

Regional Funding

Fiscal Year 2019 - Partner Funding Application

Empowerhouse

Agency Information

General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	39
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Main Contact

Main Contact	Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org
Job Title	Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Empowerhouse identified a domestic violence (DV) survivor through regular review of the Sheriff's Office summaries and a concerned email from the responding deputy. Charge: Domestic Assault & Strangulation. Sherry reviewed the information and made a call to the victim we will refer to as Diana. Diana was very upset and anxious about the entire event. She was not comfortable coming to the Sheriff's Office. Sherry confirmed the suspect as incarcerated and met up publicly. Within six days of the assault visible bruises and marks remained on her arms, neck, legs, and stomach. Diana blamed herself for the arrest; she fled after the assault and then decided to call 911. The deputy observed injuries; he filed criminal charges. Diana felt responsible for ruining someone else's life by "sending him to jail." Sherry and

Diana met for 2 hours discussing DV dynamics, abuser behaviors, safety planning, and strangulation medical concerns. Diana expressed feeling frail and vulnerable, and confused on her feelings for her partner. Sherry explored Diana's comfort level with continued support and Diana welcomed follow up. Sherry called Diana 3 days in a row and every other day for a few weeks: support, DV dynamics, abuser tactics of control and manipulation, healthcare follow up, clinical counseling referral, impact of DV on children, safety planning, and court processes. The conversations validated Diana's feelings and emotions. Three weeks later, Diana came to the King George Sheriff's office to see Sherry. Diana said her appetite returned and she read the literature Sherry suggested. Diana was seen by her doctor for injuries and strangulation. Diana expressed appreciation stating: "With you, I talk freely about everything and about how I am feeling. I am so grateful for your support. I'm starting to see how much he used me and made me feel I was to blame. Really, he was the one who put me down, used me, and hurt me." Sherry will be in court with Diana for the criminal cases.

Example 2

Karen, mother of two, reached Empowerhouse via the domestic violence (DV) hotline seeking help after fleeing abuse. She first went to a hotel but could not afford it. Karen shared that her partner, Sam, was verbally abusive towards her and her children. That night she left, her son Jacob jumped in between as Sam lunged at her. Jacob told Sam, "You really need to quit calling my mom names and you will not touch her again." Enraged, Sam screamed, "Jacob, if you want to act like a man, I will fight you just like a man." Sam punched Jacob in the chest and went into his room destroying Jacob's belongings. Sam called Karen a "worthless b" and told her to get her and her "sorry kids" out of his house. Karen gathered some belongs for herself and the children and went to a hotel. The Hotline advocate and Karen discussed options including DV shelter. After weeks at shelter Karen expressed appreciation for getting the great help, support, and strength from the shelter staff. She went on to say that she was pleasantly surprised that her son was doing so well. Jacob began to open up and express himself while working with the Children's Services Coordinator who prepared activities that were really helping. Karen got connected to Jane, the DV Employment Specialist. Jane helped her create a resume. Karen had a B.S. in Psychology, but never worked in the field. She always worked in food service and wanted to continue to do so. With Jane's encouragement and support, Karen was hired as a local restaurant manager. The Shelter Coordinator also connected Karen to the Empowerhouse housing services. Karen found a house that in her words was, "perfect." Financial assistance supported her quick move in and Empowerhouse staff helped her transition. Jane continued to check on Karen and eventually found and helped Karen apply for a mental health organization job. Karen was hired and stated she is very happy working with the new organization and loves the fact that she is able to help others.

Example 3 (Optional)

A 8,375 character email from Stafford Assistant Commonwealth Attorney (skilled in and dedicated to prosecuting DV crimes to increase offender accountability and increase safety for DV survivors and their children) exceptionally recapped (only a fraction shared here due to 2,000 character limit) and thanked each team member (Sheriff's 2 deputies and investigator, MWH forensic nurse examiner, DSS child protective services social worker, Empowerhouse court advocate, and Stafford Victim/Witness advocate) for successfully bringing accountability to one who brutalized and beat up his wife twice in the presence of children. It detailed what each service provider contributed in making victim safety happen through a 10 year prison sentence outcome. We only have room here for: "(deputy) was first on scene- his patience and composure while on a highly emotionally charged scene – after placing the suspect in the cruiser where he continued yelling, screaming, and making threats- the deputy turned his attention to the victim. He did his best to get quick photos of her injuries as she was trying to hide them. She never felt judged because he showed nothing but compassion and concern for her well-being...Forensic Nurse: 150 plus pictures were proof positive that he continued to pose a danger." "Empowerhouse is a beacon of hope and safety for victims of domestic violence in this community. This is an understatement but Susan absolutely epitomizes

Empowerhouse's commitment to victims. She has taken every phone call, responded to every text message, been to every meeting at the CA's Office, been to every court appearance (whether the victim "Rachel" was or not), and kept us up to date and informed as she possibly could [as confidentiality permitted] throughout the process. She and Ana from Victim/Witness worked together as a team from start to finish and I know it is because of this kind of response that Rachel continued to have the strength to see this through."

Empowerhouse

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative costs for Empowerhouse in FY19 will be \$189,512. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget, last year at just over 10% of the operating budget, in FY 16. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

Empowerhouse is not requesting locality funding for administrative costs.

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

N/A

Capital Expenses

Please provide an overview of the capital costs for your agency.

The capital costs of renovating and opening a new expanded shelter were completed last year in renovations that opened the building in August 2017 and with electrical and grounds upgrades since then.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

Capital funds are not requested in FY19.

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

There are not any increases or decreases in personnel expenses for Empowerhouse in FY19.

Please provide a description of any changes to agency benefits structure or cost.

