomplishment is remarkable given many of the participating mothers reported that they themselves had been abused as children, and suggests that Home Visiting is contributing successfully to breaking the cycle of violence. Of the 233 families served this past year, no active families, to include those referred by the local Department of Social Services were subjects of founded investigations. We connect families with jobs and encourage them to utilize existing resources within their community.

Additionally, we provide support to fathers through our Village Fathers program. We currently facilitate a combined total of approximately four, 12-week sessions in two locations, Mary Washington Hospital and the Rappahannock Regional Jail. Throughout the year we were able to serve 69 fathers (including incarcerated fathers), most of which were from within the Planning District. Through Home Visiting and Village Fathers educational support group, we change mindsets through empowerment and education. Annually, Healthy Families Rappahannock Area distributes of over 250 car/booster seats in addition to providing the corresponding training for parents of proper installation throughout the Planning District. The charge of ensuring over 250 infants and toddlers travel safely is not required or supported by our national model. It is in response to the need within our region and our willingness to support those in need. No additional locality funds are requested for the aforementioned support and those similar in nature.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Lilly's first year of life was happy and typical until her mother left her in the care of her grandmother as she sought financial stability. At the age of 15, Lilly's mother returned for her and they relocated quite some distance away from her grandmother and all she knew. Shortly after, Lilly was having difficulties adjusting to her new home culture, life without her grandmother, school and relationships. At 17 years old, few years after being separated from her grandmother and comfort zone, Lilly got pregnant by her boyfriend. Upon finding out of her pregnancy, she attempted suicide and soon after was hospitalized where she received mental health stabilization services

After being released from inpatient treatment, on a chance encounter, Lilly met a representative from HFRA. Shortly after this meeting, Lilly was able to speak to a Family Resource Specialist who then connected her with a Family Support Specialist (FSS) responsible for providing the ongoing support. With the guidance and help of her FSS, Lilly has created goals, one of which is to complete her GED. She is learning about parenting, child development, and the importance of proper self-care. Two years later, Lilly and her boyfriend continue to be active participants with HFRA. They have rented their own home and are financial stable. She cares for her children full time while her boyfriend works full time. Lilly has stated "There are no feelings of depression anymore and I get along well with my mother." "If I wouldn't have been participating with Healthy Families, I would not have known how to be the best mom for my babies."

-Real names have been changed to protect the identity of individuals currently receiving or have received services.

Example 2

HFRA's partnership with the local hospitals enabled HFRA to establish a relationship with Sally, a young scared mother who had just delivered her third child. While in the hospital, she tested positive for THC. She admitted that while she was pregnant, she used marijuana to help her cope with anxiety. It was later found that Sally also had an existing mental health condition and was not on any medication, nor was she involved in counseling. As a result of a positive THC finding and her mental health challenges, the hospital case worker was concerned about the baby's well-being and referred her to HFRA. After contact with Sally, HFRA sent a Family Resource Specialist (FRS) to meet with her and share about HFRA and its benefits. After an in-depth conversation about Sally's up-bringing (ie. family history and culture) and current support system, it was determined that Sally and her family could benefit from the extra support that HFRA provides on a daily basis to so many families in the Planning District. While working with the Sally, her Family Support Specialist (FSS) learned about the past abusive relationship with the father of her baby and the emotional abuse still taking place. This interaction created a mindset of anxiety and fear resulting in her not wanting to go home some days. Sally's FSS connected her with a local domestic violence shelter which offered the counseling and support that she needed.

In addition to ensuring her safety, both physically and mentally, Sally welcomed her FSS into her home each week to support her desire to change the way life and parenting had been. Her FSS worked with her on positive ways of interacting with her children, setting and achieving goals, properly accessing and utilizing community resources and learning different self-care techniques. Sally is still an active participant in HFRA and is thankful for the support and help for her to create a new path of success.

Example 3 (Optional)

Notwithstanding what is to come, when families in the area need a car seat, local organizations know to call HFRA. Families eligible to receive a car seat need not be enrolled in Healthy Families to receive this benefit. This is a free service provided to those with Medicaid, typically referred by the local departments of Social Services and the community at large.

