Spotsylvania County

Partner Agency Application for Funding FY 2015

FACE SHEET

Agency Name:	**Empowerhouse**				
				Has Spotsylvania County Funded This Agency in Previous Years?	x Yes ☐ No
Physical Address:	4700 Harrison Road Fredericksburg, VA 22408				
Mailing Address/PO Box:	P.O. Box 1007				
City: Fredericksburg		State:	VA	Zip:	22402
Telephone Number:	(540) 373-7372	Fax Number:	(540) 373-0794		
Federal Tax ID #:	52-1142547				
Web Address:	www.empowerhouseva.org				
General Email Address:	office@empowerhouseva.org				
Agency Main Contact:	Kathy Anderson	Title:	Executive Director		
Telephone Number:	540-373-9372				
E-Mail Address:	Kathya@empowerhouseva.org				

Agency General Information

Agency Mission:

We empower survivors of domestic violence and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, advocacy, education, awareness, prevention, and intervention.

Number of years agency has been in operation:	35
Localities Served:	Spotsylvania, Stafford, Fredericksburg, Caroline & King George

Agency Financial Information

	List Programs	Personnel Expenses	Benefits	Operating Expenses	Total Program Budget	Requested from Spotsylvania
1.	**Domestic Violence Shelter- Adult**	199,671	35,315	252,854	487,840	16,704
2.	**24-hour Domestic Violence Hotline**	35,991	6,251	13,078	55,320	2,880
3.	**Children Exposed to Domestic Violence**	72,493	6,895	25,882	105,270	5,481
4.	**Adult Victims of Domestic Violence Advocacy & Support**	155,134	28,812	29,198	213,144	11,097
5.	**Other Programs**	103,407	13,592	18,571	135,570	
Agency Administration:		106,868	13,081	22,310	142,258	
Capital Outlay:						
Total Agency Budget:		**673,563**	**103,946**	**361,893**	**1,139,402**	**36,162**

☐ ***If your application includes funding increases for personnel (to include new positions or merit / COLA increases), please check here and explain in detail the need for this type of increase under each program budget.***

Attachment Checklist: *(include ONE copy of each)*	x IRS 501(c)(3) Letter	x Audit Report *(with Audit Management Letter)*	x Current Financial statement	x IRS 990
x Accountant Contact Information	x Organizational Chart	x Current Board Roster *(with contact information)*	x Agency's Current Strategic Plan	
Agency Director's Signature:			***Date:***	10/11/2013

Spotsylvania County
Partner Agency Funding Application FY 2015

Agency Name:
Empowerhouse

If your agency is requesting an increase or decrease in funding as shown on the Agency Financial Information Chart included on the Face Sheet, please describe, in detail, the reasons for these changes, in each category below for the Agency as a whole. Program specific increases can be given under the program descriptions in the next section. (The individual descriptions should not exceed 20 lines of text.)

Agency Administrative Expenses (*to include funding increases for personnel (new positions, merit and/or COLA increases*):

No increase is included in this request. However, an increase is needed for court advocacy staffing to help more victims of domestic violence obtain protective orders and become connected with services. An increase is welcome to achieve this goal if the Spotsylvania deemed it appropriate and cost effective.

Capital Outlay:

Spotsylvania County
Partner Agency Funding Application FY 2015

Agency Name:
Empowerhouse

Historical Budget Information

Please complete the following chart with the financial information for the agency as a whole. In each area include the revenue specifically allocated to your agency from each locality/entity listed below.

	FY 2013 Actual	FY 2014 Budgeted	FY 2015 Projected
Caroline	$1,500	$1,500	$1,500
Fredericksburg	$9,350	$9,350	$9,350
King George	$6,577	$6,577	$6,577
Spotsylvania	$36,162	$36,162	$36,162
Stafford	$41,343	$43,410	$46,898
United Way	69,000	40,000	60,000
Grants	970,974	639,602	672,302
Client Fees	68490	85,000	85,000
Fundraising	89,968	122,025	122,000
Other *(explain below)*	173,536	148,810	99,613
Total Agency Revenue	*1,466,900	1,132436	1,139,402

Detail below what revenue is included in the category 'Other':

Local individual, business, civic and church contributions.

*2013, Empowerhouse was gifted a house and raised capital funding to modify and prepare it for use as an independent transition house, duplex, housing 2 larger families at a time.