Employee health premium benefits increased by 13% in FY18 for full-time employees opting into the group plan. There are expected increases in FY19 and are factored into the FY19 budget. Empowerhouse pays a percentage of the health premium as an incentive benefit and needed benefit for full-time, hard working, loyal, and skilled employees receiving below market salaries and no retirement benefits.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns for the recipients of Empowerhouse services in their ability to access support from traditional governmental services that are under threat at the Federal level. Funding that trickles down to governmental offices that provide financial support of food, childcare, cash benefits for mothers experiencing temporary poverty, etc. Services under threat will not directly impact this agency but are examined for their potential impact on service recipients. Empowerhouse works closely with churches and civic organizations as well as other institutions and will continue to voice the crisis and core needs for domestic violence survivors and their children as needs arise.

If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

As mentioned in the budget narrative for two programs within this application, a 3 year Foundation grant will naturally expire at the end of FY 18. Empowerhouse is in a strategic planning cycle and is preparing for the reduction in funding and is working to attract new contributions to sustain services without cuts to needed and established staffing and services and is seeking just over \$4,000 increase in locality support to help with offsetting the loss of the \$63,000 grant. Additionally, as detailed in a program budget narrative, a 3 year Federal grant will end its cycle in the first quarter of FY 19. New competitive applications are usually not awarded in the same funding year and Empowerhouse will reapply if unsuccessful in the coming year. In the meantime, Empowerhouse will follow the plan outlined in the DV Housing and Supports budget narrative while making efforts to weather the anticipated short term (1 year) decrease in funding while building back funding.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

There is a long list of needs currently identified that will involve multi-year efforts by Empowerhouse, some in coordination and collaboration with other entities. Among them are barriers for domestic violence survivors including lack of transportation, lack of affordable daycare, lack of interpreters available while trying to access services, lack of legal representation for daunting and difficult legal systems with potential to worsen the impact of domestic violence, lack of affordable housing, lack of affordable and available crisis and mainstream mental health services, lack of culturally based capacity within mental health providers, lack of access to healthcare insurance and services. Finally there is a lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth especially the primary grades.

Empowerhouse

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Salary	837,339.00	912,815.00	910,429.00
Benefits	142,636.00	167,169.00	180,367.00
Operating Expenses	534,376.00	457,466.00	403,545.00
Capital Expenses			
Other Expenses			
Total	1,514,351.00	1,537,450.00	1,494,341.00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	4,404.00	4,404.00	4,624.00
Fredericksburg	14,350.00	14,350.00	18,249.00
King George	15,815.00	15,000.00	15,750.00
Spotsylvania	53,308.00	52,808.00	55,448.00
Stafford	49,808.00	49,808.00	52,298.00
United Way	104,241.00	101,257.00	121,257.00
Grants	917,664.00	929,893.00	806,715.00
Client Fees	98,823.00	102,900.00	103,000.00
Fundraising	119,776.00	130,030.00	142,000.00
Other (Click to itemize)	126,427.00	137,000.00	175,000.00
Total	1,504,616.00	1,537,450.00	1,494,341.00

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
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Surplus or Deficit	-9,735.00	0.00	0.00
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Empowerhouse

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

Empowerhouse dedicated resources and senior staff part-time hours to a new satellite office Empowerhouse opened in Caroline County. The location provides free rent and Empowerhouse furnishes and pays utilities. With the new office and new staffing dedicated hours, the new worker increased access to Empowerhouse free and confidential domestic violence services within the County. The worker increased coordination with other systems of services needed by domestic violence survivors including workers at the courthouse, the sheriff's office and the department of social services. Currently, staffers are providing outreach and education about domestic violence and services available to Caroline County healthcare offices, community centers, fire and rescue, the library, YMCA, churches and businesses to ensure that identified domestic violence victims access needed services. Empowerhouse requests an additional 5%, \$220, from \$4,404 to \$4,624 in FY19, to assist with increased expenses.

City of Fredericksburg

In FY09, the City allocated \$12,229 to Empowerhouse. In FY09-Empowerhouse budget total:\$728,000
grants:\$308,000
localities:\$110,070.

Empowerhouse volunteers and staff worked diligently to increase services and facilities to serve all localities over 10 years. We prioritized seeking and attracting grants and contributions through initiatives and events gaining community support to grow domestic violence (DV) services:

FY17 budget 100%:\$1,537,450

grant funding 200%:\$929,893

locality funding: 23%:\$136,370

but only received a 17% increase in Fredericksburg City funding to \$14,350.

Empowerhouse opened a 2 unit home in the City, expanded shelter serving more DV survivors and children, and serves Fredericksburg City residents robustly. Stafford granted 30 years property tax relief; Spotsylvania awarded property tax relief going forward; the City did not. We are asking for the City to provide its fair share of support to Empowerhouse by increasing it this year by \$3,899:27%, \$18,249.

King George County

Empowerhouse requests King George County match funding again for FY19 in the amount of \$15,750 to match a state grant of \$79,075 focused on serving King George County. Empowerhouse employs a dedicated full time coordinator assisting King George domestic violence (DV) survivors and King George County through outreach and training initiatives. We staff an office provided by King George County Sheriff's Office where services coordination strengthens relief available to DV victims and their children. Increased awareness of the prevalence and dynamics of DV and available services through this grant funded employee and Empowerhouse is part of the work of this staffer. She travels throughout the county with information and resources for churches, schools, businesses, government offices, and other service agencies and civic organizations. Although operational for only 6 months, hotline calls with King George County residents increased by 130% from 44 to 105, well exceeding the projected 32%.

Spotsylvania County

Empowerhouse requests continued Spotsylvania County support in the amount of \$55,448, a 5% increase over FY18. In addition to the robust assistance provided to Spotsylvania County, its offices and departments, and its residents, Empowerhouse has dedicated a part time court advocate to Spotsylvania County every morning at the courthouse and intake office to support domestic violence (DV) victims through their protective order filings and court appearances. Spotsylvania County experiences the highest number of protective orders among the 5 localities that Empowerhouse serves. We were able to start this effort in FY16 through grant funding and have continued this coordination with County offices and support for DV survivors and their children. Spotsylvania receives the highest number of hotline services among localities and receives the overwhelming majority of classroom education in schools thanks to the high level of engagement Empowerhouse receives from County personnel.