Last year we received 559 referrals from individuals expressing an interest in receiving our services. Of those, 254 were assessed and identified as having so much stress that their child or children could later fall victim to abuse and/or neglect from an overburdened parent. Out of the 559 referrals received, over 62% were from Mary Washington Healthcare and the remaining 38% came from various sources (i.e. CPS, Rappahannock Health District, Spotsylvania Regional Medical Center, schools and self referrals) We are known as an organization that the community can count on. We partner with local churches, Head Start, community health fairs, etc. in order to better support families in the community.

Healthy Families Rappahannock Area

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

Administrative costs pertain to Human Resources, Payroll, Information Technology, Quality Assurance, Purchasing, Accounting and Reimbursement. Administrative costs represent 4% of total program expenses. Agency administrative expense in excess of administrative revenue is allocated to agency programs proportionally based on program staffing. HFRA does not use Local funds to defray administrative costs.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

Not Applicable - HFRA does not use Local funds to defray administrative costs.

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

Not applicable - HFRA does not use Local funds to defray administrative costs.

Capital Expenses

Please provide an overview of the capital costs for your agency.

Capital projects are not included in the agency budget. Local funds are not used to defray capital projects.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

Not Applicable- Local funds are not used for capital costs.

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

Salaries will receive a standard 3% cost of living adjustment. There will be no additional changes.

Please provide a description of any changes to agency benefits structure or cost.

This years budget does not include any changes to agency benefits structure or cost.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns periodically for the families served by HFRA and their ability to access support from governmental services susceptible to political issues at any given time. Federal and State funds which trickles down to local governmental services which provide financial support (TANF), food (SNAP), childcare assistance, Medicaid and Medicare. While some of these funding streams may not directly impact HFRA, they do add to the level of support families will need before lending their attention to learning about the development of their child or children. With those stressors at play, the time to support families increases and the amount of families we can serve decreases.

If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

There are currently no funding sources that will expire or be reduced within this fiscal year. We however, continue to build an "emergency fund" with the ability to support operations fully for a minimum of six (6) months.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

Our Village Fathers Educational and Support group for fathers remains underfunded. The cost for some sessions are are offset by one funding source, however is currently no paid position solely dedicated to the oversight of this program. Village Fathers currently hosts four 12-week sessions at Mary Washington Hospital and up to six 12 week sessions at the Rappahannock Regional Jail. In FY19, 70 fathers attended either the Mary Washington or RRJ sessions. We believe this program could reach even more fathers with the necessary funding to market its availability and effectiveness, train other facilitators, purchase the materials (\$9.00 per handbook) and locate/use low to no cost space.

Healthy Families Rappahannock Area

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Salary			627,863.72	623,223.61	641,920.32
Benefits			139,380.51	176,767.57	182,070.59
Operating Expenses			217,929.00	214,624.29	221,063.02
Capital Expenses			0.00	0.00	0.00
Other Expenses			0.00	0.00	0.00
Total	0.00	0.00	985,173.23	1,014,615.47	1,045,053.93

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Caroline			2,880.00	2,880.00	2,880.00
Fredericksburg			9,000.00	9,000.00	9,000.00
King George			0.00	0.00	2,880.00
Spotsylvania			28,000.00	10,000.00	10,000.00
Stafford			9,432.00	9,432.00	9,432.00
United Way			70,000.00	70,000.00	70,000.00
Grants			631,938.00	762,736.00	762,736.00
Client Fees			0.00	0.00	0.00
Fundraising			4,312.43	850.00	850.00
Other (Click to itemize)	0.00	0.00	229,610.80	149,717.47	177,275.93
Total	0.00	0.00	985,173.23	1,014,615.47	1,045,053.93

Surplus / Deficit

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00

Healthy Families Rappahannock Area

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

Although Caroline County families make up nearly 10% of our caseload, all families receive the same level of service as in the other localities. In FY19, 39 Caroline families were referred to Healthy Families. Out of the 39 families referred, 16 received home visiting services. With more than 300 Caroline residents having live births in 2017 and an annual growth rate of almost 1% annually, we anticipate needing to support the same amount of families if not, slightly more each year. A component of the services provided by Healthy Families America sites, is connecting families to medical care providers. Across the state, home visiting programs connected 93% of enrolled families to medical care providers. With Caroline County having the second highest percentage of uninsured children, Healthy Families Rappahannock Area connects approximately 90% of it's families to medical care providers. We thank Caroline County for past support and request level funding in the amount of \$2,880.

