

Regional Funding

Fiscal Year 2020 - Partner Funding Application

Empowerhouse

Agency Information

General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	40
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Main Contact

Main Contact	Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org
Job Title	Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Mary called the Empowerhouse domestic violence (DV) hotline to request assistance in filing for a Protective Order (PO). The previous night, her husband of almost 10 years came home incoherent and believed Mary was cheating on him. He cornered her and began punching the wall next to her stating multiple times: "I'm punching the wall until I feel ready enough to punch you." Their three young daughters were all present in the room. This wasn't the first time her husband had become violent. The violence had started to escalate when her youngest daughter was born, three years ago. Mary called the police and her

husband was arrested. She was given an Emergency PO and the on-scene officer shared the DV hotline number. A court advocate accompanied Mary as she filed for a preliminary PO and attended the hearing during which it was granted. The advocate helped Mary create a safety plan and shared resources that could help Mary and her daughter's deal with the trauma they had experienced. Even though her home was part of the PO, Mary's safety plan included staying with her mother who had recently moved. Her abuser did not know her mother's new address and Mary felt safer with other people around. As soon as her abuser was released from jail he violated the PO by breaking into her home and destroying many personal items. He also left a threatening note on her kitchen counter, written on the back of a family photo. Mary felt relieved she was not home when the break-in occurred. She reported the incident and her husband was arrested on a PO violation. The court advocate accompanied Mary to the bond hearing and subsequent court hearings which resulted in a full 2 year PO being granted. Her abuser received jail time for the PO violation and Mary was able to move back in her home. Mary and her daughters have also started attending support groups; sharing that that she no longer feels numb and emotionless but empowered and relieved to know that she is not alone.

Example 2

The Empowerhouse domestic violence shelter provided Gayle with a safe place away from her previous abusers to focus on herself and begin to envision a future. When Gayle first called the hotline, she shared that she had recently left her abusive husband and was in a bad relationship with a new boyfriend. She shared she was contemplating suicide. The advocate was able to connect Gayle with mental health professionals that admitted her to a hospital. An Empowerhouse advocate met with Gayle during her hospital stay to talk about the dynamics of domestic violence and Gayle's safety plan for when she was ready to leave the hospital. Upon release, Gayle came into shelter but was very apprehensive about living in a communal space with other people. The shelter staff helped her work through any anxious situations, shared grounding techniques, and discussed self-care. Gayle shared more about her abusive partners, revealing that their emotional and psychological abuse had prompted her mental health issues and past suicide attempts. She told shelter staff that drawing had helped her anxiety in the past. Shelter staff gave Gayle a sketch pad, water colors and colored pencils. Gayle found great joy in sharing her art with staff and the other residents. She told staff that shelter was not as scary as she initially thought it would be and found it very helpful. Gayle was able to enter the housing program shortly after arriving at shelter. With the help of housing supportive services, Gayle has maintained her own apartment for almost a year. Housing staff have helped her with safety planning, budgeting and encouraging her to maintain her mental health appointments. She also received employment services which helped her to receive a financial scholarship. She is currently working toward her B.S. degree and has begun a part-time position related to her major. Gayle shared "It's like a dream come true."

Example 3 (Optional)

An innovative partnership with one of our rural localities has enabled Empowerhouse to reach domestic violence (DV) victims that might have been otherwise missed. A new full-time advocate was placed in the King George Sheriff's office a little over a year ago. The impact of this collaborative project on DV victims is best highlighted by a survivor's own words. While the King Georges advocate was at court with one of her clients, another Empowerhouse advocate was present and acknowledged the client's courage. She expressed appreciation for the client having engaged and extending trust to the King George advocate. The client responded with "well, actually, she found me. And I don't know what I would have done without having her." These three words, "she found me," made the other court advocate "sing on the inside" and reiterates just how vital and necessary the advocate position embedded within the Sheriff's office is in a rural county. It also reinforces how important and effective the outreach calls that the advocates makes to victims listed on the Call For Services (CFS) summaries can be in building awareness of our domestic violence services with survivors. These outreach opportunities along with the relationship building by the King George advocate with all personnel associated with the legal system (e.g., deputies, detectives,

sheriff's administrative staff, clerk's office staff, commonwealth attorneys, victim witness) has resulted in more victims receiving domestic violence services. The staff working within the Sherriff's office and court system are regularly making sure the King George advocate is in the loop on cases in which intimate partner violence is involved. The survivors reached through these efforts have been able to develop safety plans, receive court advocacy accompaniment, attend support groups and in some cases, receive support for legal representation.

Empowerhouse

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative costs for Empowerhouse in FY 20 are budgeted at almost 12%: \$215,904. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative, and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events, the audit, and payroll accounting fees.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

n/a

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

n/a

Capital Expenses

Please provide an overview of the capital costs for your agency.

n/a

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

n/a

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

In 2020, the personnel budget reflects funding a full-time forensic nurse at Mary Washington Healthcare, a sub-recipient of the new grant Empowerhouse received to serve the region. A new Empowerhouse part-time advocate is also new with the grant and will coordinate grant activities at the Stafford Sheriff's Office. The 5% overall increase from Spotsylvania, Stafford, Fredericksburg and Caroline combined with the request from King George is represented in the DV Education and Supports program because of the overall increase and resulting size of this program relative to the other programs as a result of the newly funded project to restore 24/7 Forensic Nursing Examiner services at Mary Washington Healthcare and to strengthen the overall system's response. The FY19 increase is partially for a new employee to support teen education presentations in PD 16 schools on healthy relationships not an expense requested from localities but part of the new Empowerhouse strategic plan to (cont.)

Please provide a description of any changes to agency benefits structure or cost.

(personnel cont.) expand programming to children and youth. Other increases FY19 include more hourly staffing at the new expanded DV shelter and the grants manager increase, .25 FTE. An increase from FY17 to FY18 is due to hiring a new part-time grants manager, strategic planning work, and a grant to serve rural King George County DV victims with an Empowerhouse advocate placed at the Sheriff's Office. A 2.5% COLA increase is built into the FY19 budget for salaried employees. There is not a change to the agency benefits structure. However, employee health premium benefits increased by 13% in FY18 for full-time employees opting into the group plan. There were increases in FY19 budgeted and FY20 is expected to increase. Empowerhouse pays a percentage of the health premiums as an incentive benefit and needed benefit for full-time, hard working, loyal, and skilled employees receiving below market salaries with no retirement benefits.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns for the recipients of Empowerhouse services in their ability to access support from traditional governmental services that are under threat at the Federal level. Funding that trickles down to governmental offices that provide financial support of food, childcare, cash benefits for mothers experiencing temporary poverty, etc. Services under threat will not directly impact this agency but are examined for their potential impact on service recipients. Empowerhouse works closely with churches and civic organizations as well as other institutions and will continue to voice the crisis and core needs for domestic violence survivors and their children as needs arise.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

The DOJ OVW grant that we receive with Rappahannock Goodwill Industries as our partner to serve domestic violence victims with housing through rentals and subsidies, with employment services, advocacy and case management expired in FY19. Fortunately we successfully managed a three year renewal through application and eligibility. The King George County rural advocacy and outreach grant will end 6/30/19. Empowerhouse will apply again in the spring to seek continuation funding beyond the initial 2 year period. Empowerhouse created a strategic funding reserve in FY 2018 to support initiatives ongoing and in the event of a future critical shortage despite planning or for a strategic opportunity.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

There is a long list of needs currently identified that will involve multi-year efforts by Empowerhouse, some in coordination and collaboration with other entities. Among them are barriers for domestic violence survivors including lack of transportation, lack of affordable daycare, lack of interpreters available while trying to access services, lack of legal representation for daunting and difficult legal systems with potential to worsen the impact of domestic violence, lack of affordable housing, lack of affordable and available crisis and mainstream mental health services, lack of culturally based capacity within mental health providers, lack of access to healthcare insurance and services. Finally there is a lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth especially the primary grades.

Empowerhouse

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Salary	837,339.00	912,815.00	925,801.00	1,022,769.00	1,141,044.00
Benefits	142,636.00	167,169.00	160,731.00	169,997.00	188,547.00
Operating Expenses	534,376.00	457,466.00	555,452.00	457,234.00	504,626.00
Capital Expenses			0.00	0.00	0.00
Other Expenses			0.00	0.00	0.00
Total	1,514,351.00	1,537,450.00	1,641,984.00	1,650,000.00	1,834,217.00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	4,404.00	4,404.00	4,624.00	4,624.00	4,855.00
Fredericksburg	14,350.00	14,350.00	14,350.00	14,350.00	15,067.00
King George	15,815.00	15,000.00	0.00	0.00	5,000.00
Spotsylvania	53,308.00	52,808.00	53,808.00	55,448.00	58,220.00
Stafford	49,808.00	49,808.00	49,808.00	50,000.00	52,500.00
United Way	104,241.00	101,257.00	114,817.00	80,000.00	100,000.00
Grants	917,664.00	929,893.00	971,341.00	846,958.00	1,037,775.00
Client Fees	98,823.00	102,900.00	94,206.00	94,000.00	94,000.00
Fundraising	119,776.00	130,030.00	133,381.00	121,100.00	125,800.00
Other (Click to itemize)	126,427.00	137,000.00	364,544.00	383,520.00	341,000.00
Total	1,504,616.00	1,537,450.00	1,800,879.00	1,650,000.00	1,834,217.00

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
	0		0	0	

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	-9,735.00	0.00	158,895.00	0.00	0.00

Empowerhouse

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

This past year, Empowerhouse dedicated staffing to increased outreach in Caroline County with governmental providers including law enforcement, commonwealth's attorney's office, social services, and mental health. The workers increased engagement with nonprofits, churches, the YMCA, the library, and healthcare businesses and offices to ensure that residents, their friends, neighbors, and support individuals know about and are able to access Empowerhouse free and confidential domestic violence victim services within the County. Staff provided domestic violence dynamics and response training to County fire and rescue personnel in the past year. Empowerhouse served 113 Caroline County individuals in person in FY18 and another 79 by phone. Empowerhouse respectfully requests an additional 5%, \$231, from \$4,625 to \$4,855 in FY 2020, to assist with increased expenses.

City of Fredericksburg

Empowerhouse works with Fredericksburg area homelessness and housing providers weekly and sometimes daily. Through efforts we conduct in individually and in collaboration with PD16 nonprofits and governmental entities, Empowerhouse has expanded housing, employment, and education options for victims of domestic violence and their children, Fredericksburg City residents. We shelter city residents; we house city residents; we serve them while in crisis by phone and in person; we provide support/ education groups located in the City for adults, teens, and children; we have a shelter in the city; and we provide a number of companion services to support individuals through trauma to move forward despite unfortunate circumstances. Empowerhouse served 232 Fredericksburg City individuals in person in FY18 and another 431 by phone. Empowerhouse respectfully requests an additional 5%, \$717, from \$14,350 to \$15,067 in FY 2020, to assist with increased expenses.

King George County

Empowerhouse requests local match for the FY20 King George County grant in the amount of \$5,000 only for the \$79,075 grant from the state. Empowerhouse is asking for a small cash match from the County and will raise the remainder. We employ a dedicated full time coordinator assisting King George domestic violence (DV) survivors and the County through outreach and training initiatives. We staff an office provided by King George Sheriff's Office where coordination strengthens relief available to DV victims and their children. Increased awareness of the prevalence and dynamics of DV and available services through this grant funded employee and Empowerhouse is part of her work. She travels throughout the county with information and resources for churches, schools, businesses, government offices, and other service agencies and civic organizations. Empowerhouse served 210 King George County individuals in FY18 in-person and by phone. We respectfully request \$5,000 from the County in FY20.

