

Regional Funding

Fiscal Year 2019 - Partner Funding Application

Safe Harbor Child Advocacy Center

Agency Information

General Information

Agency Name	Safe Harbor Child Advocacy Center
Physical Address	305 Hanson Avenue, Suite 180, Fredericksburg, VA, 22401, U.S.A.
Mailing Address	PO Box 56, Fredericksburg, VA 22404
Agency Phone Number	(540) 891-6280
Federal Tax ID #	261563081
Web Address	https://safeharborva.org
Agency Email Address	elizabethmcnally@safeharborva.org

Agency Mission Statement

Safe Harbor's mission is to reduce the trauma to child victims of abuse by coordinating and strengthening the community response.

Number of Years in Operation	9
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Main Contact

Main Contact	Elizabeth McNally, phone: (540) 891-6280, email: elizabethmcnally@safeharborva.org
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Job Title	Executive Director
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Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

Safe Harbor Child Advocacy Center (SHCAC) exists to ensure the abused children in our service area are not re-traumatized following their initial abuse. SHCAC provides a child-focused safe place, coordinates forensic interviews, and provides victim support and advocacy—including free mental health services—to support childrens' healing. Support services are also available for non-offending caregivers.

Communities with child advocacy centers (CACs) have greater law enforcement involvement in child sexual abuse investigations and more evidence of coordinated investigations. Wolfeich and Loggins (2007) found that organizations with multidisciplinary teams (MDTs) were associated with higher frequency of substantiated abuse than the traditional child protection model that does not facilitate an MDT. By coordinating the investigation and combining the available evidence on the child's case, the MDT helps build a complete picture of the abuse. This helps prosecutors build stronger cases against abusers, helps courts to determine just outcomes to protect all children from the abuser, and helps child protective services (CPS) determine the best interests of the child. This type of coordination ultimately results in offenders being held accountable, reduction of duplication in both effort and cost, and most importantly, improved outcomes for children, adolescents, and the community.

If SHCAC did not exist, the community would return to a time when a child would be taken to multiple locations for investigative interviews; services would be fragmented, or simply not available. Because Safe Harbor exists, healing, trust, and justice are the ultimate outcomes for the abused children in our service area.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

When Stafford County deputies were called to a motel to check on a woman who was reportedly having a mental breakdown and "hearing demons", their investigation ultimately led to the woman's 5-year-old daughter who had burn scars on her face, shoulder, back and legs. Upon assessing the situation, the deputies immediately activated child advocacy center protocol, scheduled a forensic interview, and alerted the multidisciplinary team.

The child was provided a medical exam and forensic interview (at SHCAC). The forensic nurse examiner later testified at a Child Protective Service hearing and provided the Commonwealth with a forensic report including more than 70 photographs of the child's extensive injuries. The photographs helped prosecutors establish that the child should have received medical treatment; physicians estimated that the wounds were anywhere from several days.

The MDT did an effective job in their respective roles to ensure the best outcome for this child—supportive, follow-up services provided by SH and its partners were critical to the child who was experiencing much change as a result placement in foster care.

The child's father was given a three-year sentence for felony child neglect; the mother who had previously pleaded guilty to child abuse and failure to appear in court—was sentenced to a total of 10 years and six months.

Example 2

Laura* came to SHCAC as a result of being sexually abused by her stepfather on several occasions. The nature of the abuse she suffered was horrific. After Laura's forensic interview, she received a medical exam by one of the Sexual Assault Nurse Examiners on Safe Harbor's (SH) team. The exam was conducted onsite at SH, free of charge.

Laura was screened for post-traumatic stress using the UCLA Post-Traumatic Stress (PTS) Reaction Index; she scored 25 which indicated she likely suffering from post-traumatic stress disorder. Laura was promptly referred to an intake appointment with a mental health therapist provided through a partnership with the Rappahannock Area Community Services Board.

Laura's mother was extremely worried about Laura, naturally, and felt overwhelmed by the trauma her daughter had suffered. SH's case manager listened to Laura's mother, providing her with the support she needed. Together they made a plan for her to visit SH in the following week so that the case manager could help her find a therapist for herself.

The MDT had concerns about Laura's siblings; soon, all three siblings were interviewed at SH. Through this process, the team learned Laura's siblings had witnessed their mother being verbally and physically assaulted by their stepfather as well.

The MDT increased this family's support network to help them heal from their history of abuse. All three children were referred to mental health services, and their mother was connected with EmpowerHouse and a private therapist. SH provided continued support to the family with regular checkups emotional support and case updates were provided.

Laura and her family are on their path to finding justice for the abuse they suffered. They will continue on their path to resilience because of the support and resources available to them at SH.

*Named changed for confidentiality purposes.

