

## Regional Funding

### Fiscal Year 2023 - Partner Funding Application

#### Empowerhouse

#### Agency Total Budget

*In the boxes below provide an overview of the administrative costs associated with your total agency budget for the FY 2023 Budget. Please also provide updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Salary	1,022,769.00	1,141,044.00	1,123,248.00	1,231,442.00	1,151,918.00	1,231,442.00	1,394,176.00
Benefits	169,997.00	188,547.00	200,643.00	208,935.00	185,163.00	208,935.00	207,804.00
Operating Expenses	457,234.00	504,626.00	763,498.00	751,250.00	740,582.00	762,276.00	675,154.00
Capital Expenses	0.00	0.00	39,603.00	55,000.00	110,656.00	55,000.00	20,000.00
Other Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	1,650,000.00	1,834,217.00	2,126,992.00	2,246,627.00	2,188,319.00	2,257,653.00	2,297,134.00

#### Agency Total Revenues

*Please include revenue associated with your entire organization for FY2023. Please also provided updated FY 2021 Actuals, data has been rolled over from previous application submissions for other fiscal years. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	4,624.00	4,855.00	4,624.00	4,624.00	4,624.00	5,086.00	5,250.00
Fredericksburg	14,350.00	15,067.00	14,350.00	14,350.00	14,350.00	20,000.00	20,000.00
King George	0.00	5,000.00	0.00	0.00	0.00	5,000.00	5,250.00
Spotsylvania	55,448.00	58,220.00	58,220.00	68,000.00	68,001.00	77,189.00	81,048.00

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Stafford	50,000.0 0	52,500.0 0	52,189.0 0	77,189.0 0	77,189.0 0	77,189.0 0	81,048.0 0
United Way	80,000.0 0	100,000. 00	81,178.0 0	44,500.0 0	40,537.0 0	44,500.0 0	42,000.0 0
Grants	846,958. 00	1,037,77 5.00	1,380,60 8.00	1,485,19 0.00	1,464,01 8.00	1,445,18 9.00	1,473,58 5.00
Client Fees	94,000.0 0	94,000.0 0	81,252.0 0	81,000.0 0	39,727.0 0	81,000.0 0	70,000.0 0
Fundraising	121,100. 00	125,800. 00	162,853. 00	114,000. 00	183,315. 00	154,000. 00	170,000. 00
Other (Click to itemize)	215,000. 00	341,000. 00	291,718. 00	357,774. 00	380,492. 00	348,500. 00	348,953. 00
Total	1,481,48 0.00	1,834,21 7.00	2,126,99 2.00	2,246,62 7.00	2,272,25 3.00	2,257,65 3.00	2,297,13 4.00

### Surplus / Deficit

	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	1,835,274. 00	0.00	-83,934.00	0.00	0.00

# Empowerhouse

## Agency Budget Narrative

### Administrative Expenses

**Provide an overview of the administrative costs for your agency.**

The administrative costs for Empowerhouse in FY23 will be \$271,828. Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget, last year at just under 13% of the 2020 operating budget. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative and fundraising efforts. It also includes a percentage of the overall operating costs and the total costs associated with fundraising events, the audit, payroll fees, and banking and credit card related fees and charges.

**If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.**

Empowerhouse is not requesting administrative expenses from localities and is not projecting increased administrative costs.

**Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.**

N/A. See above.

### Capital Expenses

**Please provide an overview of the capital costs for your agency.**

In 2021 and carrying into 2022, Empowerhouse began to undertake the complete replacement of the HVAC system at the domestic violence shelter to include all furnace and heat pump units, new and reconfigured duct work, and adding virus killing technology. These efficiency, technology, and capital improvements will be experienced for years to come in the comfort, health and safety of all residents and staff residing in the building.

**Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.**

N/A. Capital costs are not defrayed by locality funds.

### Salary & Benefit Expenses

**Please provide an overview of any increases or decreases in general personnel expenses for your agency.**

The primary increases in personnel expenses are for new positions full and part-time for the dedicated Empowerhouse domestic violence advocate in Spotsylvania County to partner with the Spotsylvania County Sheriff's Office due to new grant partnership and the increased hours for the MWHC Forensic Nurse Examiner Empowerhouse pays for through a Federal grant funded partnership.

**Please provide a description of any changes to agency benefits structure or cost.**

No changes.

## **Budget Issues**

**Provide any legislative initiatives or issues that may impact the agency for the upcoming year.**

There is a fluctuation in federal VOCA funding. A VOCA fix bill was passed and this should help some grant income stabilize in the coming years. Some of the decreased VOCA funding to Empowerhouse via the state was offset in the current year by ARPA funding and this may support costs until the VOCA fix is realized by the the state awards.

**If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.**

Some of the CARES Act funding and COVID relief funding will end and impact the housing supports budget. The potential increase in DV bonus funding may offset this funding in the near term. The potential for continuation ARPA funding to support housing may also help to offset decreases in funding for the financial aid Empowerhouse deploys in paying rental costs for those in the housing services. Empowerhouse continues to apply for all available funding.

**Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.**

Low housing inventory is impacting survivors of domestic violence in their transition away from violence. Transportation and childcare needs continue to be needs that are not addressed in this request. The lack of relationship education including anti-bullying, healthy relationships, and primary prevention of relationship violence programming available in the schools for children and youth and especially in the primary grades is not addressed in this funding request.

# **Empowerhouse**

## **Locality Information**

### **Caroline County**

Empowerhouse looks forward continuing to serving Caroline County as its local community based domestic violence program serving survivors of domestic violence 24-hours per day with shelter, domestic violence hotline, and many more life improving services. Empowerhouse served 153 Caroline County residents in FY 21 including supporting the safe escape and exit of families from dangerous situations during the pandemic. Empowerhouse respectfully requests the full support of Caroline County in our FY23 budget request to ensure that victims in danger are served with accommodations, safe exit, and the supports needed to make permanent long lasting changes to rebuild their lives safely. Empowerhouse continues to avail itself of all relevant and competitive grant funding we bring into our Caroline community to help Caroline residents. We ask for your full support as a partner to help us continue this life saving work for victims of domestic violence and their children.

### **City of Fredericksburg**

Empowerhouse looks forward continuing to serving the City of Fredericksburg as its local community based domestic violence program serving survivors of domestic violence 24-hours per day with shelter, domestic violence hotline, and many more life improving services. Empowerhouse served 757 Fredericksburg City residents in FY 21 including supporting the safe escape and exit of families from dangerous situations during the pandemic. Empowerhouse respectfully requests the full support of Fredericksburg in our FY23 budget request to ensure that victims in danger are served with accommodations, safe exit, and the supports needed to make permanent long lasting changes to rebuild their lives safely. Empowerhouse continues to avail itself of all relevant and competitive grant funding we bring into our Fredericksburg community to help Fredericksburg residents. We ask for full support as a partner to help us continue this life saving work for victims of domestic violence and their children.

### **King George County**

Empowerhouse looks forward to continuing to serve King George County as its local community based domestic violence (DV) program serving DV survivors 24-hours per day with shelter, DV hotline, and more life improving services. Empowerhouse served 207 King George (KG) County residents in FY21 including the safe escape and exit of families from dangerous situations during the pandemic. Empowerhouse respectfully requests the full support of KG in our FY23 budget request to ensure that victims in danger are served with accommodations, safe exit, and the supports needed to make permanent long lasting changes to rebuild their lives safely. Empowerhouse continues to avail itself of all relevant and competitive grant funding we bring into our KG community to help KG residents (Empowerhouse operates out of an office of the KG Sheriff's office serving victims in partnership). We ask for your full support as a partner to help us continue life saving work for victims of DV and their children.