Stafford County

Empowerhouse requests continued Stafford County support in the amount of \$52,298, a 5% increase over FY18. In addition to the robust assistance provided to Stafford County, its offices and departments, and its residents, Empowerhouse has dedicated a part time healthcare advocate to North Stafford healthcare providers and residents focusing on an initiative supporting healthcare offices with training and outreach. Through the saturation of domestic violence (DV) information and engagement with healthcare providers, Empowerhouse met with 91 Stafford healthcare offices, provided training to 42 offices including 270 healthcare providers. This focus supports screening and early identification of DV survivors to prevent injuries and long term health consequences by linking with DV services earlier than otherwise would occur. Stafford County experienced the following services increases year over year: Hotline-30%, Children-105%, Adults-7%, Shelter and housing- 34% thanks to grant funding.

Empowerhouse - Domestic Violence Education and Supports

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Domestic Violence Education and Supports

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

We provided in-person domestic violence (DV) education and supports to 1,116 adults at our office, court, support groups, and at health offices last year. 39 years ago, police and social workers had nowhere to send a mom (and her children) if beaten in her own home. Community members founded RCDV, now Empowerhouse, an accredited DV services organization, the only one locally, one of 55 in Virginia, providing free and confidential trauma informed services to DV victims including: risk assessment, education on impact & risks posed to self, to children- and to physical and mental health, services in Spanish, safety planning, legal remedies, and groups. Court advocates are in PD16 Juvenile & Domestic Relations Court for regular DV criminal docket days or by request of victims, attorneys, or court services and help DV victims face their abusive partners in trials. They help with emotional support, filing, education, referrals, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful or not, and as they move past court proceedings. Latina advocacy assists with a network to help navigate language barriers and culturally unfamiliar systems. In group, victims learn about the impact of DV on their lives and reduce isolation through peer and worker support. Workers assist identified victims in healthcare settings as requested by victims and professionals.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence for victim services. The majority of victims of domestic violence come to Empowerhouse without a name for what they are suffering and they do not assertively seek services. Many question whether they deserve to receive services because they are conditioned to believe they are not worth anything. We find that domestic violence victims frequently say they are unsure of whether they are calling/visiting the right place and go on to say that someone else may need Empowerhouse services more than they do. Fees for services would present one additional barrier which would make the services less accessible to them than is already the case based on their own self screening resulting from the isolation and the severe attacks to their self worth.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Negotiating safely away from abuse is complex and challenging. Once the secret's out, much work is ahead for DV survivors, experts of their horrific situations. They continuously weigh options and competing needs, seeking an end to violence in a way safest for their family. Often certain safety is unattainable for them and their children. They strive for best decisions despite limited choices posing both benefits and risks in implementation. Providing the only free and confidential support and accompaniment services strictly to help DV victims, we often save lives by helping assess risk, obtain protective orders, and safety plan. Victims learn DV impact, legal remedies, safety planning, and community resources. They seek freedom from abuse. Learning they are not to blame and not alone, they now believe abuse is not the norm and they do not deserve it. They otherwise believe there is nowhere to turn but to their abusers. With help, they gain a support system and achieve their goals.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

PD16 DV victims: adults in need of services: every socio economic background, religion, education level, age, ethnicity, gender, profession, etc. One in 4 women experience severe intimate partner violence in their lifetime. Every 5 days DV kills a Virginian, more while leaving than those living in abuse, underscoring the dangerousness of DV while trying to end it. Area law enforcement respond to over 6,500 DV calls/year. We are serving 24hrs/day regardless of locality. Police and courts refer the most victims who access services via phone, coming by the Spotsylvania outreach office, appearing in courts for DV criminal cases, or at health offices. Daily, our advocates are in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford courts. Latina advocacy is based at the outreach office and individual support is frequently provided at localities' service agencies and in Caroline and King George Satellite offices. Support groups are provided 2 hours weekly at churches or offices.

If your program has specific entry or application criteria, please describe it here.

N/A

Empowerhouse - Domestic Violence Education and Supports

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

This is one of two program where the bulk of the \$10,000 localities increase request is focused at \$4,144. Most of the localities are requested to increase their percentage by 5.7% for this program. The Fredericksburg request is at 28% at \$1,516 to support making up the disparity in locality support relative to the other two high locality users of Empowerhouse domestic violence support groups, culturally relevant Hispanic, safety planning, court, and healthcare accompaniment services. The overall increase in cost for the program is very small. However, a three year maximum Foundation grant is in its final year in FY 2018, impacting this program by \$50,000. In order to keep the services at their current quality and staffing levels, Empowerhouse aims to increase community based support through fundraising and contributions and is asking localities to participate in keeping service quality and availability in place.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

At the present time, 24 hours/ day, as hospitals request advocates to support domestic violence (DV) survivors at emergency departments or deputies requests appointments for survivors of domestic violence or survivors show up for support groups, or Latina DV victims show up at the office needing an advocate who speaks Spanish, or court advocates are needed to support survivors through the protective order filing and court processes, Empowerhouse is able to provide these services. Empowerhouse is efficient and effective in attracting grants and donations to support need presented in our community. This is a strength for our community and keeps locality costs down for otherwise overwhelming need if not provided by Empowerhouse. The small increase requested is part of an overall community response to the need present in our community and well worth the collective contributions of government state and local, and philanthropic support as the burden is eased by services maintained.

In particular, please describe in detail if any increase is sought for new positions or personnel.

