

## Regional Funding

### Fiscal Year 2023 - Partner Funding Application

#### Office on Youth

#### Agency Total Budget

*In the boxes below provide an overview of the administrative costs associated with your total agency budget for the FY 2023 Budget. Please also provide updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Salary	731,636.10	838,754.00	767,349.17	953,639.00	649,596.19	901,975.00	844,023.00
Benefits	145,197.85	176,049.00	167,508.48	214,878.00	153,758.90	195,055.00	197,873.00
Operating Expenses	336,209.61	337,599.00	322,667.47	365,418.00	322,391.43	370,934.00	400,676.00
Capital Expenses	68,017.76	24,804.00	29,864.86	0.00	0.00	0.00	0.00
Other Expenses	35,000.89	37,000.00	38,321.17	40,000.00	436.00	40,000.00	0.00
Total	1,316,062.21	1,414,206.00	1,325,711.15	1,573,935.00	1,126,182.52	1,507,964.00	1,442,572.00

#### Agency Total Revenues

*Please include revenue associated with your entire organization for FY2023. Please also provided updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fredericksburg	79,731.00	88,951.00	88,951.00	88,951.00	88,951.00	89,484.00	88,951.00
King George	26,448.00	24,650.00	24,650.00	24,650.00	28,948.00	35,014.00	28,948.00

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Spotsylvania	162,829.00	143,392.00	143,392.00	143,392.00	143,392.00	174,659.00	143,392.00
Stafford	213,326.00	206,484.00	206,484.00	206,484.00	206,484.00	192,931.00	206,484.00
United Way	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Client Fees	8,655.00	7,500.00	8,454.00	7,500.00	3,840.00	7,500.00	4,000.00
Fundraising	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Other (Click to itemize)	943,224.89	943,229.00	749,815.94	1,081,870.00	654,567.52	1,008,376.00	970,797.00
Total	1,434,213.89	1,414,206.00	1,221,746.94	1,552,847.00	1,126,182.52	1,507,964.00	1,442,572.00

### Surplus / Deficit

	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	0.00	-103,964.21	-21,088.00	0.00	0.00	0.00

## Office on Youth

### Agency Budget Narrative

#### Administrative Expenses

**Provide an overview of the administrative costs for your agency.**

Administrative costs for the Office on Youth are calculated by combining the salaries and benefits of the administrative employees and additional fees such as fiscal agent fees, legal fees, and audit fees and some administrative overhead. This amount is then divided among the three localities in correlation with each locality's percentage of juvenile intakes for the previous fiscal year (in this case, ending FY21.)

**If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.**

Increases each year consist of annual contracts (rent / health insurance / cost of goods), that have built-in increases. No adjustments have been requested for salaries or wages for FY2023.

**Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.**

All costs are defrayed by locality funds as the agency is operated under a cooperative agreement between the City of Fredericksburg, Spotsylvania County, and Stafford County. The amount of each is dependent on the total administrative costs divided by a formula based on the percentage of juvenile intakes for each of the three localities for the most recent year available.

#### Capital Expenses

**Please provide an overview of the capital costs for your agency.**

None have been requested for FY2022.

**Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.**

Not applicable.

#### Salary & Benefit Expenses

**Please provide an overview of any increases or decreases in general personnel expenses for your agency.**

Salaries and general personnel expenses have decreased due to a restructuring of programs and responsibilities which streamlined a few positions and warranting the elimination of others.

**Please provide a description of any changes to agency benefits structure or cost.**

Salary expenses decreased due to a restructuring of positions and responsibilities. These changes decreased the anticipated benefits increase from 3% to 1%.

#### Budget Issues

**Provide any legislative initiatives or issues that may impact the agency for the upcoming year.**

None.

**If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.**

None.

**Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.**

COVID restrictions have continued to impact the agency's ability to conduct in-person services to the full extent of current caseloads and requests. However, these are slowly being overcome. It will be several years before the agency regains its ability to provide services to the maximum capacity for each program therefore recovering the revenue lost during this time.

## Office on Youth

### Locality Information

#### Caroline County

No funding has been requested.

#### City of Fredericksburg

In FY20 and FY21, 73 youth in the City of Fredericksburg received services from OOO's Fredericksburg Office. This includes 10 youth in the Anger Management Program, 21 in the Community Service Work Program, 25 in the Restorative Justice Program, and 17 in the Substance Abuse Education and Treatment Programs. Additionally in FY20 and FY21, 16 Fredericksburg City youth received services from OOO's 12-bed residential facility, Chaplin Youth Center, totaling 891 bed days for these youth. OOO is requesting level funding in the amount of \$88,951.00 from the City of Fredericksburg for locality supported programs for FY23, out of a total agency budget of \$1,442,572.00. OOO serves youth who are referred to complete services by the City of Fredericksburg's CSU/JDR. OOO provides these youth with educational opportunities to learn and develop skills in order to reduce recidivism. Our programs encourage positive development and promote healthy and responsible behaviors in the youth we serve.

#### King George County

In FY20 and FY21, 14 youth in King George County received services from the Fredericksburg Office of the Office on Youth. This includes 3 youth in the Anger Management Program, 3 in the Community Service Work Program, 7 in the Restorative Justice Program, and 1 in the Substance Abuse Education and Treatment Programs. Additionally in FY21, 1 youth received services from OOO's 12-bed residential facility, Chaplin Youth Center, totaling 23 bed days. OOO is requesting level funding in the amount of \$28,948.00 from King George County for locality supported programs for FY23, out of a total agency budget of \$1,442,572.00. Youth are referred to the Office on Youth by the King George County CSU/JDR for services. OOO's programs offer youth educational opportunities to learn and develop skills in order to reduce recidivism, as well as promote healthy and responsible behaviors.

#### Spotsylvania County

In FY20 and FY21, 106 youth in Spotsylvania County received services from the Fredericksburg Office of the Office on Youth. This includes 6 youth in the Anger Management Program, 52 in the Community Service Work Program, 34 in the Restorative Justice Program, and 14 in the Substance Abuse Education and Treatment Programs. Additionally in FY20 and FY21, 14 Spotsylvania County youth received services from OOO's 12-bed residential facility, Chaplin Youth Center, totaling 1,025 bed days for these youth. OOO is requesting level funding in the amount of \$143,392.00 from Spotsylvania County for locality supported programs for FY23, out of a total agency budget of \$1,442,572.00. OOO supports youth referred by both Spotsylvania County CSU/JDR and Spotsylvania County Schools by facilitating educational opportunities to learn and develop skills to assist with reducing recidivism and deterring repeat disciplinary issues in school, as well as promoting healthy and responsible behaviors.

#### Stafford County

In FY20 and FY21, 104 youth in Stafford County received services from the Fredericksburg Office of the Office on Youth. This includes 18 youth in the Anger Management Program, 27 in the Community Service Work Program, 21 in the Restorative Justice Program, and 38 in the Substance Abuse Education and Treatment Programs. Additionally in FY20 and FY21, 13 Stafford County youth received services from OOO's 12-bed residential facility, Chaplin Youth Center, totaling 945 bed days for these youth. OOO is requesting level funding in the amount of \$206,484.00 from Stafford County for locality supported programs for FY23, out of a total agency budget of \$1,442,572.00. Youth are referred to OOO by both Stafford County CSU/JDR and Stafford County Schools. The Office on Youth provides youth with educational opportunities to learn and develop skills in order to assist with reducing recidivism and deterring repeat disciplinary issues in school, as well as promote healthy and responsible behaviors.