### **Spotsylvania County**

Empowerhouse looks forward to continuing serving Spotsylvania County as its local community based domestic violence (DV) program serving DV survivors 24-hours a day with shelter, DV hotline, and more life improving services. We served 1071 Spotsylvania residents in FY21 including supporting safe escape and exit of families from dangerous situations during the pandemic. Empowerhouse respectfully requests full support of Spotsylvania in our FY23 budget request to ensure that victims in danger are served with accommodations, safe exit, and supports needed to make permanent long lasting changes to rebuild their lives safely. Empowerhouse continues to avail itself of all relevant and competitive grant funding we bring into our Spotsylvania community to help residents (Empowerhouse soon will add services out of the Spotsylvania Sheriff's office serving victims via partnership). We ask for your full support as a partner to help us continue life saving work for DV victims and their children.

### **Stafford County**

Empowerhouse looks forward to continuing serving Stafford County as its local community based domestic violence (DV) program serving DV survivors 24 hours/day with shelter, DV hotline, and more life improving services. Empowerhouse served 867 Stafford residents in FY21 including supporting the safe escape and exit of families from dangerous situations during the pandemic. Empowerhouse respectfully requests the full support of Stafford in our FY23 budget request to ensure that victims in danger are served with accommodations, safe exit, and the supports needed to make permanent long lasting changes to rebuild their lives safely. Empowerhouse continues to avail itself of all relevant and competitive grant funding we bring into our Stafford community to help residents (Empowerhouse operates out of the Stafford Sheriff's office serving victims via partnership). We ask for your full support as a partner to help us continue this life saving work for DV victims and their children.

# Empowerhouse

## Agency Information

**Agency Name** Empowerhouse  
**Physical Address** P.O. Box 1007, Fredericksburg, VA, 22402, US  
**Mailing Address** P.O. Box 1007, Fredericksburg, VA 22402, US  
**Agency Phone Number** (540) 373-9373  
**Federal Tax ID #** 521142547  
**Web Address** <http://www.empowerhouseva.org/>  
**Agency Email Address** office@empowerhouseva.org

## Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through the 24 hour domestic violence hotline and domestic violence shelter, direct advocacy, safety planning, housing entry and stabilization, court and healthcare accompaniment assistance, and collaboration with other helping agencies. Our work also focuses on addressing the crisis and domestic violence services needs of the entire family, including children's and teens' programming, providing a Certified Batterer's Intervention Program, and educating youth in classroom based education presentations on healthy relationships and the warning signs of teen dating violence.

**Number of Years in Operation** 43

**Main Contact** Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org

**Job Title** Executive Director

## Localities Served

*Please select any/all localities your agency serves.*

**Caroline**   
**Fredericksburg**   
**King George**   
**Spotsylvania**   
**Stafford**

## Agency Collaborative Impact

**Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.**

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase. Increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children. It also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The shelters, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages over 12 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our region. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

## Agency Community Impact

*Please provide at least two examples of how the mission and vision of your agency impacts the community and overall region.*

### Example 1



Judith, name changed to protect confidentiality, called the hotline because her husband had vacated the home a week earlier and removed all funds from the bank accounts the day after he left the residence. Additionally, she reported that her phone had been “acting funny” since her husband’s departure. Judith stated that within 6 months of being married, her husband began calling her derogatory names, and within the first year of marriage he began making threats to harm her. By the second year of marriage, and after the birth of her first child, Judith experienced bruising on her arms and legs because of physical abuse. The verbal and physical abuse had continued throughout their entire relationship. Judith stated that she had never disclosed any of the abuse to her family members- shame and fear caused her to keep the information private from her support system. She was strangled, for the first time, during her fifth year of marriage, this form of abuse would happen two to three times a year. Judith and the advocate discussed the Power & Control Wheel, various tactics of abuse, and the abuse that she had experienced from her husband. The advocate shared information about technology related safety, and helped Judith formulate a plan to have her cell phone replaced, and computer accounts and passwords recreated. She was connected to the Empowerhouse Women’s Support Group as well as given a referral for a Youth Advocate to connect with her children. Judith received information about filing a Preliminary Protective Order, connecting with an attorney, filing for custody, and meeting with a Domestic Violence Detective in regard to possibly pursuing criminal charges. Additionally, she was provided gift cards for basic needs such as food and gas and placed on the food distribution list, for receipt of food deliveries from the local food bank. Judith and the advocate created an extensive safety plan and discussed ways to include her children in the process.

## **Example 2**

Lauren, name changed to protect confidentiality, called the Empowerhouse hotline out of concern regarding a prior boyfriend. They had broken up about a month earlier, per her decision, after he had shoved her up against a wall and pressed his forearm across her neck. He was now calling her constantly, texting her constantly, and showing up at her place of employment demanding to speak with her. She stated they had dated about 6 months, and after the first month he started becoming verbally abusive, calling her derogatory names and making demeaning statements about her appearance. By the third month of their relationship, he had made comments that threatened physical violence, as well as gestures such as raising his fist to her face. Lauren was very embarrassed about all of this; she did not tell her family or friends, stating “I thought I could handle it by myself, but now I am really afraid, and I can’t do this alone”. Lauren was provided advocacy support to include education about Power and Control wheel, defining domestic violence, law enforcement, criminal proceeding information, risk assessment, and extensive safety planning.

Lauren met with an Empowerhouse Court Advocate at court services and filed for a Preliminary Protective Order, which she was awarded. The Court Advocate also went with her to court for the final Protective Order, which was also awarded.

Lauren has spoken with the Court Advocate several more times since being awarded her Protective Order and has received ongoing support with the processing of her emotions, as well as continuous updating of her safety plan.

## **Example 3 (Optional)**

The family experienced horrific child abuse and domestic violence. By word of mouth, daughter, mom and siblings were referred to Empowerhouse and mom found the courage to call Empowerhouse for help. Daughter, her mom, and her siblings, came to stay at the Empowerhouse shelter. Upon entering the shelter, mom was connected with one of our bilingual/bicultural Spanish speaking advocates. The Latinx Advocate spoke with mom and explained the court process. They safety planned and discussed the level of risk as it pertains to the relationship between mom, daughter, siblings, and dad. The Advocate also explained our other support services available to her and her children. To extend support to daughter and her siblings, the Advocate asked the Children's Resiliency Advocate if she could accompany daughter and her mother to court. Mom and the Latinx Advocate believed daughter would need some additional support. The Children's Resiliency Advocate met daughter at court where they were able to talk while everyone else was in the courtroom.

The Latinx Advocate and the Children's Resiliency Advocate spent the rest of the day helping daughter and her mom in the magistrate's office, courthouse, and sheriff's office.

At the end of the day, when they were finally finished with court, daughter also asked the Children's Resiliency Advocate if she would come with her to her interview at Safe Harbor; she did not know if her mom would understand everything and she was nervous. The Latinx Advocate and Children's Resiliency Advocate both went on the day of the Safe Harbor interview to support daughter and her mom.

The youth advocate invited Allie to attend the teen girls' group on Monday nights. Allie now attends the teen girls group weekly and slowly is coming out of her shell.

## Empowerhouse - 24-Hour Domestic Violence Hotline

### Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

### General Information

**Program Name** 24-Hour Domestic Violence Hotline

**Is this a new program?** No

### Program Contact

**Name** Tammy Torres

**Title** Assistant Director

**Email** office@empowerhouseva.org

**Phone** (540) 373-9372

### Program Purpose / Description

#### Provide an overview of this program

The 24-hour domestic violence hotline, the only serving PD16, provides access to trained workers via 2 Empowerhouse numbers, one toll-free. The service opens communication to those isolated by domestic violence (DV)/ intimate partner violence. Workers validate feelings and experiences, provide risk assessment for future harm, and safety planning for the adult or teen victim and affiliated children. Safety planning (part of the service) is individually designed through analysis of the victim's past and current situation taking into consideration what the future may bring. Information on DV, shelter, agency services, law enforcement, and other community resources are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on how to file for protective orders and the various governmental entities which are available to report abuse. Via a language line-we serve over 100 languages when English is not the first language. Professionals and family members call the hotline to request information to help a victim they know and many victims call for informational purposes. Most victims calling do not realize that the abuse they are experiencing is against the law. The primary purpose of this service is to increase safety and connect to resources providing a confidential, immediate, and free response to individuals isolated by their intimate partners, and demeaned, threatened, physically harmed, and frequently in danger.