Example 3 (Optional)

Safe Harbor Child Advocacy Center

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

Administrative costs at SHCAC are minimal as the majority of our budget is comprised of personnel and operating expenses associated with the delivery of direct program services.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

Request for funding at the locality level is based on volume or services for that locality.

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

At the time of application, the amounts of and justification for administrative costs are not historically recorded as being expended by specific revenue sources. General expenses that are not grant-specific are offset by the collective of fundraising net revenue, donations not earmarked for operations, and local government grants.

Capital Expenses

Please provide an overview of the capital costs for your agency.

At the time of this application, we do not currently anticipate capital costs in FY2019.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

At the time of this application, we do not anticipate capital costs in the upcoming fiscal year that will need to be defrayed by locality funds.

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

FY2019 personnel costs increase slightly for two reasons: (1) the addition of a nominal COLA of 3% to each of SH's positions, and (2) expenses that were previously recorded (FY2017) as benefits have been reclassified (in FY2018 budget and subsequent budgets) as Salary expenses (employees receive a health care stipend each month which has been reclassified as a Salary cost per federal funding requirements). This reclassification caused the overall salary line to increase and the benefits line to decrease.

Please provide a description of any changes to agency benefits structure or cost.

Please refer to the response to the previous item.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

The state legislative calendar is, as always, full and it is unclear how the funding for the support of child abuse victims and their service agencies will be impacted. The Executive branch of the Federal government, and some decisions early in the administration, leave victims and service providers alike uncertain about future federal funding. At the state level, Children's Advocacy Centers of Virginia continues to coordinate efforts for SHCAC to participate in an advocacy event to educate state leaders on the continued need for funding.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

SHCAC's grant funding (which comprises the majority of revenue) is on a set cycle which staff administer closely with the leadership of the respective funding sources.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

Support for fundraising development continues to be a goal as we are seeking to create a robust strategic fundraising plan. In the past year, SHCAC purchased (for a nominal fee) and began utilizing software (DonorPerfect) to support our fundraising efforts.

Safe Harbor Child Advocacy Center

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Salary	131,156.91	189,860.01	195,555.81
Benefits	14,701.27	17,051.61	17,563.15
Operating Expenses	179,937.23	110,581.95	113,899.40
Capital Expenses	0.00	0.00	0.00
Other Expenses	0.00	0.00	0.00
Total	325,795.41	317,493.57	327,018.36

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	0.00	1,000.00	1,050.00
Fredericksburg	5,000.00	5,000.00	5,100.00
King George	3,000.00	3,000.00	3,075.00
Spotsylvania	7,000.00	7,000.00	7,150.00
Stafford	4,750.00	4,750.00	4,845.00
United Way	69,453.10	66,000.00	67,200.00
Grants	122,199.17	175,697.44	178,322.90
Client Fees	0.00	0.00	0.00
Fundraising	54,797.92	36,330.00	39,721.50
Other (Click to itemize)	51,190.45	37,000.00	40,700.00
Total	317,390.64	335,777.44	347,164.40

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
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Surplus or Deficit	-8,404.77	18,283.87	20,146.04
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Safe Harbor Child Advocacy Center

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

Fiscal year 2017 represents the eighth year that SHCAC has provided services not only to the abused children of Caroline County, but free trauma-focused mental health treatment services and ongoing education, training, and support for its multidisciplinary team. We are grateful for the financial support provided by Caroline County leadership in FY2018.

During FY2017, SHCAC served 29 victims of abuse from Caroline County. We stand ready to continue to develop the critical partnership with Caroline County so that together we may bring trust, healing, and justice to its most vulnerable child residents.

City of Fredericksburg

SHCAC relocated to the City of Fredericksburg in August 2016 to a location that is central to the planning district service area, accessible to I-95, Route 1, and the local Trauma Center where the Forensic nurses are based. We are grateful for the financial support provided by City of Fredericksburg leadership in FY2018.

During FY2017, SHCAC served 31 victims of abuse from the City of Fredericksburg.

King George County

King George County continues to utilize SHCAC for essential coordination of services for the abused children of that county. Fully embracing the CAC model, MDT members from King George actively seek continuing education which in turn supports the achievement of positive results for abused children. We are grateful for the financial support provided by King George County leadership in FY2018.

During FY2017, SHCAC served 14 victims of abuse from King George County.

Spotsylvania County

Spotsylvania County continues to hold the highest utilization rate for SHCAC of the regional partners. We have nurtured a close partnership in ensuring these services are provided to abused children in a safe, child-focused environment with the wrap around services that SHCAC provides. Although SHCAC relocated from Spotsylvania County to the City of Fredericksburg in August 2017, as a non-profit serving the community for nearly ten years, we understood the need to continue stewarding the long-standing relationship that had been built and remain committed to a strong working relationship with the Spotsylvania multidisciplinary team. We are grateful for the financial support provided by Spotsylvania County leadership in FY2018.

