

Partner Agency Application for Funding

FY2016

FACE SHEET

Agency Name:	Rappahannock Area Agency on Aging, Inc.				
<i>Has the City/ County Funded This Agency in Previous Years?</i>					X Yes <input type="checkbox"/> No
Physical Address:	460 Lendall Lane				
Mailing Address/PO Box:	Same				
City:	Fredericksburg	State:	VA	Zip:	22405
Telephone Number:	540-371-3375	Fax Number:	540-371-3384		
Federal Tax ID #:	54-1027651				
Web Address:	www.raaa16.org				
General Email Address:	lwade@raaa16.org or info@raaa16.org				
Agency Main Contact:	Leigh Wade	Title:	Executive Director		
Telephone Number:	540-371-3375				
E-Mail Address:	lwade@raaa16.org				

Agency General Information

Agency Mission:	The mission of the agency is to enhance the quality of life for all older citizens. The Vision is to promote and assure the highest level of service attainable for every elderly person in Planning District 16, which will provide the opportunity for the residents to live a more dignified and meaningful life.
Number of years agency has been in operation:	38 years
Localities Served:	Planning District 16 including City of Fredericksburg, Stafford, Spotsylvania, Caroline and King George Counties.

Agency Financial Information

List Programs	Personnel Expenses	Benefits	Operating Expenses	Total Program Budget
1. Transportation	\$368,177.00	\$64,106.00	\$190,654.00	\$622,937.00
2. Nutrition	\$187,533.00	\$32,509.00	\$260,484.00	\$480,526.00
3. Homemaker	\$101,733.00	\$21,155.00	\$ 42,751.00	\$165,639.00
4. CRIA	\$ 39,313.00	\$ 7,990.00	\$ 12,544.00	\$ 59,847.00
5. Others	\$226,434.00	\$58,717.00	\$406,196.00	\$691,347.00
Agency Administration:	\$ 76,720.00	\$ 13,378.00	\$ 14,902.00	\$105,000.00
Capital Outlay:	0.00	0.00	0.00	0.00
Total Agency Budget:	\$999,910.00	\$197,855.00	\$927,531.00	\$2,124,296.00

If your application includes funding increases for personnel (to include new positions or merit / COLA increases), please check here and explain in detail the need for this type of increase under each program budget.

Submission Checklist: <i>(include 1 copies of each)</i>	<input type="checkbox"/> IRS 501(c)(3) Letter	<input type="checkbox"/> Audit Report <i>(with Audit Management Letter)</i>	<input type="checkbox"/> Current Financial statement	<input type="checkbox"/> IRS 990
<input type="checkbox"/> Accountant Contact Information	<input type="checkbox"/> Organizational Chart	<input type="checkbox"/> Current Board Roster <i>(with contact information)</i>	<input type="checkbox"/> Agency's Current Strategic Plan	

Partner Agency Funding Application FY 2016
BUDGET EXPLANATIONS

Agency Name:

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Rappahannock Area Agency on Aging,
Inc.

Agency Administrative Expenses:

In the box below, provide an overview of the administrative costs detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds. If your agency is requesting an increase or decrease in administrative funding, please describe, in detail, the reasons for these changes. (The description should not exceed 15 lines of text.)

Our administrative costs remain unchanged for FY 2016 at this time. We have realized a 32% increase in our health insurance costs for the employees. Additionally, we have a higher rate of workman's comp compared to other organizations of our size. In working with our insurance agent, we have found that we have several workman's comp cases that were settled with former employees by the agency. We are working to bring those costs down and potentially should realize a decrease in rates by 2017 (allowing for a 3-5 year period for claims to be removed from our claims history). Hopefully, there will be changes enacted this year to revise the requirements of the Affordable Care Act and the impact it has on the agency.

Capital Outlay:

In the box below, provide an overview of the capital expenses detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of capital costs that are defrayed by locality funds. (The description should not exceed 10 lines of text.)

There are no capital expenses included on the face sheet. The agency just recently completed the construction of a new office utilizing USDA rural loan proceeds. As a part of this loan, the agency was able to utilize some of the proceeds to replace old outdated equipment. While we did not want to use the loan for the equipment, we evaluated the age of the equipment, the availability of the loan at a reduced rate, and the expectation of limited source of funds in the future and determined at this point, the use of the loan proceeds will benefit the agency and reduce our dependency on federal, state and local funds.

Personnel Expenses (General):

In the box below, provide an overview of any increases or decreases in general personnel expenses for the agency. This would include any planned or projected merit or COLA increases, or new positions being requested. Also include a description of any changes to agency benefits structure or cost. (The description should not exceed 10 lines of text.)

We did see a decrease in the overall personnel expenditures for the agency. The former Executive Director and the Deputy Director retired in 2013. We realized a savings on these positions due to the replacement employees did not receive the higher salary. Additionally, the agency was able to streamline the workload of the existing employees to aid in reducing the salary requirements. Finally the agency is no longer receiving ARRA funding for the special weatherization repairs which included administrative support. The ARRA funding for weatherization repairs ended June 30, 2013. This budget reflects the most current budgeted costs.