Spotsylvania County
Partner Agency Funding Application FY 2015

Agency Name:
Empowerhouse

Application Checklist		
Items to be completed		**Comments:**
x	Face Sheet	
x	Program Name	
x	Program Purpose/Description	
x	Justification of Need	
x	Target Audience	
x	Service Area	
x	Service Delivery	
x	Client Fees	
x	Budget Information	
x	Goals and Objectives	
x	Program Goal	
x	Most Recent Data Chart	

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

Each agency submitting a funding request must fill out the following pages for *each program* serving Spotsylvania County Citizens and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Spotsylvania County reserves the right to request additional information once the application has been submitted.

Program Name:	**24 hour domestic violence hotline**	***Is this a new program?***	☐ Yes X No
Program Contact:	Kathy Anderson	Title:	Executive Director
Telephone Number:	(540) 373-9372		
E-Mail Address:	office@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

The 24-hour domestic violence hotline provides local access to a trained worker via two Empowerhouse hotline numbers, one which is toll-free. The service opens communication to those isolated by domestic violence. Workers validate feelings and experience, provide risk assessment for future harm and safety planning for the adult victim and affiliated children. Safety planning, as part of the service, is individually designed through analysis of the victim's past and current situation and takes into consideration what the future may bring. Information on domestic violence, agency services and community resources including crisis medical and legal, social services, financial, and mental health are provided. Specific information provided on: how to file for protective orders and the various governmental entities which are available to report abuse. Most victims calling do not realize that abuse, they experience, is against the law. The primary purpose of the call is to increase safety. This service provides a confidential and free response to survivors. Individuals isolated by their intimate partners and demeaned, threatened, physically harmed and frequently in danger.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of Spotsylvania County and why the Board of Supervisors should consider this funding request. If this is a new program, be sure to include the benefit to the County for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

This service saves lives through providing an expertly trained advocate as an outlet to seek help, identify the problem, and understand the danger and how to educate and direct the caller. No other program in PD 16 provides relief in the form of a domestic violence hotline, answered 24 hours per day, where the worker is prepared to stop all activity and focus all attention on the caller frequently lasting an average of one hour. This step is critical because a victim of domestic violence may reach out only once and the responder needs to be ready to listen and address the specific concerns to build trust and open a support system that is lacking due to isolation. Furthermore, safety planning is a critical service that is prioritized with all callers. All Spotsylvania victims of domestic violence are eligible and can access the local 373-9373 hotline number or the local toll-free number. Of the 1,307 calls received, 328 were residents of Spotsylvania (more than any other locality) in fiscal year 2013.

3. Target Audience: *(The following should describe the specific population targeted by the program and should not exceed 5 lines of text.)*

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Planning District 16. Sometimes we respond to calls outside of the planning district especially when a family member who lives outside of the area may call for a victim in PD 16.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

4. Service Area: *(Please describe the program's intended geographic service area. This may include entire regions, localities, or specific schools, neighborhoods, etc.)*

Planning District 16.

5. Service Delivery: *(Please state the geographic location of the service, the duration and frequency offered to the clients.)*

Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 4700 Harrison Road in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and not documented as hotline calls.

6. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees. Accredited domestic violence programs are not allowed to charge fees for victim services.

7. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY 2013 Actual	FY 2014 Budgeted	FY 2015 Projected
Caroline	129	124	119
Fredericksburg	804	772	745
King George	566	543	524
Spotsylvania	3110	2,986	2880
Stafford	3734	3,873	3735
United Way	17000	3,067	3067
Grants	20884	27,822	27,822
Client Fees	0	0	0
Fundraising	2000	6,000	6000
Other	4168	10,440	10,428
Total Program Budget	52,394	55,627	55,320

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2015. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please note if any increase is sought for new positions or personnel, please explain in detail.

No increase requested.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

8. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:	
Enhance the safety and support of victims of domestic violence and their children to decrease exposure to and effects of violence.	
Objectives:	
1a.	At least 70% of individuals calling the Empowerhouse hotline are more informed about the dynamics of domestic violence and services available through Empowerhouse.
1b.	At least 75% of domestic violence survivors who call the hotline are given referrals to community resource to increase their capacity to acquire resources needed to live a violence-free life.
Program Goal 2:	
Objectives:	
2a.	
2b.	

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

All hotline calls are logged on VAData forms that are entered into the statewide Virginia data collection project for domestic violence programs in Virginia. The Executive Director runs quarterly reports to monitor the results of the objectives.

9. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	7/1/2012-6/30/2013

Objective 1a.

95% of individuals who called the hotline are more informed about the dynamics of domestic violence and services available through our program.

Objective 1b.

85% of domestic violence survivors who called the hotline were given referrals to community resources to increase their capacity to acquire resources needed to live a violence-free life.