## Client Fees

### **Please describe the fees clients must pay for the services by this program.**

There are no fees for this program. Empowerhouse is an accredited domestic violence organization. Critical life-saving services for isolated and controlled victims of domestic violence must be provided regardless of ability to pay. As such and because of a mandate by Federal Funding, local domestic violence organizations are not allowed to charge fees to victims of domestic violence and their children for victim services. Diversified funding sources such as those granted by localities in combination with State and Federal funding and local contributions make it possible to provide this critical public safety life-saving service to PD 16 area citizens.

## Justification of Need

### **Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

One in 4 women experience severe physical violence by an intimate partner in their lifetime. A virginian is killed by domestic violence (DV) every 5 days. Area law enforcement officers respond to over 6,500 DV related calls annually. This hotline saves local lives through providing expertly trained and experienced workers to educate and direct callers and provide an outlet to seek help and identify the problem and danger. No other PD16 agency provides relief in the form of a DV hotline, 24 hours/day, with a worker prepared to stop all activity and focus attention on the caller on average for one hour. This is critical; a DV victim may find the opportunity and courage to reach out only once and needs us to be ready to listen, address concerns, build trust, and open a support system lacking due to isolation. Safety planning is critical and a priority with all callers. All PD16 DV victims can access the 2 local numbers (one toll-free). 2,052 callers received confidential help last year.

### **If this is a new program, be sure to include the benefits to the region for funding a new request.**

N/A

## Target Audience and Service Delivery

### **Describe the program's intended audience or client base and how those clients are served.**

DV victims, family members, friends, and concerned community members in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford call the hotline. Some callers do not provide information on their locality and are included in "other". Sometimes we respond to calls outside of PD16 especially when family who live outside of the area call for a victim who is in PD16. We answer calls after hours at the undisclosed shelter location and during business hours at the public outreach office in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms, not as hotline calls.

### **If your program has specific entry or application criteria, please describe it here.**

N/A

## **Empowerhouse - 24-Hour Domestic Violence Hotline**

### **Program Budget Narrative**

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Localities are asked to support this critical 24-hour service of response. The area population has increased and this service continues to increase each year, in fact a 32% increase during the pandemic. Providing a phone response 24 hours per day is essential for victims of domestic violence. The modest increases requested support the ability for Empowerhouse to staff the hotline after business hours, overnight and weekends. The wages for the “after hours” workers increased modestly due to the challenge of retaining crisis workers in a pandemic in a shared challenge of a tight labor market.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Localities supporting this crisis 24-hour services makes good sense for supporting people in our communities. With population increases and with the challenges of the pandemic, domestic violence victims need to reach services 24 hours per day. Empowerhouse does not want to experience a gap in coverage due to an inability to staff this essential resource due to lack of funding especially while demand is increasing.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

n/a

## Empowerhouse - 24-Hour Domestic Violence Hotline

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel					59,055.00		66,583.00
Benefits					7,404.00		8,299.00
Operating Expenses					7,920.00		7,730.00
Capital Expenses					0.00		0.00
Total	0.00	0.00	0.00	0.00	74,379.00	0.00	82,612.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline					215.00		268.00
Fredericksburg					668.00		1,022.00
King George					0.00		268.00
Spotsylvania					3,165.00		4,141.00
Stafford					2,429.00		4,141.00
United Way					0.00		0.00
Grants					57,513.00		31,901.00
Client Fees					0.00		0.00
Fundraising					2,389.00		14,871.00
Other (Click to itemize)	0.00	0.00	0.00	0.00	8,000.00	0.00	26,000.00

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Contributions					8,000.00		26,000.00
Total	0.00	0.00	0.00	0.00	74,379.00	0.00	82,612.00

**Surplus / Deficit**

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	0.00

## **Empowerhouse - 24-Hour Domestic Violence Hotline**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

Empowerhouse maintains MOUs and cooperative agreements with multiple nonprofit and governmental entities to benefit DV survivors and their children including but not limited to 5 localities of law enforcement, prosecutors, victim/witness offices, Legal Aid Works, Mary Washington Healthcare, homelessness providers, and RCASA. Our staff participate in an area DV Coordinating Council that includes the aforementioned and additionally the public defender's office, RACSB, DSS, community based probation, Safe Harbor, Quantico Family Advocacy, and human trafficking workers. Our DV hotline and 24 hour response services are widely promoted through the coordinating body, through the CoC, and via training for first responders (including EMS, fire and rescue, state and military police), healthcare, churches, and all service providers who frequently come in contact with DV victims and their families. Each Empowerhouse program focuses on unique partnerships some of which serve more than one program.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

Phone planning makes a huge difference to DV victims' safety, ongoing economic struggles and coercion faced: pressure to return home where the abuser attempts to regain control so the abuse can continue unchallenged and unfettered. Without this program, victims would have no one with whom to discuss confidentially this in incremental steps and say, "Did you realize this behavior is against the law?" or "I am concerned for your safety." There would be no-one to call at night, when officers are on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Communities everywhere value confidential and 24 hour access locally because victims are more likely to call if they know they can do so safely as their information is not shared and decisions are not made for them. Dedicating time to the hotline by 24 hour workers who perform other DV functions is an efficient way to respond quickly, expertly, and with dedication to DV victims.



## Empowerhouse - 24-Hour Domestic Violence Hotline

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City					547		540
Caroline County					75		70
King George County					99		90
Spotsylvania County					623		620
Stafford County					443		440
Other Localities					265		260
Total	0	0	0	0	2,052	0	2,020

# Empowerhouse - 24-Hour Domestic Violence Hotline

## [View Diagram](#) Goals and Objectives

### Goals

#### Goal:

Enhance the support of victims of domestic violence and their children to decrease exposure to and effects of violence. DV victims will receive attention to planning for their safety while on a hotline call and callers to the hotline will receive the information they are requesting.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>At least 70% of victims of domestic violence calling the 24 hour domestic violence hotline knows more ways to plan for their safety.</b>	Total # Clients Served		1,328		1,250			1,250
	Total # Clients Achieved/Successful		1,109		875			875
	% Achieved / Successful	0	83.51	0	70	0	0	70
<b>At least 65% of hotline callers (victims, family members, friends, concerned individuals in the community) will take a brief satisfaction survey rating information provided.</b>	Total # Clients Served		1,307		1,250			1,250
	Total # Clients Achieved/Successful		1,296		875			875
	% Achieved / Successful	0	99.16	0	70	0	0	70
<b>At least 95% of callers taking</b>	Total # Clients Served		1,347		1,300			1,300

<b>the brief satisfaction survey will state they received the information requested.</b>	Total # Clients	1,337	910	910
	Achieved/Successful			
	% Achieved / Successful	0 99.26	0 70	0 0 70

### Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

### Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes planned.

If you are restating the goals or objectives for the prior calendar year, please include those here

N/A

### Goal:

To enhance the support of victims of domestic violence and their children to decrease exposure to and effects of intimate partner abuse and violence. Empowerhouse workers listen to callers concerns, provide active listening, provide information on dynamics of DV and the free confidential resources through domestic violence programs, Empowerhouse, such as domestic violence shelter, availability of 24-hour hotline, support/education groups, court accompaniment, and safety planning on-going.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>At least 70% of individuals making victim related (victim, family &amp; friend) calls to the hotline are</b>	Total # Clients Served		1,328		1,250			1,250
	Total # Clients Achieved/Successful		1,328		875			875
	% Achieved / Successful	0	100	0	70	0	0	70

more informed about the dynamics of domestic violence and services available through domestic violence programs.