Spotsylvania County

In addition to the robust assistance provided to Spotsylvania County, its offices, departments, and its residents, Empowerhouse dedicates a part time court advocate to the County every morning at the courthouse and intake office to support domestic violence (DV) victims through their protective order (PO) filings and court appearances. Spotsylvania County experiences the highest number of POs among the 5 localities that Empowerhouse serves. We started this effort in 2016 through grant funding and continued

this coordination with County offices and support for DV survivors and their children. Spotsylvania receives the overwhelming majority of classroom education in schools thanks to the high level of engagement Empowerhouse receives from County school personnel. We served 591 County individuals in person in FY18 and another 377 by phone. Empowerhouse respectfully requests continued FY20 Spotsylvania County support in the amount of \$58,220, \$2,772 - a 5% increase over FY19's \$55,448.

Stafford County

In addition to the robust assistance provided to Stafford County, its offices, departments, and its residents, Empowerhouse is dedicating a part time coordinator to Stafford County based in an office provided by the Stafford Sheriff's Office where she will coordinate new grant activities to support high risk victims and their families. A new grant just awarded to only two places in Virginia will afford Stafford County providers new training and opportunities for coordination, new Empowerhouse DV victim services, and will close the 24/7 coverage gap of forensic nursing examiner program services. Out of this Stafford office, Empowerhouse will manage the grant that provides one new dedicated regional Forensic Nurse Examiner to Mary Washington Healthcare. We served 668 County individuals in person in FY18 and another 368 by phone. Empowerhouse respectfully requests continued FY20 Stafford County support in the amount of \$52,500, a \$2,500 increase- 5% increase over FY19-\$50,000.

Empowerhouse - Domestic Violence Education and Supports

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Domestic Violence Education and Supports

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

We provided in-person domestic violence (DV) education and supports to 1,202 adults at our office, court, support groups, and at health offices last year. 40 years ago, police and social workers had nowhere to send a mom (and her children) if beaten in her own home. Community members founded RCDV, now Empowerhouse, an accredited DV services organization, the only one locally, one of 55 in Virginia, providing free and confidential trauma informed services to DV victims including: risk assessment, education on impact & risks posed to self, to children- and to physical and mental health, services in Spanish, safety planning, legal remedies, and groups. Court advocates are in PD16 Juvenile & Domestic Relations Court for regular DV criminal docket days or by request of victims, attorneys, or court services and help DV victims face their abusive partners in trials. They help with emotional support, filing, education, referrals, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful or not, and as they move past court proceedings. Latina advocacy assists with a network to help navigate language barriers and culturally unfamiliar systems. In group, victims learn about the impact of DV on their lives and reduce isolation through peer and worker support. Workers assist identified victims in healthcare settings as requested by victims and professionals.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence for victim services. The majority of victims of domestic violence come to Empowerhouse without a name for what they are suffering and they do not assertively seek services. Many question whether they deserve to receive services because they are conditioned to believe they are not worth anything. We find that domestic violence victims frequently say they are unsure of whether they are calling/visiting the right place and go on to say that someone else may need Empowerhouse services more than they do. Fees for services would present one additional barrier which would make the services less accessible to them than is already the case based on their own self screening resulting from the isolation and the severe attacks to their self-worth.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Negotiating safely away from abuse is complex and challenging. Once the secret's out, much work is ahead for DV survivors, experts of their horrific situations. They continuously weigh options and competing needs, seeking an end to violence in a way safest for their family. Often certain safety is unattainable for them and their children. They strive for best decisions despite limited choices posing both benefits and risks in implementation. Providing the only free and confidential support and accompaniment services strictly to help DV victims, we often save lives by helping assess risk, obtain protective orders, and safety plan. Victims learn DV impact, legal remedies, safety planning, and community resources. They seek freedom from abuse. Learning they are not to blame and not alone, they now believe abuse is not the norm and they do not deserve it. They otherwise believe there is nowhere to turn but to their abusers. With help, they gain a support system and achieve their goals.

If this is a new program, be sure to include the benefits to the region for funding a new request.

NA

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

PD16 DV victims: adults in need of services: every socio economic background, religion, education level, age, ethnicity, gender, profession, etc. One in 4 women experience severe intimate partner violence in their lifetime. Every 5 days DV kills a Virginian, more while leaving than those living in abuse, underscoring the dangerousness of DV while trying to end it. Area law enforcement respond to over 6,500 DV calls/year. We are serving 24hrs/day regardless of locality. Police and courts refer the most victims who access services via phone, coming by the Spotsylvania outreach office, appearing in courts for DV criminal cases, or at health offices. Daily, our advocates are in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford courts. Latina advocacy is based at the outreach office and individual support is also regularly provided at the King George Satellite office. Support groups are provided 2 hours weekly at churches or offices.

If your program has specific entry or application criteria, please describe it here.

NA

Empowerhouse - Domestic Violence Education and Supports

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

The significant increase in the this program from 2019-2020 fiscal years involve an Empowerhouse and Mary Washington Healthcare effort to restore 24 hours per day, 7 days a week, coverage for the Forensic Nursing Program serving the region. With the cut in services over the past year at a time when demand was increasing, the systems of healthcare, law enforcement, legal, victim services, and child welfare felt the impact of the gap in coverage. As a result, Empowerhouse, Mary Washington Healthcare, and Stafford County partnered to submit a grant application to the US Department of Justice. Empowerhouse as the eligible applicant is the grantee and managing its implementation. The grant, just awarded to Empowerhouse in the current FY19 budget year, has not yet started. The bulk of the work and financial impact will take place in FY 2020 and 2021. With this program's large resulting 25% increase, this is where locality increases were placed while other programs show slight reductions.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

At present time, 24 hrs/day, as hospitals request advocates to support domestic violence (DV) victims at emergency departments, deputies request appointments for DV survivors, Latina DV victims show up at the Empowerhouse office needing an advocate who speaks Spanish, or court advocates are needed to support victims through the protective order filing and court processes, Empowerhouse is able to provide these services. Empowerhouse is efficient and effective in attracting grants and donations to support need presented in our community. This is a strength for our community and keeps locality costs down for otherwise overwhelming need if not provided by Empowerhouse. The relatively small increase requested compared with the provision of services and support is part of an overall community response to the need present in our community and is well worth the collective contributions of government, state and local, and philanthropic support as the burden is eased by the services maintained.

In particular, please describe in detail if any increase is sought for new positions or personnel.

The increase from 2017 to 2018 is the result of a grant to serve rural King George County DV victims via an Empowerhouse advocate at the Sheriff's Office and lawyers. The program FY20 increase in personnel is due to the hiring of a full-time forensic nurse at Mary Washington Healthcare as a sub-recipient of the new grant Empowerhouse received to serve the region. A new Empowerhouse part-time advocate is also new with the grant and will coordinate grant activities at the Stafford Sheriff's Office. The 5% overall increase from Spotsylvania, Stafford, Fredericksburg and Caroline combined with the request from King George is represented in this program because of the overall increase this program represents relative to the other programs as a result of the newly funded project to restore 24/7 Forensic Nursing Examiner services at Mary Washington Healthcare and to strengthen the overall response to this crime, its victims, its perpetrators, and the resulting bodily injuries to the victims.

Empowerhouse - Domestic Violence Education and Supports

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Personnel	254,028.00	299,772.00	300,194.00	308,138.00	389,138.00
Benefits	49,229.00	60,445.00	58,216.00	55,561.00	74,676.00
Operating Expenses	46,780.00	51,381.00	83,942.00	56,240.00	63,804.00
Capital Expenses			0.00	0.00	0.00
Total	350,037.00	411,598.00	442,352.00	419,939.00	527,618.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	1,450.00	1,659.00	1,736.00	1,704.00	1,995.00
Fredericksburg	4,725.00	5,406.00	5,386.00	5,287.00	6,191.00
King George	5,207.00	5,651.00	0.00	0.00	2,054.00
Spotsylvania	17,552.00	19,894.00	20,196.00	20,429.00	23,922.00
Stafford	16,399.00	18,764.00	18,695.00	18,422.00	21,572.00
United Way	39,316.00	43,737.00	49,070.00	28,173.00	31,666.00
Grants	261,384.00	316,235.00	338,849.00	262,384.00	394,446.00
Client Fees	0.00	0.00	0.00	0.00	0.00
Fundraising	2,504.00	152.00	2,420.00	3,540.00	3,772.00
Other (Click to itemize)	1,500.00	100.00	76,000.00	10,000.00	42,000.00
Total	350,037.00	411,598.00	512,352.00	349,939.00	527,618.00

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	0.00	0.00	70,000.00	-70,000.00	0.00

Empowerhouse - Domestic Violence Education and Supports

[View Diagram](#) Goals and Objectives

Goals

Goal:

Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
Provide assistance and support through a variety of support groups to 175 female victims of domestic violence meeting 2 hours each week/group.	Total # Clients Served		177		175
	Total # Clients Achieved/Successful		177		175
	% Achieved / Successful	0	100	0	100
At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.	Total # Clients Served	1,225	1,116	1,150	1,180
	Total # Clients Achieved/Successful	858	1,031	805	826
	% Achieved / Successful	70.04	92.38	70	70

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Goal:

Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.

Objectives

		2017 Year End	2018 Baseline	2019 Baseline
To accompany and assist 550 victims of domestic violence in area Juvenile and Domestic violence Courts and healthcare settings.	Total # Clients Served	532		550
	Total # Clients Achieved/Successful	532		550
	% Achieved / Successful	0	100	0
To provide support and education services to 175 Hispanic/Latina victims of domestic violence in their primary language with the support of bilingual/ bi-cultural advocates.	Total # Clients Served	246		175
	Total # Clients Achieved/Successful	246		175
	% Achieved / Successful	0	100	0

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Goal:

Survivors of domestic violence prioritize their own and their children's health, wellness, security, and safety.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
At least 70% of surveyed survivors of domestic violence know more about community resources after participating in court advocacy, health accompaniment, Latina advocacy, and/or support groups.	Total # Clients Served		117	75	100
	Total # Clients Achieved/Successful		109	53	70
	% Achieved / Successful	0	93.16	70.67	70
At least 85% of surveyed survivors of domestic violence felt more hopeful about their future as a result of participating in the domestic violence education and support services.	Total # Clients Served		117	75	100
	Total # Clients Achieved/Successful		110	64	85
	% Achieved / Successful	0	94.02	85.33	85

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Empowerhouse - Domestic Violence Education and Supports

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017 and FY2018, the estimated numbers of individuals served in FY2019 and the projected numbers of individuals served in FY2020.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 Estimate	FY 2020 Projected
Fredericksburg City	128	134	130	130
Caroline County	95	77	70	70
King George County	40	135	125	125
Spotsylvania County	395	402	400	400
Stafford County	429	413	420	420
Other Localities	29	41	35	35
Total	1,116	1,202	1,180	1,180

Empowerhouse - Domestic Violence Education and Supports

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Church space for support groups. Memoranda of Understanding with government & non to coordinate services to promote DV victims health and safety: 5 jurisdictions: Law Enforcement-with officers, seek safety & justice & provide cross training; QuanticoMB & victim/witness-at court and staff cases for best outcomes, training & plan events; prosecutors-seek assistance during trials and when abuser has elevated risk behaviors toward victim or worker; J & DR Court Intake & Clerks-to help victims file protective orders (PO), custody, etc., help Spanish speakers file in I-CAN; Social Service Departments-coordinate- expedite benefits and support services for children; Probation-coordinate victim safety related to offender accountability; LAW-prioritize assisting income eligible DV victims with lawyer or advice-civil proceedings: POs, custody, undocumented victims; UMW-campus victims; coordinate DV support and training in health settings w/RCASA, MWH Forensic Services, EDs, & health offices.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If dissolved: DV Victims would have no free educational support group where they learn from prepared topics and from other peer group members who are facing similar trauma and no expanded support system. They would not learn how to spot abusive behaviors and they would not learn what healthy relationships look like-gaining communication skills for future relationships. No one would train their healthcare providers to routinely and safely screen for DV offering a lifeline to an immediate advocate. They would not be repeatedly accompanied to all court hearings when they bravely face a person who professed to love them but instead had terrifying behavior and who remains a symbol of fear or an actual threat. Homicides of men and women would increase; suicide would increase; child fatalities and injuries would increase; and increased risk of harm would befall emergency responders who would continue to be called to escalated situations. Empowerhouse would not bring state and Federal funding.