N/A

Empowerhouse - Domestic Violence Education and Supports

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Personnel	254,028.00	299,772.00	299,993.00
Benefits	49,229.00	60,445.00	64,845.00
Operating Expenses	46,780.00	51,381.00	49,818.00
Capital Expenses			
Total	350,037.00	411,598.00	414,656.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	1,450.00	1,659.00	1,754.00
Fredericksburg	4,725.00	5,406.00	6,922.00
King George	5,207.00	5,651.00	5,974.00
Spotsylvania	17,552.00	19,894.00	21,031.00
Stafford	16,399.00	18,764.00	19,837.00
United Way	39,316.00	43,737.00	43,734.00
Grants	261,384.00	316,235.00	263,314.00
Client Fees	0.00	0.00	0.00
Fundraising	2,504.00	152.00	15,160.00
Other (Click to itemize)	1,500.00	100.00	36,930.00
Total	350,037.00	411,598.00	414,656.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Empowerhouse - Domestic Violence Education and Supports

[View Diagram](#) Goals and Objectives

Goals

Goal:

Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.

Objectives	Objective Results	Year End	Baseline
Provide assistance and support through a variety of support groups to 100 female victims of domestic violence meeting 2 hours each week/group.	Total # Clients Served	177	125
	Total # Clients Achieved/Successful	177	125
	% Achieved / Successful	100	100
At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.	Total # Clients Served	1,116	1,150
	Total # Clients Achieved/Successful	1,031	805
	% Achieved / Successful	92.38	70

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

The support group attendance is trending increases each year. Changed objective from 100 attendees per year to 125. A robust volunteer engagement for support group evenings will allow for more intakes and to manage the increased participants.

Goal:

Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.

Objectives	Objective Results	Year End	Baseline
To accompany and assist 500 victims of domestic violence in area Juvenile and Domestic violence Courts and healthcare settings.	Total # Clients Served	532	500
	Total # Clients Achieved/Successful	532	500
	% Achieved / Successful	100	100
To provide support and education services to 150 Hispanic/Latina victims of domestic violence in their primary language with the support of bilingual/ bi-cultural advocates.	Total # Clients Served	246	150
	Total # Clients Achieved/Successful	246	150
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Goal:

Survivors of domestic violence prioritize their own and their children's health, wellness, security, and safety.

Objectives	Objective Results	Year End	Baseline
At least 70% of surveyed survivors of domestic violence know more about community resources after participating in court advocacy, health	Total # Clients Served	117	75
	Total # Clients Achieved/Successful	109	53
	% Achieved / Successful	93.16	70.67

accompaniment, Latina advocacy,
and/or support groups.

At least 85% of surveyed survivors of domestic violence felt more hopeful about their future as a result of participating in the domestic violence education and support services.	Total # Clients Served	117	75
	Total # Clients Achieved/Successful	110	64
	% Achieved / Successful	94.02	85.33

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Empowerhouse - Domestic Violence Education and Supports

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2017 (Actual)	FY2019 (Projected)
Fredericksburg City	128	130
Caroline County	95	100
King George County	40	51
Spotsylvania County	395	410
Stafford County	429	430
Other Localities	29	29
Total	1,116	1,150

Empowerhouse - Domestic Violence Education and Supports

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Churches for support groups. Memoranda of Understanding with governmental & non to coordinate services to promote DV victims health and safety: 5 jurisdictions: Law Enforcement-work with officers, seek safety & justice & provide cross training; QuanticoMB & victim/witness-at court and staff cases for best outcomes, training & plan events; prosecutors-seek assistance during trials and when abuser has elevated risk behaviors toward victim or worker; J & DR Court Intake & Clerks-to help victims file protective orders (PO), custody, etc., help Spanish speakers file in I-CAN; Social Service Departments-coordinate- expedite benefits and support services for children; Probation-coordinate victim safety related to offender accountability; LAW-prioritize assisting income eligible DV victims with lawyer or advice-civil proceedings: Pos, custody, undocumented victims; UMW-campus victims; coordinate DV support and training in health settings w/RCASA, MWH Forensic Services, EDs, & health offices.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If dissolved: DV Victims would have no free educational support group where they learn from prepared topics and from other peer group members who are facing similar trauma and no expanded support system. They would not learn how to spot abusive behaviors and they would not learn what healthy relationships look like-gaining communication skills for future relationships. No one would train their healthcare providers to routinely and safely screen for DV offering a lifeline to an immediate advocate. They would not be repeatedly accompanied to all court hearings when they bravely face a person who professed to love them but instead had terrifying behavior and who remains a symbol of fear or an actual threat. Homicides of men and women would increase; suicide would increase; child fatalities and injuries would increase; and increased risk of harm would befall emergency responders who would continue to be called to escalated situations.

Empowerhouse - Domestic Violence Housing Supports

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name	Domestic Violence Housing Supports
Is this a new program?	No

Program Contact

Name	Kathy Anderson
Title	Executive Director
Email	kathya@empowerhouseva.org
Phone	(540) 373-9372

Program Purpose / Description

Provide an overview of this program

This area's only domestic violence (DV) shelter is a multi-family residence with 9 suites, 15 bedrooms, a large dining room with 3 kitchens, a playroom with laundry area, a computer/job help center, and a victim services center to provide for the safety and protection of DV/intimate partner violence victims and their children. Safety planning is individually designed through exploration of past and current situations and examining the future. Fleeing often results in homelessness. We spend cash assistance for DV survivors to enter and maintain in their own rentals directing staff (including a dedicated employment specialist) and other resources to support their housing and financial stability goals. 35 adults and children at one time stay up to 2 months at the Empowerhouse shelter, a break from a dangerous oppressive situation within which they live, or while transitioning to independence. Average stay: 1 month. Some enter our independent sites if a large family needs additional time to find affordable housing. We help obtain protective orders; some return home with boundaries placed on the offender. Provision of emergency resources, emotional support, connecting individuals and families to community resources, including but not limited to the legal system, lawyers, housing, social services, medical, mental health, education, family, faith, financial, etc. Last year, we permanently housed 34 victims with 58 children and sheltered 332 people (188 children; 144 DV survivors).