Objective 2a.

Objective 2b.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

10. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Objective 1a and 1b. Exceeded target. Empowerhouse hotline workers continue to prioritize domestic violence education and community resource referrals. Empowerhouse will continue to emphasize this important goal in its efforts to serve survivors at risk of further violence. While not related to a particular outcome, the information below comes from hotline callers, and provides a glimpse into some of the dangers and impacts faced by victims of domestic violence in our area calling the hotline based on what they felt safe disclosing. (FY 2012 data here.)

	Yes
1) If perpetrator is a former partner/spouse, is the separation recent?	462
2) Has the perpetrator stalked the victim?	314
3) Has the perpetrator used a weapon, or an object as a weapon against the victim?	150
4) Has the perpetrator threatened to use or used a firearm against the victim?	139
5) Has the perpetrator made threats of suicide and/or homicide?	254
6) Has the perpetrator blocked or obstructed the victim's breathing?	165
7) Has the perpetrator hurt or threatened the victim's children?	135
8) Has the perpetrator hurt or threatened to harm a person or pet (other than children) the victim cares for?	137
9) Has the perpetrator destroyed or threatened to destroy the victim's property?	338
10) If dependent upon the perpetrator, has the perpetrator kept you from getting help with a personal need, such as eating, bathing, toileting, or access to medications?	90
11) Is the victim pregnant	42
As a result of the violence, did the victim:	
	Yes
1) Sustain physical injuries requiring emergency medical attention?	134
2) Miss time from work or school?	95
3) Experience a loss of income and/or financial security?	237
4) Become homeless?	175
5) Have to relocate?	304
6) Consider Suicide?	31

Program Goal 2:

Spotsylvania County

Partner Agency Funding Application FY 2015

Program Name:
24 hour domestic violence hotline

Program Service Data: *Service Period:* 7/1/2012 to 6/30/2013

Locality Served	Total Served		Gender		Race					
	FY 2013	FY 2015*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	297	297								
Caroline	71	71								
King George	46	46								
Spotsylvania	328	328								
Stafford	322	322								
Other	243	243								
Total	1,307	1,307	61	1,244	728	269	11	200	0	302

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	18-25	25-40	40-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg									294 eligible for TANF		199 not eligible for TANF	783 not applicable as to whether client is TANF eligible or not	
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total					132	641	482	49					

If any of the above information is not available, please indicate why:

Empowerhouse does not collect or have a mechanism for recording income data in the data collection system used that is specific statewide for domestic violence centers except for information on whether a person is eligible for TANF, temporary aid to needy families which used to be called welfare. The data collection system is designed to collect non identifying confidential information and demographics on victims of domestic violence. Callers may fall into more than one race demographic.

Note: Inherent in the issue of domestic violence is poverty. Even if a victim of domestic violence is in a home that has adequate or abundant financial resources, the domestic violence controls every aspect of a victim's life and usually includes limiting or denying access to the financial resources within the family and isolating the victim from a social network including from family and friends. At the point of leaving an abusive relationship, a victim of domestic violence is almost always economically reduced to impoverished tatus. In addition, the social support network is most always nonexistent due to years of intentional and inflicted isolation.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

Each agency submitting a funding request must fill out the following pages for *each program* serving Spotsylvania County Citizens and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Spotsylvania County reserves the right to request additional information once the application has been submitted.

Program Name:	**Domestic Violence Housing Supports**	***Is this a new program?***		☐ Yes X No
Program Contact:	Kathy Anderson	Title:	Executive Director	
Telephone Number:	540-373-9372			
E-Mail Address:	kathya@empowerhouseva.org			