## Office on Youth

### Agency Information

**Agency Name** Office on Youth  
**Physical Address** 12000 Kennedy Ln, Suite 100, FREDERICKSBURG, VA, 22407, US  
**Mailing Address** 12000 Kennedy Lane, Suite 100 Fredericksburg VA 22407  
**Agency Phone Number** (540) 755-2636  
**Federal Tax ID #** 54-1555689  
**Web Address** officeonyouth.org  
**Agency Email Address** davy@officeonyouth.org

### Agency Mission Statement

To promote healthy and responsible behavior in youth and young adults by supporting families and providing programs that encourage positive development.

**Number of Years in Operation** 32

**Main Contact** Davy Fearon, phone: (540) 755-2636, email: davy@officeonyouth.org  
**Job Title** Executive Director

### Localities Served

*Please select any/all localities your agency serves.*

**Caroline**   
**Fredericksburg**   
**King George**   
**Spotsylvania**   
**Stafford**

### Agency Collaborative Impact

**Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.**

In FY20 and FY21, the Office on Youth served 297 youth through the Fredericksburg Office programs. This includes 2,864 hours of community service for referred youth. In addition, the agency has served 47 youth through our 12 bed residential services program, Chaplin Youth Center, for a total of 3,094 bed days. The Office on Youth provides programs and services not provided by any other agency in the region to include supervised Community Service Work and Restorative Justice. We have developed specific Diversion programs to assist youth with completion of court mandated services to include Restorative Justice-Larceny (focuses on learning the effects of theft crimes on the community and offender accountability) and the VOISE (Vocal Ownership, Independent thinking, Self-regulation, Empathy) programs. VOISE is a social emotional learning based program. In addition, we work with local school divisions to offer Restorative Practices in Education, a training program that provides learning and guided development of a whole school plan to bring the philosophy and principles of Restorative Practices to a school.

We often partner with other agencies to create new services. We are currently developing partnerships with school divisions regionally to implement a Positive Alternative to Suspension Program in FY23. In this program, OYO will support students in preparing to return to their home school by modifying negative behaviors through skill building learning and activities which promote pro-social skills, and personal and community responsibilities.

We work diligently to eliminate overlap and duplication to ensure funding is well utilized and clients are served in an efficient manner.

## **Agency Community Impact**

*Please provide at least two examples of how the mission and vision of your agency impacts the community and overall region.*

### **Example 1**

During the fall of 2020 a young man, 16, was referred to our office for Restorative Justice, Community Service, and a Substance Use Evaluation. During the evaluation, it was deemed he would benefit from attending the Substance Use Treatment group and Anger Management program. When he began, he acknowledged he was there for theft and weapon charges and stated he was caught up in an "initiation". He freely talked about life on the streets and living the life he knows and "that is just how it is." Through the class discussions, activities, the connections made with facilitators, the focus of the treatment group, he made a 180 degree turnaround. During the his final night of the anger management class, he "wanted to make sure the Substance facilitator knew that he had been remaining and choosing to be clean!" He also had gone back to finish his GED, was making plans to go on to community college, and had a job! He wrote his success plan and identified a person who will hold him accountable and shared that information. He said he had changed who he was "hanging" with and now spends most of his time at home with his family, and trying to be a strong role model for his nephews.

### **Example 2**



A high school student was referred to our programs for Anger Management and Restorative Justice. He was referred due to an assault and making threats. He was open and candid in what led him to his actions, and he did not place blame on others for enticing him, but rather how he chose to react to those that were around him. During conversations and circle group activities he sincerely identified that he had a choice and he could have, and in his words should have, found an adult to talk to. At the conclusion of his time spent in classes here at OOOY, he stated that he had made changes in the people he associates, choosing to walk away, and to think through his decisions rather than impulsively reacting. He mentioned that he felt his school was often a racially hostile environment and that was a trigger for him. Facilitators acknowledged the hurt and anger that environment would cause and discussed options he could try in those situations so that the people that are antagonizing become the focus of disciplinary actions rather than any actions he may take in retaliation. These included focusing on his personal success and that reacting physically to these antagonizers may pull him off of his goals. During discussions this young man stated he realized the benefit of also finding an adult at the school to go to and let them know what is happening and with that adult(s) have discussions about the effect of the antagonizers actions; allowing the adult to provide the consequences. He is a bright and caring young man with goals for a future which included attending college and working in the IT industry. At the conclusion of the class, he thanked the facilitators and said that while he was resentful at first to have to attend, he gained insight and motivation for his future and was glad that he came to the classes.

### **Example 3 (Optional)**

From 2018 to 2021 the Office on Youth's community service work program has logged over 5,600 hours of community service work for our clients. The total estimated service value is over \$150,000 collectively. Fredericksburg City received over 2200 service hours, King George approximately 100, Spotsylvania County 900 and Stafford County over 2300. With partnerships such as the R-Board, Friends of the Rappahannock, Tree Fredericksburg and others, our youth have taken part in collecting over 750 bags of trash, setup and tear down for community events, participated in minor landscaping projects for local organizations and more. OOOY continues to work proactively to offer youth service opportunities that allow them to feel included and valued in their community.

## Office on Youth - Residential Services (Chaplin Youth Center)

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

### General Information

<b>Program Name</b>	Residential Services (Chaplin Youth Center)
<b>Is this a new program?</b>	No

### Program Contact

<b>Name</b>	Thomas Keating
<b>Title</b>	Residential Services Director
<b>Email</b>	tom.keating@chaplinyouthcenter.org
<b>Phone</b>	(540) 371-0590

### Program Purpose / Description

#### Provide an overview of this program

The Office on Youth's Residential Services Division consists of a single group home - Chaplin Youth Center (CYC). Founded in 1993 as a joint effort between Spotsylvania, Stafford and Fredericksburg, it is a 12 bed community based residential facility serving male and female youth ages 12-17. Licensed by the Department of Juvenile Justice, Chaplin provides 24-hour supervision in a safe and structured environment. Residents are provided support that strives to assist them in developing healthy, responsible behaviors that promote their future success. The program has the following two specific programs: Shelter Care-The shelter Care program is a shorter term program that usually does not exceed 90 days for youth pending court or awaiting implementation of services. Youth are afforded the opportunity to continue to attend their home schools and have regular contact with their families and outside support services. Residents are expected to follow a set daily routine and schedule as well as complete chores, schoolwork and any ancillary assignments. Post Dispositional Program-This program has the same expectations of Shelter Care but is longer term (6-12 months) Youth move through a level system and are rewarded for positive behaviors. Pro-social activities to include employment, school functions and community involvement are encouraged. As youth progress they earn home visits to assist with family integration.

### Client Fees

**Please describe the fees clients must pay for the services by this program.**

No fees are collected from the clients (residents).

**Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

In FY21 the four local Court Services Units served by CYC received 844 delinquency complaints on juveniles. In many cases upon receipt of the referrals workers determined that there are many other issues that are significantly impacting the success and futures of youth. These could include ongoing truancy, substance abuse as well as domestic violence. In certain instances removal from the home may be the best immediate course of action but placing certain youth in secure detention with higher risk offenders could lead to more severe behaviors. Chaplin provides a non-secure environment that will assist with reunification, making outside service referrals and coordinating a treatment plan to return the youth home. This is accomplished in conjunction with referring entities and doesn't require removing the youth totally from the community. This approach is aimed at building skills so that youth do not re-offend subsequently creating safer communities.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

Not applicable.

**Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

Chaplin Youth Center serves youth 12-17 who have been referred by the Court Services Unit, Department of Social Services and RACSB. Youth with domestic violence, substance abuse issues and truancy are a large target population. Youth who are extremely violent or with severe mental health issues are not deemed appropriate. Youth are served by direct care counselors and a full time case manager on site. Ancillary services to include therapy, mentoring, family reunification and Substance abuse services are provided by partnering community agencies.

**If your program has specific entry or application criteria, please describe it here.**

Youth must be 12-17. They must be able to cognitively process verbal and written information. Youth must not pose a significant risk to safety of themselves or others. Youth who have a history of violence in facilities, severe self harm, or suicidal ideation are not appropriate. Other exclusion criteria include habitual runaways, youth in need of detoxification, and youth who are severely and profoundly intellectually disabled to an extent that reasonable response to the program is prevented. Youth with a history of committing arson or being insulin dependent are also not appropriate for this program.

## Office on Youth - Residential Services (Chaplin Youth Center)

### Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Level funding has been requested.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Not applicable.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

Level funding has been requested.

## Office on Youth - Residential Services (Chaplin Youth Center)

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel					359,536.75		415,951.00
Benefits					82,189.29		92,416.00
Operating Expenses					106,238.65		130,121.00
Capital Expenses					10,622.92		0.00
Total	0.00	0.00	0.00	0.00	558,587.61	0.00	638,488.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline					0.00		0.00
Fredericksburg					102,060.00		45,826.00
King George					4,620.00		0.00
Spotsylvania					98,700.00		51,870.00
Stafford					99,540.00		118,019.00
United Way					0.00		0.00
Grants					0.00		0.00
Client Fees					0.00		0.00

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Fundraising					0.00		0.00
Other (Click to itemize)	0.00	0.00	0.00	0.00	312,060.00	0.00	297,725.00
Fredericksburg CSU/CSA funds							102,060.00
Spotsylvania CSU/CSA funds							90,720.00
King George CSU/CSA funds							5,405.00
Stafford CSU/CSA funds							99,540.00
CSA					178,865.00		
Shelter care					133,195.00		
Total	0.00	0.00	0.00	0.00	616,980.00	0.00	513,440.00

**Surplus / Deficit**

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	58,392.39	125,048.00

## Office on Youth - Residential Services (Chaplin Youth Center)

### Collaborative Impact

#### Efforts and Partnerships

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

The Chaplin Youth Center partners with numerous child serving agencies in the region. Empowerhouse provides groups for youth regarding healthy teen relationships. . RACSB is a key partner with CYC in providing counseling & case management, as well as psychiatric services. The program also works very closely with all of our local Court Service Units and Social Services Departments to provide placements for youth who do not need secure detention but are having issues in the home environment that preclude their ability to stay there. The Food Bank, Friends of the Rappahannock, Micah Ministries and Spotsylvania Co. Schools Homeless Student Initiative are a few examples of places the program has partnered with for CSW. Recreational opportunities through the YMCA as well as Stafford County Parks and Recreation have been important resources to promote the physical health of residents. 4-H programs and Dr. Yum have been initiatives that promote healthy lifestyles for residents.

#### Collaborative Impact

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

CYC provides placement for youth who are deemed to need out of home placement but not in a secure environment. If this program were to be dissolved there would be a significant service gap in the area. Youth who would be able to remain in the area and strengthen relationships with parents and service providers would potentially be placed in environments that were out of the planning district, much more expensive and at times exceeding their level of need. In some instances a youth would be required to remain in the same situation which could result in further deterioration of their situation. Community partners and parents would not have an option of a less secure placement in our area which would also lead to increased travel times and strains on resources. Rapport building and service provision would be affected as well. Transition back to their home or other less secure environment would be much less seamless. This could also lead to detention placements due to lack of options.

## Office on Youth - Residential Services (Chaplin Youth Center)

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City					6		8
Caroline County					0		2
King George County					1		2
Spotsylvania County					5		8
Stafford County					5		7
Other Localities					0		0
Total	0	0	0	0	17	0	27



Office on Youth - Residential Services (Chaplin Youth Center)

[View Diagram](#) Goals and Objectives

Goals

Goal:

Youth who enter the program will develop pro social life skills that enable them to become productive members of their community

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>1. 80 percent of youth who are discharged from CYC will not be placed in secure detention.</b>	Total # Clients Served		20		17			27
	Total # Clients Achieved/Successful		15		16			
	% Achieved / Successful	0	75	0	94.12	0	0	0
<b>2. All youth who enter the program and are enrolled for 30 days or more will complete a life history that examines patterns of behavior and decisions that have resulted in their placement at CYC. Upon completion of orientation level 90 percent of youth will pass the orientation test for promotion to level 1. Upon completion of program youth will take demonstrate</b>	Total # Clients Served		20		17			27
	Total # Clients Achieved/Successful		12		13			27
	% Achieved / Successful	0	60	0	76.47	0	0	100

enhanced knowledge of the program compared to upon their arrival.

### Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

In FY20, 13 youth were in the program in excess of 30 days. Of those 13 youth, 12 completed Life Histories. This accounts for a 92% success rate. In FY21, 14 youth were in the program in excess of 30 days and 12 completed their Life Histories. This accounts for an 86% success rate for this goal. All youth who were not in the program at least 30 days were not factored into the overall calculation of success rate as the goal is specifically written to evaluate youth who were in the program in excess of 30 days.

### Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

Chaplin Youth Center will be instituting skill streaming groups on a weekly basis as well as 8 week Leaders for Excellence groups utilizing The Social Bond Theory which suggests that crime occurs when there is a disproportion between societal goals and legitimate means. This theory further explains that crime often occurs when a person’s bond to society is weakened or broken.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

Not applicable.

### Goal:

**All youth who are in the program past 30 days will have a service plan outlining treatment needs and strategies for addressing identified opportunities for growth.**

Objectives	2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
1. Prior to a youth's 30 day	Total # Clients Served	20		17			25

<b>mark a treatment team meeting will be held to outline treatment needs for each youth with objectives and measurable goals and timeframes for completion. This shall be reviewed and adjusted monthly based on progress, completion and changing needs.</b>	Total # Clients	13	15	25
	Achieved/Successful			
	% Achieved / Successful	0	65	0 88.24

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<b>All youth will have monthly meetings with all participating service providers and parents.</b>	Total # Clients Served	20	17	25
	Total # Clients Achieved/Successful	13	15	25
	% Achieved / Successful	0	65	0 88.24

### Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

100% of clients who were in the program 30 days or more did have a treatment plan in place.

### Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

No changes noted.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

Not applicable.



## Office on Youth - Substance Abuse Services

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

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### General Information

**Program Name** Substance Abuse Services

**Is this a new program?** No

### Program Contact

**Name** Sandy Corvin

**Title** Fredericksburg Regional Program Director

**Email** sandy@officeonyouth.org

**Phone** (540) 755-2636

### Program Purpose / Description

#### Provide an overview of this program

All clients referred for Substance Use Services will be assessed for risk and need. OOH staff members administer a SASSI-A2 (substance abuse screening tool) and a urine drug screen at intake. The client receives a clinical assessment by a RACSB clinician to identify the unique pattern of substance use, emotional developmental needs, and identify any life experiences that may have contributed to the use of substances. The treatment group meets in-person for 8 weeks, for 2 hours each week and the Substance Abuse Group Education meets for 5 weeks, for 2 hours each session. The content of the group is evidence based, to include interactive journaling, which poses thought provoking questions about substance use while providing education. Group topics include the impact of substance use on the brain, academic performance, sleep, driving, relationships, how to cope with anger, sadness, grief, trauma while not using substances, family patterns and relationships, communication, peer pressure, self-responsibility, and the power of individual choices. The focus is on helping adolescents realize the reality of becoming an adult and the responsibility inherent in making decisions as an individual. Multiple resources are provided to parents to support parent self-care, and support for families and their teen during and after recovery.

### Client Fees

**Please describe the fees clients must pay for the services by this program.**

Clients pay a \$60 intake fee.

### **Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

During FY2021, the most recent data available from the VA DJJ, the 15th District Court Service Unit listed 844 VCC Offenses by Delinquent Count. Of those, 7.7% were for narcotics and alcohol offenses. The 2021 Monitoring the Future Survey addressed these numbers are concerning; despite the pandemic during FY21 teens continued to purchase, sell and use illegal substances. Substance use services are highly important in dealing with juvenile offenders, because substance use and abuse can lead to significant health consequences and escalating delinquency into adulthood. Juvenile Intake and the courts often require youth to complete services in lieu of sentencing to detention. Furthermore, the school systems have been referring more youth to this OOH program. This is encouraged, as it is often in lieu of formal charges. Structured substance use programs such as this also provide adolescents and their families knowledge, support and accountability to stop drug use and underage alcohol use.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

Not applicable.

### **Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

Youth (12-17) who are experimenting with, or who are currently using substances are appropriate for referral to this service. Sessions are presented over 5- 8 weeks, at the Fredericksburg Office. A parent class is offered and in most cases required for a referred youth and a parent/guardian to both attend their respective class. Referred youth must attend all sessions to be compliant. Random urine drug screens are performed to maintain accountability.

**If your program has specific entry or application criteria, please describe it here.**

Not applicable.

## Office on Youth - Substance Abuse Services

### Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

No increases requested.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Level funding has been requested.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

No increase has been requested. However, monies have been reallocated to offset the increased costs of providing this service. The Office on Youth anticipates increased referrals to our Substance Use Group Education program due to increased use of THC and vaping among youth. While OY currently has a partnership with the RACSB to provide Substance Use Services, we anticipate the need to contract clinicians independently until a qualified therapist specializing in substance use can be hired on staff.

## Office on Youth - Substance Abuse Services

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel		43,037.00	43,037.00	47,167.55	24,712.40	44,434.00	44,434.00
Benefits		7,936.00	7,936.00	7,620.66	5,320.27	7,355.00	10,553.00
Operating Expenses		40,021.00	40,021.00	38,366.87	32,182.85	37,322.00	47,951.00
Capital Expenses		0.00	0.00	0.00	0.00	0.00	0.00
Total					62,215.52		102,938.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline		0.00	0.00	0.00	0.00	0.00	0.00
Fredericksburg		11,854.00	11,854.00	10,090.00	10,090.00	10,147.00	10,147.00
King George		6,460.00	6,460.00	2,813.00	2,813.00	10,268.00	8,485.00
Spotsylvania		22,202.00	22,202.00	12,711.00	12,711.00	13,609.00	13,609.00
Stafford		32,220.00	32,220.00	34,369.00	34,369.00	37,211.00	37,211.00
United Way		0.00	0.00	0.00	0.00	0.00	0.00
Grants		0.00	0.00	0.00	0.00	0.00	0.00
Client Fees		2,290.00	2,290.00	1,902.00	0.00	1,972.00	1,940.00



	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Fundraising		0.00	0.00	0.00	0.00	0.00	0.00
Other (Click to itemize)	0.00	15,968.00	15,968.00	19,100.00	4,333.00	15,904.00	9,227.00
Crime Control			15,968.00	19,100.00	4,333.00	15,904.00	9,227.00
Crime Control		15,968.00					
Total	0.00	90,994.00	90,994.00	80,985.00	64,316.00	89,111.00	80,619.00

### Surplus / Deficit

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	90,994.00	90,994.00	80,985.00	2,100.48	22,319.00

## **Office on Youth - Substance Abuse Services**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

OOY Substance Abuse Services are collaboratively provided through a formal contract with the RACSB for those adolescents requiring in depth treatment for Substance Disorders. Licensed clinical staff from the RACSB work in conjunction with OOY staff to assess clients for level of need and then provide education or treatment services in a group setting. Individual services can be provided, if necessary, or via referral to an outpatient counseling service provider. In addition we work with referrals requested by Stafford, King George, Fredericksburg and Spotsylvania County schools that are sent specifically for Substance use.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

Outside of the limited adolescent substance outpatient counseling environments, substance abuse services for adolescents are not available in the area or provided by any other agency. We work with those agencies who are providing services to ensure that we refer as necessary and try not to duplicate efforts or services that are provided.

## Office on Youth - Substance Abuse Services

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	9	17	8	8	9	10	10
Caroline County	0	0	0	0	0	0	0
King George County	3	6	6	1	0	5	3
Spotsylvania County	34	48	17	12	2	20	16
Stafford County	13	51	40	30	8	35	31
Other Localities	0	0	0	1	0	0	0
Total	59	122	71	52	19	70	60

[View Diagram](#) Goals and Objectives

Goals

Goal:

In order to promote resistance skills and empower youth to recognize and avoid risky behavior and negative situations, the agency will provide community-based, psycho-educational and treatment groups focused on substance use.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>75% of enrolled youth will demonstrate an understanding of course objectives including awareness and knowledge of the dangers of, potential consequences of, and attitudes toward substance use gained through course curriculum and discussions, as evidenced by an increase in score from pre-test to post-test.</b>	Total # Clients Served	45	32	30	9			60
	Total # Clients Achieved/Successful	35	15	25	7			45
	% Achieved / Successful	77.78	46.88	83.33	77.78	0	0	75
<b>75% of enrolled youth</b>	Total # Clients Served	45	30	30	4			60

<b>will report a decrease in likelihood of future use of marijuana as a result of class curriculum and discussions, as evidenced by self-report on a post-program evaluation.</b>	Total # Clients	35	26	25	4			45
	Achieved/Successful							
	% Achieved / Successful	77.78	86.67	83.33	100	0	0	75

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<b>75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that he/she has developed at least one positive coping mechanism as a result of class curriculum and discussions.</b>	Total # Clients	45	30	30	4			60
	Served							
	Total # Clients	35	29	25	4			45
Achieved/Successful								
% Achieved / Successful	77.78	96.67	83.33	100	0	0	75	

## Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

During FY20 and FY21, the use of virtual classes was successful in continuing to deliver programming; the post test at the end of the virtual classes was an obstacle. Program participants often did not complete and submit the post test online despite numerous calls and email prompts to complete.

## Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

Currently all programming is happening in person which the class facilitators ensure all pre and post tests are completed. We have implemented a new protocol in the event of going virtual again, this will include a staff member following up with a phone call and completing the post test with the participant if they have not completed online

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of enrolled youth will demonstrate an understanding of course objectives including awareness and knowledge of the dangers of, potential consequences of, and attitudes toward substance use gained through course curriculum and discussions, as evidenced by an increase in score from pre-test to post-test.

75% of enrolled youth will report a decrease in likelihood of future use of marijuana as a result of class curriculum and discussions, as evidenced by self-report on a post-program evaluation.

75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that he/she has developed at least one positive coping mechanism as a result of class curriculum and discussions.

### Goal:

**In order to promote personal responsibility and accountability among youth in the community, the agency will provide community-based, psycho-educational and treatment groups focused on substance use.**

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>75% of enrolled youth will attend all required sessions as initially determined by a clinical assessment of risk and need in order to complete the service as required by the referring</b>	Total # Clients Served	45	38	30	19			60
	Total # Clients Achieved/Successful	35	36	25	18			45
	% Achieved / Successful	77.78	94.74	83.33	94.74	0	0	75

agency, organization, or parent, as evidenced by program attendance reports.

75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned strategies and skills that will assist him/her to make better life decisions, gained through course curriculum and discussions.	Total # Clients Served	30	30	30	4			60
	Total # Clients Achieved/Successful	23	30	25	4			45
	% Achieved / Successful	76.67	100	83.33	100	0	0	75

### Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Not Applicable

### Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Not Applicable

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of enrolled youth will attend all required sessions as initially determined by a clinical assessment of risk and need in order to complete the service as required by the referring agency, organization, or parent, as evidenced by program attendance reports.

75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned strategies and skills that will assist him/her to make better life decisions, gained through course curriculum and discussions.



## Office on Youth - Restorative Justice Program

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

### General Information

**Program Name** Restorative Justice Program

**Is this a new program?** No

### Program Contact

**Name** Sandy Corvin

**Title** Fredericksburg Regional Program Director

**Email** sandy@officeonyouth.org

**Phone** (540) 755-2636

### Program Purpose / Description

#### Provide an overview of this program

Based on restorative principles and practices that help the offender build empathy and understanding for victims of crime, the program models the concept of Restorative Justice Competency Development as identified by the US DOJ Office of Juvenile Justice and Delinquency Prevention, in particular the Balanced and Restorative Justice (BARJ) Model. Program components include harmful effects of crime, the process of victimization, accountability, healthy decision-making, and setting future goals and identifying supports to meet goals. The program also includes writing an apology/accountability letter to demonstrate an understanding of victim impact and accountability. Classes are 6 wks in weekly, 2 hr sessions. Youth must attend all sessions to complete the program. Parent(s)/guardian(s) may be required to attend one or more sessions of this course. As an alternate option, a client may qualify to participate in a Restorative Conference (Victim-Offender Dialogue, VOD) an interactive, facilitator-led group discussion involving the offender, victim, family members, and others affected, allowing for increased accountability, empathy and understanding. A list of the offender's harm-repairing obligations is created by all participants and distributed to all attending the VOD conference. The offender is then responsible for completing all obligations. Parent(s) / guardian(s) must attend the VOD conference with the client.

### Client Fees

**Please describe the fees clients must pay for the services by this program.**

Client pays a \$50 intake fee.

**Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

During FY21 (the most recent data available from the Dept. of Juvenile Justice, VCC Offense Summary), the 15th District Court Service Unit listed 844 juvenile intake counts. Of those, 269, 31% were offenses that involved a victim, the second highest category of all intakes with 197 offenses, 23% were for offenses against the community such as Larceny and vandalism. Restorative justice services are highly effective with this population of juvenile offenders, because lack of empathy and understanding of victimization can lead to escalating behaviors into adulthood. Juvenile Intake and the courts often require youth to complete services in lieu of sentencing them to detention. Restorative Justice programs are linked to reduced recidivism which benefits the community and provides a second chance to first time offenders. Recently school systems have been referring youth to this and other OOOY programs. This is encouraged, as it is often in lieu of formal charges through the court system.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

Not applicable.

**Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

The intended audience is 12 to 17 year old youth who have committed an offense against another person, or the community (vandalism, shoplifting etc) where an understanding of victimization and increased empathy are important in repairing the harm caused by the offense. Clients are generally served in weekly group sessions provided at the Fredericksburg Office.

**If your program has specific entry or application criteria, please describe it here.**

Not applicable.

## Office on Youth - Restorative Justice Program

### Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Level funding has been requested.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Not applicable.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

No increase for additional personnel is requested.

## Office on Youth - Restorative Justice Program

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel		31,645.00	31,645.00	49,888.75	26,138.12	36,298.00	36,298.00
Benefits		5,836.00	5,836.00	8,060.32	5,627.21	6,008.00	8,621.00
Operating Expenses		29,416.00	29,416.00	40,580.34	34,039.56	30,489.00	35,178.00
Capital Expenses		0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	66,897.00	66,897.00	98,529.41	65,804.89	72,795.00	80,097.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline		0.00	0.00	0.00	0.00	0.00	0.00
Fredericksburg		12,254.00	12,254.00	15,136.00	15,136.00	5,074.00	5,074.00
King George		4,615.00	4,615.00	11,250.00	11,250.00	10,268.00	8,485.00
Spotsylvania		16,670.00	16,670.00	21,185.00	21,185.00	27,218.00	27,218.00
Stafford		19,965.00	19,965.00	21,767.00	21,767.00	12,093.00	12,003.00
United Way		0.00	0.00	0.00	0.00	0.00	0.00
Grants		0.00	0.00	0.00	0.00	0.00	0.00
Client Fees		1,684.00	1,684.00	2,012.00	0.00	1,611.00	1,907.00

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Fundraising		0.00	0.00	0.00	0.00	0.00	0.00
Other (Click to itemize)	0.00	11,709.00	11,709.00	20,202.00	0.00	16,531.00	16,258.00
Crime Control			11,709.00	20,202.00		16,531.00	16,258.00
Crime Control		11,709.00					
Total	0.00	66,897.00	66,897.00	91,552.00	69,338.00	72,795.00	70,945.00

### Surplus / Deficit

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	0.00	0.00	-6,977.41	3,533.11	9,152.00

## **Office on Youth - Restorative Justice Program**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

OOY programs have historically been directly linked to youth who are or are at-risk for court involvement. Though this is still true to a great extent, the local school divisions are now more likely to refer a student to the Office on Youth for disciplinary issues being experienced in the school division, where it is possible not to have formal criminal charges issued, but to order services instead. This has been particularly true of Spotsylvania County Schools who refers to this program students who are involved in disciplinary infractions as a sanction in conjunction with a short-term suspension, or in lieu of one.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

There are no other Restorative Justice Programs in the area. We work very diligently to ensure that our services do not overlap or duplicate the services provided by other agencies.