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

DV victims enter emergency housing to alleviate their crisis. This saves lives and provides needed relief from volatile and dangerous violence at home. No other PD16 program provides DV shelter. Qualifying PD16 victims and their children are guaranteed overnight accommodations by Empowerhouse when requested if experiencing danger. All PD16 residents requesting it, after eligibility assessment, are welcomed to shelter. If full, we transport to out of area DV shelters if requested. We shelter PD16 people in danger in other sites when other facilities cannot be arranged. Via financial assistance and staff- we also place in rentals with financial and staff support to regain housing and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. Last year we provided 10,068 bed nights to shelter DV victims and 18,419 bed nights in their own permanent housing through rental subsidies we provided.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Primarily female victims of domestic violence (DV) and their children in PD16 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous situation and/or have become homeless, recently, as a result of the DV. PD16 residents are offered shelter regardless of neighborhood or jurisdiction. For safety reasons, the shelter is in an unpublicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in that year. It is unusual for persons to request multiple stays within one year. We place people in housing from all over the area and in rentals all throughout the area per their unique needs.

If your program has specific entry or application criteria, please describe it here.

Domestic violence callers must complete a shelter assessment and discuss their stay prior to entering our domestic violence shelter.

Empowerhouse - Domestic Violence Housing Supports

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

Again, this is 2 of 2 programs which commands \$4,456, the bulk of a localities increase request of \$10,000. We request each locality to increase this program award by 5.7%; Fredericksburg is at 28%, \$1,994 to support making up a disparity in locality support relative to two other locality high users of domestic violence shelters and housing supports. The overall expenses will be fewer due to a 3 year maximum Federal grant ending first quarter FY19 with impact of almost \$68,000 in FY19 despite implementing the grant funding since 2009 and being successful in 3 of 4 competitive application cycles. We will apply again but may not be competitive again until we have a one year gap in funding. To keep the services at their current quality and staffing levels, Empowerhouse seeks to increase United Way and localities while cutting direct financial assistance levels to new housing applicants in FY19. The program will continue while we seek increased grant and community support in FY18 & FY19.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

It is critical that the services supporting domestic violence (DV) survivors and their children on a path to financial and housing stability in the wake of the crisis, trauma, disruption, and homelessness caused by DV be sustained. With a small increase relative to the loss of dollars in a naturally ending Federal funding cycle, we will keep services strong while we build back the direct financial assistance dollars. Some of the financial assistance prioritized through local coordinating efforts with partners and the Continuum of Care may be stretched temporarily supporting some of the DV survivors in need until Empowerhouse regains the assistance we will attract again from Federal sources and from those with philanthropic interest in supporting this economically sound, effective, and efficient initiative. In the 9 month short term, the community benefits from retaining qualified and trained staff whose efforts will help to minimize impact of a temporary gap in financial assistance.

In particular, please describe in detail if any increase is sought for new positions or personnel.

N/A

Empowerhouse - Domestic Violence Housing Supports

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Personnel	287,758.00	302,216.00	302,340.00
Benefits	53,374.00	60,992.00	66,699.00
Operating Expenses	377,951.00	298,768.00	247,107.00
Capital Expenses			
Total	719,083.00	661,976.00	616,146.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	2,394.00	2,182.00	2,307.00
Fredericksburg	7,802.00	7,110.00	9,104.00
King George	8,599.00	7,432.00	7,857.00
Spotsylvania	28,984.00	26,163.00	27,662.00
Stafford	27,081.00	24,677.00	26,090.00
United Way	64,925.00	57,520.00	77,523.00
Grants	535,556.00	464,876.00	396,375.00
Client Fees	0.00	0.00	0.00
Fundraising	26,200.00	41,016.00	40,018.00
Other (Click to itemize)	17,542.00	31,000.00	29,210.00
Total	719,083.00	661,976.00	616,146.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Empowerhouse - Domestic Violence Housing Supports

[View Diagram](#) Goals and Objectives

Goals

Goal:

Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship. Continue the domestic violence shelter and services in the new expanded and relocated building assisting increased numbers and need.

Objectives

Objectives	Objective Results	Year End	Baseline
130 women and their 150 children will be sheltered in our domestic violence shelter between July 1, 2016 and June 30, 2017.	Total # Clients Served	332	280
	Total # Clients Achieved/Successful	332	280
	% Achieved / Successful	100	100
At least 75% of adult shelter residents surveyed will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence shelter.	Total # Clients Served	46	45
	Total # Clients Achieved/Successful	43	34
	% Achieved / Successful	93.48	75.56
At least 75% of shelter residents surveyed will report that they know more about community resources as a result of the services they received while at the domestic violence shelter.	Total # Clients Served	45	45
	Total # Clients Achieved/Successful	42	34
	% Achieved / Successful	93.33	75.56

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and

objectives, given the data you have reported

The number of victims of domestic violence and their children sheltered continues to rise. The projected total will be raised to 300 for the upcoming year rather than 280.

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Goal:

Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.

Objectives	Objective Results	Year End	Baseline
Provide scattered site placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 24 domestic violence victims and their 36 children. Ongoing financial assistance and mobile staffing to support stability will be provided and assessed ongoing through and past an initial period of time.	Total # Clients Served	93	60
	Total # Clients Achieved/Successful	93	60
	% Achieved / Successful	100	100
Provide supportive services to 24 survivors including safety planning, domestic violence advocacy, budgeting, clothing, and other services necessary to reduce the barriers they face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, etc.	Total # Clients Served	34	24
	Total # Clients Achieved/Successful	34	24
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Empowerhouse - Domestic Violence Housing Supports

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2017 (Actual)	FY2019 (Projected)
Fredericksburg City	48	50
Caroline County	27	28
King George County	8	12
Spotsylvania County	115	120
Stafford County	149	150
Other Localities	18	15
Total	365	375