<b>At least 70% of individuals who call the hotline are given referrals to community resources to increase their capacity to acquire resources needed to live a violence-free life.</b>	Total # Clients Served	2,052	2,000			2,000
	Total # Clients Achieved/Successful	1,587	1,400			1,400
	% Achieved / Successful	0 77.34	0 70	0	0	70

### Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

### Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for the prior calendar year, please include those here

N/A



# Empowerhouse - Domestic Violence Education and Supports

## Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

## General Information

**Program Name** Domestic Violence Education and Supports

**Is this a new program?** No

## Program Contact

**Name** Mendy Pierce

**Title** Grants Manager

**Email** mendyp@empowerhouseva.org

**Phone** (540) 373-9372

## Program Purpose / Description

### Provide an overview of this program

We provided in-person domestic violence (DV) education and supports to 683 adults at our public offices, court, support groups, and at health offices last year. 43 years ago, police and social workers had nowhere to send a mom (and her children) if beaten in her own home. Community members founded RCDV, now Empowerhouse, an accredited DV services organization, the only one locally, one of 55 in Virginia, providing free and confidential trauma informed services to DV victims including: risk assessment, education on impact & risks posed to self, to children-and to physical and mental health, services in Spanish, safety planning, legal remedies, and groups. Court advocates are in PD16 Juvenile & Domestic Court for regular DV criminal docket days or by request of victims, attorneys, or court services and help DV victims face their abusive partners in trials. They help with emotional support, filing, education, referrals, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful or not, and as they move past court proceedings. Latina advocacy assists with a network to help navigate language barriers and culturally unfamiliar systems. In group, victims learn about the impact of DV on their lives and reduce isolation through peer and worker support. Workers assist identified victims in healthcare settings as requested by victims and professionals.

## **Client Fees**

### **Please describe the fees clients must pay for the services by this program.**

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence for victim services. The majority of victims of domestic violence come to Empowerhouse without a name for what they are suffering and they do not assertively seek services. Many question whether they deserve to receive services because they are conditioned to believe they are not worth anything. We find that domestic violence victims frequently say they are unsure of whether they are calling/visiting the right place and go on to say that someone else may need Empowerhouse services more than they do. Fees for services would present one additional barrier which would make the services less accessible to them than is already the case based on their own self screening resulting from the isolation and the severe attacks to their self-worth. Removing barriers to services saves lives.

## **Justification of Need**

### **Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

Negotiating safely away from abuse is complex and challenging. Once the secret's out, much work is ahead for DV survivors, experts of their horrific situations. They continuously weigh options and competing needs, seeking an end to violence in a way safest for their family. Often certain safety is unattainable for them and their children since they are not the ones in control of stopping the abuse, stalking, and control their partners maintain and escalate once they leave. They strive for best decisions despite limited choices posing both benefits and risks in implementation. One in 4 women experience severe intimate partner violence in their lifetime. Every 5 days DV kills a Virginian, more while leaving than those living in abuse, underscoring the escalating danger while trying to end DV. Area law enforcement respond to over 6500 DV calls/year. With our help, victims assess risk & learn DV impact, legal remedies, safety planning, and community resources. They seek freedom from abuse.

### **If this is a new program, be sure to include the benefits to the region for funding a new request.**

N/A

## **Target Audience and Service Delivery**

### **Describe the program's intended audience or client base and how those clients are served.**

DV adult victims in need of services: every socio economic background, religion, education level, age, race, ethnicity, language, gender, profession, etc. We serve 24hrs/day regardless of locality. Police and courts refer to services at the Spotsylvania outreach office, the Spotsylvania Court Intake office, our King George & Stafford satellite offices within the Counties' Sheriff's Offices, or by phone. Victims appear in courts for DV criminal cases, or at health offices where we are located or respond. Daily our advocates are in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford courts. Support groups-2 hours weekly at churches. Providing the only free and confidential support & accompaniment services strictly to help DV victims, we often save lives by helping assess risk, obtain protective orders, and safety plan. Learning they are not to blame and not alone, they see abuse is not the norm and not deserved. With help, they gain a support system and achieve many goals.

### **If your program has specific entry or application criteria, please describe it here.**

N/A



# Empowerhouse - Domestic Violence Education and Supports

## Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

On top of the traditional supports, Empowerhouse is in a collaborative Federal grant project with Mary Washington Healthcare in its fourth year. Empowerhouse is the grantee and we pay for a full-time forensic nurse examiner which aids victims of violence reporting to the emergency department. This increases the number of victims of violence able to be seen to include domestic violence, child abuse, and sexual assault. This budget increases the forensic nurse from 1 to 1.5 FTEs with Federal grant funding. Empowerhouse is beginning in the FY 2022 with Stafford County Sheriff's Office a new protocol to respond immediately to survivors by phone from the scene when identified as high risk through validated risk questions. This best practice is occurring in half of the localities of the Commonwealth. This budget contains a full-time position dedicated to Spotsylvania victims in partnership with the Spotsylvania Sheriff's Office through new Federal grant funding.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Funding the current and increased forensic nurse examiner guarantees 24/7/365 coverage for patients reporting as violence victims and also all jurisdictional law enforcement, courts, and the nonprofits serving these victims like Empowerhouse, RCASA, and Safe Harbor. Furthermore, Empowerhouse and partners brought the strangulation institute to Fredericksburg and trained professionals from all jurisdictions to include half of the MWHC emergency department staff, most of the Stafford Sheriff's Office sworn personnel, and the entire Stafford County Commonwealth's Attorney's Office and Victim Witness staff. This increased identification, treatment, and advanced support for the highest at-risk victims in all jurisdictions as strangulation increases homicide risk 1,000 times over. Without support for the existing (King George, Stafford, MWHC) and new initiatives (MWHC and Spotsylvania), violence victims and their children would remain isolated in their trauma, diminished and in danger.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

The primary increases to personnel in this program is the increase from one full-time forensic nurse (Empowerhouse pays for through a grant) for MWHC to 1.5 FTE forensic nurse examiner. Empowerhouse is also beginning through a grant partnership, the dedicated Spotsylvania Empowerhouse domestic violence advocate in partnership with Spotsylvania County and the Spotsylvania Sheriff's Office. Empowerhouse continues its partnership with the King George and Stafford Sheriff's Offices through Empowerhouse dedicated spaces and personnel in their offices. Locality support for these current and increased services and their scope of depth and breadth of services through meaningful collaboration and in an expanding population base is essential in these forward thinking human services, health, and public safety delivery model.