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Empowerhouse's secret shelter is designed to be a safe emergency residential home to provide for the safety and protection of victims of domestic violence and their children. Safety planning is individually designed through exploration of the resident's past and current situation and taking into consideration what the future may bring. Victims who flee their relationship often become homeless. Therefore we employ direct financial assistance to help people get placed into their own rental housing and direct staff and other resources support their goals of housing and financial stability. Up to 20 adults and children may stay up to 2 months at shelter as a break from a dangerous or oppressive situation within which they live or while they transition to independence. The average stay is 4 weeks. Some may enter our new Transition House if a large family needs additional time to find affordable housing. Some obtain protective orders and return home. Emergency food, transportation, and clothing are provided until the family can secure their own resources. Additional work at the shelter includes support to live communally (5 bedrooms and communal living space), provision of emergency resources, emotional support; supporting individuals and families to connect with community resources including but not limited to legal system, housing, social services, medical, mental health, education, family, faith, financial, etc. A job help center service was implemented this year.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of Spotsylvania County and why the Board of Supervisors should consider this funding request. If this is a new program, be sure to include the benefit to the County for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Victims endangered by an intimate partner or displaced due to domestic violence (dv) come into temporary/ emergency housing to alleviate their crisis. This service saves lives and provides the needed relief/ break from volatile and dangerous violence occurring at home. No other PD 16 program provides domestic violence shelter. Qualifying Spotsylvania DV victims, and their children, when requested, are guaranteed overnight accommodations by Empowerhouse when experiencing imminent danger. All Spotsylvania residents who request shelter, after phone/in-person eligibility assessment, are welcome at the Empowerhouse shelter if space is available. If full, we contact other domestic violence shelters out of area and help transport victims and their children to other locations, if desiring another shelter. We shelter PD 16 people in other shelter sites when they are experiencing imminent danger, when other facilities cannot be arranged. Via direct financial assistance ($143K paid directly to vendors last year from grants),and staff- we also place in rentals to regain independence, housing, and financial stability essential for DV victims who otherwise feel trapped in the abuse. 26 of 141 adults sheltered with their 26 children for 1,743 bed nights were residents of Spotsylvania -FY '13. 5 adults of 26 and 2 children of 36 total participants accessed the housing placement program for a total of 838 bed nights-FY 13. 5 Stafford households were not accommodated when requesting shelter last year due to space.

3. Target Audience: *(The following should describe the specific population targeted by the program and should not exceed 5 lines of text.)*

Primarily female victims of domestic violence and their children in Planning District 16 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous, domestic violence situation and/or have become homeless, recently, as a result of the domestic violence.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

4. Service Area: *(Please describe the program's intended geographic service area. This may include entire regions, localities, or specific schools, neighborhoods, etc.)*

Planning District 16. Shelter is offered regardless of neighborhood or jurisdiction. For example, residents of the Lake Anna area, Thornburg, Partlow, Wilderness, Massaponax, Courthouse, Courtland, Chancellor, River Road, and Lake of the Woods are examples of neighborhoods from where shelter residents have originated, over the years, in Spotsylvania.

5. Service Delivery: *(Please state the geographic location of the service, the duration and frequency offered to the clients.)*

For safety reasons, the shelter is in an unpublicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in a stay that year. It is unusual for persons to request multiple stays within one year. We place people in housing from all over the area and in rentals all throughout the area.

6. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No Fees. *(As a Virginia Accredited Domestic Violence program, we are not allowed to charge fees for victim services.)*

7. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY 2013 Actual	FY 2014 Budgeted	FY 2015 Projected
Caroline	605	707	693
Fredericksburg	3,772	4,409	4319
King George	2,653	3101	3038
Spotsylvania	14,589	17,051	16,704
Stafford	17,513	22,114	21,663
United Way	6,909	26,189	29,555
Grants	284,618	356,444	356,443
Client Fees	0	0	0
Fundraising	18,178	28,000	28,000
Other	40,000	26,630	27,424
Total Program Budget	388,837	484,685	487,480

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2015. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please note if any increase is sought for new positions or personnel, please explain in detail.

N/A

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

8. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:	
Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship.	
Objectives:	
1a.	**100 women will be sheltered between July 1, 2014 and June 30, 2015.**
1b.	**At least 75% of adult shelter residents will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence home and at least 75% will report that they know more about community resources as a result of the services they received at Empowerhouse between July 1, 2014 and June 30, 2015.**
Program Goal 2:	
Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.	
Objectives:	
2a.	**Provide scattered site placements into rental units with utility, deposit, and rental financial subsidy assistance to 15 domestic violence victims. (2 more served at donated property.)**
2b.	**Provide supportive services to 24 survivors including safety planning, domestic violence advocacy, financial education, budgeting, getting clothing and other donations, and any other services or referrals necessary to reduce the number of barriers they are face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, education, scholarships, referrals for credit counseling, and on-site Job Help Center.**

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Shelter Services Coordinator provides direct services to adult residents and supervises others who also provide services. She is responsible for ensuring intakes are complete and service data is entered into VAData, a statewide data collection system for Virginia accredited domestic violence service programs. This system allows Empowerhouse to review the number of participants and the percentage of safety planning conducted with shelter residents reported by staff and monitor anonymous evaluations filled out by residents and entered by a confidential statewide entry center. Additionally, Empowerhouse conducts written shelter evaluations at exit. Among other questions, residents are able to provide feedback on whether they participated in safety planning and whether they were provided with written referrals to community service organizations. The Executive Director reviews the surveys and data and compiles quarterly reports on the above objectives and the results. VAData provides reports on the aggregate anonymous evaluations filled out by shelter residents. Housing clients fill out anonymous services on barriers, progress, satisfaction, and successes.

9. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	**July 1, 2012- June 30, 2012**

Objective 1a.

141 women and 143 children resided in the domestic violence shelter last year.

Objective 1b.

87% reported they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence home. 82% reported that they know more about community resources as a result of the services they received at Empowerhouse shelter.

Objective 2a.

New part of this program so far exceeding our expectations with 26 households placed with their 36 children.

Objective 2b.

New program- so far exceeding expectations, with over 20 women.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

10. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Met and exceeded.

Program Goal 2:

Met and exceeded.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Domestic Violence Housing Supports

Program Service Data:	Service Period:	7/1/2012	to	6/30/2013

Locality Served	Total Served		Gender		Race					
	FY 2013	FY 2015*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	45	45								
Caroline	19	20								
King George	7	7								
Spotsylvania	31	35								
Stafford	40	40								
Other	25	20								
Total	167 adults – (179 children)	167	1	166	142	128	12	40	0	24

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	18-25	25-40	40-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total													

If any of the above information is not available, please indicate why:

The VAData system is carefully designed so as not to provide identifying data on a smaller subset of persons provided a service such as identifying that we served one Asian woman from Caroline County with shelter. Therefore, this information will be requested and provided by program staff if necessary.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

Each agency submitting a funding request must fill out the following pages for *each program* serving Spotsylvania County Citizens and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Spotsylvania County reserves the right to request additional information once the application has been submitted.

Program Name:	**Children exposed to domestic violence**	***Is this a new program?***		☐ Yes x No
Program Contact:	Tammy Appel	Title:	Assistant Director	
Telephone Number:	(540) 373-9372			
E-Mail Address:	office@empowerhouseva.org			

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Children are the forgotten victims when serving families experiencing domestic violence. Children's voices tend to be silenced as their parents seek services whether it is because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adult. Empowerhouse community based children's groups are called the Forgotten Victims' Program. As children receive any of the services available, children's groups, teen groups, or individual support and groups in shelter, they begin to realize that they are not alone and they are not responsible for the violent outbursts frequently witnessed or directed toward them in their homes. Even small children understand that yelling and violence do not feel good and, even if they are not direct witnesses or targets, they are aware of its occurrence in their homes. Empowerhouse provides age appropriate activities for children at shelter and in the community through groups provided to children of various age groups, and genders: Forgotten Victims children's groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of Spotsylvania County and why the Board of Supervisors should consider this funding request. If this is a new program, be sure to include the benefit to the County for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Children witnesses and victims need to be provided with an outlet to express themselves, with education that will help them realize they are not to blame, and with information that will help them to protect themselves if they are witness the violence in the future. Children exposed to domestic violence, whether residing in shelter or attending groups, need to increase their skills to cope, function, and safety plan. Empowerhouse programs are the only free, community based services in the planning district dedicated to teaching safety planning and coping skills to child survivors ages 2-17. No other shelter service in the planning district is dedicated to sheltering children exposed to domestic violence (accompanied by their mother). Children begin to realize that abuse is not normal when staying in shelter which provides a sense of relief and safety protected from the violence that occurred at home. When children learn about safety planning (stay out of the fight, call 911 for help, hide, or run to a neighbor for help, if safe) they are less likely to be direct victims of the violence they witness at home with skills to protect themselves if present during future violence. 40 Spotsylvania children were served in-person out of the 250 children served in-person overall in 2013.

3. Target Audience: *(The following should describe the specific population targeted by the program and should not exceed 5 lines of text.)*

Children are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at the Haven from 0-17 years old. In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Through groups, teenagers receive services split by gender, and generally, children ages 2-4, 5-8, and 9-12 receive group services.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

4. Service Area: *(Please describe the program's intended geographic service area. This may include entire regions, localities, or specific schools, neighborhoods, etc.)*

Planning District 16.

5. Service Delivery: *(Please state the geographic location of the service, the duration and frequency offered to the clients.)*

Services are provided at shelter (see adult shelter program). The Forgotten Victims' Groups, Teen Girls' Groups, and Teen Boys' Groups are held at churches and the Empowerhouse public outreach office in Spotsylvania. Children may stay at shelter for up to two months with their mothers. Children and Teen groups are offered 2 hours per week, one evening per week for 12 week cycles.

6. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees for all children's programming with the exception of the Teen Boys group which is $100 for 12 weeks of 2 hour weekly groups. Some boys attend for free. This group has an intervention focus. Empowerhouse charges fees for service for intervention groups only. Referrals for intervention groups come mainly from juvenile based probation.

7. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY 2013 Actual	FY 2014 Budgeted	FY 2015 Projected
Caroline	254	235	227
Fredericksburg	1,586	1,467	1417
King George	1,115	1,032	997
Spotsylvania	6,132	5,673	5481
Stafford	7,361	7,357	7108
United Way	8,784	3,861	4312
Grants	42,251	36,469	36,449
Client Fees	1,200	1,200	1200
Fundraising	12,547	10,409	19079
Other	22,000	20,000	29,000
Total Program Budget	103,231	105,684	105,270

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2015. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please note if any increase is sought for new positions or personnel, please explain in detail.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

8. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:	
Promote the safety and support of child victims and witnesses of domestic violence to decrease exposure to, and harmful impact of, violence.	
Objectives:	
1a.	**100 children will be sheltered and assisted at the haven in bedrooms with their mothers from July 1, 2014-June 30, 2015.**
1b.	
Program Goal 2:	
Promote the safety and support of children exposed to domestic violence to decrease exposure to, and harmful impact of, violence.	
Objectives:	
2a.	**To provide weekly 2 hour education/support groups for 75 children (child witnesses and or victims of domestic violence) in the Forgotten Victims Groups (includes 2-4, 5-8, 9-12). And to provide weekly support/education groups to 18 teenage girls/victims of dating violence ages 13-17 from July 1, 2013-June 30, 2014.**
2b.	**To provide weekly intervention/education groups to 25 teenage boys who have been exposed to domestic violence from July 1, 2013-June 30, 2014.**

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

Data on children is collected from parents who participate in other programs. Teens attend intake appointments with their parent. Data is entered into VAData, the Virginia data collection project used by accredited domestic violence programs. Reports are generated by VAData quarterly and reported to grant funders by the Assistant Director. Program coordinators, Children's Services Coordinator, Support Services Coordinator, and Fresh Start Coordinator keep roll sheet records of group attendance and provide quarterly reports of this data.

9. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	**7/1/2011-6/30/2012**

Objective 1a.

143 children were sheltered and assisted at the Haven. (26 Spotsylvania children)

Objective 1b.

Objective 2a.

81 child witnesses and/or victims of domestic violence were provided weekly 2 hour education/support groups in the Forgotten Victims Groups. 41 teen girls/victims of dating violence ages 11-17 were provided weekly support/education groups.

Objective 2b.

12 teen boys who have been exposed to domestic violence were provided weekly intervention/education groups.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

10. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

On target. Met and exceeded.

Program Goal 2:

Objective 2 a: On target. Met and exceeded.
Objective 2 b: Less groups were scheduled as a result of changing staff coordinator of this program.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Children exposed to domestic violence

Program Service Data:	*Service Period:* 7/1/2012	to	6/30/2013

Locality Served	Total Served		Gender		Race					
	FY 2013	FY 2015*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	78	80								
Caroline	14	12								
King George	16	14								
Spotsylvania	42	44								
Stafford	78	80								
Other	22	22								
Total	250	252	118	132	99	81	2	22	2	

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-12	11-13	13-17	18-25	25-40	40-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total	79	112	59	59									

If any of the above information is not available, please indicate why:

Income data is not collected and identifying data is not collected or provided in a report in such a way as to report out number of female children in Spotsylvania, for example. VAData intentionally limits domestic violence data for the safety and protection of survivors of domestic violence.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

Each agency submitting a funding request must fill out the following pages for *each program* serving Spotsylvania County Citizens and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Spotsylvania County reserves the right to request additional information once the application has been submitted.