## Office on Youth - Restorative Justice Program

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	11	11	4	12	13	15	14
Caroline County	0	0	0	0	0	0	0
King George County	2	2	6	4	3	5	4
Spotsylvania County	32	19	34	20	14	25	23
Stafford County	26	17	13	19	2	20	18
Other Localities	1	0	0	0	0	0	0
Total	72	49	57	55	32	65	59

## Office on Youth - Restorative Justice Program

### [View Diagram](#) Goals and Objectives

#### Goals

##### Goal:

In order to promote personal responsibility and accountability among youth in the community, the agency will provide community-based, psycho-educational groups focused on restorative justice.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring agency or organization, as evidenced by program attendance reports.</b>	Total # Clients Served	50	59	40	32			59
	Total # Clients Achieved/Successful	38	56	35	30			51
	% Achieved / Successful	76	94.92	87.50	93.75	0	0	86.44
<b>75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned skills and strategies that will enable</b>	Total # Clients Served	38	48	35	17			59
	Total # Clients Achieved/Successful	29	45	29	17			45
	% Achieved / Successful	76.32	93.75	82.86	100	0	0	76.27



them to better life decisions, gained through course curriculum and discussions.

### Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Not Applicable

### Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring agency or organization, as evidenced by program attendance reports. 75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned skills and strategies that will enable them to better life decisions, gained through course curriculum and discussions.

### Goal:

In order to promote peaceful conflict resolution among youth in the community, the agency will provide community-based, psycho-educational groups focused on restorative justice.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
75% of enrolled youth will demonstrate an understanding of course objectives	Total # Clients Served	38	48	35	17			59
	Total # Clients Achieved/Successful	29	33	30	13			45
	% Achieved / Successful	76.32	68.75	85.71	76.47	0	0	76.27

including awareness and knowledge of emotional intelligence gained through course curriculum and discussions as evidenced by an increase in score from pre-test to post-test.

75% of enrolled youth will report an increase in awareness and understanding of empathy as evidenced by self-report on a post-program evaluation that he/she is less likely to harm others as a result of course curriculum and discussions.	Total # Clients Served	38	48	35	17			59
	Total # Clients Achieved/Successful	29	44	30	14			45
	% Achieved / Successful	76.32	91.67	85.71	82.35	0	0	76.27

### Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

The curriculum in 2020 was revised for 2021 to provide more time and specific lessons and activities to increase participants' understanding of emotional intelligence and how it relates to their decision making skills and self awareness. The percentage of enrolled youth achieving the goal of understanding their own emotional intelligence increased in 2021 following the revisions.

### Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

Goal 2, Objective 1 will be replaced with: 75% of enrolled youth will demonstrate an understanding of responsibility and accountability in understanding that a person's behavior and decisions affects others ; this will be gained through course curriculum and discussions as evidenced by an increase in score from pre-test to post-test.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of enrolled youth will demonstrate an understanding of course objectives including awareness and knowledge of emotional intelligence gained through course curriculum and discussions as evidenced by an increase in score from pre-test to post-test.

## Office on Youth - Community Service Work Program

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

### General Information

**Program Name** Community Service Work Program

**Is this a new program?** No

### Program Contact

**Name** Sandy Corvin

**Title** Fredericksburg Regional Program Director

**Email** sandy@officeonyouth.org

**Phone** (540) 755-2636

### Program Purpose / Description

#### Provide an overview of this program

The Community Service Work Program is a structured and supervised means for youth to complete community service hours which have been court-ordered. Projects are community based and occur throughout the Region in each locality.

OOY Facilitators transport participants from the Fredericksburg office to the site/event and back to the office at the end of the event. Facilitators engage, role model, and empower civic awareness and pro social skills with the youth participants while completing projects within the community. The average community service event occurs on a Saturday and is 8 hours total for the day

### Client Fees

#### Please describe the fees clients must pay for the services by this program.

Participants pay an intake fee prior to enrollment. The scale is: less than 8 hours~\$15, 9-59 hours~\$30; 60-100 hours ~ \$50; 101-150 hours ~ \$75; 151+ hours ~ \$100

## **Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

The Office on Youth's Community Service program assists those youths who have been court ordered to complete hours by the court systems in each locality. This is required by code. The courts and court service unit personnel utilize this service as a needed sanction for delinquent behavior. It is often difficult for youth to find appropriate locations for completion of these hours as many agencies are unable to work with youth who have certain charges, nor able to supervise youth volunteers.

Community Service serves to reduce recidivism, yet the Community Service Program also provides participants opportunities to give back to their communities, learn critical thinking skills, problem solving, gain awareness of their own skills and self-worth, and the impact each person may have on his/her community through personal actions.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

Not applicable.

## **Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

Program participants are those youth, ages 12-17, who have been ordered to complete hours by the court system or the court service unit. Participants complete this program generally on weekends and during times of the year when school is not in session.

**If your program has specific entry or application criteria, please describe it here.**

Not applicable.

## Office on Youth - Community Service Work Program

### Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Level funding has been requested.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Not applicable.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

No increase for additional personnel is requested.

## Office on Youth - Community Service Work Program

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel		45,146.00	45,146.00	68,030.12	35,642.00	61,957.00	61,292.00
Benefits		8,325.00	8,325.00	10,991.34	7,673.47	10,256.00	14,714.00
Operating Expenses		41,982.00	41,982.00	55,336.83	46,417.57	52,041.00	53,218.00
Capital Expenses		0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	95,453.00	95,453.00	134,358.29	89,733.04	124,254.00	129,224.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline		0.00	0.00	0.00	0.00	0.00	0.00
Fredericksburg		25,158.00	25,158.00	18,920.00	18,920.00	21,563.00	21,563.00
King George		6,460.00	6,460.00	5,625.00	5,625.00	3,423.00	3,423.00
Spotsylvania		19,161.00	19,161.00	33,896.00	33,896.00	39,226.00	39,226.00
Stafford		27,927.00	27,927.00	29,787.00	29,787.00	25,117.00	25,117.00
United Way		0.00	0.00	0.00	0.00	0.00	0.00
Grants		0.00	0.00	0.00	0.00	0.00	0.00
Client Fees		2,403.00	2,403.00	2,744.00	0.00	2,750.00	2,750.00

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Fundraising		0.00	0.00	0.00	0.00	0.00	0.00
Other (Click to itemize)	0.00	14,344.00	14,344.00	27,548.00	6,250.00	32,175.00	32,213.00
Crime Control			7,844.00	27,548.00	6,250.00	32,175.00	25,013.00
R-Board			6,500.00	0.00	0.00	0.00	7,200.00
Crime Control		7,844.00					
R-Board		6,500.00					
Total	0.00	95,453.00	95,453.00	118,520.00	94,478.00	124,254.00	124,292.00

### Surplus / Deficit

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	0.00	0.00	0.00	-15,838.29	4,744.96	4,932.00



## **Office on Youth - Community Service Work Program**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

The Office on Youth's Community Service Program partners with many local agencies and organizations. These partnerships work to open opportunities for youth to complete their court ordered hours while engaging in activities that build essential skills and personal growth supporting lower recidivism and building up the capacity for participating youth to move towards successful futures. Our partnership list includes: Stafford County R-Board, Fredericksburg Regional Food Bank, Friends of the Rappahannock, Riverfest, Tree Fredericksburg, RACSB properties, Rappahannock Rotary Club. We continue to develop partnerships as nonprofit organizations reopen to groups of volunteers as well as area schools as a youth give back to their own community.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

As the only community service program in the area, and the only agency that specifically provides opportunities for court ordered youth, dissolution or merger would leave a significant gap in the community for these youth and their families to find suitable places/agencies where they could complete such hours. This would impact the community additionally, by removing opportunities for at risk youth to receive learning and activities which build leadership, positive civic engagement and problem solving skills.