## Empowerhouse - Domestic Violence Education and Supports

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel	333,404.00	430,045.00	416,375.00	417,217.00	431,071.00	417,513.00	542,904.00
Benefits	52,854.00	56,224.00	51,674.00	47,799.00	46,076.00	47,899.00	54,606.00
Operating Expenses	50,232.00	59,371.00	66,762.00	51,265.00	56,860.00	57,142.00	61,375.00
Capital Expenses		0.00	0.00	0.00	0.00	0.00	0.00
Total	436,490.00	545,640.00	534,811.00	516,281.00	534,007.00	522,554.00	658,885.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	1,638.00	1,733.00	1,773.00	1,541.00	1,545.00	1,713.00	2,130.00
Fredericksburg	5,083.00	5,379.00	5,503.00	4,783.00	4,795.00	6,734.00	8,114.00
King George	0.00	0.00	0.00	0.00	0.00	1,684.00	2,130.00
Spotsylvania	19,639.00	21,823.00	22,325.00	22,665.00	22,722.00	25,991.00	32,882.00
Stafford	17,710.00	19,563.00	20,012.00	25,727.00	17,439.00	25,991.00	32,882.00
United Way	35,393.00	37,939.00	41,283.00	37,024.00	37,035.00	37,024.00	38,048.00
Grants	283,316.00	390,965.00	390,987.00	372,388.00	395,317.00	358,188.00	452,198.00
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Fundraising	8,712.00	8,238.00	10,928.00	10,153.00	13,154.00	20,229.00	39,501.00
Other (Click to itemize)	65,000.00	60,000.00	42,000.00	42,000.00	42,000.00	45,000.00	51,000.00
Local Contributions	65,000.00		42,000.00	42,000.00	42,000.00	45,000.00	51,000.00
Local contributions received to be spent in following year							
Local Contributions		60,000.00					
Local contributions received to be spent in following year							
<b>Total</b>	<b>436,491.00</b>	<b>545,640.00</b>	<b>534,811.00</b>	<b>516,281.00</b>	<b>534,007.00</b>	<b>522,554.00</b>	<b>658,885.00</b>

### Surplus / Deficit

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	1.00	0.00	0.00	0.00	0.00	0.00

# **Empowerhouse - Domestic Violence Education and Supports**

## **Collaborative Impact**

### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

Churches-support groups & other. Memoranda of Understanding- governmental & non to coordinate services to promote DV victims health and safety: 5 jurisdictions: Law Enforcement-work with officers, seek safety & justice, co-location of work space, & provide cross training; Quantico MB & victim/witness-at court and staff cases for best outcomes, training & plan events; prosecutors- seek assistance during trials and when abuser has elevated risk behaviors toward victim or worker; J & DR Court Intake & Clerks-to help victims file protective orders (PO), custody, etc.; Social Service Departments- coordinate- expedite benefits and support services for children; Probation-coordinate victim safety related to offender accountability; LAW-prioritize assisting income eligible DV victims with lawyer or advice-civil proceedings: POs, custody, undocumented victims; UMW-campus victims; coordinate DV support and training in health settings w/RCASA, MWH Forensic Services, EDs, & health offices.

### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

If dissolved: DV Victims often believe there is nowhere to turn but to their abusers which was the case 43 years ago. They would have no free educational support group where they learn from prepared topics and other peer group members facing similar trauma and would have no expanded support system. They would not learn how to spot abusive behaviors or what healthy relationships look like-gaining communication skills for future relationships. No one would train their healthcare providers to screen routinely and safely for DV offering a lifeline to an immediate advocate. They would not be repeatedly accompanied to all court hearings when they bravely face a person who professed to love them but instead had terrifying behavior and who remains a symbol of fear or an actual threat. Homicides and suicides of men and women, injuries, and child fatalities would increase; and increased risk of harm would befall emergency responders who would be called to continuing escalated situations.

## Empowerhouse - Domestic Violence Education and Supports

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	128	134	133	124	116	100	100
Caroline County	95	77	72	49	25	35	20
King George County	40	135	131	122	75	110	50
Spotsylvania County	395	402	447	363	258	300	200
Stafford County	429	413	401	244	206	300	150
Other Localities	29	41	26	25	10	25	10
Total					690		530

# Empowerhouse - Domestic Violence Education and Supports

[View Diagram](#) Goals and Objectives

## Goals

### Goal:

Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>Provide assistance and support through a variety of support groups to 175 female victims of domestic violence meeting 2 hours each week/group during non-pandemic times.</b>	Total # Clients Served	175	95	50	95			95
	Total # Clients Achieved/Successful	175	95	50	95			95
	% Achieved / Successful	100	100	100	100	0	0	100
<b>At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.</b>	Total # Clients Served	1,180	642	500	600			600
	Total # Clients Achieved/Successful	826	515	350	450			450
	% Achieved / Successful	70	80.22	70	75	0	0	75

## Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

**Updates for FY2018**

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

N/A

If you are restating the goals or objectives for the prior calendar year, please include those here

N/A

**Goal:**

Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>To accompany and assist 600 victims of domestic violence in area Juvenile and Domestic violence Courts and healthcare settings.</b>	Total # Clients Served	600	251	300	300			450
	Total # Clients Achieved/Successful	600	251	300	300			450
	% Achieved / Successful	100	100	100	100			100
<b>To provide support and education services to 175 Hispanic/Latina victims of domestic violence in their primary language with the support of bilingual/ bi-</b>	Total # Clients Served	175	219	150	200			200
	Total # Clients Achieved/Successful	175	219	150	200			200
	% Achieved / Successful	100	100	100	100			100

**cultural  
advocates.**

**Explanation & Overview**

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

The pandemic hindered in-person services; courts were shut-down and hospitals prevented visitors from entering unnecessarily in order to maintain a safe and healthy environment. Much of our court and healthcare advocacy was provided over the phone when it was safe to speak with with clients.

**Updates for FY2018**

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

N/A

**If you are restating the goals or objectives for the prior calendar year, please include those here**

N/A

**Goal:**

**Survivors of domestic violence prioritize their own and their children's health, wellness, security, and safety.**

<b>Objectives</b>		<b>2020 Baseline</b>	<b>2020 Year End</b>	<b>2021 Baseline</b>	<b>2021 Year End</b>	<b>2022 Baseline</b>	<b>2022 Year End</b>	<b>2023 Baseline</b>
<b>At least 70% of surveyed survivors of domestic violence know more about community resources after participating in court advocacy, health accompaniment, Latina advocacy,</b>	Total # Clients Served	100	19	50	30			50
	Total # Clients Achieved/Successful	70	17	35	21			35
	% Achieved / Successful	70	89.47	70	70			70



and/or support groups.

---

<b>At least 85% of surveyed survivors of domestic violence felt more hopeful about their future as a result of participating in the domestic violence education and support services.</b>	Total # Clients Served	100	20	50	20
	Total # Clients Achieved/Successful	85	19	43	16
	% Achieved / Successful	85	95	86	80

### **Explanation & Overview**

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

The pandemic has greatly impacted our ability to safely provide in-person services whether in support group, at court, health care setting, or Latina advocacy. Despite the limitations on in-person support group, we do offer a virtual support group which allows clients to safely access support through a virtual setting.

### **Updates for FY2018**

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

N/A

**If you are restating the goals or objectives for the prior calendar year, please include those here**

N/A

# Empowerhouse - Children Exposed to Domestic Violence

## Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

## General Information

**Program Name** Children Exposed to Domestic Violence  
**Is this a new program?** No

## Program Contact

**Name** Mendy Pierce  
**Title** Grants Manager  
**Email** mendyp@empowerhouseva.org  
**Phone** (540) 373-9372

## Program Purpose / Description

### Provide an overview of this program

Research indicates that children exposed to domestic violence (DV) are at risk of adverse health effects and diminished quality of life over their lifespan due to traumatic exposures associated with witnessing DV. Empowerhouse builds resiliency by supporting these children with safe, stable, and nurturing adults and environments and DV prevention strategies. We provide trauma informed services for children at our groups, our shelter, while in housing services, through court accompaniment and through safety and exit strategies for their parents. As children participate in trauma informed educational services: children's and teen groups, A Windows Between Worlds art workshops, school based groups (when requested or arranged) or individual support at the Empowerhouse office, shelter and housing they begin to learn they are not alone and not to blame for violence frequently witnessed and often experienced directly in their homes. Safety planning and building their capacity (coping strategies, boundaries, communication, feelings exploration) are concrete skills they build through this program. We expanded services to DV exposed children with a new child resiliency advocate. (Related activities but not included in this program: Engagement of teen councils & college students; education on healthy relationships & warning signs of teen dating violence in area middle & high school classrooms now expanded to elementary schools, a free service.