City of Fredericksburg

The City of Fredericksburg makes up the second highest number of families we serve (33%). In FY19, 110 Fredericksburg City families were referred to Healthy Families. Out of the 110 families referred, 76 received home visiting services. Topping the regions charts of highest poverty rate, mothers without HS diplomas, single parent households, and severe housing problems, services such as Healthy Families is an invaluable support system. Through key partnerships with our local Departments of Social Services, we are able to provide supports to lessen the burdens on CPS and Family Services. Families enrolled in FY19, although "screening positive" for a higher likelihood of abusing their child/children, were not subjects of founded cases. Statewide, "Healthy Families Virginia sites likely prevented 450 founded cases of abuse and neglect between 2007 and 2012." Healthy Families is thankful to the City of Fredericksburg and requests level funding in the amount of \$9,000.

King George County

Of the 46 families in King George County referred for services in FY19, 10 enrolled in services. The average cost of services for one year, per family is approximately \$3,800-\$4,000 per family. A cost benefit analysis indicated that the return for high-risk families was \$5.70 to \$1.00. That translates to \$43,320 in savings for every \$7,600 invested to serve a HFV family for two years. Although unfunded for several years, the families in King George receive the same level of service provided to the other 200 families we serve. In 2017, there were 17 live births to teenagers in King George County, accounting for 6% of all live births, six of which were to mothers under the age of 17. Healthy Families helps teen mothers and fathers by providing them with knowledge of their babies development and guiding them in managing their expectations. We request funding in the amount of \$2,880 to contribute to the success of those in their community needing our support.

Spotsylvania County

Healthy Families thanks Spotsylvania County and requests level funding in the amount of \$10,000. In FY19 Healthy Families received 232 referrals for support from Spotsylvania County residents alone. Of the 232, we were proudly able to serve 113 by either providing resources or home visiting services. Spotsylvania families also made up the largest population that we served, although not by much. Without our support, the individuals which took the time to complete our referral form, where would they turn? A collective 109 out of overall 559 referrals for the year directly came from the local departments of Social Services and Health Departments. This means that 450 referrals came from individuals which may not have already been receiving services elsewhere. Sixty five percent (65%) of referrals “scored positive” (on the initial screening form) meaning the health and welfare of their child and family would benefit greatly from education and support provided through home visiting.

Stafford County

Healthy Families thanks Stafford County for its continued support and requests level funding in the amount of \$9,432. Families residing in Stafford County makes up 22% of the families referred and nearly the same supported by home visiting. Although Stafford has the lowest poverty rate in the region, it also has one of the highest population growth rates in the while being one of the most diverse localities in the Planning District. Nearly 40% of the families which agreed to an in-home assessment, which gives the Family Resource Specialist insight into the childhoods of the mother, father and grandparents, proceeded to enroll in home visiting services. Sixty-five percent of all families enrolled in Healthy Families Rappahannock Area remain a minimum of six months while the state retention percentage from all 32 home visiting programs is 68%.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Healthy Families Rappahannock Area

Is this a new program? No

Program Contact

Name Davy Fearon

Title Program Director

Email dfearon@rappahannockareacsb.org

Phone (540) 374-3366

Program Purpose / Description

Provide an overview of this program

Healthy Families is a living breathing manual that offers a nationally accredited program that provides 1-hour weekly home visits to promote positive parenting, improve childhood outcomes, and increase family self-sufficiency through education and community support.

Parents participate in home visits so they can learn how to recognize and respond to their babies' changing developmental needs, use positive discipline techniques, cope with the day-to-day stress of parenting in healthy ways, and set and achieve family goals.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees are collected from clients

