

Regional Funding

Fiscal Year 2023 - Partner Funding Application

Healthy Families Rappahannock Area

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget for the FY 2023 Budget. Please also provide updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years.

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Salary	627,863. 72	640,420. 99	660,040. 22	658,161. 06	658,955. 48	677,906. 00	698,607. 00
Benefits	139,380. 51	142,168. 12	120,732. 63	120,529. 33	116,528. 21	124,145. 00	202,596. 00
Operating Expenses	217,929. 00	217,929. 00	219,615. 91	319,641. 61	159,190. 74	250,000. 00	172,000. 00
Capital Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Other Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	985,173. 23	1,000,51 8.11	1,000,38 8.76	1,098,33 2.00	934,674. 43	1,052,05 1.00	1,073,20 3.00

Agency Total Revenues

Please include revenue associated with your entire organization for FY2023. Please also provided updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	2,880.00	2,880.00	2,880.00	2,880.00	2,880.00	4,000.00	4,000.00
Fredericksburg	9,000.00	9,000.00	9,000.00	9,000.00	9,000.00	10,000.0 0	10,000.0 0
King George	0.00	2,880.00	0.00	0.00	0.00	4,000.00	4,000.00
Spotsylvania	28,000.0 0	28,000.0 0	10,000.0 0	10,000.0 0	7,500.00	10,000.0 0	15,000.0 0

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Stafford	9,432.00	9,432.00	9,432.00	9,432.00	9,149.00	10,000.00	15,000.00
United Way	70,000.00	70,000.00	73,063.07	28,750.00	30,974.80	28,750.00	35,000.00
Grants	631,938.00	645,322.00	835,375.22	710,680.00	644,266.03	710,000.00	736,536.00
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	4,312.43	5,000.00	0.00	0.00	0.00	5,000.00	5,000.00
Other (Click to itemize)	168,587.69	0.00	14,443.12	187,870.00	226,542.46	186,500.00	196,000.00
Total	924,150.12	772,514.00	954,193.41	958,612.00	930,312.29	968,250.00	1,020,536.00

Surplus / Deficit

	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	-61,023.11	-228,004.11	-46,195.35	-139,720.00	-4,362.14	52,667.00

Healthy Families Rappahannock Area

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

No agency administrative expenses are requested

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

N/A

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

N/A

Capital Expenses

Please provide an overview of the capital costs for your agency.

Capital projects are not included in the agency budget. Local funds are not used to defray capital projects.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

N/A

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

Salaries will receive a standard 3% cost of living adjustment. There will be no additional changes.

Please provide a description of any changes to agency benefits structure or cost.

This years budget does not include any changes to agency benefits structure or cost.

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

One issue impacting Healthy Families is the Health Resources & Services Administration (HRSA) decision to limit localities eligible for services through the Maternal, Infant, Early Childhood Home Visiting (MIECHV) grant. King George and Stafford Counties are no longer eligible for services under this funding. The MIECHV grant supports 3 bi-lingual staff. While we adjusted staff caseloads to ensure qualifying families are supported regardless of language barriers, this change may result in less families being served in those localities. It is worth noting that 11.45% of the Stafford County population identifies as Latino/Hispanic. Other legislative initiatives that have the ability to impact HFRA this upcoming year are both the Legalization of Marijuana as well as Gaming and Gambling. HFRA is concerned about these initiatives affecting the children in our communities. Families are more at risk for financial hardships and children are more at risk for neglect due to these initiatives.

If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

There are currently no concerns with reduction of funding or expiration in FY2022.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

Data demonstrates child abuse and neglect is an urgent public health issue. Increased collaboration between County Governments and prevention programs such as Healthy Families Rappahannock Area is needed to ensure all new and expectant families have opportunities to be supported to foster environments where they are safe, healthy, and nurtured. Families often aren't aware of local resources and HFRA home visitors provide that important connection.

Support from local county governments, in the form of increased funding and development of a formal MOA between county administration and HFRA would provide all new or expectant families the opportunity to receive education and support with the ultimate goal of strengthened families.