## Client Fees

### **Please describe the fees clients must pay for the services by this program.**

All of the children's services for victims and their families are provided free of charge as required by accreditation of local domestic violence programs and Federal funders to provided free services to victims of domestic violence and their children. The only fees for services at Empowerhouse are those that have an intervention focus, an effort to stop violent behavior by the perpetrator in the relationship. There is a nominal fee charged to the teen boy's education/intervention group. Many participants are court referred related to violence they have used in their family or interpersonal relationships. There is a \$100 fee for the 12 week education group. The fee has been waived for families demonstrating financial hardship. The Forgotten Victims children's groups are mixed gender groups for children ages 2-4, 5-8, 9-12 and are free of charge.

## Justification of Need

### **Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

Research shows that children exposed to domestic violence (DV) will negatively impact that performance of every child in a school classroom. A child or youth's ability to interact positively with others, self-regulate their behavior, and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development creates extra stress for families; early identification and assistance for parents and children head off negative results and keep development on track. Based on national prevalence studies, it is estimated that 10,000 children in our PD16 community witness family violence each year. Children coping with DV need the trauma informed education/support individually and in groups provided by this program to help them express their feelings and words to communicate what they are facing. Services and facilities keep children safe and positively impact their health and well-being.

### **If this is a new program, be sure to include the benefits to the region for funding a new request.**

N/A

## Target Audience and Service Delivery

### **Describe the program's intended audience or client base and how those clients are served.**

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in Caroline, Fredericksburg, King George, Spotsylvania and Stafford are served by this program. Local children of all ages in our local community's only DV shelter receive concrete support to navigate the disruption in their family and school environments including schoolwork, school supplies, and communication with transportation, teachers, and counselors. We provide individual and group attention at shelter, at the outreach office, and at donated space at local churches for 0-17 years old. In addition to emotional support and education, their needs are assessed and they receive assistance to address emergency needs, referrals for medical, mental health and social services among others. Children and Teen groups (2 hours/week in 8-12 week cycles) are held at Fredericksburg located churches, at Empowerhouse public outreach office in Spotsylvania, and on occasion- in area schools.

### **If your program has specific entry or application criteria, please describe it here.**

N/A



# Empowerhouse - Children Exposed to Domestic Violence

## Program Budget Narrative

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Modest increased locality support is requested in personnel. Personnel is expected to increase as a result of filling vacant positions that accumulated over time operating in a pandemic. Empowerhouse had been increasing support to children and youth as part of the strategic plan. Staffed up before the pandemic, Empowerhouse was able to dedicate support to children isolated during the pandemic from schools, friends, and extended family compounding the isolation living in households experiencing domestic violence. These concentrated supports pivoted to shelter and housing children to include deliveries, weekly check-ins, connecting them with technology when unable to communicate with their schools during the shutdown, and the provision of food, health, social and play supports. Empowerhouse is re-hiring and staffing-up to fill vacancies which will allow continued expansion as we assist children at court, at schools and the Empowerhouse outreach office as everything continues to open up.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

Moms inform Empowerhouse of the benefit of these services in keeping their children engaged and looking forward to something during the pandemic. It is easily observed the joy on children's faces as they claim their own advocate and experience relief and well-being as they engage with their advocate. These bonds help children stay connected, remain assessed for other services and support a trusting relationship with their parents which facilitate engagement in other community services. Empowerhouse child clients encounter high adverse childhood experiences. Trusted adults help mitigate long lasting ill health impacts and support their resilience through adversity. Advocates help them obtain coping, communication, and social skills. They identify and express feelings. They practice skills with siblings and friends and report to their trusted adult on their results. Without funding and services, children do not receive the support they need in their developing years.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

The positions/hours are not new. They were in the budget but were not 100% filled over the past year and a half.

## Empowerhouse - Children Exposed to Domestic Violence

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel	56,834.00	103,368.00	83,870.00	102,923.00	108,814.00	103,000.00	116,218.00
Benefits	7,388.00	17,635.00	14,659.00	17,091.00	14,873.00	17,116.00	15,216.00
Operating Expenses	8,351.00	14,774.00	14,054.00	13,231.00	14,739.00	14,747.00	13,568.00
Capital Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	72,573.00	135,777.00	112,583.00	133,245.00	138,426.00	134,863.00	145,002.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	272.00	431.00	373.00	398.00	401.00	442.00	471.00
Fredericksburg	845.00	1,339.00	1,158.00	1,234.00	1,243.00	1,738.00	1,794.00
King George	0.00	0.00	0.00	0.00	0.00	435.00	471.00
Spotsylvania	3,265.00	5,430.00	4,700.00	5,849.00	5,890.00	6,708.00	7,269.00
Stafford	2,944.00	4,868.00	4,213.00	6,640.00	4,521.00	6,708.00	7,269.00
United Way	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Grants	26,492.00	75,532.00	68,359.00	84,240.00	92,933.00	80,540.00	94,865.00
Client Fees	650.00	650.00	350.00	100.00	0.00	250.00	0.00
Fundraising	18,105.00	22,527.00	5,830.00	7,000.00	6,439.00	10,042.00	5,863.00

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Other (Click to itemize)	20,000.0 0	25,000.0 0	27,600.0 0	27,784.0 0	27,000.0 0	28,000.0 0	27,000.0 0
Local contributions	20,000.0 0		27,600.0 0	27,784.0 0	27,000.0 0	28,000.0 0	27,000.0 0
Local contributions		25,000.0 0					
<b>Total</b>	<b>72,573.0 0</b>	<b>135,777. 00</b>	<b>112,583. 00</b>	<b>133,245. 00</b>	<b>138,427. 00</b>	<b>134,863. 00</b>	<b>145,002. 00</b>

**Surplus / Deficit**

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	0.00	0.00	0.00	1.00	0.00

## **Empowerhouse - Children Exposed to Domestic Violence**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

Empowerhouse children's coordinator, services director, resiliency programming coordinator, and child resiliency advocate work closely with the Juv. & DR Relations Court Services' Units, the Office on Youth + group home, youth detention center, Head Start, the schools related to child IEPs, arranging transportation to school of origin, counselors, teachers, administrators, and social workers in schools identifying children witnesses and those who may need services, and also work closely with the school based McKinney-Vento homeless children liaisons, departments of social services child protective services. Area law enforcement, University of Mary Washington, National Counseling Group, Catholic Charities, RACSB Healthy Families, additionally are linkages with Empowerhouse workers regarding child services. We stock libraries and schools with brochures and in October display the Clothesline Project in every library. We are active participants in the Collaborative for Youth and Families.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

When victims are able to break free (not always within their control; sometimes they are murdered in the process), child abuse decreases if a byproduct of partner violence, but not if an abuser is a predator and gains full access to a child during custody/visitation (at which time the protective parent would not be present). With no avenue for protective parents to seek DV help, more children would be direct child abuse victims. We ensure fewer children enter care systems otherwise needed to step in for child injuries, danger, neglect, or lack of dwelling. Current in DV National trends, we ensure best practices for our community. As a DV program, we have access to A Window Between Worlds art project database specific to DV work with exposed children. Empowerhouse mission and 24 hour services define us uniquely as responders to child DV witnesses including ones not victimized by code defined child abuse/neglect. Without this program, child DV witnesses would fall through the cracks.



## Empowerhouse - Children Exposed to Domestic Violence

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	46	53	67	61	18	45	30
Caroline County	13	24	20	8	18	10	15
King George County	15	15	20	17	11	15	15
Spotsylvania County	111	129	124	119	58	100	75
Stafford County	142	117	113	97	57	100	75
Other Localities	11	16	18	20	16	15	15
Total					178		225

# Empowerhouse - Children Exposed to Domestic Violence

[View Diagram](#) Goals and Objectives

## Goals

### Goal:

Children exposed to domestic violence are socially and emotionally competent as a result of Empowerhouse domestic violence children's services.