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

HFRA provides the tools, guidance and support that families need to build a healthy, successful life. We empower parents to raise healthy children. We work with the local Social Services, Health Departments, Hospitals, Obstetricians and schools to ensure those most in need of support, can receive it. We provide free services throughout the Planning District to promote healthy child development, and to prevent child abuse and neglect for families with children pre-birth to age 3 or 5. Some of our other goals are to promote positive and responsive parenting; improve child health and development; and promote school readiness. Without the support from HFRA, over 200 infants annually are more likely to be at risk of abuse and/or neglect in addition to the possible increase of raising their ACE score. Additionally, each of our major grant funding streams requires matching funds, Locality funding is essential in maintaining the grants that allow us to continue to provide services.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Families are typically referred prenatally or at the time of the baby's delivery. Families receive an initial visit, during which their strengths and needs are identified. A determination is then made about whether Healthy Families is right for them. After-which, they are voluntarily connected to resources they prefer. Healthy Families is a good fit for parents with multiple stressors, such as: single parenthood; low income; limited knowledge about infant and child development; history of abuse or adverse childhood experiences; personal trauma; and issues related to substance abuse, mental health, and/or domestic violence. A Family Support Specialist (FSS) then provides regular home visits from pregnancy until the child enters preschool or until the child's fifth birthday. Visits could take place weekly to quarterly depending on their level of self sufficiency.

If your program has specific entry or application criteria, please describe it here.

Families who do best in the program are willing to receive at least one home visit per week for the first six months after the baby's birth. After that the frequency is determined by their needs and progress. Families have the choice to receive services until the child enters preschool or until the child's fifth birthday. Families must enroll prenatally or within three months of birth*. There are no income restrictions. All families must reside in Planning District 16.

*The three month enrollment recommendation will be extended to two years of age for families referred through the Department of Social Services. HFRA is beginning the application process to take advantage of this option. We hope to begin widely accepting these families by Spring of 2020.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

N/A

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

N/A

In particular, please describe in detail if any increase is sought for new positions or personnel.

N/A

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Personnel	519,497.22	560,158.91	627,863.72	623,223.61	641,920.32
Benefits	132,144.50	137,172.68	139,380.51	176,767.57	182,070.59
Operating Expenses	152,588.94	167,327.22	217,929.00	214,624.29	221,063.02
Capital Expenses	0.00	0.00	0.00	0.00	0.00
Total	804,230.66	864,658.81	985,173.23	1,014,615.47	1,045,053.93

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Caroline	2,880.00	2,880.00	2,880.00	2,880.00	2,880.00
Fredericksburg	9,000.00	9,000.00	9,000.00	9,000.00	9,000.00
King George	0.00	0.00	0.00	0.00	2,880.00
Spotsylvania	16,400.00	16,400.00	28,000.00	10,000.00	10,000.00
Stafford	9,432.00	9,432.00	9,432.00	9,432.00	9,432.00
United Way	72,966.55	72,414.36	70,000.00	70,000.00	70,000.00
Grants	696,089.32	574,409.14	631,938.00	762,736.00	762,736.00
Client Fees		0.00	0.00	0.00	0.00
Fundraising		50.00	4,312.43	850.00	850.00
Other (Click to itemize)	213,134.75	368,588.84	229,610.80	149,717.47	177,275.93
Donations/Gifts	16,986.75	1,248.34	11,712.00	11,000.00	11,000.00
Emergency Operating/Retained Earnings	67,834.00	221,366.00	61,023.11	22,092.47	22,092.47
Medicaid	128,314.00	141,374.50	152,075.69	112,125.00	139,683.46
Village Fathers		4,600.00	4,800.00	4,500.00	4,500.00
Total	1,019,902.62	1,053,174.34	985,173.23	1,014,615.47	1,045,053.93

Surplus / Deficit

	FY 2017 Actual	FY 2018 Actual	FY 2019 Budgeted	FY 2020 Budgeted	FY 2021
Surplus or Deficit	215,671.96	188,515.53	0.00	0.00	0.00

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

[View Diagram](#) Goals and Objectives

Goals

Goal: Promote the development of healthy parent interactions through intensive home visiting.

Objectives		2017 Year End	2018 Baseline	2018 Year End	2019 Baseline	2019 Year End	2020 Baseline
A minimum of 1000 families will be screened and referred by community partners (numbers of referrals received)	Total # Clients Served	1,062	1,000	538	1,000		750
	Total # Clients Achieved/Successful	1,062	1,000	538	1,000		750
	% Achieved / Successful	100	100	100	100	0	100
A minimum of 300 parents will receive and initial in-home assessment to determine risk factors and stressors.	Total # Clients Served	261	600	264	300		220
	Total # Clients Achieved/Successful	261	600	264	300		220
	% Achieved / Successful	100	100	100	100	0	100
A minimum of 100 children will receive developmental screening the "Ages and Stages Questionnaire."	Total # Clients Served	125		124	100		150
	Total # Clients Achieved/Successful	123		124	100		150
	% Achieved / Successful	98.40	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