Regional Funding

Fiscal Year 2020 - Partner Funding Application

Empowerhouse

Agency Information

General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	40
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Main Contact

Main Contact	Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org
Job Title	Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Mary called the Empowerhouse domestic violence (DV) hotline to request assistance in filing for a Protective Order (PO). The previous night, her husband of almost 10 years came home incoherent and believed Mary was cheating on him. He cornered her and began punching the wall next to her stating multiple times: "I'm punching the wall until I feel ready enough to punch you." Their three young daughters were all present in the room. This wasn't the first time her husband had become violent. The violence had started to escalate when her youngest daughter was born, three years ago. Mary called the police and her

husband was arrested. She was given an Emergency PO and the on-scene officer shared the DV hotline number. A court advocate accompanied Mary as she filed for a preliminary PO and attended the hearing during which it was granted. The advocate helped Mary create a safety plan and shared resources that could help Mary and her daughter's deal with the trauma they had experienced. Even though her home was part of the PO, Mary's safety plan included staying with her mother who had recently moved. Her abuser did not know her mother's new address and Mary felt safer with other people around. As soon as her abuser was released from jail he violated the PO by breaking into her home and destroying many personal items. He also left a threatening note on her kitchen counter, written on the back of a family photo. Mary felt relieved she was not home when the break-in occurred. She reported the incident and her husband was arrested on a PO violation. The court advocate accompanied Mary to the bond hearing and subsequent court hearings which resulted in a full 2 year PO being granted. Her abuser received jail time for the PO violation and Mary was able to move back in her home. Mary and her daughters have also started attending support groups; sharing that that she no longer feels numb and emotionless but empowered and relieved to know that she is not alone.

Example 2

The Empowerhouse domestic violence shelter provided Gayle with a safe place away from her previous abusers to focus on herself and begin to envision a future. When Gayle first called the hotline, she shared that she had recently left her abusive husband and was in a bad relationship with a new boyfriend. She shared she was contemplating suicide. The advocate was able to connect Gayle with mental health professionals that admitted her to a hospital. An Empowerhouse advocate met with Gayle during her hospital stay to talk about the dynamics of domestic violence and Gayle's safety plan for when she was ready to leave the hospital. Upon release, Gayle came into shelter but was very apprehensive about living in a communal space with other people. The shelter staff helped her work through any anxious situations, shared grounding techniques, and discussed self-care. Gayle shared more about her abusive partners, revealing that their emotional and psychological abuse had prompted her mental health issues and past suicide attempts. She told shelter staff that drawing had helped her anxiety in the past. Shelter staff gave Gayle a sketch pad, water colors and colored pencils. Gayle found great joy in sharing her art with staff and the other residents. She told staff that shelter was not as scary as she initially thought it would be and found it very helpful. Gayle was able to enter the housing program shortly after arriving at shelter. With the help of housing supportive services, Gayle has maintained her own apartment for almost a year. Housing staff have helped her with safety planning, budgeting and encouraging her to maintain her mental health appointments. She also received employment services which helped her to receive a financial scholarship. She is currently working toward her B.S. degree and has begun a part-time position related to her major. Gayle shared "It's like a dream come true."

Example 3 (Optional)

An innovative partnership with one of our rural localities has enabled Empowerhouse to reach domestic violence (DV) victims that might have been otherwise missed. A new full-time advocate was placed in the King George Sheriff's office a little over a year ago. The impact of this collaborative project on DV victims is best highlighted by a survivor's own words. While the King Georges advocate was at court with one of her clients, another Empowerhouse advocate was present and acknowledged the client's courage. She expressed appreciation for the client having engaged and extending trust to the King George advocate. The client responded with "well, actually, she found me. And I don't know what I would have done without having her." These three words, "she found me," made the other court advocate "sing on the inside" and reiterates just how vital and necessary the advocate position embedded within the Sheriff's office is in a rural county. It also reinforces how important and effective the outreach calls that the advocates makes to victims listed on the Call For Services (CFS) summaries can be in building awareness of our domestic violence services with survivors. These outreach opportunities along with the relationship building by the King George advocate with all personnel associated with the legal system (e.g., deputies, detectives,

sheriff's administrative staff, clerk's office staff, commonwealth attorneys, victim witness) has resulted in more victims receiving domestic violence services. The staff working within the Sherriff's office and court system are regularly making sure the King George advocate is in the loop on cases in which intimate partner violence is involved. The survivors reached through these efforts have been able to develop safety plans, receive court advocacy accompaniment, attend support groups and in some cases, receive support for legal representation.

Empowerhouse

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative costs for Empowerhouse in FY 20 are budgeted at almost 12%: \$215,904. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative, and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events, the audit, and payroll accounting fees.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

n/a

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

n/a

Capital Expenses

Please provide an overview of the capital costs for your agency.

n/a

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

n/a

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

In 2020, the personnel budget reflects funding a full-time forensic nurse at Mary Washington Healthcare, a sub-recipient of the new grant Empowerhouse received to serve the region. A new Empowerhouse part-time advocate is also new with the grant and will coordinate grant activities at the Stafford Sheriff's Office. The 5% overall increase from Spotsylvania, Stafford, Fredericksburg and Caroline combined with the request from King George is represented in the DV Education and Supports program because of the overall increase and resulting size of this program relative to the other programs as a result of the newly funded project to restore 24/7 Forensic Nursing Examiner services at Mary Washington Healthcare and to strengthen the overall system's response. The FY19 increase is partially for a new employee to support teen education presentations in PD 16 schools on healthy relationships not an expense requested from localities but part of the new Empowerhouse strategic plan to (cont.)

Please provide a description of any changes to agency benefits structure or cost.

(personnel cont.) expand programming to children and youth. Other increases FY19 include more hourly staffing at the new expanded DV shelter and the grants manager increase, .25 FTE. An increase from FY17 to FY18 is due to hiring a new part-time grants manager, strategic planning work, and a grant to serve rural King George County DV victims with an Empowerhouse advocate placed at the Sheriff's Office. A 2.5% COLA increase is built into the FY19 budget for salaried employees. There is not a change to the agency benefits structure. However, employee health premium benefits increased by 13% in FY18 for full-time employees opting into the group plan. There were increases in FY19 budgeted and FY20 is expected to increase. Empowerhouse pays a percentage of the health premiums as an incentive benefit and needed benefit for full-time, hard working, loyal, and skilled employees receiving below market salaries with no retirement benefits.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns for the recipients of Empowerhouse services in their ability to access support from traditional governmental services that are under threat at the Federal level. Funding that trickles down to governmental offices that provide financial support of food, childcare, cash benefits for mothers experiencing temporary poverty, etc. Services under threat will not directly impact this agency but are examined for their potential impact on service recipients. Empowerhouse works closely with churches and civic organizations as well as other institutions and will continue to voice the crisis and core needs for domestic violence survivors and their children as needs arise.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

The DOJ OVW grant that we receive with Rappahannock Goodwill Industries as our partner to serve domestic violence victims with housing through rentals and subsidies, with employment services, advocacy and case management expired in FY19. Fortunately we successfully managed a three year renewal through application and eligibility. The King George County rural advocacy and outreach grant will end 6/30/19. Empowerhouse will apply again in the spring to seek continuation funding beyond the initial 2 year period. Empowerhouse created a strategic funding reserve in FY 2018 to support initiatives ongoing and in the event of a future critical shortage despite planning or for a strategic opportunity.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

There is a long list of needs currently identified that will involve multi-year efforts by Empowerhouse, some in coordination and collaboration with other entities. Among them are barriers for domestic violence survivors including lack of transportation, lack of affordable daycare, lack of interpreters available while trying to access services, lack of legal representation for daunting and difficult legal systems with potential to worsen the impact of domestic violence, lack of affordable housing, lack of affordable and available crisis and mainstream mental health services, lack of culturally based capacity within mental health providers, lack of access to healthcare insurance and services. Finally there is a lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth especially the primary grades.

Empowerhouse

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Salary	837,339.00	912,815.00	925,801.00	1,022,769.00	1,141,044.00
Benefits	142,636.00	167,169.00	160,731.00	169,997.00	188,547.00
Operating Expenses	534,376.00	457,466.00	555,452.00	457,234.00	504,626.00
Capital Expenses			0.00	0.00	0.00
Other Expenses			0.00	0.00	0.00
Total	1,514,351.00	1,537,450.00	1,641,984.00	1,650,000.00	1,834,217.00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	4,404.00	4,404.00	4,624.00	4,624.00	4,855.00
Fredericksburg	14,350.00	14,350.00	14,350.00	14,350.00	15,067.00
King George	15,815.00	15,000.00	0.00	0.00	5,000.00
Spotsylvania	53,308.00	52,808.00	53,808.00	55,448.00	58,220.00
Stafford	49,808.00	49,808.00	49,808.00	50,000.00	52,500.00
United Way	104,241.00	101,257.00	114,817.00	80,000.00	100,000.00
Grants	917,664.00	929,893.00	971,341.00	846,958.00	1,037,775.00
Client Fees	98,823.00	102,900.00	94,206.00	94,000.00	94,000.00
Fundraising	119,776.00	130,030.00	133,381.00	121,100.00	125,800.00
Other (Click to itemize)	126,427.00	137,000.00	364,544.00	383,520.00	341,000.00
Total	1,504,616.00	1,537,450.00	1,800,879.00	1,650,000.00	1,834,217.00

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
	0		0	0	

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	-9,735.00	0.00	158,895.00	0.00	0.00

Empowerhouse

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

This past year, Empowerhouse dedicated staffing to increased outreach in Caroline County with governmental providers including law enforcement, commonwealth's attorney's office, social services, and mental health. The workers increased engagement with nonprofits, churches, the YMCA, the library, and healthcare businesses and offices to ensure that residents, their friends, neighbors, and support individuals know about and are able to access Empowerhouse free and confidential domestic violence victim services within the County. Staff provided domestic violence dynamics and response training to County fire and rescue personnel in the past year. Empowerhouse served 113 Caroline County individuals in person in FY18 and another 79 by phone. Empowerhouse respectfully requests an additional 5%, \$231, from \$4,625 to \$4,855 in FY 2020, to assist with increased expenses.