Program Name:	**Adult Victims of Domestic Violence Adv & Support**	***Is this a new program?***	☐ Yes x No
Program Contact:	Tammy Appel	Title:	Assistant Director
Telephone Number:	(540) 373-9372		
E-Mail Address:	office@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Risk assessment, safety planning, support systems, education & advocacy are some of the services provided in the Adult Victims of Domestic Violence Advocacy and Support programming. Court advocacy is provided in area juvenile and domestic relations courts during regularly scheduled criminal dockets or upon request by victims. Empowerhouse court advocates assist victims with filing, education, and accompaniment to help them obtain protective orders, navigate a complex legal system, and to safety plan whether they choose to proceed or not and whether they are successful in their legal outcome or not. Latina advocacy assists victims whose primary language is Spanish and connects them with culturally appropriate support systems and services to help them navigate culturally unfamiliar programming. Weekly support/education groups are provided to adult survivors of domestic violence in English and in Spanish. In group, survivors learn about dynamics of domestic violence and reduce their isolation through peer support. All of the ongoing supportive services provide opportunities to make extensive referrals and further expand support systems. Increasing is accompaniment of victims in healthcare settings within which we are promoting safe and effective domestic violence screening.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of Spotsylvania County and why the Board of Supervisors should consider this funding request. If this is a new program, be sure to include the benefit to the County for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Negotiating safety and freedom from abuse is a complex and challenging process. Once the secret of domestic violence is made public or disclosed, a lot of work is ahead for adult survivors who are the experts of their often horrific and unimaginable situations. They continuously weigh their options and competing needs while consistently seeking an end to the abuse and violence in a way that makes sense and seems safest for them and their children. Often they are not able to bring about certain safety for themselves and their children and they strive to make the best choices despite what often are limited choices that pose both benefits and risks in implementation. Empowerhouse offers the only free and confidential advocacy, support and accompaniment services in the planning district designated specifically to help victims of domestic violence. The help to obtain protective orders, provision of risk assessment and safety planning services often save lives. When victims learn about, through the programs provided in this section, (the dynamics of domestic violence, legal remedies, safety planning, and community resources), they are much better prepared than before to seek freedom from violence and abuse. They learn they are not to blame and are not alone. They expand their support and they obtain resources to help them achieve their goals. In-person advocacy and support was provided to 250 (higher than any other locality) Spotsylvania victims out of 755 served in-person overall in fiscal year 2013.

3. Target Audience: *(The following should describe the specific population targeted by the program and should not exceed 5 lines of text.)*

Adult victims of domestic violence in Planning District 16. People in need of these services come from every socio economic background, religion, education level, age, ethnicity, gender, profession, etc. According to a national study in 2002, one in four women is subjected to severe intimate partner violence in her lifetime. According to the Virginia Office of the Chief Medical Examiner, a Virginian is killed every 5 days from domestic violence. Area law enforcement collectively respond to over 6,500 calls related to domestic abuse every year in Planning District 16. 1,864 of those were in Spotsylvania alone in fiscal year 2011.

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

Spotsylvania County
Partner Agency Funding Application FY 2015

4. Service Area: *(Please describe the program's intended geographic service area. This may include entire regions, localities, or specific schools, neighborhoods, etc.)*

Planning District 16. Services are offered regardless of neighborhood or jurisdiction. Many victims are referred by law enforcement or the court system and include residents from Lake Anna, Chancellor, Lee Hill, Thornburg, Partlow, Wilderness, Massaponax, Courthouse, Courtland, and Lake of the Woods as examples of Spotsylvania districts and neighborhoods from where clients of Empowerhouse seek advocacy services.

5. Service Delivery: *(Please state the geographic location of the service, the duration and frequency offered to the clients.)*

Court advocacy is provided daily in each locality juvenile and domestic relations courthouse in Planning District 16 – including Spotsylvania. Latina advocacy is provided daily and is based at the outreach office at 4700 Harrison Road in Spotsylvania and individual advocacy is frequently provided at service agencies in individual localities. All support groups are provided 2 hours weekly at a church in Fredericksburg. The average in- person contact time spent with advocacy clients is 6 hours.

6. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees. *(As a Virginia Accredited Domestic Violence program, we are not allowed to charge fee for victim services.)*

7. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY 2013 Actual	FY 2014 Budgeted	FY 2015 Projected
Caroline	511	434	460
Fredericksburg	3,188	2,702	2869
King George	2,243	1,901	2018
Spotsylvania	12,331	10,452	11097
Stafford	14,802	13,554	14392
United Way	36,992	6,948	23066
Grants	132,455	102,169	102,169
Client Fees	0	0	0
Fundraising	3006	29,541	29,572
Other	2,200	27,000	27500
Total Program Budget	207,728	194,700	213,144

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2015. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please note if any increase is sought for new positions or personnel, please explain in detail.