The number of referrals expected annually is based on a conservative estimate deriving from the number of births and what we realistically expect to receive. The challenge with that estimate is, HFRA is not directly in control of what we receive. Nurses, office managers, staff, volunteers and HFRA staff are all expected to return completed screens to a HFRA staff member. Of the aforementioned group, only one is obligated and paid to perform such task. Therefore, our estimate of 1000 screens/referrals was not met.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Our plan is to report on data that directly reflects the work we do and not our reliance on partners and they work they do. Data such as mothers unemployed at the time of enrollment compared to their status at the time of their graduation/dis-enrollment. We also plan to more closely track families with CPS involvement outside of a formal investigation.

If you are restating the goals or objectives for the prior calendar year, please include those here

A minimum of 300 parents will receive an initial in-home assessment to determine risk factors and stressors.

A minimum of 100 children will receive developmental screening the "Ages and Stages Questionnaire."

100% of children with suspected delays will be referred for additional support.

Goal: Ensure families are receiving home visits as scheduled.

Objectives		2017 Year End	2018 Baseline	2018 Year End	2019 Baseline	2019 Year End	2020 Baseline
A minimum of 75% of families are receiving 75% of home visits as scheduled.	Total # Clients Served	212	165	212	200		210
	Total # Clients Achieved/Successful	181	165	212	150		210
	% Achieved / Successful	85.38	100	100	75	0	100
Increase 1st home visit acceptance rate (verbally accepted/completed home visits) by 10%	Total # Clients Served	154	82	155	170		140
	Total # Clients Achieved/Successful	107	82	108	111		100
	% Achieved /	69.48	100	69.68	65.29	0	71.43

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

One FSS was on medical leave for an extended amount of time resulting in a slight decrease in home visits and accompanying supports.

* Healthy Families captures the numbers served as individuals (mother, father and/or baby) or families. Please pay special attention to the particular group for which information is being provided. In FY19 HFRA served 233 families comprised of 557 individuals (148 fathers, 233 mothers and 176 babies). Not all services are for each individual.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes will be made.

If you are restating the goals or objectives for the prior calendar year, please include those here

A minimum of 75% of families are receiving 75% of home visits as scheduled.

Increase 1st home visit acceptance rate (verbally accepted/completed home visits) by 10%

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 Estimate	FY 2021 Projected
Fredericksburg City	190	185	204	200	200
Caroline County	24	45	47	50	50
King George County	16	5	7	10	15
Spotsylvania County	291	184	204	220	225
Stafford County	145	86	95	105	110
Other Localities	0	0	0	0	0
Total	666	505	557	585	600

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The HFRA staff all work closely with: Several local Obstetricians, Head Starts in each locality, Mary Washington Healthcare; the Departments of Social Services in each locality; school counselors and social workers in schools identifying pregnant teens which may need services. We also collaborate with RACSB, Empowerhouse, Hope House, Strong Tower Church, and other local non-profits, and businesses and churches seeking to support families just recently giving birth. Annually we distribute over 250 car/booster seats to families with Medicaid. HFRA staff provides the car seat training and supervises the installation of the seat by the parent. Our annual Safety First event provides numerous safety items to individuals throughout the Planning District free of charge. We are also active active participants in The Community Collaborative for Youth and Families, Youth First Conference, the Continuum of Care and numerous other committees.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Who helps a teenage mother that has both parents, lives at home and is currently in school? No one. She is able to hide in plain sight. Our staff are trained to ask the questions that school personnel are not permitted to ask without cause and that hospital staff may not have time to get to. Tell me about your childhood? What are your expectations of your baby? When do you think he/she should be walking? What will you do if they are not walking at that time? What were your feelings when you first learned that you were pregnant? What are they now? Is the father of your child happy about this pregnancy? We work to strengthen families and support resilience. The burden on Social Services is immense, we aim to lighten that by supporting families before they need to take advantage of government assistance. If we failed to exist in our current form, who would take up the mantle to improve pregnancy outcomes, promote positive parenting, promote child development and prevent child abuse?