Healthy Families Rappahannock Area

Locality Information

Caroline County

In 2020, there were 5 children within Caroline County who were reported as victims of abuse. Three (60%) children were victims of sexual abuse and 2 (40%) victims of physical abuse. Data demonstrates child abuse and neglect is an urgent public health issue and underscores the need for a comprehensive plan to address primary prevention and decrease the incidence of maltreatment and the entrance of children into foster care. HFRA has successfully completed another year with no founded case of child maltreatment amongst participants. These results continue to be a testament to the effectiveness of Healthy Families America's in-home visiting model used by HFRA. Prevention programs, such as HFRA, provide an opportunity for impactful collaboration and coordination so that families, youth and children living in Caroline County are safe, healthy, nurtured, and have equitable access to resources and opportunities to thrive in their community.

City of Fredericksburg

In 2020, there were 36 children within the City of Fredericksburg who were reported as victims of abuse. Twenty-four (67%) children were victims of physical neglect, six (17%) were victims of sexual abuse, four (14%) were victims of physical abuse, substance exposed, or medical neglect. Child abuse & neglect is an urgent public health issue and underscores the need for a comprehensive plan to address primary prevention and decrease the incidence of maltreatment. HFRA has successfully completed another year with no founded case of child maltreatment amongst participants. These results continue to be a testament to the effectiveness of Healthy Families America's in-home visiting model used by HFRA. Prevention programs, such as HFRA, provide an opportunity for impactful collaboration and coordination so that families, youth and children living in City of Fredericksburg are safe, healthy, nurtured, and have equitable access to resources and opportunities to thrive in their community.

King George County

In 2020, there were 12 children within the King George County who were reported as victims of abuse. Nine (75%) children were victims of physical abuse and three (25%) were victims of physical neglect. Child abuse & neglect is an urgent public health issue and underscores the need for a comprehensive plan to address primary prevention and decrease the incidence of maltreatment. HFRA has successfully completed another year with no founded case of child maltreatment amongst participants. These results continue to be a testament to the effectiveness of Healthy Families America's in-home visiting model used by HFRA. Prevention programs, such as HFRA, provide an opportunity for impactful collaboration and coordination so that families, youth and children living in King George County are safe, healthy, nurtured, and have equitable access to resources and opportunities to thrive in their community.

Spotsylvania County

The child death rate in Virginia was 2.7 deaths per 100,000 children in SFY2019. In FY2019, Spotsylvania County had four (4) child deaths of which two (2) were founded cases for child maltreatment. There were 58 founded cases of child abuse & neglect in Spotsylvania County in 2020. Child abuse & neglect is an urgent public health issue and underscores the need for a comprehensive plan to address primary prevention and decrease the incidence of maltreatment. HFRA has successfully completed another year with no founded case of child maltreatment amongst participants. These results continue to be a testament to the effectiveness of Healthy Families America's in-home visiting model used by HFRA. Prevention programs, such as HFRA, provide an opportunity for impactful collaboration and coordination so that families, youth and children living in Spotsylvania County are safe, healthy, nurtured, and have equitable access to resources and opportunities to thrive in their community.

Stafford County

In 2020, there were 72 children within the Stafford County who were reported as victims of abuse. Twenty-seven (38%) children were victims of physical neglect, twenty-one (29%) were victims of either physical abuse or sexual abuse, four(4%) were victims of medical neglect and medical abuse/neglect. Child abuse & neglect is an urgent public health issue and underscores the need for a comprehensive plan to address primary prevention and decrease the incidence of maltreatment. HFRA has successfully completed another year with no founded case of child maltreatment amongst participants. These results continue to be a testament to the effectiveness of Healthy Families America's in-home visiting model used by HFRA. Prevention programs, such as HFRA, provide an opportunity for impactful collaboration and coordination so that families, youth and children living in Stafford County are safe, healthy, nurtured, and have equitable access to resources and opportunities to thrive in their community.

Healthy Families Rappahannock Area

Agency Information

Agency Name	Healthy Families Rappahannock Area
Physical Address	4605 Carr Drive, Fredericksburg, VA, 22408, US
Mailing Address	4605 Carr Drive, Fredericksburg, VA, 22408, US
Agency Phone Number	(540) 374-3366
Federal Tax ID #	542029476
Web Address	http://www.healthyfamiliesrappahannock.org/
Agency Email Address	mjennings@rappahannockareacsb.org

Agency Mission Statement

Healthy Families Rappahannock Area's (HFRA) mission is to empower parents to raise healthy children. HFRA provides voluntary home-visiting services to expectant and new parents residing in Planning District 16. HFRA believes that by exploring the intergenerational cycles of these families, we are able to break practices that may be detrimental to the child's well-being as well as possible cycles of child abuse and/or neglect. We also believe that positive parenting education changes the futures of each family, empowers the family to grow in knowledge, and furthermore impacts our community. HFRA strives to ensure that ALL families in Planning District 16 are safe, healthy and nurtured, as well as ensures that each family has knowledge of resources and opportunities to thrive in their community.