City of Fredericksburg

Empowerhouse works with Fredericksburg area homelessness and housing providers weekly and sometimes daily. Through efforts we conduct in individually and in collaboration with PD16 nonprofits and governmental entities, Empowerhouse has expanded housing, employment, and education options for victims of domestic violence and their children, Fredericksburg City residents. We shelter city residents; we house city residents; we serve them while in crisis by phone and in person; we provide support/ education groups located in the City for adults, teens, and children; we have a shelter in the city; and we provide a number of companion services to support individuals through trauma to move forward despite unfortunate circumstances. Empowerhouse served 232 Fredericksburg City individuals in person in FY18 and another 431 by phone. Empowerhouse respectfully requests an additional 5%, \$717, from \$14,350 to \$15,067 in FY 2020, to assist with increased expenses.

King George County

Empowerhouse requests local match for the FY20 King George County grant in the amount of \$5,000 only for the \$79,075 grant from the state. Empowerhouse is asking for a small cash match from the County and will raise the remainder. We employ a dedicated full time coordinator assisting King George domestic violence (DV) survivors and the County through outreach and training initiatives. We staff an office provided by King George Sheriff's Office where coordination strengthens relief available to DV victims and their children. Increased awareness of the prevalence and dynamics of DV and available services through this grant funded employee and Empowerhouse is part of her work. She travels throughout the county with information and resources for churches, schools, businesses, government offices, and other service agencies and civic organizations. Empowerhouse served 210 King George County individuals in FY18 in-person and by phone. We respectfully request \$5,000 from the County in FY20.

Spotsylvania County

In addition to the robust assistance provided to Spotsylvania County, its offices, departments, and its residents, Empowerhouse dedicates a part time court advocate to the County every morning at the courthouse and intake office to support domestic violence (DV) victims through their protective order (PO) filings and court appearances. Spotsylvania County experiences the highest number of POs among the 5 localities that Empowerhouse serves. We started this effort in 2016 through grant funding and continued

this coordination with County offices and support for DV survivors and their children. Spotsylvania receives the overwhelming majority of classroom education in schools thanks to the high level of engagement Empowerhouse receives from County school personnel. We served 591 County individuals in person in FY18 and another 377 by phone. Empowerhouse respectfully requests continued FY20 Spotsylvania County support in the amount of \$58,220, \$2,772 - a 5% increase over FY19's \$55,448.

Stafford County

In addition to the robust assistance provided to Stafford County, its offices, departments, and its residents, Empowerhouse is dedicating a part time coordinator to Stafford County based in an office provided by the Stafford Sheriff's Office where she will coordinate new grant activities to support high risk victims and their families. A new grant just awarded to only two places in Virginia will afford Stafford County providers new training and opportunities for coordination, new Empowerhouse DV victim services, and will close the 24/7 coverage gap of forensic nursing examiner program services. Out of this Stafford office, Empowerhouse will manage the grant that provides one new dedicated regional Forensic Nurse Examiner to Mary Washington Healthcare. We served 668 County individuals in person in FY18 and another 368 by phone. Empowerhouse respectfully requests continued FY20 Stafford County support in the amount of \$52,500, a \$2,500 increase- 5% increase over FY19-\$50,000.

Empowerhouse - Children Exposed to Domestic Violence

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Children Exposed to Domestic Violence

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

Children are the forgotten victims when serving families experiencing domestic violence. Children's voices tend to be muted as their parents seek services because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adults. Empowerhouse community based children's groups are called the Forgotten Victims Groups. As children participate in trauma informed educational services, children's and teen groups, or individual support at the Empowerhouse office or shelter, they begin to learn they are not alone and not to blame for the violence frequently witnessed and sometimes experienced directly in their homes. Very young children understand yelling and violence do not feel good and, even if they are not directly witnessing, they are aware that it occurs in their homes and are experiencing the impacts. Empowerhouse provides age appropriate workshops, A Windows Between Worlds, support, and education in the shelter and the community through groups provided to children of all ages and genders: Forgotten Victims children's groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys, including groups at schools, when requested and arranged, and the engagement of teen councils and college students. (Education on healthy relationships and warning signs of teen dating violence in area middle and high school classrooms is a separate program but a free service reaching 4,500 teens/year.)

Client Fees

Please describe the fees clients must pay for the services by this program.

All of the children's services for victims and their families are provided free of charge as required by accreditation of local domestic violence programs and Federal funders to provided free services to victims of domestic violence and their children. The only fees for services at Empowerhouse are those that have an intervention focus, an effort to stop violent behavior by the perpetrator in the relationship. There is a nominal fee charged to the teen boys' education/intervention group. The participants are court referred related to violence they have used in their family or interpersonal relationships. The \$100 fee for the 12 week group is part of the accountability component. The fee has been waived for families demonstrating financial hardship cases.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Research shows that children exposed to domestic violence (DV) will negatively impact the performance of every child in a school classroom. A child or youth's ability to interact positively with others, self-regulate their behavior, and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development creates extra stress for families; early identification and assistance for parents and children head off negative results and keep development on track. Local children in our local community's only DV shelter receive concrete support to navigate the disruption in their family and school environments including schoolwork, school supplies, and communication with transportation, teachers, and counselors. Children coping with DV need the trauma informed education/support groups provided by this program to help them express their feelings and words to communicate what they are facing.

If this is a new program, be sure to include the benefits to the region for funding a new request.

NA

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in PD 16 are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at our domestic violence shelter from 0-17 years old. Children are served from Caroline, Fredericksburg, King George, Spotsylvania, and Stafford. In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Group: teens receive services split by gender; children ages 2-4, 5-8, 9-12 receive group services. The Forgotten Victims' Groups, Teen Girls' Groups, and Teen Boys' Groups are held at Fredericksburg located churches and the Empowerhouse public outreach office in Spotsylvania (on occasion- in area schools). Children and Teen groups are provided 2 hours per week, one evening per week for 8-12 week cycles.

If your program has specific entry or application criteria, please describe it here.

NA

Empowerhouse - Children Exposed to Domestic Violence

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

Specific localities increases are not being requested this year. Empowerhouse's new strategic plan is largely dedicated to supporting and educating children and youth in an expanded fashion. This year, just ended-FY 2018, dedicated additional time and financial resources in building organizational capacity and identifying the need and ability to expand programming. The first phase of expansion will occur with classroom education activities that are conducted throughout PD16 by Empowerhouse personnel and is expanding in the current FY 2019 year. This programming is not budgeted or funded in the Children Exposed to Domestic Violence program and is not funded in full or in part by localities. This program's application is not projecting increased children served. However, it is expected that service numbers will increase in coming years as we expand to serve more children.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

n/a

In particular, please describe in detail if any increase is sought for new positions or personnel.

n/a

Empowerhouse - Children Exposed to Domestic Violence

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Personnel	56,951.00	56,542.00	70,796.00	62,912.00	66,861.00
Benefits	6,242.00	7,312.00	7,169.00	6,990.00	7,206.00
Operating Expenses	9,748.00	9,108.00	11,752.00	7,982.00	7,549.00
Capital Expenses			0.00	0.00	0.00
Total	72,941.00	72,962.00	89,717.00	77,884.00	81,616.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	302.00	294.00	352.00	316.00	309.00
Fredericksburg	985.00	958.00	1,092.00	981.00	958.00
King George	1,085.00	1,002.00	0.00	0.00	318.00
Spotsylvania	3,657.00	3,527.00	4,096.00	3,789.00	3,701.00
Stafford	3,417.00	3,326.00	3,792.00	3,417.00	3,337.00
United Way	0.00	0.00	0.00	0.00	0.00
Grants	42,574.00	37,728.00	37,077.00	24,245.00	24,245.00
Client Fees	0.00	1,000.00	874.00	1,000.00	1,000.00
Fundraising	10,200.00	10,000.00	20,434.00	20,136.00	20,148.00
Other (Click to itemize)	10,721.00	15,127.00	22,000.00	24,000.00	27,600.00
Total	72,941.00	72,962.00	89,717.00	77,884.00	81,616.00

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00

Empowerhouse - Children Exposed to Domestic Violence

[View Diagram](#) Goals and Objectives

Goals

Goal:

Ensure crisis and support services are provided to child witnesses of domestic violence and court referred teens in need of violence intervention.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
Provide shelter services and case management to 160 child witnesses of domestic violence in domestic violence shelter and housing.	Total # Clients Served		200		160
	Total # Clients Achieved/Successful		200		160
	% Achieved / Successful	0	100	0	100
Provide group education, support, and activities to 150 child and teen witnesses of domestic violence and teen perpetrators of violence. (110 children, 30 tweens/teens, 10 teen boys referred for intervention)	Total # Clients Served	150	176	150	150
	Total # Clients Achieved/Successful	150	176	150	150
	% Achieved / Successful	100	100	100	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Goal:

Children exposed to domestic violence are socially and emotionally competent as a result of Empowerhouse domestic violence children's services.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
75% of adult survivors with minor children responding to the DOW survey report that because of services received, their children know that it's okay to talk about their experiences with violence.	Total # Clients Served	65	98	65	100
	Total # Clients Achieved/Successful	49	80	49	75
	% Achieved / Successful	75.38	81.63	75.38	75
75% of adult survivors with minor children responding to the DOW survey report that because of services received, they feel that their children are having more positive interactions with others.	Total # Clients Served	65	100	68	100
	Total # Clients Achieved/Successful	49	84	49	75
	% Achieved / Successful	75.38	84	72.06	75

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Empowerhouse - Children Exposed to Domestic Violence

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017 and FY2018, the estimated numbers of individuals served in FY2019 and the projected numbers of individuals served in FY2020.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 Estimate	FY 2020 Projected
Fredericksburg City	46	53	50	50
Caroline County	13	24	15	15
King George County	15	15	15	15
Spotsylvania County	111	129	125	125
Stafford County	142	117	125	125
Other Localities	11	16	15	15
Total	338	354	345	345

Empowerhouse - Children Exposed to Domestic Violence

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The Empowerhouse children's coordinator, teen boys' coordinator, support services coordinator, and services director work closely with the Juvenile & DR Relations Court Services' Units, the Office on Youth + group home, youth detention center, Head Start, the schools related to child IEPs, arranging transportation to school of origin, counselors and social workers in schools identifying children witnesses and those who may need services, and also work closely with the school based McKinney- Vento homeless children liaisons, departments of social services child protective services and foster care on some cases. RCASA, CASA Rapp Area, RACSB, National Counseling Group, Catholic Charities, Healthy Families, and Safe Harbor additionally interact, on occasion, with Empowerhouse workers regarding child services. We stock libraries and schools with brochures and in October display the Clothesline Project in every library. We are active participants in the Collaborative for Youth and Families.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

When victims are able to break free (not always within their control; sometimes they are murdered in the process), child abuse decreases if a byproduct of partner violence, but not if an abuser is a predator and gains full access to a child during custody/visitation (at which time the protective parent would not be present). With no avenue for protective parents to seek DV help, more children would be direct child abuse victims. We ensure fewer children enter care systems otherwise needed to step in for child injuries, danger, neglect, or lack of dwelling. Current in DV National trends, we ensure best practices for our community. As a DV program, we have access to A Window Between Worlds art project database specific to DV work with exposed children. Empowerhouse mission and 24 hour services define us uniquely as responders to child DV witnesses including ones not victimized by code defined child abuse/neglect. Without this program, child DV witnesses would fall through the cracks.

