

Hours of Operation
Mondays, Tuesday & Wednesdays
9:00 am – 1:30 pm
(540) 507-7564



Located in the Marshall Center
8800 Courthouse Road
Spotsylvania, VA 22553

Coming in MARCH:
EASTER WREATH
Tuesdays 9:30 – 1:30 FREE
Supply List & Sign Up Info at
Marshall Center Desk



Wednesday, February 1
 9 AM -1:30 PM **Pickleball** - Gymnasium
 9:30 - 1:30 PM **Canasta** - Room C
 10 AM – Noon **Intermediate Line Dancing** - Lounge
 (Non- Instructional)
 11:30 AM -1 PM **Brown Bag Lunch Social** (BYOL) Room A
 & **Celebrate FEBRUARY Birthdays!**
 Noon - 1 PM **Tai Chi** - Lounge

Monday, February 6



9 AM -1:30 PM **Pickleball** - Gymnasium
 9:30 - 1:30 PM **Canasta** - Room A
 10 AM - Noon **Intermediate Line Dancing** Main Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Main Lounge
 Noon - 1:30PM **Advanced Line Dancing** - Room D

Tuesday, February 7



9 AM - 1:30 PM **Pickleball** - Gymnasium
 9:30 - 11:30 AM **Line Dancing w/Pat** – Main Lounge
 9:30 - 1:30 PM **Quilts & Crafts** - Room D
 10 AM -1:30 PM **Cards & Games** - Room A

Wednesday, February 8



9 AM - 1:30 PM **Pickleball** - Gymnasium
 9:30 -1:30PM **Canasta** - Room A
 9:30 – 1:30PM **OPTIMAL HEALTH Workshop**
B-I-N-G-O!! – Room C
 10 AM - Noon **Intermediate Line Dancing** - Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Lounge

Monday, February 13



9 AM -1:30 PM **Pickleball** - Gymnasium
 9:30 - 1:30 PM **Canasta** - Room A
 10 AM - Noon **Intermediate Line Dancing** Main Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Main Lounge
 Noon - 1:30PM **Advanced Line Dancing** - Room D

Tuesday, February 14



Valentine's Day BINGO 1- 4 pm FREE
 9 AM - **4:00 PM** *Extended Hours* **Pickleball** - Gymnasium
 9:30 - 11:30 AM **Line Dancing w/Pat** – Main Lounge
 9:30 - 1:30 PM **Quilts & Crafts** - Room D
 10 AM -1:30 PM **Cards & Games** - Room A
1 PM – 4 PM Valentine's Day BINGO - FREE

Wednesday, February 15



9 AM - 1:30 PM **Pickleball** - Gymnasium
 9:30 - 1:30 PM **Canasta** - Room C
 9:30 -1:30 PM **OPTIMAL HEALTH Workshop**-Rm A
 10 AM - Noon **Intermediate Line Dancing** - Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Lounge

Monday, February 20

CENTER CLOSED



Tuesday, February 21



9 AM - 1:30 PM **Pickleball** – Gymnasium
 9:30 - 11:30 AM **Line Dancing w/Pat** - Main Lounge
 9:30 - 1:30 PM **Quilts & Crafts** – Room D
 10 AM -1:30 PM **Cards & Games** – Room A

Wednesday, February 22



9 AM - 1:30 PM **Pickleball** - Gymnasium
 9:30 -1:30 PM **Canasta** - Room A
 9:30 – 1:30PM **OPTIMAL HEALTH Workshop**
B-I-N-G-O!! – Room C
 10 AM - Noon **Intermediate Line Dance** - Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Lounge

Monday, February 27

9 AM -1:30 PM **Pickleball** - Gymnasium
 9:30 - 1:30 PM **Canasta** - Room A
 10 AM - Noon **Intermediate Line Dancing** Main Lounge
 (Non- Instructional)
 Noon - 1 PM **Tai Chi** - Lounge
 Noon - 1:30PM **Advanced Line Dancing** - Room D

