

Why should I be a member of the Spotsylvania Senior Center & TRIAD?

- Meet new friends or reconnect with friends you haven't seen in awhile
- Experience the safety and comfort of having a personal relationship with our local law enforcement and gain knowledge of illegal activity effecting seniors in our community
- Get a monthly mailing of all the events and program opportunities for seniors in our local area
- Gain access to many discounts and offerings at local businesses and restaurants
- Take part in monthly Potluck Luncheons to gain companionship and listen to seminars on useful information for seniors
- Have early access to special events and special programs
 - **It's FUN and it's FREE!!**

**SPOTSYLVANIA
SENIOR CENTER & TRIAD
MEMBERSHIP INFO**



540-507-PLAY (7529)

www.spotsylvania.va.us/parksandrec

SPOTSYLVANIA SENIOR CENTER & TRIAD



BINGO

CRAFTS



LUNCHEONS



CARDS



**SPECIAL
EVENTS**

Providing safe, fun and affordable programs for our 55+ community.

MARSHALL CENTER
8800 Courthouse Road
Spotsylvania, Va 22551
540-507-7564

What programs are offered at the Spotsylvania Senior Center?

MONDAYS

- Canasta & Pinochle (FREE)
- Pickleball (\$3 County Resident)
- Tai Chi (\$30 per month)

TUESDAYS

- Line Dancing (FREE)
- Quilting & Crafting (FREE)
- Pickleball (\$3 County Resident)

WEDNESDAYS

- Tai Chi (\$30 per month)
- Pickleball (\$3 County Resident)
- Canasta & Pinochle (FREE)
- Beginner Line Dancing (FREE)

OTHER OFFERINGS

- ZUMBA Gold
- Crafts with Clara
- BINGO (FREE)
- AARP Smart Drivers Program

SPECIAL EVENTS & GROUPS

- Senior Sock Hop
- Senior Monte Carlo Night
- Senior Movie Series
- Walking Club
- Book Swap/Book Club
- Gardening & Canning Classes
- Christmas Extravaganza Week
- Senior Safety Series
- Sweethearts Pickleball Tourney



What is TRIAD?

TRIAD is a partnership consisting of local law enforcement, seniors and senior service providers in a community who agree to work together to reduce criminal victimization of the elderly and who strive to provide fun, safe, affordable opportunities to seniors within the community.

TRIAD was initialized and is currently sponsored by the Virginia Attorney General's Office.

The Spotsylvania TRIAD meets on the first Wednesday of each month and has a great calendar of topics and themes covered in our monthly potluck luncheons.



SPOTSYLVANIA SENIOR CENTER HOURS:

MONDAYS 9:30am- 1:30pm

TUESDAYS 9:30am- 2:30pm

WEDNESDAYS 9:30am-1:30pm

SPOTSYLVANIA TRIAD POTLUCK MEETINGS:

FIRST WEDNESDAY OF EACH MONTH 11:30am-1:00pm

Please bring a covered dish to share (unless otherwise noted on the monthly calendar)