Regional Funding

Fiscal Year 2020 - Partner Funding Application

Empowerhouse

Agency Information

General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	40
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Main Contact

Main Contact	Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org
Job Title	Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Mary called the Empowerhouse domestic violence (DV) hotline to request assistance in filing for a Protective Order (PO). The previous night, her husband of almost 10 years came home incoherent and believed Mary was cheating on him. He cornered her and began punching the wall next to her stating multiple times: "I'm punching the wall until I feel ready enough to punch you." Their three young daughters were all present in the room. This wasn't the first time her husband had become violent. The violence had started to escalate when her youngest daughter was born, three years ago. Mary called the police and her

husband was arrested. She was given an Emergency PO and the on-scene officer shared the DV hotline number. A court advocate accompanied Mary as she filed for a preliminary PO and attended the hearing during which it was granted. The advocate helped Mary create a safety plan and shared resources that could help Mary and her daughter's deal with the trauma they had experienced. Even though her home was part of the PO, Mary's safety plan included staying with her mother who had recently moved. Her abuser did not know her mother's new address and Mary felt safer with other people around. As soon as her abuser was released from jail he violated the PO by breaking into her home and destroying many personal items. He also left a threatening note on her kitchen counter, written on the back of a family photo. Mary felt relieved she was not home when the break-in occurred. She reported the incident and her husband was arrested on a PO violation. The court advocate accompanied Mary to the bond hearing and subsequent court hearings which resulted in a full 2 year PO being granted. Her abuser received jail time for the PO violation and Mary was able to move back in her home. Mary and her daughters have also started attending support groups; sharing that that she no longer feels numb and emotionless but empowered and relieved to know that she is not alone.

Example 2

The Empowerhouse domestic violence shelter provided Gayle with a safe place away from her previous abusers to focus on herself and begin to envision a future. When Gayle first called the hotline, she shared that she had recently left her abusive husband and was in a bad relationship with a new boyfriend. She shared she was contemplating suicide. The advocate was able to connect Gayle with mental health professionals that admitted her to a hospital. An Empowerhouse advocate met with Gayle during her hospital stay to talk about the dynamics of domestic violence and Gayle's safety plan for when she was ready to leave the hospital. Upon release, Gayle came into shelter but was very apprehensive about living in a communal space with other people. The shelter staff helped her work through any anxious situations, shared grounding techniques, and discussed self-care. Gayle shared more about her abusive partners, revealing that their emotional and psychological abuse had prompted her mental health issues and past suicide attempts. She told shelter staff that drawing had helped her anxiety in the past. Shelter staff gave Gayle a sketch pad, water colors and colored pencils. Gayle found great joy in sharing her art with staff and the other residents. She told staff that shelter was not as scary as she initially thought it would be and found it very helpful. Gayle was able to enter the housing program shortly after arriving at shelter. With the help of housing supportive services, Gayle has maintained her own apartment for almost a year. Housing staff have helped her with safety planning, budgeting and encouraging her to maintain her mental health appointments. She also received employment services which helped her to receive a financial scholarship. She is currently working toward her B.S. degree and has begun a part-time position related to her major. Gayle shared "It's like a dream come true."

Example 3 (Optional)

An innovative partnership with one of our rural localities has enabled Empowerhouse to reach domestic violence (DV) victims that might have been otherwise missed. A new full-time advocate was placed in the King George Sheriff's office a little over a year ago. The impact of this collaborative project on DV victims is best highlighted by a survivor's own words. While the King Georges advocate was at court with one of her clients, another Empowerhouse advocate was present and acknowledged the client's courage. She expressed appreciation for the client having engaged and extending trust to the King George advocate. The client responded with "well, actually, she found me. And I don't know what I would have done without having her." These three words, "she found me," made the other court advocate "sing on the inside" and reiterates just how vital and necessary the advocate position embedded within the Sheriff's office is in a rural county. It also reinforces how important and effective the outreach calls that the advocates makes to victims listed on the Call For Services (CFS) summaries can be in building awareness of our domestic violence services with survivors. These outreach opportunities along with the relationship building by the King George advocate with all personnel associated with the legal system (e.g., deputies, detectives,

sheriff's administrative staff, clerk's office staff, commonwealth attorneys, victim witness) has resulted in more victims receiving domestic violence services. The staff working within the Sherriff's office and court system are regularly making sure the King George advocate is in the loop on cases in which intimate partner violence is involved. The survivors reached through these efforts have been able to develop safety plans, receive court advocacy accompaniment, attend support groups and in some cases, receive support for legal representation.

Empowerhouse

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative costs for Empowerhouse in FY 20 are budgeted at almost 12%: \$215,904. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative, and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events, the audit, and payroll accounting fees.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

n/a

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

n/a

Capital Expenses

Please provide an overview of the capital costs for your agency.

n/a

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

n/a

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

In 2020, the personnel budget reflects funding a full-time forensic nurse at Mary Washington Healthcare, a sub-recipient of the new grant Empowerhouse received to serve the region. A new Empowerhouse part-time advocate is also new with the grant and will coordinate grant activities at the Stafford Sheriff's Office. The 5% overall increase from Spotsylvania, Stafford, Fredericksburg and Caroline combined with the request from King George is represented in the DV Education and Supports program because of the overall increase and resulting size of this program relative to the other programs as a result of the newly funded project to restore 24/7 Forensic Nursing Examiner services at Mary Washington Healthcare and to strengthen the overall system's response. The FY19 increase is partially for a new employee to support teen education presentations in PD 16 schools on healthy relationships not an expense requested from localities but part of the new Empowerhouse strategic plan to (cont.)

Please provide a description of any changes to agency benefits structure or cost.

(personnel cont.) expand programming to children and youth. Other increases FY19 include more hourly staffing at the new expanded DV shelter and the grants manager increase, .25 FTE. An increase from FY17 to FY18 is due to hiring a new part-time grants manager, strategic planning work, and a grant to serve rural King George County DV victims with an Empowerhouse advocate placed at the Sheriff's Office. A 2.5% COLA increase is built into the FY19 budget for salaried employees. There is not a change to the agency benefits structure. However, employee health premium benefits increased by 13% in FY18 for full-time employees opting into the group plan. There were increases in FY19 budgeted and FY20 is expected to increase. Empowerhouse pays a percentage of the health premiums as an incentive benefit and needed benefit for full-time, hard working, loyal, and skilled employees receiving below market salaries with no retirement benefits.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns for the recipients of Empowerhouse services in their ability to access support from traditional governmental services that are under threat at the Federal level. Funding that trickles down to governmental offices that provide financial support of food, childcare, cash benefits for mothers experiencing temporary poverty, etc. Services under threat will not directly impact this agency but are examined for their potential impact on service recipients. Empowerhouse works closely with churches and civic organizations as well as other institutions and will continue to voice the crisis and core needs for domestic violence survivors and their children as needs arise.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

The DOJ OVW grant that we receive with Rappahannock Goodwill Industries as our partner to serve domestic violence victims with housing through rentals and subsidies, with employment services, advocacy and case management expired in FY19. Fortunately we successfully managed a three year renewal through application and eligibility. The King George County rural advocacy and outreach grant will end 6/30/19. Empowerhouse will apply again in the spring to seek continuation funding beyond the initial 2 year period. Empowerhouse created a strategic funding reserve in FY 2018 to support initiatives ongoing and in the event of a future critical shortage despite planning or for a strategic opportunity.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

There is a long list of needs currently identified that will involve multi-year efforts by Empowerhouse, some in coordination and collaboration with other entities. Among them are barriers for domestic violence survivors including lack of transportation, lack of affordable daycare, lack of interpreters available while trying to access services, lack of legal representation for daunting and difficult legal systems with potential to worsen the impact of domestic violence, lack of affordable housing, lack of affordable and available crisis and mainstream mental health services, lack of culturally based capacity within mental health providers, lack of access to healthcare insurance and services. Finally there is a lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth especially the primary grades.

Empowerhouse

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Salary	837,339.00	912,815.00	925,801.00	1,022,769.00	1,141,044.00
Benefits	142,636.00	167,169.00	160,731.00	169,997.00	188,547.00
Operating Expenses	534,376.00	457,466.00	555,452.00	457,234.00	504,626.00
Capital Expenses			0.00	0.00	0.00
Other Expenses			0.00	0.00	0.00
Total	1,514,351.00	1,537,450.00	1,641,984.00	1,650,000.00	1,834,217.00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	4,404.00	4,404.00	4,624.00	4,624.00	4,855.00
Fredericksburg	14,350.00	14,350.00	14,350.00	14,350.00	15,067.00
King George	15,815.00	15,000.00	0.00	0.00	5,000.00
Spotsylvania	53,308.00	52,808.00	53,808.00	55,448.00	58,220.00
Stafford	49,808.00	49,808.00	49,808.00	50,000.00	52,500.00
United Way	104,241.00	101,257.00	114,817.00	80,000.00	100,000.00
Grants	917,664.00	929,893.00	971,341.00	846,958.00	1,037,775.00
Client Fees	98,823.00	102,900.00	94,206.00	94,000.00	94,000.00
Fundraising	119,776.00	130,030.00	133,381.00	121,100.00	125,800.00
Other (Click to itemize)	126,427.00	137,000.00	364,544.00	383,520.00	341,000.00
Total	1,504,616.00	1,537,450.00	1,800,879.00	1,650,000.00	1,834,217.00

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
	0		0	0	

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	-9,735.00	0.00	158,895.00	0.00	0.00

Empowerhouse

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

This past year, Empowerhouse dedicated staffing to increased outreach in Caroline County with governmental providers including law enforcement, commonwealth's attorney's office, social services, and mental health. The workers increased engagement with nonprofits, churches, the YMCA, the library, and healthcare businesses and offices to ensure that residents, their friends, neighbors, and support individuals know about and are able to access Empowerhouse free and confidential domestic violence victim services within the County. Staff provided domestic violence dynamics and response training to County fire and rescue personnel in the past year. Empowerhouse served 113 Caroline County individuals in person in FY18 and another 79 by phone. Empowerhouse respectfully requests an additional 5%, \$231, from \$4,625 to \$4,855 in FY 2020, to assist with increased expenses.

City of Fredericksburg

Empowerhouse works with Fredericksburg area homelessness and housing providers weekly and sometimes daily. Through efforts we conduct in individually and in collaboration with PD16 nonprofits and governmental entities, Empowerhouse has expanded housing, employment, and education options for victims of domestic violence and their children, Fredericksburg City residents. We shelter city residents; we house city residents; we serve them while in crisis by phone and in person; we provide support/ education groups located in the City for adults, teens, and children; we have a shelter in the city; and we provide a number of companion services to support individuals through trauma to move forward despite unfortunate circumstances. Empowerhouse served 232 Fredericksburg City individuals in person in FY18 and another 431 by phone. Empowerhouse respectfully requests an additional 5%, \$717, from \$14,350 to \$15,067 in FY 2020, to assist with increased expenses.

King George County

Empowerhouse requests local match for the FY20 King George County grant in the amount of \$5,000 only for the \$79,075 grant from the state. Empowerhouse is asking for a small cash match from the County and will raise the remainder. We employ a dedicated full time coordinator assisting King George domestic violence (DV) survivors and the County through outreach and training initiatives. We staff an office provided by King George Sheriff's Office where coordination strengthens relief available to DV victims and their children. Increased awareness of the prevalence and dynamics of DV and available services through this grant funded employee and Empowerhouse is part of her work. She travels throughout the county with information and resources for churches, schools, businesses, government offices, and other service agencies and civic organizations. Empowerhouse served 210 King George County individuals in FY18 in-person and by phone. We respectfully request \$5,000 from the County in FY20.

