

COACHES STANDARDS

1. I will place the emotional and physical well being of my players ahead of any personal desire to win.
2. The coach must be aware that he or she has a tremendous influence, either good or bad, in the education of the player and thus, shall never place the value of winning above the value of instilling the highest desirable ideals of character.
3. I will remember that I am a youth coach, and that the game is for children and not adults.
4. Know and apply the rules and policies related to the safety and welfare of athletes in the sport being coached during all practices and competition.
5. Know what safety equipment is needed by athletes and required by rules governing competition in the sport coached or otherwise needed for athletic protection. Ensure that protective equipment is in good condition and fits properly.
6. Use conditioning drills and activities consistent with the needs of the sport and athlete.
7. Follow safety guidelines, procedures, and risk management plans established by program administrators. In accordance with established administrative procedures and based upon relevant legal requirements, coaches should organize and maintain appropriate records; such as, assignments of personnel, practice plans, safety measures, attendance of athletes, report of injuries, and copy of all oral and written communications to the athlete. Provide proper general and specific supervision of athletes.
8. Recognize the physical and motor limitations of athletes common to the age and skill level being coached and adjust expectations accordingly.
9. Assess athlete success in learning skills relative to their physical limits.
10. Recognize that each athlete is an individual with unique needs and treat athletes accordingly.
11. Provide positive encouragement to all athletes on a regular basis.
12. The coach must constantly uphold the honor and dignity of the profession. The coach shall strive to set an example of highest ethical and moral conduct.
13. The coach shall be thoroughly acquainted with the contest rules and is responsible for their interpretation to team members. The coach shall not try to seek an advantage by circumvention of the spirit or letter of the rules.
14. Relate sportsmanship to complying with the intent of rules, not just the letter of them. Understand the basic components of good sportsmanship and ethics in a sport setting.
15. Recognize the effect coach behavior may have on athletes, officials, and spectators; provide a good role model for others.

16. Be positive, courteous, and considerate when dealing with others (athletes, officials, opponents, concerned others and spectators) in stressful situations.
17. Know the rules of the sport coached; understand that knowledge of the rules on the part of coaches, athletes, and spectators can minimize conflicts with officials and maximize performance.
18. Enhance athlete's self-esteem by such methods as showing acceptance, reacting positively to mistakes and giving encouragement.
19. Develop positive social behaviors in athletics by acknowledging acts of sportsmanship, encouraging respect for teammates and opponents, and respecting effort and improvement.
20. Distinguish between positive and negative behaviors.
21. The coach shall avoid the use of tobacco products when in contact with players.
22. Contest officials shall have the respect and support of the coach. The coach shall not indulge in conduct, which will incite players or spectators against the officials.
23. Before and after contests, rival coaches should meet and exchange friendly greetings to set the correct tone for the event.
24. Know the basic strategies and tactics of the sport; be able to apply them in appropriate situations.
25. Demonstrate the ability to communicate effectively, using appropriate terminology.
26. Learn and apply the elements of effective instruction.
27. Keep informed about sound principles of coaching by attending workshops and re-certification training.

Adopted by: Parks and Recreation Commission 9/4/96.