Trained home visitors provide parents and other caregivers with information, guidance and emotional and practical support by:

- Model positive parent-child interaction to enhance their child's development.
- Provide education on child health and development and the importance of immunizations and well-baby check-ups.
- Educate about safe and unsafe sleeping environments for infants.
- Conduct child screening for developmental delays.
- Conduct Post-partum assessments to ensure the mental health support of the caregiver/parent.
- Make referrals and connect families with community services.
- Educate families on how to recognize and address child safety hazards (i.e., safe sleep, nourishment, car safety, etc.).
- Help in developing appropriate problem-solving skills and identify positive ways to manage stress.
- Promote personal responsibility for the family's future and the future of their children by helping the family to set and achieve goals.

Healthy Families Rappahannock Area is a free, voluntary in-home parenting support program. Eligible families are provided parenting support services for up to five years or until the child is enrolled in school.

Number of Years in Operation	23
-------------------------------------	----

Main Contact	Melodie Jennings, phone: (540) 498-3138, email: mjennings@rappahannockareacsb.org
---------------------	--

Job Title	Program Manager/Director
------------------	--------------------------

Localities Served

Please select any/all localities your agency serves.

- | | |
|----------------|-------------------------------------|
| Caroline | <input checked="" type="checkbox"/> |
| Fredericksburg | <input checked="" type="checkbox"/> |
| King George | <input checked="" type="checkbox"/> |
| Spotsylvania | <input checked="" type="checkbox"/> |
| Stafford | <input checked="" type="checkbox"/> |

Agency Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

The impact on Planning District 16 if HFRA was to dissolve or even merge with another partner agency could be detrimental to the families in this planning district. For over 20 years, HFRA has built relationships with community partners as well as the families they serve. These relationships have created a trust and belief that someone is there to help. HFRA prides itself in being in the know of the resources in the community. Families are already struggling to understand the needs of their child, especially if they are a new parent. Many people that live in this community do not know what is available to them. Many times they do not even know where to start. HFRA is that warm referral. They are the starting point to many families thriving in our community.

In order to see a more prosperous community, we need to continue to support prevention programs. Families are faced with the high cost of just daily supplies. Prevention programs, such as HFRA, are able to guide families in order for them to provide for their children. If HFRA dissolved, we would possibly see more incidents of child abuse and neglect. Currently HFRA serves over 200 families yearly. Our question to Planning District 16 is this: Are we, as a community, willing to increase the number of children being mistreated or even dying due to a lack of community investment in an established evidence-based prevention program with a proven track record?

Agency Community Impact

Please provide at least two examples of how the mission and vision of your agency impacts the community and overall region.

Example 1

When Jane first joined Healthy Families, she had a one-month old daughter and 2-year-old son. She was recently separated, experiencing depression, unemployed and facing eviction. Jane was feeling overwhelmed and in need of support. Over the years, Jane earned her C.N.A. and began working full-time in-home health care and later at a nursing home. She moved into a new apartment and now has stable housing and finances. Jane learned to prioritize mental health and the importance of practicing self-care through the guidance of her home visitor. During her time in the program, she began to have developmental concerns with both of her children. Jane's worker linked her to the Parent Education and Infant Development program. She was able to get early intervention services for both of her children. Since this referral, Jane reports her children are thriving. She has always been interested in learning and utilizing positive parenting techniques and learning about child development. Jane has taken advantage of other resources she has been referred to in order to reach multiple goals. Her most recent goal was to have her daughter, who is now 4 years old, enrolled in Head Start for the 2021-2022 school year, which she was able to accomplish. Both children are doing great in their schools and Jane is an official graduate of the Healthy Families Rappahannock Area program.