Spotsylvania County

In addition to the robust assistance provided to Spotsylvania County, its offices, departments, and its residents, Empowerhouse dedicates a part time court advocate to the County every morning at the courthouse and intake office to support domestic violence (DV) victims through their protective order (PO) filings and court appearances. Spotsylvania County experiences the highest number of POs among the 5 localities that Empowerhouse serves. We started this effort in 2016 through grant funding and continued

this coordination with County offices and support for DV survivors and their children. Spotsylvania receives the overwhelming majority of classroom education in schools thanks to the high level of engagement Empowerhouse receives from County school personnel. We served 591 County individuals in person in FY18 and another 377 by phone. Empowerhouse respectfully requests continued FY20 Spotsylvania County support in the amount of \$58,220, \$2,772 - a 5% increase over FY19's \$55,448.

Stafford County

In addition to the robust assistance provided to Stafford County, its offices, departments, and its residents, Empowerhouse is dedicating a part time coordinator to Stafford County based in an office provided by the Stafford Sheriff's Office where she will coordinate new grant activities to support high risk victims and their families. A new grant just awarded to only two places in Virginia will afford Stafford County providers new training and opportunities for coordination, new Empowerhouse DV victim services, and will close the 24/7 coverage gap of forensic nursing examiner program services. Out of this Stafford office, Empowerhouse will manage the grant that provides one new dedicated regional Forensic Nurse Examiner to Mary Washington Healthcare. We served 668 County individuals in person in FY18 and another 368 by phone. Empowerhouse respectfully requests continued FY20 Stafford County support in the amount of \$52,500, a \$2,500 increase- 5% increase over FY19-\$50,000.

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name 24-Hour Domestic Violence Hotline

Is this a new program? No

Program Contact

Name Tammy Torres

Title Assistant Director

Email office@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

The 24-hour domestic violence hotline, the only serving PD16, provides access to trained workers via 2 Empowerhouse numbers, one toll-free. The service opens communication to those isolated by domestic violence (DV)/ intimate partner violence. Workers validate feelings and experiences, provide risk assessment for future harm, and safety planning for the adult or teen victim and affiliated children. Safety planning (part of the service) is individually designed through analysis of the victim's past and current situation taking into consideration what the future may bring. Information on DV, shelter, agency services, law enforcement, and other community resources are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on how to file for protective orders and the various governmental entities which are available to report abuse. Via a language line-we serve over 100 languages when English is not the first language. Professionals and family members call the hotline to request information to help a victim they know and many victims call for informational purposes. Most victims calling do not realize that the abuse they are experiencing is against the law. The primary purpose of this service is to increase safety and connect to resources providing a confidential, immediate, and free response to individuals isolated by their intimate partners, and demeaned, threatened, physically harmed, and frequently in danger.

Client Fees

Please describe the fees clients must pay for the services by this program.

There are no fees for this service. Empowerhouse is an accredited domestic violence program. Critical life-saving services for isolated and controlled victims of domestic violence must be provided regardless of ability to pay. As such and because of a mandate by Federal funding, local domestic violence programs are not allowed to charge fees to victims of domestic violence and their children for victim services. Diversified funding sources such as those granted by localities in combination with State and Federal funding and local contributions make it possible to provide this critical public safety life-saving service to PD 16 area citizens.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

One in 4 women experience severe physical violence by an intimate partner in their lifetime. A Virginian is killed by domestic violence (DV) every 5 days. Area law enforcement officers respond to over 6,500 DV related calls annually. This hotline saves local lives through providing expertly trained and experienced workers to educate and direct callers and provide an outlet to seek help and identify the problem and danger. No other PD16 agency provides relief in the form of a DV hotline, 24 hours/day, with a worker prepared to stop all activity and focus attention on the caller on average for one hour. This is critical; a DV victim may find the opportunity and courage to reach out only once and needs us to be ready to listen, address concerns, build trust, and open a support system lacking due to isolation. Safety planning is critical and a priority with all callers. All PD16 DV victims can access the 2 local numbers (one toll-free). 1,546 callers received confidential help last year.

If this is a new program, be sure to include the benefits to the region for funding a new request.

NA

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford call the hotline. Some callers do not provide information on their locality and are included in other. Sometimes we respond to calls outside of PD16 especially when a family member who lives outside of the area may call for a victim who is located in PD16. Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 150 Olde Greenwich Drive in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and no longer documented as hotline calls.

If your program has specific entry or application criteria, please describe it here.

NA

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

There is little change in the 24 Hour Domestic Violence Hotline budget from year to year. The organization continues to evaluate and adjust staffing levels at the new larger capacity domestic violence shelter. The hotline continues to be a lean and efficient program supplemented by trained volunteers and student interns throughout the year maximizing community volunteer support. Localities financial help continues to be important in the the critical life saving support provided to our community's victims of domestic violence and first responders.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

The program is already lean in its funding and staffing. With the demand for services, it is not wise to reduce the resources dedicated to this program considering the life saving support gained through the ability to call at anytime in the hour of need. Victims of domestic violence need to be connected to a life saving advocate when making their call to make the services available when they need it. Law enforcement and other providers need to be able to count on reaching resources when they are needed. Financial support is critical to sustaining these crisis domestic violence services that are set up now to help victims escape and make plans to be safe from violence and injuries when they call for help.

In particular, please describe in detail if any increase is sought for new positions or personnel.

Increased staffing is budgeted during the current year for hourly employees on weekend days. These hours will help support the higher volume need of in-person services at the shelter while also ensuring a phone response during these hours. The after hours hourly employees wages are split so that 30% of their time is dedicated to the hotline program. The time dedicated to the hotline program is estimated to be an additional 3 hours per week in FY 2019.

Empowerhouse - 24-Hour Domestic Violence Hotline

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Personnel	45,995.00	49,334.00	50,302.00	53,723.00	52,946.00
Benefits	7,823.00	9,045.00	8,716.00	8,996.00	8,786.00
Operating Expenses	8,302.00	8,327.00	8,896.00	7,162.00	6,292.00
Capital Expenses			0.00	0.00	0.00
Total	62,120.00	66,706.00	67,914.00	69,881.00	68,024.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	257.00	269.00	266.00	284.00	257.00
Fredericksburg	838.00	876.00	827.00	880.00	798.00
King George	924.00	916.00	0.00	0.00	265.00
Spotsylvania	3,115.00	3,224.00	3,101.00	3,400.00	3,084.00
Stafford	2,910.00	3,041.00	2,870.00	3,066.00	2,781.00
United Way	0.00	0.00	0.00	0.00	0.00
Grants	39,232.00	35,262.00	36,351.00	35,006.00	34,699.00
Client Fees	0.00	0.00	0.00	0.00	0.00
Fundraising	7,285.00	12,000.00	12,499.00	13,245.00	13,140.00
Other (Click to itemize)	7,559.00	11,118.00	12,000.00	14,000.00	13,000.00
Total	62,120.00	66,706.00	67,914.00	69,881.00	68,024.00

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00

Empowerhouse - 24-Hour Domestic Violence Hotline

[View Diagram](#) Goals and Objectives

Goals

Goal:

Enhance the support of victims of domestic violence and their children to decrease exposure to and effects of violence. DV victims will receive attention to planning for their safety while on a hotline call and callers to the hotline will receive the information they are requesting.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
At least 70% of victims of domestic violence calling the 24 hour domestic violence hotline know more ways to plan for their safety.	Total # Clients Served		1,252	1,260	1,090
	Total # Clients Achieved/Successful		965	882	763
	% Achieved / Successful	0	77.08	70	70
At least 65% of hotline callers (victims, family members, friends, concerned individuals in the community) will take a brief satisfaction survey rating information provided.	Total # Clients Served		1,718		1,550
	Total # Clients Achieved/Successful		1,343		1,008
	% Achieved / Successful	0	78.17	0	65.03
At least 95% of callers taking the brief satisfaction survey will state they received the information requested.	Total # Clients Served		1,343		1,008
	Total # Clients Achieved/Successful		1,333		958
	% Achieved / Successful	0	99.26	0	95.04

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

The projected 2019 Baseline numbers have been updated. Empowerhouse received 1,446 of hotline calls in 2016, 1,781 in 2017, and 1,546 in 2018. We believe the large increase in 2017 was an aberration from what we have historically received and what we expect to receive. There are several factors that could have contributed to the higher numbers in 2017. One is the high profile domestic abuse (DV) cases that populated the headlines such as the news media of Ray Rice and all of the sports figures involved in DV (including the Super Bowl ad for the National Hotline). The heightened media attention often raises awareness and results in an increase of calls to DV hotlines. Another factor may have been the publicity surrounding our campaign to build and open the new DV Shelter. The 2018 projections were based on the 2017 actuals. The 2018 actuals are more aligned more with the expected historical trends. Thus new projections for baselines across all objectives have been updated accordingly.

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Goal:

To enhance the support of victims of domestic violence and their children to decrease exposure to and effects of intimate partner abuse and violence. Empowerhouse workers listen to callers concerns, provide active listening, provide information on dynamics of DV and the free-confidential resources through domestic violence programs, Empowerhouse, such as domestic violence shelter, availability of 24-hour hotline, support /education groups, court accompaniment, and safety planning on-going.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
At least 70% of individuals making victim related (victim, family & friend) calls to the hotline are more informed about the dynamics of domestic violence and services available through domestic violence programs.	Total # Clients Served		1,359	1,380	1,183
	Total # Clients Achieved/Successful		1,292	966	828
	% Achieved / Successful	0	95.07	70	69.99
At least 70 % of domestic violence survivors who call the hotline are given referrals to community resources to increase their capacity to acquire resources needed to live a violence-free life.	Total # Clients Served		1,252	1,260	1,090
	Total # Clients Achieved/Successful		940	882	763
	% Achieved / Successful	0	75.08	70	70

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

The projected 2019 Baseline numbers have been updated. Empowerhouse received 1,446 of hotline calls in 2016, 1,781 in 2017, and 1,546 in 2018. We believe the large increase in 2017 was an aberration from what we have historically received and what we expect to receive. There are several factors that could have contributed to the higher numbers in 2017. One is the high profile domestic abuse (DV) cases that populated the headlines such as the news media of Ray Rice and all of the sports figures involved in DV (including the Super Bowl ad for the National Hotline). The heightened media attention often raises awareness and results in an increase of calls to DV hotlines. Another factor may have been the publicity surrounding our campaign to build and open the new DV Shelter. The 2018 projections were based on the 2017 actuals. The 2018 actuals are more aligned more with the expected historical trends. Thus new projections for baselines across all objectives have been updated accordingly.

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Empowerhouse - 24-Hour Domestic Violence Hotline

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017 and FY2018, the estimated numbers of individuals served in FY2019 and the projected numbers of individuals served in FY2020.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 Estimate	FY 2020 Projected
Fredericksburg City	514	431	435	440
Caroline County	99	79	80	85
King George County	102	53	55	60
Spotsylvania County	375	377	375	380
Stafford County	365	368	365	370
Other Localities	326	238	240	240
Total	1,781	1,546	1,550	1,575

Empowerhouse - 24-Hour Domestic Violence Hotline

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Empowerhouse maintains memoranda of understanding and cooperative agreements with multiple nonprofit and governmental entities to benefit survivors of domestic violence and their children including but not limited to 5 localities of law enforcement, prosecutors, victim/witness assistance offices, Legal Aid Works, and RCASA. Our staff participate in an area Domestic Violence Coordinating Council that includes the aforementioned and additionally the public defender's office, RACSB, DSS, community based probation, Safe Harbor, Quantico Family Advocacy, and human trafficking workers. Our domestic violence hotline and 24 hour response services are widely promoted through the coordinating body and via training for first responders and all service providers who frequently come in contact with victims of domestic violence and their families. We also provide training to EMS, fire and rescue, churches, state and military police, and area healthcare providers.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Planning by phone makes a huge difference to both DV victim safety and ongoing economic struggles and coercion they face, coercion to return to the home where the abuser attempts to regain and maintain control over their lives so the abuse can continue unchallenged and unfettered. Victims would have no one to discuss this with, confidentially, in incremental steps and say, "Did you realize this behavior is against the law?", or "I am concerned for your safety." There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Communities everywhere value confidential and 24 hour access locally because victims are more likely to call if they know their information is not shared and decisions are not made for them. Dedicating time to the hotline by 24 hour workers who perform other DV functions is an efficient way to respond quickly, expertly, and with dedication to DV victims.