### Objectives

		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>75% of adult survivors with minor children responding to the DOW survey report that because of services received, their children know that it's okay to talk about their experiences with violence.</b>	Total # Clients Served	100	32	75	50			100
	Total # Clients Achieved/Successful	75	28	60	40			80
	% Achieved / Successful	75	87.50	80	80			80
<b>75% of adult survivors with minor children responding to the DOW survey report that because of services received, they feel that their children are having more positive interactions with others.</b>	Total # Clients Served	100	30	70	50			100
	Total # Clients Achieved/Successful	75	28	53	40			80
	% Achieved / Successful	75	93.33	75.71	80			80

## Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

The pandemic put a halt to how we provided in-person services to children and youth; all children's groups were halted. The Youth team advocates created a plan that would allow supportive services to be provided to children with the help and input of the parent. They provide crisis and trauma informed support and information and link child and parent with community resources. A meeting schedule is established; virtual, or phone calls. During these calls or video chats, advocates provide education on topics such as: bullying, web safety, boundaries (family/friends), self-control, feelings, communication skills, self-esteem, stress and anger, and time management. This has led to trusting relationships between parent and advocate and child and advocate. Children share their concerns and struggles with their advocate. When children who have experienced or witnessed various levels of abuse in the home, having an additional trusted adult in their lives is vital to their emotional growth.

## Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

N/A

**If you are restating the goals or objectives for the prior calendar year, please include those here**

N/A

### Goal:

**Ensure crisis and support services are provided to child witnesses of domestic violence and court referred teens in need of violence intervention.**

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>Provide shelter services and case management to 155 child witnesses of domestic violence in domestic violence shelter and housing.</b>	Total # Clients Served	155	149	155	149			150
	Total # Clients Achieved/Successful	155	149	155	149			150
	% Achieved / Successful	100	100	100	100	0	0	100

<b>Provide group education, support, and activities to 180 child and teen witnesses of domestic violence and teen perpetrators of violence. (135 children, 35 tweens/teens, 10 teen boys referred for intervention)</b>	Total # Clients Served	180	0	75	50			75
	Total # Clients Achieved/Successful	180	0	75	50			75
	% Achieved / Successful	100	0	100	100	0	0	100

### Explanation & Overview

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

Some limited group services were provided resulting in low numbers during the pandemic year. Empowerhouse engaged with children robustly in other ways than groups. Teen groups have begun to resume but children's groups are still not in person. We planned for a September re-opening of in-person groups but cancelled due to the Delta variant and community spread. Groups will open again when it is safe this year.

### Updates for FY2018

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

n/a

**If you are restating the goals or objectives for the prior calendar year, please include those here**

n/a

# Empowerhouse - Domestic Violence Housing Supports

## Program Overview

*You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.*

*When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.*

*You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.*

## General Information

**Program Name** Domestic Violence Housing Supports  
**Is this a new program?** No

## Program Contact

**Name** Kathy Anderson  
**Title** Executive Director  
**Email** kathya@empowerhouseva.org  
**Phone** (540) 373-9372

## Program Purpose / Description

### Provide an overview of this program

This area's only domestic violence (DV) shelter is a multi-family residence in 10,000 square feet commercial building: 9 suites, 15 bedrooms, large dining room with 3 kitchens, playroom with laundry area, computer/job help center, and victim services center to provide for safety and protection of DV victims and their children. Safety planning is individually designed through exploration of past and current situations and examining the future. Fleeing often results in homelessness. We spend cash assistance for victims to enter and maintain in their own rentals dedicating staff and an RGI employment specialist to support housing and financial stability goals. 30 adults and children at one time stay up to 2 months (average 1 month) at the Empowerhouse shelter, a break from the danger and oppression in their home, or transitioning to independence. We help obtain protective orders; some return home with court restriction on the offender. Provision of emergency resources, emotional support, linking families to community resources, including but not only legal, housing, social services, medical, mental health, school, education, family, faith, financial, etc. Last year, we permanently housed 108 (42 adult survivors and 66 children) and sheltered 278 (149 children; 129 DV victims). We have increased grant funding to aid us in housing more DV survivors and fast track applications for disability benefits.

## Client Fees

**Please describe the fees clients must pay for the services by this program.**

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services. The financial aid supporting victims in their own housing provides rent in its entirety for the first three months. Subsidies continue for a year or more. Survivors of domestic violence begin paying their portion of rent directly to their land lord as they stabilize in housing and continue to change their circumstances.

**Justification of Need**

**Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.**

PD16 area law enforcement respond to over 6,500 DV calls each year. DV victims enter emergency housing to alleviate their crisis. This saves lives and provides needed relief from volatile and dangerous violence at home. No other PD16 program provides DV shelter. Qualifying PD16 victims and their children are guaranteed overnight accommodation by Empowerhouse when requested if experiencing danger. All PD16 residents requesting, after eligibility assessment, are welcomed to shelter. If full, we transport to out of area DV shelters if requested. We shelter in other sites if in PD16 victims in danger when other facilities cannot be arranged. We also place in rentals with financial and staff support to regain housing and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. Last year we provided 7,284 bed nights to shelter DV victims and 30,995 bed nights in their own permanent housing through rental subsidies we provided.

**If this is a new program, be sure to include the benefits to the region for funding a new request.**

N/A

**Target Audience and Service Delivery**

**Describe the program's intended audience or client base and how those clients are served.**

Primarily female domestic violence (DV) victims and their children in PD16 are sheltered and/or rehoused. In shelter with 15 locked bedrooms, and 9 locked multi-bedroom suites, survivors receive space, time, and support to heal, think, and plan. When needed, men are sheltered in emergency situations and/or have become homeless, recently, as a result of the DV. For safety reasons, the shelter is in an unpublicized area location. Shelter is offered for up to 2 months. We place people in housing from all over the area and in rentals all throughout the area per their unique needs. The financial assistance helps them overcome barriers to entering housing and stabilizes them while on-going Empowerhouse and RGI employment specialist's services support their efforts. If interested, we help them pursue education with scholarship and financial support to regain their safe and independent lives.

**If your program has specific entry or application criteria, please describe it here.**

Victims are interviewed using a shelter assessment prior to entering our domestic violence shelter. PD16 residents are offered shelter regardless of neighborhood or jurisdiction. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in that year. It is unusual for persons to request multiple stays within one year.

## **Empowerhouse - Domestic Violence Housing Supports**

### **Program Budget Narrative**

**Please indicate in detail reasons for increases or decreases in the amounts you are requesting.**

Overall the use of alternative sheltering accommodations to support social distancing during the pandemic is expected to decrease and substantially decreases in 2023 part of the operating portion of the budget. The personnel is expected to increase as a result of filling vacant positions that accumulated over the time of operating in a pandemic. The program is requesting level or slight increases in the support from localities as we continue to provide robust services to shelter and house area victims of domestic violence and their children from all jurisdictions in the planning district.

**If an increase is being requested, please describe the impact not receiving an increase would have on the program.**

While the increase is slight compared with other programs, the locality support allows Empowerhouse to provide these critical life-saving supports to domestic violence victims and their children. When victims need to leave their homes, even in the middle of the night, Empowerhouse receives them and helps them decrease the crisis and begin to stabilize their lives. This service intervenes in violent situations and stops the future occurrence of violence in the lives of victims and their children otherwise trapped in these situations.