## Office on Youth - Community Service Work Program

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	16	29	17	15	6	20	19
Caroline County	0	1	0	0	0	0	0
King George County	3	2	2	2	1	5	2
Spotsylvania County	36	26	49	32	20	35	36
Stafford County	38	19	27	26	1	30	28
Other Localities	0	0	4	0	0	0	0
Total	93	77	99	75	28	90	85

# Office on Youth - Community Service Work Program

## [View Diagram](#) Goals and Objectives

### Goals

#### Goal:

In order to promote personal responsibility and accountability among youth in the community, the agency will provide positive, community-based, structured work projects in which youth can earn hours toward court-required community service obligations.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2020 Baseline
<b>85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring Court Service Unit, as evidenced by program attendance reports.</b>	Total # Clients Served	60	73	70	28			
	Total # Clients Achieved/Successful	51	72	60	27			
	% Achieved / Successful	85	98.63	85.71	96.43	0	0	84.
<b>50% of the hours for enrolled youth will include projects with local agencies such as RACSB, Tree Fred, Riverfest, Micah and other human service organizations to promote positive community-based opportunities for youth to become involved and recognize the impact they have on others in their community through these collaborations. Total #Clients Served represent total</b>	Total # Clients Served		2,516		348			3,8
	Total # Clients Achieved/Successful		1,616		132			1,9
	% Achieved / Successful		0	64.23	0	37.93	0	0

number of hours for  
**Community Service,**  
**Total # Clients**  
**Achieved/Successful**  
 represent hours for  
 other agency  
 collaborations.

## Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

During FY 2021 many of our Community Service partner organizations limited or ceased volunteer opportunities due to the restrictions of the Covid Pandemic. Enrolled participants in the CSW program were able to complete their court ordered community service hours through other outdoor opportunities.

## Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

We will continue to schedule opportunities with other human service community organizations as we are safely and responsibly able to participate. In addition to our work with the R-Board and the other local agencies we will infuse activities that include a Community Service Learning Model and nationwide service opportunities such as the Birthday Card project, care kits and the like to continue cultivating a positive impact on one's local and greater community.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring Court Service Unit, as evidenced by program attendance reports.

50% of the hours for enrolled youth will include projects with local agencies such as RACSB, Tree Fred, Riverfest, Micah and other human service organizations to promote positive community-based opportunities for youth to become involved and recognize the impact they have on others in their community through these collaborations. Total #Clients Served represent total number of hours for Community Service, Total # Clients Achieved/Successful represent hours for other agency collaborations.

## Goal:

**In order for enrolled participants to Develop competencies that will enable them to become responsible and productive citizens office on youth will provide consistent opportunities for youth to participate in positive community based, structured work project**

Objectives	2020	2020 Year	2021	2021 Year	2022	2022 Year	2023

		Baseline	End	Baseline	End	Baseline	End	Baseline
<b>75% of the weeks in the Fiscal Year will be utilized for positive community based and structured work projects to be made available for enrolled youth participants to complete their court ordered community service hours while also providing the opportunities to develop competencies to become responsible and productive citizens through their community service work.</b>	Total # Clients Served		52		52			52
	Total # Clients Achieved/Successful		36		15			39
	% Achieved / Successful	0	69.23	0	28.85	0	0	75
<b>To ensure ample opportunities for court ordered youth participants with Community Service hours we will fill 75% of available enrollments for Community Service events throughout the fiscal year.</b>	Total # Clients Served		468		468			468
	Total # Clients Achieved/Successful		333		111			351
	% Achieved / Successful	0	71.15	0	23.72	0	0	75

## **Explanation & Overview**

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

The pandemic during March 2020 through May 2021, Covid restrictions limited the number of available enrollments, and opportunities for youth to participate in Community Service Events.

## **Updates for FY2018**

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

We will continue to schedule opportunities with other human service community organizations as we are safely and responsibly able to participate. In addition to our work with the R-Board and the other local agencies we will infuse activities that include a Community Service Learning Model and nationwide service opportunities such as the Birthday Card project, care kits and the like to continue cultivating a positive impact on one's local and greater community.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of the weeks in the Fiscal Year will be utilized for positive community based and structured work projects to be made available for enrolled youth participants to complete their court ordered community service hours while also providing the opportunities to develop competencies to become responsible and productive citizens through their community service work.

To ensure ample opportunities for court ordered youth participants with Community Service hours we will fill 75% of available enrollments for Community Service events throughout the fiscal year.

## Office on Youth - Anger Management Program

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

### General Information

**Program Name** Anger Management Program

**Is this a new program?** No

### Program Contact

**Name** Sandy Corvin

**Title** Fredericksburg Regional Program Director

**Email** sandy@officeonyouth.org

**Phone** (540) 755-2636

### Program Purpose / Description

#### Provide an overview of this program

The Anger Management Program is designed around a research-based curriculum while also incorporating additional evidence based practices. The 6-week program employs evidence based practices including Change Talk, Expressive Writing, Affective education exercises and Decisional balance activity and discussions. Integrating discussions and activities from SAMHSA Anger Management curriculum, participants learn the difference between anger and aggression, monitoring own anger with the use of an anger meter and weekly discussions about their growth in developing and using coping skills. This program presents enrolled youth with the awareness of personal triggers and cues for anger, and positive and negative thought process. Skill-building focuses around healthy communication, conflict management and resolution, reframing conflict, empathy, mindfulness, and stress management. Youth pull all their gained knowledge and resources and develop a personal anger management plan as well as identify people who will offer support to them at the conclusion of the program. The classes are presented in weekly sessions. Referred youth must attend all sessions to complete program. Parent(s)/guardian(s) may be required to attend one or more sessions of this course.

### Client Fees

**Please describe the fees clients must pay for the services by this program.**

Clients pay a \$50 intake fee.

## **Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

During FY21 (most recent data available from Dept. of Juvenile Justice VCC Offense Summary), the 15th District Court Service Units of Fredericksburg, Stafford, Spotsylvania and King George processed 844 juvenile intake complaints. Of those, 36% were for assault/ aggressive behavior violations. Lack of anger control can lead to aggressive behaviors that continue into adulthood. Anger management services are effective in dealing with juvenile offenders with assault violations. This program promotes healthy, responsible behavior by guiding youth to identify triggers and cues, develop healthy responses, and make positive decisions. This service supports Juvenile Intake and the courts which often require youth to complete services in lieu of sentencing them to detention. This program will support schools as they continue to seek alternative options to suspension.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

Not applicable.