Regional Funding

Fiscal Year 2020 - Partner Funding Application

Empowerhouse

Agency Information

General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, VA, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	40
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Main Contact

Main Contact	Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org
Job Title	Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline	<input checked="" type="checkbox"/>
Fredericksburg	<input checked="" type="checkbox"/>
King George	<input checked="" type="checkbox"/>
Spotsylvania	<input checked="" type="checkbox"/>
Stafford	<input checked="" type="checkbox"/>

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Mary called the Empowerhouse domestic violence (DV) hotline to request assistance in filing for a Protective Order (PO). The previous night, her husband of almost 10 years came home incoherent and believed Mary was cheating on him. He cornered her and began punching the wall next to her stating multiple times: "I'm punching the wall until I feel ready enough to punch you." Their three young daughters were all present in the room. This wasn't the first time her husband had become violent. The violence had started to escalate when her youngest daughter was born, three years ago. Mary called the police and her

husband was arrested. She was given an Emergency PO and the on-scene officer shared the DV hotline number. A court advocate accompanied Mary as she filed for a preliminary PO and attended the hearing during which it was granted. The advocate helped Mary create a safety plan and shared resources that could help Mary and her daughter's deal with the trauma they had experienced. Even though her home was part of the PO, Mary's safety plan included staying with her mother who had recently moved. Her abuser did not know her mother's new address and Mary felt safer with other people around. As soon as her abuser was released from jail he violated the PO by breaking into her home and destroying many personal items. He also left a threatening note on her kitchen counter, written on the back of a family photo. Mary felt relieved she was not home when the break-in occurred. She reported the incident and her husband was arrested on a PO violation. The court advocate accompanied Mary to the bond hearing and subsequent court hearings which resulted in a full 2 year PO being granted. Her abuser received jail time for the PO violation and Mary was able to move back in her home. Mary and her daughters have also started attending support groups; sharing that that she no longer feels numb and emotionless but empowered and relieved to know that she is not alone.

Example 2

The Empowerhouse domestic violence shelter provided Gayle with a safe place away from her previous abusers to focus on herself and begin to envision a future. When Gayle first called the hotline, she shared that she had recently left her abusive husband and was in a bad relationship with a new boyfriend. She shared she was contemplating suicide. The advocate was able to connect Gayle with mental health professionals that admitted her to a hospital. An Empowerhouse advocate met with Gayle during her hospital stay to talk about the dynamics of domestic violence and Gayle's safety plan for when she was ready to leave the hospital. Upon release, Gayle came into shelter but was very apprehensive about living in a communal space with other people. The shelter staff helped her work through any anxious situations, shared grounding techniques, and discussed self-care. Gayle shared more about her abusive partners, revealing that their emotional and psychological abuse had prompted her mental health issues and past suicide attempts. She told shelter staff that drawing had helped her anxiety in the past. Shelter staff gave Gayle a sketch pad, water colors and colored pencils. Gayle found great joy in sharing her art with staff and the other residents. She told staff that shelter was not as scary as she initially thought it would be and found it very helpful. Gayle was able to enter the housing program shortly after arriving at shelter. With the help of housing supportive services, Gayle has maintained her own apartment for almost a year. Housing staff have helped her with safety planning, budgeting and encouraging her to maintain her mental health appointments. She also received employment services which helped her to receive a financial scholarship. She is currently working toward her B.S. degree and has begun a part-time position related to her major. Gayle shared "It's like a dream come true."

Example 3 (Optional)

An innovative partnership with one of our rural localities has enabled Empowerhouse to reach domestic violence (DV) victims that might have been otherwise missed. A new full-time advocate was placed in the King George Sheriff's office a little over a year ago. The impact of this collaborative project on DV victims is best highlighted by a survivor's own words. While the King Georges advocate was at court with one of her clients, another Empowerhouse advocate was present and acknowledged the client's courage. She expressed appreciation for the client having engaged and extending trust to the King George advocate. The client responded with "well, actually, she found me. And I don't know what I would have done without having her." These three words, "she found me," made the other court advocate "sing on the inside" and reiterates just how vital and necessary the advocate position embedded within the Sheriff's office is in a rural county. It also reinforces how important and effective the outreach calls that the advocates makes to victims listed on the Call For Services (CFS) summaries can be in building awareness of our domestic violence services with survivors. These outreach opportunities along with the relationship building by the King George advocate with all personnel associated with the legal system (e.g., deputies, detectives,

sheriff's administrative staff, clerk's office staff, commonwealth attorneys, victim witness) has resulted in more victims receiving domestic violence services. The staff working within the Sherriff's office and court system are regularly making sure the King George advocate is in the loop on cases in which intimate partner violence is involved. The survivors reached through these efforts have been able to develop safety plans, receive court advocacy accompaniment, attend support groups and in some cases, receive support for legal representation.

Empowerhouse

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative costs for Empowerhouse in FY 20 are budgeted at almost 12%: \$215,904. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative, and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events, the audit, and payroll accounting fees.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

n/a

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

n/a

Capital Expenses

Please provide an overview of the capital costs for your agency.

n/a

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

n/a

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

In 2020, the personnel budget reflects funding a full-time forensic nurse at Mary Washington Healthcare, a sub-recipient of the new grant Empowerhouse received to serve the region. A new Empowerhouse part-time advocate is also new with the grant and will coordinate grant activities at the Stafford Sheriff's Office. The 5% overall increase from Spotsylvania, Stafford, Fredericksburg and Caroline combined with the request from King George is represented in the DV Education and Supports program because of the overall increase and resulting size of this program relative to the other programs as a result of the newly funded project to restore 24/7 Forensic Nursing Examiner services at Mary Washington Healthcare and to strengthen the overall system's response. The FY19 increase is partially for a new employee to support teen education presentations in PD 16 schools on healthy relationships not an expense requested from localities but part of the new Empowerhouse strategic plan to (cont.)

Please provide a description of any changes to agency benefits structure or cost.

(personnel cont.) expand programming to children and youth. Other increases FY19 include more hourly staffing at the new expanded DV shelter and the grants manager increase, .25 FTE. An increase from FY17 to FY18 is due to hiring a new part-time grants manager, strategic planning work, and a grant to serve rural King George County DV victims with an Empowerhouse advocate placed at the Sheriff's Office. A 2.5% COLA increase is built into the FY19 budget for salaried employees. There is not a change to the agency benefits structure. However, employee health premium benefits increased by 13% in FY18 for full-time employees opting into the group plan. There were increases in FY19 budgeted and FY20 is expected to increase. Empowerhouse pays a percentage of the health premiums as an incentive benefit and needed benefit for full-time, hard working, loyal, and skilled employees receiving below market salaries with no retirement benefits.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

There are concerns for the recipients of Empowerhouse services in their ability to access support from traditional governmental services that are under threat at the Federal level. Funding that trickles down to governmental offices that provide financial support of food, childcare, cash benefits for mothers experiencing temporary poverty, etc. Services under threat will not directly impact this agency but are examined for their potential impact on service recipients. Empowerhouse works closely with churches and civic organizations as well as other institutions and will continue to voice the crisis and core needs for domestic violence survivors and their children as needs arise.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

The DOJ OVW grant that we receive with Rappahannock Goodwill Industries as our partner to serve domestic violence victims with housing through rentals and subsidies, with employment services, advocacy and case management expired in FY19. Fortunately we successfully managed a three year renewal through application and eligibility. The King George County rural advocacy and outreach grant will end 6/30/19. Empowerhouse will apply again in the spring to seek continuation funding beyond the initial 2 year period. Empowerhouse created a strategic funding reserve in FY 2018 to support initiatives ongoing and in the event of a future critical shortage despite planning or for a strategic opportunity.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

There is a long list of needs currently identified that will involve multi-year efforts by Empowerhouse, some in coordination and collaboration with other entities. Among them are barriers for domestic violence survivors including lack of transportation, lack of affordable daycare, lack of interpreters available while trying to access services, lack of legal representation for daunting and difficult legal systems with potential to worsen the impact of domestic violence, lack of affordable housing, lack of affordable and available crisis and mainstream mental health services, lack of culturally based capacity within mental health providers, lack of access to healthcare insurance and services. Finally there is a lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth especially the primary grades.

Empowerhouse

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Salary	837,339.00	912,815.00	925,801.00	1,022,769.00	1,141,044.00
Benefits	142,636.00	167,169.00	160,731.00	169,997.00	188,547.00
Operating Expenses	534,376.00	457,466.00	555,452.00	457,234.00	504,626.00
Capital Expenses			0.00	0.00	0.00
Other Expenses			0.00	0.00	0.00
Total	1,514,351.00	1,537,450.00	1,641,984.00	1,650,000.00	1,834,217.00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	4,404.00	4,404.00	4,624.00	4,624.00	4,855.00
Fredericksburg	14,350.00	14,350.00	14,350.00	14,350.00	15,067.00
King George	15,815.00	15,000.00	0.00	0.00	5,000.00
Spotsylvania	53,308.00	52,808.00	53,808.00	55,448.00	58,220.00
Stafford	49,808.00	49,808.00	49,808.00	50,000.00	52,500.00
United Way	104,241.00	101,257.00	114,817.00	80,000.00	100,000.00
Grants	917,664.00	929,893.00	971,341.00	846,958.00	1,037,775.00
Client Fees	98,823.00	102,900.00	94,206.00	94,000.00	94,000.00
Fundraising	119,776.00	130,030.00	133,381.00	121,100.00	125,800.00
Other (Click to itemize)	126,427.00	137,000.00	364,544.00	383,520.00	341,000.00
Total	1,504,616.00	1,537,450.00	1,800,879.00	1,650,000.00	1,834,217.00

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
	0		0	0	

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	-9,735.00	0.00	158,895.00	0.00	0.00

Empowerhouse

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

This past year, Empowerhouse dedicated staffing to increased outreach in Caroline County with governmental providers including law enforcement, commonwealth's attorney's office, social services, and mental health. The workers increased engagement with nonprofits, churches, the YMCA, the library, and healthcare businesses and offices to ensure that residents, their friends, neighbors, and support individuals know about and are able to access Empowerhouse free and confidential domestic violence victim services within the County. Staff provided domestic violence dynamics and response training to County fire and rescue personnel in the past year. Empowerhouse served 113 Caroline County individuals in person in FY18 and another 79 by phone. Empowerhouse respectfully requests an additional 5%, \$231, from \$4,625 to \$4,855 in FY 2020, to assist with increased expenses.

City of Fredericksburg

Empowerhouse works with Fredericksburg area homelessness and housing providers weekly and sometimes daily. Through efforts we conduct in individually and in collaboration with PD16 nonprofits and governmental entities, Empowerhouse has expanded housing, employment, and education options for victims of domestic violence and their children, Fredericksburg City residents. We shelter city residents; we house city residents; we serve them while in crisis by phone and in person; we provide support/ education groups located in the City for adults, teens, and children; we have a shelter in the city; and we provide a number of companion services to support individuals through trauma to move forward despite unfortunate circumstances. Empowerhouse served 232 Fredericksburg City individuals in person in FY18 and another 431 by phone. Empowerhouse respectfully requests an additional 5%, \$717, from \$14,350 to \$15,067 in FY 2020, to assist with increased expenses.