We are not seeking an increase this year. Should the County deem it prudent to appropriate more than requested, Empowerhouse would employ additional court advocacy hours to assist more victims than we otherwise can reach at this time, in Spotsylvania County. The benefit would be well worth the investment in changing lives for the better, very cost effectively for Spotsylvania.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

8. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:	
Promote the safety and support of victims of domestic violence to decrease exposure to and harmful effects of violence.	
Objectives:	
1a.	**To accompany and assist 500 victims of domestic violence in area Juvenile and Domestic Violence Courts from July 1, 2014 – June 30, 2015.**
1b.	**Provide crisis and advocacy services to 125 Hispanic/Latina victims of domestic violence in their primary language through bilingual/bicultural advocates from July 1, 2014 – June 30, 2015.**
Program Goal 2:	
Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.	
Objectives:	
2a.	**To provide a variety of support groups to 100 female victims of domestic violence meeting 2 hours each week from July 1, 2014 – June 30, 2015. (open group, closed group & Latina group)**
2b.	**At least 70% of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.**

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

All advocacy and group services are documented on VAData forms and entered into the VAData Virginia database for accredited domestic violence programs. The Court advocate keeps additional records on court contacts specifically. Coordinators (Support Services Coordinator and Latina Support Services Coordinator) keep roll sheets on group attendance and report the numbers to the Assistant Director. The Executive Director runs VAData reports at least quarterly to review the outcome measures and service numbers. The Assistant Director also monitors staff data entry.

9. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	**July 1, 2012 – June 30, 2013**

Objective 1a.

360 victims were accompanied and assisted in area Juvenile and Domestic Relations Courts.

Objective 1b.

195 Hispanic/Latina victims of domestic violence were provided crisis and advocacy services in their primary language through bilingual/bicultural advocates.

Objective 2a.

147 victims of domestic violence were provided a variety of support groups meeting for 2 hours each week. (175 groups were held in the year to include open group, closed curriculum group, Latina group, and Moving On group)

Objective 2b.

94% of domestic violence survivors were able to identify their safety options through participation in the development of a safety plan.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

10. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Objective 1a: Target was not met due to level of staffing hours. The number of victims accompanied is directly linked to the staffing hours available. Since accompaniment/support during the process of obtaining a protective order makes a difference as to whether the victim will obtain an order from the court, volunteers were employed to assist. However, training, knowledge, and experience play into effectiveness. Staffing hours allows Empowerhouse to serve more victims in court, very needed in Spotsylvania. We did not request an increase this year but are more than eager to offer services to more victims with increased resources. Court assistance can be 1 hour but often may take 3 given busy dockets and hearings. The relationship developed in court accompaniment fosters trust and assists a victim to seek additional services such as support group. Hope for change and real change increases with engagement in services and developing a support system to break through the isolation developed as a result of domestic violence.

Objective 1b: Exceeded target. The support for Latina victims of domestic violence continues to be essential and in demand. The bilingual and bicultural workers help survivors navigate a complex system unfamiliar to them and frequently not accessible due to the language barrier. This service continues to be a priority.

Program Goal 2:

Objective 1a: Exceeded target. The support groups continue to be a needed service and survivors often receive support and assistance from other survivors as they expand their support system in groups.

Objective 1b: Exceeded target. Safety planning will continue to be a priority for survivors and is taught and promoted in staff and volunteer training and meetings.

Spotsylvania County
Partner Agency Funding Application FY 2015

Program Name:
Adult Victims of Domestic Violence Advocacy and Support

Program Service Data: *Service Period:* 7/1/2012 to 6/30/2013

Locality Served	Total Served		Gender		Race					
	FY 2013	FY 2015*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	160	160								
Caroline	47	47								
King George	22	22								
Spotsylvania	250	250								
Stafford	214	214								
Other	62	62								
Total	755	755	17	737	370	146	8	195	2	234

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	18-25	25-40	40-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg									212 eligible for TANF		264 not eligible for TANF	279 not applicable as to whether client is TANF eligible or not	
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total					116	393	230	16					

If any of the above information is not available, please indicate why:

Empowerhouse does not collect or have a mechanism for recording income data in the data collection system used that is specific statewide to domestic violence centers except for information on whether a person is eligible for TANF, temporary aid to needy families which used to be called welfare. The data collection system is designed to collect non identifying confidential information and demographics on victims of domestic violence. Callers may fall into more than one race demographic. 212- 28% are TANF eligible, families in poverty specifically pregnant women or adults with children. Note: Inherent in the issue of domestic violence is poverty. Even if a victim of domestic violence is in a home that has adequate or abundant financial resources, the domestic violence controls every aspect of a victim's life and usually includes limiting or denying access to the financial resources within the family and isolating the victim from a social network including from family and friends. At the point of leaving an abusive relationship, a victim of domestic violence is almost always economically reduced to impoverished status. In addition, the social support network is most always nonexistent due to years of intentional and inflicted isolation. Those coming to Empowerhouse typically do everything in their power to create a new support system and become financially stable as soon as possible but often this proves to be very challenging especially as an abusive partner attempts to sabotage all efforts toward independence.