Empowerhouse - Domestic Violence Housing Supports

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Without the DV Shelter and housing, we would lose lives, compromise health, and decrease safety and economic status for many. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively and efficiently via the simultaneously operating hotline staffing at shelter. They would remain in dangerous homes, continually terrorized, reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. When survivors are able to break free, child abuse decreases with less children in care systems that otherwise need to step in because of child injuries, endangerment, neglect, or lack of residence. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without the DV Shelter and housing, we would lose lives, decrease safety, compromise health, and decrease economic status for many. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively. They would remain in dangerous homes, continually terrorized and reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. When survivors are able to break free, child abuse decreases with less children in care systems than otherwise need to step in because children are injured, are in danger, are neglected, or do not have a residence. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

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General Information

Program Name 24-Hour Domestic Violence Hotline

Is this a new program? No

Program Contact

Name Tammy Torres

Title Assistant Director

Email office@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

The 24-hour domestic violence hotline, the only serving PD16, provides access to trained workers via 2 Empowerhouse numbers, one toll-free. The service opens communication to those isolated by domestic violence (DV)/ intimate partner violence. Workers validate feelings and experiences, provide risk assessment for future harm, and safety planning for the adult or teen victim and affiliated children. Safety planning (part of the service) is individually designed through analysis of the victim's past and current situation taking into consideration what the future may bring. Information on DV, shelter, agency services, law enforcement, and other community resources are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on how to file for protective orders and the various governmental entities which are available to report abuse. Via a language line-we serve over 100 languages when English is not the first language. Professionals and family members call the hotline to request information to help a victim they know and many victims call for informational purposes. Most victims calling do not realize that the abuse they are experiencing is against the law. The primary purpose of this service is to increase safety and connect to resources providing a confidential, immediate, and free response to individuals isolated by their intimate partners, and demeaned, threatened, physically harmed, and frequently in danger.

Client Fees

Please describe the fees clients must pay for the services by this program.

There are no fees for this service. Empowerhouse is an accredited domestic violence program. Critical life saving services for isolated and controlled victims of domestic violence must be provided regardless of ability to pay. As such and because of a mandate by Federal funding, local domestic violence programs are not allowed to charge fees to victims of domestic violence and their children for victim services. Diversified funding sources such as those granted by localities in combination with State and Federal funding and local contributions make it possible to provide this critical public safety life saving service to PD 16 area citizens.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

One in 4 women experience severe physical violence by an intimate partner in their lifetime. A Virginian is killed by domestic violence (DV) every 5 days. Area law enforcement officers respond to over 6,500 DV related calls annually. This hotline saves local lives through providing expertly trained and experienced workers to educate and direct callers and provide an outlet to seek help and identify the problem and danger. No other PD16 agency provides relief in the form of a DV hotline, 24 hours/day, with a worker prepared to stop all activity and focus attention on the caller on average for one hour. This is critical; a DV victim may find the opportunity and courage to reach out only once and needs us to be ready to listen, address concerns, build trust, and open a support system lacking due to isolation. Safety planning is critical and a priority with all callers. All PD16 DV victims can access the 2 local numbers (one toll-free). 1,781 callers received confidential help last year.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford call the hotline. Some callers do not provide information on their locality and are included in other. Sometimes we respond to calls outside of PD16 especially when a family member who lives outside of the area may call for a victim who is located in PD16. Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 150 Olde Greenwich Drive in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and no longer documented as hotline calls.

If your program has specific entry or application criteria, please describe it here.

N/A

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

There is little change in the 24 Hour Domestic Violence Hotline budget from year to year. The operating expenses experience a small increase related to phone expenses and use of interpretation services. The organization continues to evaluate and adjust staffing levels at the new larger capacity domestic violence shelter. The staffing for the hotline overnight and on weekends is split with the shelter. As the workforce adjusted up in the current year, the hotline staffing increased by 7%. The benefits increased by 15% due to increased healthcare premiums for the daytime employees. The hotline continues to be a lean and efficient program supplemented by trained volunteers and student interns throughout the year maximizing community volunteer support. The bulk of the increase is burdening fundraising and donations but a modest increase is requested from localities to support the critical life saving support provided to our community's victims of domestic violence and first responders.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

It is unsustainable to support the increased need as hotline calls increased 23% last year instead of the projected 5%, from 1,442 to 1,781. The program is already lean in its funding and staffing. With the demand for services, it is not wise to reduce the resources dedicated to this program considering the life saving support gained through the ability to call at anytime in the hour of need. Victims of domestic violence need to be connected to a life saving advocate when making their call to make the services available when they need it. Law enforcement and other providers need to be able to count on reaching resources when they are needed. Financial support is critical to sustaining these domestic violence services that are set up now to help victims escape and make plans to be safe from violence and injuries when they call for help.

In particular, please describe in detail if any increase is sought for new positions or personnel.

There was an 8% increase in weekend part-time hourly workers from 2017-2018 in order to address demand for services and ensuring response is available by phone after business hours. Staffing increased 8 paid hours per week from last year to the current year. The majority of the increase is absorbed by fundraising events and community contributions.

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Personnel	45,995.00	49,334.00	49,362.00
Benefits	7,823.00	9,045.00	9,680.00
Operating Expenses	8,302.00	8,327.00	8,062.00
Capital Expenses			
Total	62,120.00	66,706.00	67,104.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	257.00	269.00	284.00
Fredericksburg	838.00	876.00	1,120.00
King George	924.00	916.00	967.00
Spotsylvania	3,115.00	3,224.00	3,404.00
Stafford	2,910.00	3,041.00	3,210.00
United Way	0.00	0.00	0.00
Grants	39,232.00	35,262.00	34,362.00
Client Fees	0.00	0.00	0.00
Fundraising	7,285.00	12,000.00	12,057.00
Other (Click to itemize)	7,559.00	11,118.00	11,700.00
Total	62,120.00	66,706.00	67,104.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Empowerhouse - 24-Hour Domestic Violence Hotline

[View Diagram](#) Goals and Objectives

Goals

Goal:

Enhance the support of victims of domestic violence and their children to decrease exposure to and effects of violence. DV victims will receive attention to planning for their safety while on a hotline call and callers to the hotline will receive the information they are requesting.