King George County

Empowerhouse requests local match for the FY20 King George County grant in the amount of \$5,000 only for the \$79,075 grant from the state. Empowerhouse is asking for a small cash match from the County and will raise the remainder. We employ a dedicated full time coordinator assisting King George domestic violence (DV) survivors and the County through outreach and training initiatives. We staff an office provided by King George Sheriff's Office where coordination strengthens relief available to DV victims and their children. Increased awareness of the prevalence and dynamics of DV and available services through this grant funded employee and Empowerhouse is part of her work. She travels throughout the county with information and resources for churches, schools, businesses, government offices, and other service agencies and civic organizations. Empowerhouse served 210 King George County individuals in FY18 in-person and by phone. We respectfully request \$5,000 from the County in FY20.

Spotsylvania County

In addition to the robust assistance provided to Spotsylvania County, its offices, departments, and its residents, Empowerhouse dedicates a part time court advocate to the County every morning at the courthouse and intake office to support domestic violence (DV) victims through their protective order (PO) filings and court appearances. Spotsylvania County experiences the highest number of POs among the 5 localities that Empowerhouse serves. We started this effort in 2016 through grant funding and continued

this coordination with County offices and support for DV survivors and their children. Spotsylvania receives the overwhelming majority of classroom education in schools thanks to the high level of engagement Empowerhouse receives from County school personnel. We served 591 County individuals in person in FY18 and another 377 by phone. Empowerhouse respectfully requests continued FY20 Spotsylvania County support in the amount of \$58,220, \$2,772 - a 5% increase over FY19's \$55,448.

Stafford County

In addition to the robust assistance provided to Stafford County, its offices, departments, and its residents, Empowerhouse is dedicating a part time coordinator to Stafford County based in an office provided by the Stafford Sheriff's Office where she will coordinate new grant activities to support high risk victims and their families. A new grant just awarded to only two places in Virginia will afford Stafford County providers new training and opportunities for coordination, new Empowerhouse DV victim services, and will close the 24/7 coverage gap of forensic nursing examiner program services. Out of this Stafford office, Empowerhouse will manage the grant that provides one new dedicated regional Forensic Nurse Examiner to Mary Washington Healthcare. We served 668 County individuals in person in FY18 and another 368 by phone. Empowerhouse respectfully requests continued FY20 Stafford County support in the amount of \$52,500, a \$2,500 increase- 5% increase over FY19-\$50,000.

Empowerhouse - Domestic Violence Housing Supports

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name	Domestic Violence Housing Supports
Is this a new program?	No

Program Contact

Name	Kathy Anderson
Title	Executive Director
Email	kathya@empowerhouseva.org
Phone	(540) 373-9372

Program Purpose / Description

Provide an overview of this program

This area's only domestic violence (DV) shelter is a multi-family residence with 9 suites, 15 bedrooms, a large dining room with 3 kitchens, a playroom with laundry area, a computer/job help center, and a victim services center to provide for the safety and protection of DV/intimate partner violence victims and their children. Safety planning is individually designed through exploration of past and current situations and examining the future. Fleeing often results in homelessness. We spend cash assistance for DV survivors to enter and maintain in their own rentals directing staff (including a dedicated employment specialist) and other resources to support their housing and financial stability goals. 35 adults and children at one time stay up to 2 months at the Empowerhouse shelter, a break from a dangerous oppressive situation within which they live, or while transitioning to independence. Average stay: 1 month. Some enter our independent sites if a large family needs additional time to find affordable housing. We help obtain protective orders; some return home with boundaries placed on the offender. Provision of emergency resources, emotional support, connecting individuals and families to community resources, including but not limited to the legal system, lawyers, housing, social services, medical, mental health, education, family, faith, financial, etc. Last year, we permanently housed 31 victims with 51 children and sheltered 303 people (152 children; 151 DV survivors).

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

DV victims enter emergency housing to alleviate their crisis. This saves lives and provides needed relief from volatile and dangerous violence at home. No other PD16 program provides DV shelter. Qualifying PD16 victims and their children are guaranteed overnight accommodations by Empowerhouse when requested if experiencing danger. All PD16 residents requesting it, after eligibility assessment, are welcomed to shelter. If full, we transport to out of area DV shelters if requested. We shelter PD16 people in danger in other sites when other facilities cannot be arranged. Via financial assistance and staff- we also place in rentals with financial and staff support to regain housing and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. Last year we provided 9,470 bed nights to shelter DV victims and 15,084 bed nights in their own permanent housing through rental subsidies we provided.

If this is a new program, be sure to include the benefits to the region for funding a new request.

NA

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Primarily female victims of domestic violence (DV) and their children in PD16 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous situation and/or have become homeless, recently, as a result of the DV. PD16 residents are offered shelter regardless of neighborhood or jurisdiction. For safety reasons, the shelter is in an unpublicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in that year. It is unusual for persons to request multiple stays within one year. We place people in housing from all over the area and in rentals all throughout the area per their unique needs.

If your program has specific entry or application criteria, please describe it here.

Domestic violence callers must complete a shelter assessment and discuss their stay prior to entering our domestic violence shelter.

Empowerhouse - Domestic Violence Housing Supports

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

The overall 5% increases requested from localities are not showing up in the DV housing supports program because of the substantial increase in the DV Education and Supports Program (funding a new full-time forensic nurse examiner among other things) relative to the other programs. However the need for locality funding remains strong in this program as in others. Budget fluctuations from year to year center primarily in the operating section where the financial assistance subsidies are reflected. Financial assistance spending depends on how much assistance is provided each year for rentals (an increase may become available mid-year) and is based on demand, and other available funding such as how many WISP scholarships (specifically accessed through DV programs) applications are granted. These pass through donations help recipients pursuing education to request payments for housing, utilities, food, transportation etc. which Empowerhouse pays after receiving the sum from the foundation.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

With the restored funding from King George County, and the continued help of localities in this program, it is critical that the services supporting DV survivors and their children are sustained to help them on a path to financial and housing stability in the wake of the crisis, trauma, disruption, and homelessness caused by DV. We opened the new expanded domestic violence shelter in summer 2016. It is allowing Empowerhouse to open access to every local survivor of domestic violence and their children requesting domestic violence shelter. Localities help ensure that this happens as the operating costs of this building including utilities and staffing increased dramatically. The support helps us to staff and operate this critical life saving facility.

In particular, please describe in detail if any increase is sought for new positions or personnel.

Increases are not sought for personnel from the localities. Small increases in part-time hours are evaluated as we assist survivors in the new domestic violence shelter. We bring in additional weekend coverage when the house fills up and exceeds our staffing capacity. We will continue to evaluate the needs. Also important to note is that this year was an application cycle for a three year grant to USDOJ OVW for the housing assistance grant for survivors of domestic violence. We will successfully continue helping survivors of domestic violence with housing through this grant combined with the help of other funders for another 3 year continuation cycle with our partner applicant and grantee, Rappahannock Goodwill Industries.

Empowerhouse - Domestic Violence Housing Supports

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Personnel	287,758.00	302,216.00	297,376.00	326,586.00	342,101.00
Benefits	53,374.00	60,992.00	57,045.00	63,278.00	61,150.00
Operating Expenses	377,951.00	298,768.00	364,350.00	302,211.00	343,563.00
Capital Expenses					
Total	719,083.00	661,976.00	718,771.00	692,075.00	746,814.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Caroline	2,394.00	2,182.00	2,270.00	2,321.00	2,294.00
Fredericksburg	7,802.00	7,110.00	7,045.00	7,203.00	7,120.00
King George	8,599.00	7,432.00	0.00	0.00	2,363.00
Spotsylvania	28,984.00	26,163.00	26,415.00	27,830.00	27,513.00
Stafford	27,081.00	24,677.00	24,451.00	25,096.00	24,810.00
United Way	64,925.00	57,520.00	59,002.00	31,462.00	52,382.00
Grants	535,556.00	464,876.00	507,195.00	463,822.00	510,067.00
Client Fees	0.00	0.00	0.00	0.00	0.00
Fundraising	26,200.00	41,016.00	50,393.00	50,341.00	55,265.00
Other (Click to itemize)	17,542.00	31,000.00	97,000.00	29,000.00	65,000.00
Total	719,083.00	661,976.00	773,771.00	637,075.00	746,814.00

Surplus / Deficit

	FY 2017 Actual	FY 2018 Budgeted	FY 2018 Actual	FY 2019 Budgeted	FY 2020
Surplus or Deficit	0.00	0.00	55,000.00	-55,000.00	0.00

Empowerhouse - Domestic Violence Housing Supports

[View Diagram](#) Goals and Objectives

Goals

Goal:

Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship. Continue the domestic violence shelter and services in the new expanded and relocated building assisting increased numbers and need.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
130 women and their 150 children will be sheltered in our domestic violence shelter between July 1, 2018 and June 30, 2019.	Total # Clients Served		332	280	280
	Total # Clients Achieved/Successful		332	280	280
	% Achieved / Successful	0	100	100	100
At least 75% of adult shelter residents surveyed will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence shelter.	Total # Clients Served		46	45	45
	Total # Clients Achieved/Successful		43	34	34
	% Achieved / Successful	0	93.48	75.56	75.56
At least 75% of shelter residents surveyed will report that they know more about community resources as a result of the services they received while at the domestic violence shelter.	Total # Clients Served		45	45	45
	Total # Clients Achieved/Successful		42	34	34
	% Achieved / Successful	0	93.33	75.56	75.56

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Goal:

Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.

Objectives

		2017 Baseline	2017 Year End	2018 Baseline	2019 Baseline
Provide scattered site placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 26 domestic violence victims and their 39 children. Ongoing financial assistance and mobile staffing to support stability will be provided and assessed ongoing through and past an initial period of time.	Total # Clients Served		93		65
	Total # Clients Achieved/Successful		93		65
	% Achieved / Successful	0	100	0	100
Provide supportive services to 26 survivors including safety planning, domestic violence advocacy, budgeting, clothing, and other services necessary to reduce the barriers they face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, etc.	Total # Clients Served		34		26
	Total # Clients Achieved/Successful		34		26
	% Achieved / Successful	0	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

NA

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

NA

If you are restating the goals or objectives for the prior calendar year, please include those here

NA

Empowerhouse - Domestic Violence Housing Supports

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017 and FY2018, the estimated numbers of individuals served in FY2019 and the projected numbers of individuals served in FY2020.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 Estimate	FY 2020 Projected
Fredericksburg City	48	72	60	60
Caroline County	27	43	25	25
King George County	8	6	12	12
Spotsylvania County	115	97	113	113
Stafford County	149	112	125	125
Other Localities	18	24	15	15
Total	365	354	350	350

Empowerhouse - Domestic Violence Housing Supports

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Without the DV Shelter and housing, we would lose lives, compromise health, and decrease safety and economic status for many. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively and efficiently via the simultaneously operating hotline staffing at shelter. They would remain in dangerous homes, continually terrorized, reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. When survivors are able to break free, child abuse decreases with less children in care systems that otherwise need to step in because of child injuries, endangerment, neglect, or lack of residence. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without the DV Shelter and housing, we would lose lives, decrease safety, compromise health, and decrease economic status for many. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively. They would remain in dangerous homes, continually terrorized and reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. When survivors are able to break free, child abuse decreases with less children in care systems than otherwise need to step in because children are injured, are in danger, are neglected, or do not have a residence. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.