Example 2

Lena started Healthy Families back in 2019 as a junior in high school, pregnant and worried about how she was going to juggle motherhood and school. After becoming a participant in Healthy Families, Lena was able to learn about different resources in her community she has overcome many obstacles. Sometimes, it takes the support of another to realize you can do it. Lena shared that she believes that her worker was her angel. "She guided me and gave me information to be the best mom I could be" Time and again. Lena proved that she can and will achieve any goals she sets her mind to. In May of 2021, Lena completed her high school education.

For the past two years, Lena has learned about her child's needs and how to understand the cues her child is giving. She expressed how she feels confident in her role as a parent. Lena expressed that with the guidance of her home visitor she is aware of the different opportunities and resources her community has. She stated she would have been lost without this support because her parents did not know what resources were available to her.

Example 3 (Optional)

"I remember the day that my home visitor first came to my house. She probably thought there was something wrong with me because I just sat at my kitchen table with my new baby sitting in the bouncy chair on the table beside me. I was so nervous. I didn't get to experience the whole labor and delivery thing in the hospital because my bundle of joy decided to come out early. Matter of fact, she decided she wanted to show herself on our way to the hospital. This is only the beginning of our story, because three years later, my child's father died of a heroin overdose. If it wasn't for Healthy Families, I don't think I would have survived that time. With their guidance, they got me hooked up with the support I needed for both my sanity as well as to make sure I knew about the benefits I could apply for. Today, we are healthy and whole. I know it has everything to do with the support I received from being a part of Healthy Families. Their support encouraged me to go to school to get my degree so I can help others also. Please continue to support this program, they do make a difference".

Missy H.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Healthy Families Rappahannock Area

Is this a new program? No

Program Contact

Name Melodie Jennings

Title Program Manager/Director

Email mjennings@rappahannockareacs.org

Phone (540) 370-7404

Program Purpose / Description

Provide an overview of this program

In 1997 the original incorporators of Healthy Families Rappahannock Area, made up of a 30-member taskforce, were motivated to establish a community based program that addressed the needs and challenges of preventing child abuse and neglect in Planning District 16 (PD16), which includes the City of Fredericksburg and counties of Caroline, King George, Spotsylvania, and Stafford. Healthy Families Rappahannock Area began providing services in November 1998. The tax exempt non-profit status (501c3) of Healthy Families Rappahannock Area was established October 2005.

Healthy Families Rappahannock Area (HFRA) is an evidence-based, in-home family strengthening model that advances healthy child development by reducing child maltreatment and increasing positive parenting in the first 5 years of the child's life. The services equip parents vulnerable to poor parenting behaviors with the support they need to develop safe and loving homes by reducing risk factors and building protective factors within the family. HFRA scope of services includes ALL families delivering at area hospitals as well as ALL PRENATAL families using the health departments and local area OB/GYN offices.

Client Fees

Please describe the fees clients must pay for the services by this program.

HFRA is a free program to ALL families who receive services from HFRA.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Many families face a number of risk factors for poor parenting: poverty, difficult or abusive childhood, low education, and unemployment. Many are also overburdened by personal trauma, substance abuse, intimate partner violence, and/or mental health challenges. Discovering they are going to have a baby, or struggling to nurture their young child(ren), adds to the weight of these families' challenges. As a result to these challenges, many parents reach their breaking point which increases a defenseless child's likelihood of abuse. HFRA helps families overcome as many of these challenges as possible by providing them with coping tools, nurturing suggestions and linking them to community resources. We believe these efforts will contribute to parents raising healthy children.

All localities should consider this funding request for the simple fact that HFRA is serving families in ALL of Planning District 16. In FY21 alone, HFRA served 176 families throughout the planning district.

If this is a new program, be sure to include the benefits to the region for funding a new request.

HFRA is an established prevention program that has been in the community for over 20 years. The benefits to the region for funding is that families are awarded the opportunity to create a safe and healthy environment for their children through our intensive in-home visiting program. The cost of prevention is less than the cost to care for children that are a part of the child welfare system. The minimum cost to care for a child in the foster care system/child protective services is approximately \$24,597 a year. The cost to support a family in HFRA per year is approximately \$4,393. Localities can save by supporting the programs that support the community. HFRA is making a difference in this community by decreasing the cases of child abuse and neglect and increasing the knowledge of better parenting as well as the resources available to each and everyone.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

HFRA identifies its intended audience as new parents residing in the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, or Stafford (Planning District 16), who receive prenatal care through the Virginia Department of Health's Rappahannock Area Health District and/or give birth at Mary Washington Hospital, Stafford Hospital, or Spotsylvania Regional Medical Center.