Objectives	Objective Results	Year End	Baseline
At least 70% of victims of domestic violence calling the 24 hour domestic violence hotline know more ways to plan for their safety.	Total # Clients Served	1,252	1,260
	Total # Clients Achieved/Successful	965	882
	% Achieved / Successful	77.08	70
At least 65% of hotline callers will take a brief satisfaction survey rating information provided.	Total # Clients Served	1,718	1,800
	Total # Clients Achieved/Successful	1,343	1,170
	% Achieved / Successful	78.17	65
At least 95% of callers taking the the brief satisfaction survey will state they received the information requested.	Total # Clients Served	1,343	1,350
	Total # Clients Achieved/Successful	1,333	1,283
	% Achieved / Successful	99.26	95.04

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Goal:

To enhance the support of victims of domestic violence and their children to decrease exposure to and effects of intimate partner abuse and violence. Empowerhouse workers listen to callers concerns, provide active listening, provide information on dynamics of DV and the free-confidential resources through domestic violence programs, Empowerhouse, such as domestic violence shelter, availability of 24-hour hotline, support /education groups, court accompaniment, and safety planning on-going.

Objectives

At least 70% of individuals making victim related (victim, family & friend) calls to the hotline are more informed about the dynamics of domestic violence and services available through domestic violence programs.

Objective Results	Year End	Baseline
Total # Clients Served	1,359	1,380
Total # Clients Achieved/Successful	1,292	966
% Achieved / Successful	95.07	70

At least 70 % of domestic violence survivors who call the hotline are given referrals to community resources to increase their capacity to acquire resources needed to live a violence-free life.

Total # Clients Served	1,252	1,260
Total # Clients Achieved/Successful	940	882
% Achieved / Successful	75.08	70

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Empowerhouse - 24-Hour Domestic Violence Hotline

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2017 (Actual)	FY2019 (Projected)
Fredericksburg City	514	515
Caroline County	99	100
King George County	102	110
Spotsylvania County	375	380
Stafford County	365	370
Other Localities	326	325
Total	1,781	1,800

Empowerhouse - 24-Hour Domestic Violence Hotline

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Empowerhouse maintains memoranda of understanding and cooperative agreements with multiple nonprofit and governmental entities to benefit survivors of domestic violence and their children including but not limited to 5 localities of law enforcement, prosecutors, victim/witness assistance offices, Legal Aid Works, and RCASA. Our staff participate in an area Domestic Violence Coordinating Council that includes the aforementioned and additionally the public defender's office, RACSB, DSS, community based probation, Safe Harbor, Quantico Family Advocacy, and human trafficking workers. Our domestic violence hotline and 24 hour response services are widely promoted through the coordinating body and via training for first responders and all service providers who frequently come in contact with victims of domestic violence and their families. We also provide training to EMS, fire and rescue, churches, state and military police, and area healthcare providers.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Planning by phone makes a huge difference to both DV victim safety and ongoing economic struggles and coercion they face, coercion to return to the home where the abuser attempts to regain and maintain control over their lives so the abuse can continue unchallenged and unfettered. Victims would have no one to discuss this with, confidentially, in incremental steps and say, "Did you realize this behavior is against the law?", or "I am concerned for your safety." There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Communities everywhere value confidential and 24 hour access locally because victims are more likely to call if they know their information is not shared and decisions are not made for them. Dedicating time to the hotline by 24 hour workers who perform other DV functions is an efficient way to respond quickly, expertly, and with dedication to DV victims.

Empowerhouse - Children Exposed to Domestic Violence

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Children Exposed to Domestic Violence

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

Children are the forgotten victims when serving families experiencing domestic violence. Children's voices tend to be muted as their parents seek services because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adults. Empowerhouse community based children's groups are called the Forgotten Victims Groups. As children participate in trauma informed educational services, children's and teen groups, or individual support at the Empowerhouse office or shelter, they begin to learn they are not alone and not to blame for the violence frequently witnessed and sometimes experienced directly in their homes. Very young children understand yelling and violence do not feel good and, even if they are not directly witnessing, they are aware that it occurs in their homes and are experiencing the impacts. Empowerhouse provides age appropriate workshops, A Windows Between Worlds, support, and education in the shelter and the community through groups provided to children of all ages and genders: Forgotten Victims children's groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys, including groups at schools, when requested and arranged, and the engagement of teen councils and college students. (Education on healthy relationships and warning signs of teen dating violence in area middle and high school classrooms is a separate program but a free service reaching 5,000 teens/year.)

Client Fees

Please describe the fees clients must pay for the services by this program.

All of the children's services for victims and their families are provided free of charge as required by accreditation of local domestic violence programs and Federal funders to provided free services to victims of domestic violence and their children. The only fees for services at Empowerhouse are those that have an intervention focus, an effort to stop violent behavior by the perpetrator in the relationship. There is a nominal fee charged to the teen boys' education/intervention group. The participants are court referred related to violence they have used in their family or interpersonal relationships. The \$100 fee for the 8 week group is part of the accountability component. The fee has been waived for families demonstrating financial hardship cases.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Research shows that children exposed to domestic violence (DV) will negatively impact the performance of every child in a school classroom. A child or youth's ability to interact positively with others, self-regulate their behavior, and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development creates extra stress for families; early identification and assistance for parents and children head off negative results and keep development on track. Local children our local community's only DV shelter receive concrete support to navigate the disruption in their family and school environments including schoolwork, school supplies, and communication with transportation, teachers, and counselors. Children coping with DV need the trauma informed education/support groups provided by this program to help them express their feelings and words to communicate what they are facing.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in PD 16 are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at our domestic violence shelter from 0-17 years old. Children are served from Caroline, Fredericksburg, King George, Spotsylvania, and Stafford. In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Group: teens receive services split by gender; children ages 2-4, 5-8, 9-12 receive group services. The Forgotten Victims' Groups, Teen Girls' Groups, and Teen Boys' Groups are held at Fredericksburg located churches and the Empowerhouse public outreach office in Spotsylvania (on occasion- in area schools). Children and Teen groups are provided 2 hours per week, one evening per week for 8 week cycles.