**In particular, please describe in detail if any increase is sought for new positions or personnel.**

n/a

## Empowerhouse - Domestic Violence Housing Supports

### Program Specific Budget

*In the boxes below provide program specific administrative costs associated with this program for FY 2023. Please also provide updated FY 2021 Actuals. Data has been rolled over from previous fiscal year application submissions.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Personnel	340,066.00	357,940.00	311,959.00	386,449.00	354,359.00	385,930.00	413,123.00
Benefits	72,384.00	73,348.00	71,862.00	75,635.00	78,135.00	75,459.00	76,250.00
Operating Expenses	430,035.00	402,737.00	558,991.00	580,415.00	558,874.00	575,130.00	487,810.00
Capital Expenses		30,000.00	39,623.00	55,000.00	110,656.00	55,000.00	20,000.00
Total	842,485.00	864,025.00	982,435.00	1,097,499.00	1,102,024.00	1,091,519.00	997,183.00

### Program Specific Revenue

*In the section below please provide revenue specifically associated with your program for FY 2023. Please also provide updated FY2021 Actuals. Data has been rolled over from previous fiscal year application submissions. The revenue in this section supports the implementation of your program and the services provided to the community.*

	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2021 Actual	FY 2022 Budget	FY 2023 Budget
Caroline	2,462.00	2,128.00	2,285.00	2,440.00	2,463.00	2,660.00	2,381.00
Fredericksburg	7,639.00	6,604.00	7,091.00	7,573.00	7,644.00	10,458.00	9,070.00
King George	0.00	0.00	0.00	0.00	0.00	2,615.00	2,381.00
Spotsylvania	29,518.00	26,794.00	28,767.00	35,888.00	36,224.00	40,364.00	36,755.00
Stafford	26,618.00	24,019.00	25,787.00	40,738.00	52,801.00	40,364.00	36,755.00
United Way	39,539.00	38,060.00	39,894.00	7,476.00	3,502.00	7,476.00	3,952.00
Grants	535,968.00	607,497.00	757,477.00	803,246.00	843,786.00	759,046.00	689,910.00



	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2021 Actual</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	60,741.00	58,923.00	56,134.00	60,138.00	35,604.00	80,536.00	77,979.00
Other (Click to itemize)	140,000.00	100,000.00	65,000.00	140,000.00	120,000.00	148,000.00	138,000.00
Local Contributions	140,000.00		65,000.00	140,000.00	120,000.00	148,000.00	138,000.00
Local Contributions received to be spent in following year							
Local Contributions		100,000.00					
Local Contributions received to be spent in following year							
<b>Total</b>	<b>842,485.00</b>	<b>864,025.00</b>	<b>982,435.00</b>	<b>1,097,499.00</b>	<b>1,102,024.00</b>	<b>1,091,519.00</b>	<b>997,183.00</b>

### Surplus / Deficit

	<b>FY 2019 Actual</b>	<b>FY 2020 Budgeted</b>	<b>FY 2020 Actual</b>	<b>FY 2021 Estimate</b>	<b>FY 2022 Budget</b>	<b>FY 2023 Budget</b>
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	0.00

## **Empowerhouse - Domestic Violence Housing Supports**

### **Collaborative Impact**

#### **Efforts and Partnerships**

**Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.**

Law enforcement, where Empowerhouse staff are placed, connects many DV victims to our shelter. RGI supplies an Empowerhouse trained employment specialist to support housed DV victims in new homes (job search, applications, promotions, computer skills; overcome transportation and other barriers; retain employment). RGI supports 2 Empowerhouse job help centers we staff. COC (homeless coalition) Housing Partners play roles sharing a housing locator and prevention from homelessness. Partners: GWRC coordinates; Micha picks up and delivers donated furniture. Subject to resources, each partner re-houses the homeless: Empowerhouse DV victims-female headed families accompanied by children or unaccompanied; Micha- chronically homeless single adults, Hope House- Families, TBC from shelter. We partner with Workforce Center and Women's Independent Scholarship Program on employment and education for survivors in this program.

#### **Collaborative Impact**

**Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.**

Empowerhouse's specific mission brings grant funding to our community. Without DV Shelter and housing we would lose lives, diminish health and decrease safety and economic status for many. If Empowerhouse dissolved or its mission was diluted DV victims have no place to go in the middle of night to an expert response set up to effectively and efficiently mobilize via the simultaneously operating hotline staffing at shelter. They would remain in dangerous homes, routinely terrorized, reduced to non-human status with their children who are exposed and often direct victims. Because they are able to break free, child abuse decreases; fewer children in care systems that otherwise need to step in due to child injuries, endangerment, neglect or lack of residence. We move victims from crisis to stability. The shelter, rental subsidies and employment work provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.

## Empowerhouse - Domestic Violence Housing Supports

### Number of Individuals Served

#### Localities

*Please provide the actual numbers of individuals served in this program during FY2021 and the estimated numbers of individuals to be served in FY2023.*

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 (Actual)	FY 2022 Estimate	FY 2023 Estimate
Fredericksburg City	48	72	69	35	53	43	45
Caroline County	27	43	19	10	35	10	15
King George County	8	6	5	11	21	15	20
Spotsylvania County	115	100	109	125	119	117	115
Stafford County	149	121	113	111	107	117	115
Other Localities	18	26	15	20	24	15	20
Total	365	368	330	312	359	317	330

# Empowerhouse - Domestic Violence Housing Supports

## [View Diagram](#) Goals and Objectives

### Goals

#### Goal:

Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship. Continue the domestic violence shelter and services in the new expanded and relocated building assisting increased numbers and need.

Objectives		2020 Baseline	2020 Year End	2021 Baseline	2021 Year End	2022 Baseline	2022 Year End	2023 Baseline
<b>130 women and their 150 children will be sheltered in our domestic violence shelter between July 1, 2021 and June 30, 2022.</b>	Total # Clients Served	280	278	280	278			270
	Total # Clients Achieved/Successful	280	278	280	278			270
	% Achieved / Successful	100	100	100	100	0	0	100
<b>At least 75% of adult shelter residents surveyed will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence shelter.</b>	Total # Clients Served	45	48	45	48			40
	Total # Clients Achieved/Successful	34	42	34	42			30
	% Achieved / Successful	75.56	87.50	75.56	87.50	0	0	75
<b>At least 75% of shelter</b>	Total # Clients Served	45	48	45	48			40

<b>residents surveyed will report that they know more about community resources as a result of the services they received while at the domestic violence shelter.</b>	Total # Clients	34	44	34	44			30
	Achieved/Successful							
	% Achieved / Successful	75.56	91.67	75.56	91.67	0	0	75

**Explanation & Overview**

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

**Updates for FY2018**

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes planned.

If you are restating the goals or objectives for the prior calendar year, please include those here

N/A

**Goal:**

Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.

<b>Objectives</b>		<b>2020 Baseline</b>	<b>2020 Year End</b>	<b>2021 Baseline</b>	<b>2021 Year End</b>	<b>2022 Baseline</b>	<b>2022 Year End</b>	<b>2023 Baseline</b>
<b>Provide scattered site</b>	Total # Clients Served	85	108	85	80			80

<b>placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 32 domestic violence victims and their 53 children. Ongoing financial assistance and mobile staffing to support stability will be provided and assessed ongoing through and past an initial period of time.</b>	Total # Clients	85	108	85	80			80
	Achieved/Successful							
	% Achieved / Successful	100	100	100	100	0	0	100

---

<b>Provide supportive services to 32 survivors including safety planning, domestic violence advocacy, budgeting, clothing, and other services necessary to reduce the barriers they face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment</b>	Total # Clients Served	32	42	32	42			35
	Total # Clients Achieved/Successful	32	42	32	42			35
	% Achieved / Successful	100	100	100	100	0	0	100

**assistance, job  
skills training,  
etc.**

## **Explanation & Overview**

**If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case**

N/A

## **Updates for FY2018**

**Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported**

No changes planned. We exceeded objectives and numbers served in housing due to the extraordinary needs of housing during the pandemic and longer stays stemming from the impacts of the pandemic. We also experienced a higher number of children in our housing families than ever before.

**If you are restating the goals or objectives for the prior calendar year, please include those here**

N/A