If your program has specific entry or application criteria, please describe it here.

There is no specific criteria a family must meet to fill out a screen to receive services or information about the resources in the community. All a family has to do is call to do a self-referral or fill out the screen with their referral source and send it in.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

HFRA continues to look for ways to increase program capacity with viable revenue. The demand from the community continues to be demonstrated. Data highlights the increase need for services, demonstrates HFRA's worth in the community as well as the return on investment.

In FY22, HFRA is looking to be able to support a minimum of 210 families at any one time. This increase in staffing will allow us to support the ever growing population of Planning District 16. In Fredericksburg, Spotsylvania, Stafford, and Caroline the request for increase in funding were aligned with the projected increase of families to be served by HFRA in FY22. HFRA is also seeking to restore funding in King George due to the projected increase in the number of families to be served in this community.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

HFRA is currently at caseload capacity and at risk of turning families away that are in need of services. Data shows that families are in need of support and resources, especially during this time of COVID. HFRA seeks ways to ensure that as many families as possible living within Planning District 16 receive quality home visiting. Without local government support, this goal to strengthen as many families as possible is at risk of not being achieved.

In particular, please describe in detail if any increase is sought for new positions or personnel.

This increase will support staff development with extensive role-specific trainings. All HFRA staff are required to obtain 16+ hours of professional development and extensive training. Due to the pandemic, these courses are now offered through the national Healthy Families America office which increases the costs to the program. HFRA is hiring for 2 Family Support Specialist positions (each will carry an additional 22-25 families on their caseloads) and 1 Family Resource Specialist.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Specific Budget

In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel	627,863. 72	623,223. 61	660,040. 22	658,161. 06	658,955. 48	677,906. 00	698,607. 00
Benefits	139,380. 51	176,767. 57	120,732. 63	120,529. 33	116,528. 21	124,145. 00	202,596. 00
Operating Expenses	217,929. 00	214,624. 29	219,615. 91	319,641. 61	159,190. 74	250,000. 00	172,000. 00
Capital Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	985,173. 23	1,014,61 5.47	1,000,38 8.76	1,098,33 2.00	934,674. 43	1,052,05 1.00	1,073,20 3.00

Program Specific Revenue

In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	2,880.00	2,880.00	2,880.00	2,880.00	2,880.00	4,000.00	4,000.00
Fredericksburg	9,000.00	9,000.00	9,000.00	9,000.00	9,000.00	10,000.0 0	10,000.0 0
King George	0.00	0.00	0.00	0.00	0.00	4,000.00	4,000.00
Spotsylvania	28,000.0 0	10,000.0 0	10,000.0 0	10,000.0 0	7,500.00	10,000.0 0	15,000.0 0
Stafford	9,432.00	9,432.00	9,432.00	9,432.00	9,149.00	10,000.0 0	15,000.0 0
United Way	70,000.0 0	70,000.0 0	73,063.0 7	28,750.0 0	30,974.8 0	28,750.0 0	35,000.0 0
Grants	631,938. 00	762,736. 00	835,375. 22	710,680. 00	644,266. 03	710,000. 00	736,536. 00

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	4,312.43	850.00	0.00	0.00	0.00	5,000.00	5,000.00
Other (Click to itemize)	168,587.69	127,625.00	176,657.47	187,870.00	337,568.46	186,500.00	248,667.00
Donations/Gifts	11,712.00	11,000.00	12,143.12	12,000.00	17,602.92	12,000.00	15,000.00
Medicaid	152,075.69	112,125.00	162,214.35	171,370.00	174,345.54	170,000.00	176,500.00
Village Fathers	4,800.00	4,500.00	2,300.00	4,500.00	5,900.00	4,500.00	4,500.00
Retained Earnings					139,720.00		52,667.00
Total	924,150.12	992,523.00	1,116,407.76	958,612.00	1,041,338.29	968,250.00	1,073,203.00

Surplus / Deficit

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget	FY 2023 Budget
Surplus or Deficit	-61,023.11	-22,092.47	116,019.00	-139,720.00	106,663.86	0.00