If your program has specific entry or application criteria, please describe it here.

N/A

Empowerhouse - Children Exposed to Domestic Violence

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

The Children's program experiences a small dip in expenses and funding overall and for locality funding for several localities in the 2019 request related to the proportion of need relative to other programs and the completion of a grant funded teen film project in the current year. The request for Fredericksburg is slightly increased as a much needed increase is requested relative to support for the activities provided to Fredericksburg residents and in proportion to the amount paid by other high use localities, Stafford and Spotsylvania.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

Children and teens have profound needs as witnesses of domestic violence and for those experiencing violence in their own peer relationships. The highest risk age group for intimate partner violence is 17-24. Children and teens need the individual support provided in shelter by the Children's Services Coordinator, connecting them to resources, and attending to their social and emotional needs after witnessing or experiencing violence. Children and teens attending community based groups come to the groups already impacted by violence witnessed or experienced in their own homes or in peer relationships and service demands are increasing, 36% year over year for children's services. The program is lean and must stand ready to grow not decrease. We cannot leave children without support and services for the needs presented by their traumatic experiences.

In particular, please describe in detail if any increase is sought for new positions or personnel.

N/A

Empowerhouse - Children Exposed to Domestic Violence

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Personnel	56,951.00	56,542.00	50,780.00
Benefits	6,242.00	7,312.00	7,357.00
Operating Expenses	9,748.00	9,108.00	7,939.00
Capital Expenses			
Total	72,941.00	72,962.00	66,076.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	302.00	294.00	279.00
Fredericksburg	985.00	958.00	1,103.00
King George	1,085.00	1,002.00	952.00
Spotsylvania	3,657.00	3,527.00	3,351.00
Stafford	3,417.00	3,326.00	3,161.00
United Way	0.00	0.00	0.00
Grants	42,574.00	37,728.00	37,806.00
Client Fees	0.00	1,000.00	1,000.00
Fundraising	10,200.00	10,000.00	7,000.00
Other (Click to itemize)	10,721.00	15,127.00	11,424.00
Total	72,941.00	72,962.00	66,076.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Empowerhouse - Children Exposed to Domestic Violence

[View Diagram](#) Goals and Objectives

Goals

Goal:

Children exposed to domestic violence are socially and emotionally competent as a result of Empowerhouse domestic violence children's services.

Objectives

75% of adult survivors with minor children responding to the DOW survey report that because of services received, their children know that it's okay to talk about their experiences with violence.

Objective Results	Year End	Baseline
Total # Clients Served	98	65
Total # Clients Achieved/Successful	80	49
% Achieved / Successful	81.63	75.38

75% of adult survivors with minor children responding to the DOW survey report that because of services received, they feel that their children are having more positive interactions with others.

Total # Clients Served	100	68
Total # Clients Achieved/Successful	84	49
% Achieved / Successful	84	72.06

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Goal:

Ensure crisis and support services are provided to child witnesses of domestic violence and court referred teens in need of violence intervention.

Objectives	Objective Results	Year End	Baseline
Provide shelter services and case management to 150 child witnesses of domestic violence in domestic violence shelter and housing.	Total # Clients Served	200	160
	Total # Clients Achieved/Successful	200	160
	% Achieved / Successful	100	100
Provide group education, support, and activities to 150 child and teen witnesses of domestic violence and teen perpetrators of violence. (110 children, 30 tweens/teens, 10 teen boys referred for intervention)	Total # Clients Served	176	150
	Total # Clients Achieved/Successful	176	150
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for FY 2018, please include those here

N/A

Empowerhouse - Children Exposed to Domestic Violence

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2017 (Actual)	FY2019 (Projected)
Fredericksburg City	46	46
Caroline County	13	15
King George County	15	16
Spotsylvania County	111	112
Stafford County	142	142
Other Localities	11	10
Total	338	341

Empowerhouse - Children Exposed to Domestic Violence

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The Empowerhouse children's coordinator, teen boys' coordinator, support services coordinator, and services director work closely with the Juvenile & DR Relations Court Services' Units, the Office on Youth + group home, youth detention center, Head Start, the schools related to child IEPs, arranging transportation to school of origin, counselors and social workers in schools identifying children witnesses and those who may need services, and also work closely with the school based McKinney- Vento homeless children liaisons, departments of social services child protective services and foster care on some cases. RCASA, CASA Rapp Area, RACSB, National Counseling Group, Catholic Charities, Healthy Families, and Safe Harbor additionally interact, on occasion, with Empowerhouse workers regarding child services. We stock libraries and schools with brochures and in October display the Clothesline Project in every library. We are active participants in the Collaborative for Youth and Families.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

When victims are able to break free (not always within their control; sometimes they are murdered in the process), child abuse decreases if a byproduct of partner violence, but not if an abuser is a predator and gains full access to a child during custody/visitation (at which time the protective parent would not be present). With no avenue for protective parents to seek DV help, more children would be direct child abuse victims. We ensure fewer children enter care systems otherwise needed to step in for child injuries, danger, neglect, or lack of dwelling. Current in DV National trends, we ensure best practices for our community. As a DV program, we have access to A Window Between Worlds art project database specific to DV work with exposed children. Empowerhouse mission and 24 hour services define us uniquely as responders to child DV witnesses including ones not victimized by code defined child abuse/neglect. Without this program, child DV witnesses would fall through the cracks.