During FY2017, SHCAC served 74 victims of abuse from Spotsylvania County.

Stafford County

We continue to see steady growth with Stafford County in terms of volume which reflects the ongoing

support of SHCAC by Stafford at all levels. Stafford not only embraces the CAC model in terms of providing coordinated services to children, it also supported SHCAC during its recent renovation by making (satellite) space available at the Sheriff's office for interviews while renovation was underway (two week period). This meant that critical services could continue uninterrupted and again demonstrated leadership from Stafford leadership. We are grateful for the financial support provided by Stafford County leadership in FY2018.

During FY2017, SHCAC served 54 victims of abuse from Stafford County.

Safe Harbor Child Advocacy Center - Safe Harbor Child Advocacy

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Safe Harbor Child Advocacy

Is this a new program? No

Program Contact

Name Elizabeth McNally

Title Executive Director

Email elizabethmcnally@safeharborva.org

Phone (540) 891-6280

Program Purpose / Description

Provide an overview of this program

Safe Harbor Child Advocacy Center (SHCAC) is nonprofit whose mission is to strengthen and coordinate the community's response to child abuse and neglect. SHCAC follows a nationally recognized, evidence-based model which had its beginnings in Huntsville, Alabama in 1988 with the nation's first child advocacy Center.

SHCAC aims to lessen the trauma to child victims of abuse by coordinating and utilizing a multidisciplinary team (MDT) approach. Professionals from law enforcement, medical forensics, mental health, child protective services, prosecution, and victim advocacy come together to address and respond to the child's abuse. The MDT approach not only reduces trauma, but it is known to prevent further victimization of children as well.

SHCAC operates in a safe, child-focused setting. Services offered by SHCAC include case management, forensic interviewing, support for non-offending caregivers, and trauma-focused therapy. SHCAC also provides development, coordination, and training for members of the MDTs of the five jurisdictions it serves.

Client Fees

Please describe the fees clients must pay for the services by this program.

There are no fees for services at SHCAC.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

SHCAC's services are provided as a result of abuse and victimization of children which occurs in our community. According to the Virginia Department of Social Services, more than 6,500 children were involved in founded cases of abuse in 2016. Kids Count reports that in 2015, the rate of founded cases of child abuse per 1,000 children was 1.3 (Caroline Co.), 3.7 (City of Fredericksburg), 0.3 (King George Co.), 2.5 (Spotsylvania Co.), and 0.4 (Stafford Co.). The investment by each locality in SHCAC's services at the time of acute events in childrens' lives has a profound and lasting impact as the survivor pursues a productive life into adulthood. Healing, trust, and justice are the outcomes for the abused children of our service area.

Funding should be considered as an extension of all efforts to maintain safe, stable communities. Data exists to demonstrate that communities with a CAC have dramatic improvement in felony prosecution as well as faster case processing time.

If this is a new program, be sure to include the benefits to the region for funding a new request.

The program has successfully operated since 2008.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

SHCAC aims to serve children and adolescents who are reported to be victims of abuse: sexual abuse, physical abuse, or severe neglect from infancy to seventeen years old. SHCAC serves planning district 16: the City of Fredericksburg, and the Counties of Caroline, King George, Spotsylvania, and Stafford; our child focused location is in the City of Fredericksburg.

Members of the multidisciplinary team (MDT) begin the process by accepting the initial report of abuse allegations. SHCAC works with MDT members on intake information, then provides services based on the recommendation of the MDT (case management, forensic interview, forensic medical exam, trauma-focused therapy) and continues services until the child no longer needs them. Forensic interviews—the most widely utilized SHCAC service—are conducted by highly trained individuals and reduce the occurrence of multiple interviews of children therefore also reducing further trauma.

If your program has specific entry or application criteria, please describe it here.

SHCAC's services are initiated and provided at the request of locality MDTs.

Safe Harbor Child Advocacy Center - Safe Harbor Child Advocacy

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

The amount that SHCAC is requesting in increase from each jurisdiction is minimal (2%) and is being requested to attempt to maintain pace with the cost of operating.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

If no increase is granted, SHCAC would seek other funding to support operations as the need for the services provided continues.

In particular, please describe in detail if any increase is sought for new positions or personnel.

There are no funds being requested for new positions or personnel.