Tuesday, February 28

9 AM - 1:30 PM **Pickleball** - Gymnasium
 9:30 - 11:30 AM **Line Dancing w/Pat** – Main Lounge
 9:30 - 1:30 PM **Quilts & Crafts** - Room D
 10 AM -1:30 PM **Cards & Games** - Room A



Keep Spotsylvania Beautiful
4th Annual
SPRING COMMUNITY CLEAN
UP DAY & ENVIRONMENTAL
VENDOR FAIR
Saturday, March 25, 2023
More Info at Marshall Center Desk
Pre-Registration Required

SENIOR EVENTS FEBRUARY 2023

Ages 55 and up, Spotsylvania County Residents. For more information, call (540) 507-PLAY (7529) - SENIOR CENTER (540) 507-7564

CANASTA - Are you interested in the game of Canasta, but can't find anyone to play? Join us for a rousing morning of fun and games! The fun begins at 9:30 a.m.

LINE DANCING w/Pat - Join the fun of this popular dance form. Learn the basics and then dive into the more advanced steps.

Beginner Line Dance (Tuesdays) – 9:30 a.m.-10:30 a.m. **Intermediate Line Dance** (Advance steps) (Tuesdays) – 10:30 a.m.-11:30 a.m. Sign-in at front desk.

Intermediate Line Dance (Mon & Wed) -10 am - Noon. This is a **NON-INSTRUCTIONAL PROGRAM. Admission is FREE. Sign-In is required.**

Advanced Line Dancing (Mon) - Noon – 1:30 p.m. This is a **NON-INSTRUCTIONAL PROGRAM. Admission is FREE. Sign-In is required.**

QUILTS & CRAFTS -Tuesdays - 9:30 a.m. – 1:30 p.m. Bring your own supplies and projects! Have fun quilting & crafting together!

TAI CHI – Mondays & Wednesdays 12:00 p.m. – 1:00 p.m.

Looking for an exercise that is done slowly and smoothly without the jumping and jarring impact of other exercise? Tai Chi does not include any exercises which require getting down on the floor. Tai Chi reduces stress, Depression, Blood Pressure, improves Breathing, Flexibility, Mobility, Balance, Circulation, Memory, Posture and Mental Outlook. Join us Monday/Wednesday afternoons for Tai Chi. Our instructor Marti Wilson will lead you through this exciting exercise program. Pre-registration is required. **Fee: \$30 per month. \$10 Drop-Ins.**

Brown Bag LUNCH SOCIAL – February 1, 2023 11:30 a.m. – 1:00 p.m.

Bring Your Own Lunch. Join us for fellowship! Meet people and form new friendships! We also are celebrating All February birthdays today!

PICKLEBALL - Come join the group Monday/Tuesday/Wednesday 9:00 a.m. – 1:30p.m. in the Marshall Center Gym. Pickleball is a mixture of badminton, tennis and table tennis! Pickleball has become one of the fastest growing sports in America! Interested parties should come try it out. **Fee: \$3County Residents/\$4 Non County. EXTENDED HOURS on Tuesday – February 14th**

BINGO - Wednesday, February 8 & 22, 2023. 10:00 a.m. – Noon Join us in Room C for Bingo! Lots of fun and games!



February 14th **Senior Citizen's – Valentine's Day B-I-N-G-O!** Marshall Center Lounge 1-4 pm FREE

Sponsored by Comfort Keepers

Please RSVP by February 8th at the Marshall Center or by calling Lizzie at (540)507-7540

Spotsylvania Senior Center Closing Policy

The Center will be closed on all holidays recognized by Spotsylvania County Government offices including:

February 20, 2023 President's Day

The Senior Center will follow the inclement weather closings and delays for Spotsylvania County Government offices.

- PLEASE VISIT WWW.SPOTSYALERT.COM TO REGISTER FOR EMAIL AND/OR TEXT ALERTS
- THE PARKS & RECREATION CANCELLATION LINE: (540)898-8546