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Healthy Families America (HFA) model is designed to work within an interagency collaborative system of care. The process of state and local agencies, community programs and parents joining together for the purpose of interdependent problem solving that focuses on improving services to children and families is a key primary component of HFA. Since 1998 Healthy Families Rappahannock Area has successfully been under the umbrella of the Rappahannock Area Community Services Board (RACSB) and is under their Prevention Department. In FY22 HFRA re-established inter-agency agreements with Stafford DSS, Spotsylvania DSS, Mary Washington Hospital, Project Link, Parent Education Infant Development-RACSB, and the Rappahannock Area Health District. HFRA also established new inter-agency agreements with Stafford Head Start/Early Head Start, Fredericksburg DSS, Caroline DSS and King George DSS.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

For over 20 years, HFRA has built relationships with community partners as well as the families they serve. These relationships have created a trust and belief that someone is there to help. Many families that live in this community do not know what is available to them or where to start. In order to see a more prosperous community, we need to continue to support prevention programs. Families are faced with the high cost of just daily supplies. Prevention programs, such as HFRA, are able to guide families in order for them to provide for their children. If HFRA dissolved, we would possibly see more incidents of child abuse and neglect. Currently HFRA serves over 200 families yearly. Our question to Planning District 16 is this: Are we, as a community, willing to increase the number of children being mistreated or even dying due to a lack of community investment in an established evidence-based prevention program with a proven track record?

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	190	185	204	202	175	200	200
Caroline County	24	45	47	26	28	40	40
King George County	16	5	7	13	28	12	40
Spotsylvania County	291	184	204	224	229	220	250
Stafford County	145	86	95	169	168	150	175
Other Localities	0	0	0	0	0	0	0
Total	666	505	557	634	628	622	705

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

[View Diagram](#) Goals and Objectives

Goals

Goal:

Promote the development of healthy parent/child relationships through the provision of intensive (weekly, one-hour) long-term (up to five years) home visiting services.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
90% of target children and their caregivers will be assessed on Parent-Child Interaction through the use of CHEERS check-in an evidence based tool a minimum of once per year of the child's life.	Total # Clients Served		214		219			
	Total # Clients Achieved/Successful		198		192			
	% Achieved / Successful	0	92.52	0	87.67	0	0	0
HFRA strives to improve Father involvement. Studies have shown that homes were the father is involved as less like to have issues in school, drop out of school or be incarcerated later in life. HFRA will	Total # Clients Served		135		146			
	Total # Clients Achieved/Successful		120		130			
	% Achieved / Successful	0	88.89	0	89.04	0	0	0

promote positive male role models and track the progress.: -75% of families with an eligible "father" will complete the Healthy Families Virginia Positive Male Role Model (PMRM) Survey

Parental Practices and Capacity-Family Self-Assessment - 75% of families will complete the Survey of Parenting Practices once at a year from enrollment	Total # Clients Served	206	219			
	Total # Clients Achieved/Successful	198	192			
	% Achieved / Successful	0 96.12	0 87.67	0	0	0

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Changes to goals and objectives are based around parent involvement. HFRA plans to increase father involvement in both HFRA as well as it's Fatherhood program (Village Fathers). Focuses also will be made on the Families self-assessments.

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

Home visiting programs are associated with reduced rates of child maltreatment and injuries. Families who participate in home visits also have lower stress levels and increased sensitivity during interactions with their children. One of our goals is to improve child health and development by utilizing appropriate tools at the recommended stages and connecting them to appropriate services.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
A minimum of 85% of enrolled children will receive a developmental screening (Ages and Stages Questionnaire).	Total # Clients Served	150	189	180	383			
	Total # Clients Achieved/Successful	150	171	153	383			
	% Achieved / Successful	100	90.48	85	100	0	0	0
85% of enrolled (target) children will have a primary health care provider within 2 months after enrollment or birth of target child.	Total # Clients Served		89	60	63			
	Total # Clients Achieved/Successful		89	51	63			
	% Achieved / Successful	0	100	85	100	0	0	0
A minimum of 80% of enrolled children with suspected development delays will be referred to appropriate early intervention services for assessment to	Total # Clients Served		33	5	11			
	Total # Clients Achieved/Successful		27	4	11			
	% Achieved / Successful	0	81.82	80	100	0	0	0

**determine need
for therapeutic
services.**

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes made. These goals and objectives follow the data required by Virginia Department of Social Services Healthy Families Initiative.

If you are restating the goals or objectives for the prior calendar year, please include those here