Safe Harbor Child Advocacy Center - Safe Harbor Child Advocacy

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Personnel	131,156.91	189,860.01	195,555.81
Benefits	14,701.27	17,051.61	17,563.15
Operating Expenses	179,937.23	110,581.95	113,899.40
Capital Expenses	0.00	0.00	0.00
Total	325,795.41	317,493.57	327,018.36

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2019
Caroline	0.00	1,000.00	1,050.00
Fredericksburg	5,000.00	5,000.00	5,100.00
King George	3,000.00	1,500.00	1,550.00
Spotsylvania	7,000.00	7,000.00	7,150.00
Stafford	4,750.00	4,750.00	4,845.00
United Way	69,453.10	66,000.00	67,200.00
Grants	122,119.17	175,697.44	178,322.90
Client Fees	0.00	0.00	0.00
Fundraising	54,797.92	37,830.00	39,721.50
Other (Click to itemize)	51,190.45	37,000.00	40,700.00
Total	317,310.64	335,777.44	345,639.40

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	-8,484.77	18,283.87	18,621.04

[View Diagram](#) Goals and Objectives

Goals

Goal:

Child victims of alleged child abuse have immediate needs addressed onsite in a coordinated, comprehensive, child-focused, safe and protected environment.

Objectives	Objective Results	Year End	Baseline
Family needs assessments will be conducted with 250 families.	Total # Clients Served	237	250
	Total # Clients Achieved/Successful	237	250
	% Achieved / Successful	100	100
Child victims of alleged abuse return for ongoing mental health and support services to address the impact of traumatic events.	Total # Clients Served	48	55
	Total # Clients Achieved/Successful	36	42
	% Achieved / Successful	75	76.36

To be eligible for therapy at SHCAC, there must be a disclosure of abuse during the forensic interview and a subsequent score of 25+ on the UCLA Post Traumatic Stress Scale (exceptions may be made by the MDT on a case-by-case basis to provide therapy for children who score lower).

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

In FY2017, 237 represents the total number of clients provided services (i.e. forensic interviews and follow up services). Of those, 130 children disclosed abuse. When children disclose abuse, the next step is to administer the UCLA Post Traumatic Stress Scale. To be eligible for trauma-focused therapy at SHCAC, a child must generally score 25 or higher on the scale (exceptions may be made on a case-by-case basis). Forty-eight (48) children met the criteria for therapy by scoring 25 or greater and 36 entered therapy.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

At the time of this application, we anticipate making no major changes to the goals and objectives.

If you are restating the goals or objectives for FY 2018, please include those here

Goal:

Safe Harbor services will be utilized by local multidisciplinary teams from each jurisdiction to investigate cases of suspected abuse and neglect.

Objectives	Objective Results	Year End	Baseline
Safe Harbor will provide the resources to conduct a minimum of 190 forensic interviews, medical evaluations, and consults.	Total # Clients Served	237	262
	Total # Clients Achieved/Successful	237	262
	% Achieved / Successful	100	100
100% of forensic interviews at Safe Harbor are conducted by an individual trained in the ChildFirst model of forensic interviewing.	Total # Clients Served	237	262
	Total # Clients Achieved/Successful	237	262
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

At the time of this application, we anticipate making no major changes to goals or objectives.

If you are restating the goals or objectives for FY 2018, please include those here

Safe Harbor Child Advocacy Center - Safe Harbor Child Advocacy

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2017 (Actual)	FY2019 (Projected)
Fredericksburg City	31	35
Caroline County	29	32
King George County	14	16
Spotsylvania County	74	81
Stafford County	54	60
Other Localities	35	38
Total	237	262

Safe Harbor Child Advocacy Center - Safe Harbor Child Advocacy

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

SHCAC has well-established formal partnerships with Mary Washington Healthcare (MWH) and the Rappahannock Area Community Services Board (RACSB) which enable the organization to achieve its mission. MWH provides highly trained forensic nurse examiners and peer review of exams. Nurses have access to a fully equipped examination room at SHCAC. RACSB is SHCAC's key partner for free onsite and follow mental health support and trauma-focused cognitive behavioral therapy. SHCAC maintains MOUs with the City of Fredericksburg, Counties of Caroline, King George, Spotsylvania, and Stafford as their dedicated personnel form our multidisciplinary teams comprised of Law Enforcement, Department of Social Services (Child Protective Services, Commonwealth's Attorney, and Victim Witness).

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

SHCAC is the only child advocacy center in this region of Virginia. Abused children would need to be transported to Richmond, Fairfax County, or Winchester to attempt to access services as each of these localities have locally funded CACs with limited ability to provide courtesy forensic interviews due to their own case volume from the respective service areas. As described in our agency collaborative statement, data exists which demonstrates that communities with CACs have dramatic improvement in felony prosecution of child abuse as well as faster case processing time. If SHCAC did not exist, we, as a community, would return to a time when a child victims were taken to multiple locations for interviews and services would be fragmented, or simply unavailable. Because SHCAC exists, healing, trust, and justice are the outcomes for abused children in our service area.