## **Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

Youth 12-17, who are struggling with anger issues, or have trouble managing their emotions effectively without resorting to violence. Referrals to the program come from Court Service Units, the Courts, Schools and Parent Referrals.

Youth are served in group sessions via our Fredericksburg Office.

**If your program has specific entry or application criteria, please describe it here.**

Not applicable.



## Office on Youth - Anger Management Program

### Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Level funding has been requested.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Not applicable.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

No increase for additional personnel is requested.

## Office on Youth - Anger Management Program

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel		23,195.81	21,096.00	20,862.57	10,930.48	26,285.00	26,285.00
Benefits		3,965.42	3,890.00	3,370.68	2,353.20	4,351.00	6,243.00
Operating Expenses		21,568.56	19,610.00	16,969.96	14,234.72	22,078.00	22,577.00
Capital Expenses		0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	48,729.79	44,596.00	41,203.21	27,518.40	52,714.00	55,105.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline		0.00	0.00	0.00	0.00	0.00	0.00
Fredericksburg		4,075.00	3,710.00	8,829.00	8,829.00	6,341.00	6,341.00
King George		5,135.00	4,615.00	2,813.00	2,813.00	8,555.00	8,555.00
Spotsylvania		11,864.00	11,114.00	6,355.00	6,355.00	12,009.00	11,469.00
Stafford		16,039.00	16,122.00	10,311.00	10,311.00	13,954.00	13,954.00
United Way		0.00	0.00	0.00	0.00	0.00	0.00
Grants		0.00	0.00	0.00	0.00	0.00	0.00
Client Fees		1,123.00	1,123.00	841.00	0.00	1,167.00	1,167.00
Fundraising		0.00	0.00	0.00	0.00	0.00	0.00

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Other (Click to itemize)	0.00	8,128.00	7,912.00	8,448.00	6,325.00	10,688.00	9,969.00
Crime Control			7,912.00	8,448.00	6,325.00	10,688.00	9,969.00
Crime Control		8,128.00					
Total	0.00	46,364.00	44,596.00	37,597.00	34,633.00	52,714.00	51,455.00

### Surplus / Deficit

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	0.00	-2,365.79	0.00	-3,606.21	7,114.60	3,650.00

## **Office on Youth - Anger Management Program**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

OOY programs continue to directly serve youth who are or are at risk for court involvement. While continuing to offer partnership in our programming with area CSU's and JDRs, OOY also supports Stafford and Spotsylvania County School Divisions as they refer students to the OOY Anger Management program from disciplinary issues, generally in lieu of formal charges. The return to in person school has provided new and unique challenges to the schools, and discussions have centered around the challenges of adjustment and increase in disciplinary infractions involving destruction, disorderly and even physical altercations. OOY has discussed our Anger Management program with Fredericksburg FAPT as well as collaborating to meet the needs of the teens and families they serve that are in crisis, where Anger Management classes would support a teen in the program. OOY will continue to provide an outreach effort to parents and guardians in our surrounding communities who seek services for teens.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

The Office on Youth's Anger Management program offers a unique approach and program to the area to support youth referred for aggression and explosive anger. Outpatient counseling and specific anger management services for adolescents are not readily available in our service area; and limited options are available in other agencies. Empower House groups for teens are offered however they focus on healthy relationships and anger/violence within a relationship rather than delinquent/criminal/violent behaviors that impact the broader community. Anger Management classes will support lower recidivism, prevention of students referred by schools/parents becoming court involved, and healthy and responsible decision making by youth participating in the Anger Management program; without this program these youth may be missed and underserved.

## Office on Youth - Anger Management Program

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	6	2	5	7	3	5	5
Caroline County	0	0	0	0	0	0	0
King George County	4	8	5	1	2	5	4
Spotsylvania County	5	13	15	6	0	10	9
Stafford County	22	15	15	9	9	10	10
Other Localities	0	0	2	0	0	0	0
Total	37	38	42	23	14	30	28

## Office on Youth - Anger Management Program

### [View Diagram](#) Goals and Objectives

#### Goals

##### Goal:

In order to promote personal responsibility and accountability among youth in the community, the agency will provide community-based, psycho-educational groups focused on anger management.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned skills and strategies that will enable them to better manage their anger as a result of course curriculum and discussions.</b>	Total # Clients Served	26	15	25	7			28
	Total # Clients Achieved/Successful	20	12	20	7			21
	% Achieved / Successful	76.92	80	80	100	0	0	75
<b>85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring agency, organization, or parent, as</b>	Total # Clients Served	30	17	30	14			28
	Total # Clients Achieved/Successful	26	16	26	14			21
	% Achieved / Successful	86.67	94.12	86.67	100	0	0	75

evidenced by program attendance reports.

## Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

not applicable

## Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

Program updates include a revised curriculum which contains Evidence Based Practices including Motivational Interviewing Activities, Cognitive Behavior Practices, scales and healthy emotional regulation activities.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has learned skills and strategies that will enable them to better manage their anger as a result of course curriculum and discussions.

85% of enrolled youth will attend all required sessions and successfully complete the service as required by the referring agency, organization, or parent, as evidenced by program attendance reports.

### Goal:

**In order to promote peaceful conflict resolution among youth in the community, the agency will provide community-based, psycho-educational groups focused on anger management.**

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>75% of enrolled youth will demonstrate an understanding of course</b>	Total # Clients Served	25	15	25	7			28
	Total # Clients Achieved/Successful	19	10	20	5			21
	% Achieved / Successful	76	66.67	80	71.43	0	0	75

**objectives including awareness and knowledge of emotional intelligence gained through course curriculum and discussions as evidenced by an increase in score from pre-test to post-test.**

<b>75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has developed new or different positive coping mechanisms that the youth can effectively use to calm him/herself and manage his/her anger, gained through course curriculum and discussions.</b>	Total # Clients Served	25	15	25	7			28
	Total # Clients Achieved/Successful	19	9	20	4			21
	% Achieved / Successful	76	60	80	57.14	0	0	75

## **Explanation & Overview**



**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

During FY20 and FY21, the use of virtual classes was successful in continuing to deliver programming; the post test at the end of the virtual classes was an obstacle. Program participants often did not complete and submit the post test online despite numerous calls and email prompts to complete.

**Updates for FY2018**

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

Currently all programming is happening in person which the class facilitators ensure all pre and post tests are completed. We have implemented a new protocol in the event of going virtual again, which will include a staff member following up with a phone call and completing the post test with the participant if they have not completed online.

Additionally, curriculum updates have been added to include Evidence Based practices that include Motivational Interviewing, Cognitive Behavior Techniques and Scales to promote healthy emotional regulation.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

75% of enrolled youth will report an increase in understanding and use of pro-social behaviors as evidenced by self-report on a post-program evaluation that the youth has developed new or different positive coping mechanisms that the youth can effectively use to calm him/herself and manage his/her anger, gained through course curriculum and discussions.