Partner Agency Funding Application FY 2016
BUDGET EXPLANATIONS

Rappahannock Area Agency on Aging,
 Inc.

Budget Information

Please complete the following chart with the financial information for the agency as a whole. In each area include the budget specifically allocated to your agency from each locality/entity listed below.

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	\$30,000.00	\$30,000.00	\$30,000.00
Fredericksburg	\$ 7,880.00	\$ 7,880.00	\$ 7,880.00
King George	\$12,616.00	\$12,616.00	\$12,616.00
Spotsylvania	\$31,885.00	\$31,885.00	\$31,885.00
Stafford	\$27,946.00	\$27,946.00	\$27,946.00
United Way	\$60,000.00	\$60,000.00	\$45,000.00
Grants	\$1,957,689.00	\$1,936,969.00	\$1,936,969.00
Client Fees	\$13,000.00	\$13,000.00	\$15,000.00
Fundraising	\$ 4,000.00	\$ 4,000.00	\$17,000.00
Other (explain below)	\$ 0.00	\$ 0.00	\$ 0.00
Total Agency Budget for PD16	\$2,145,016.00	\$2,124,296.00	\$2,124,296.00

Detail below what is included in the category 'Other':

We have included significant fundraising revenue. We have increased our efforts to generate additional revenues to help offset the cuts due to sequestration implementation. Additionally, we have been evaluating our entrepreneurial options to determine if there is an opportunity for us to generate revenues or seek out grants from national, state and local entities. Last year, the agency applied for 6 additional grants to support the services offered by the agency. The agency was successful in receiving two of the six grants and will be used to support the enrollment process for new clients who need services and/or support individuals who are dealing with a chronic disease and/or condition by providing tools to them to deal with ongoing chronic symptoms such as fatigue, anxiety, etc.

Partner Agency Funding Application FY 2016
BUDGET EXPLANATIONS

Please detail below any legislative initiatives or issues that may impact the agency for the upcoming year and how you are planning for them. This could include new legislation that may increase or decrease projected funding at any level (Federal/State/Local), or could affect grants or designated funds as they are currently received. If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

At this time, we do not anticipate any impact from the legislative initiatives and/or issues. The governor's budget included funding to offset the cuts to the nutrition program. According to sources, the additional funding for the nutrition program will remain in the 2016 budget. However, the following year may cause issues for funding. In the interim, we are pursuing every avenue to identify other sources of revenue to help older adults in planning district 16.

Please detail below any identified agency needs or areas of concern that are currently not being addressed in your funding request. This could include training or technical assistance for specific areas, administrative support for a program or service, evaluation of current programs, or consultation for strategic planning, board support, or fundraising.

The funding provided by each jurisdiction will go directly to services. We have been provided opportunities to apply for grants/funding which can be used to pay for needed training for all staff, developing a strong database to track services, and leadership training for key personnel. One of our biggest challenges is the lack of cohesive data. The agency is required by grantors to utilize 4 different software packages. This presents issues when trying to report on the accomplishments of the agency as a whole making it difficult to report on all clients served. Additionally, the assessments needed to identify needs for new clients within the community historically has not been completed at the request of the former Director. The staff are struggling to bring all assessments current and assess any new clients. Last month alone, we received over 40 new requests for in-home assistance. With the requested funding from other grants, we anticipate the ability to integrate all data into one location. And with the new training for staff, we are finding that staff are now serving many purposes such as café manager, assessor, etc. We will find out if our requested application for the new grant funds was accepted within the next couple of months.

Partner Agency Funding Application FY 2016
LOCALITY NOTES

Please use the area below to provide any locality specific notes or statements that may be relevant to your application.

City of Fredericksburg:

We have seen an increase in the number of participants in the City of Fredericksburg. In reviewing the data, it appears that our café is located in an ideal space and is close to those individuals who utilize our program. Our powerful travel trainer program, a nationally recognized program, is available to assist individuals who are transportationally challenged. A staff member will take an older adult on bus trips to train them on the use of public transit. We have also noticed an increase in the number of transient Afghanistanians.

Caroline County:

During 2013, the agency terminated the café manager. In monitoring our own services, we found the services were not performed in a manner consistent with agency requirements. When the management team spoke with the participants, the participants identified ways to make the program more inviting to the community. We are committed to serving more residents of the Caroline County area. We know there is a huge need and we look forward to working with the other agencies and residents of Caroline County.

King George County:

We are in the process of developing an agreement with Bay Aging to provide transportation services to the residents of King George. In our review of efficiencies, it was discovered that Bay Aging drives through King George on a weekly basis. This would be an ideal partnership as our residents in King George can meet the Bay Aging van and participate in ongoing weekly trips. We know this will be a huge asset to the community.

Spotsylvania County:

We had some changes in our café staff within Spotsylvania County. The former café manager retired at the end of August. The management team approached each of the participants and asked for input on activities, services and outings. There have been several changes made including offering more options for the participants. Participants have a voice in what they would like to do at the café. We are also looking at possibly adding more vans to the area in order to accommodate the growing demands for services.

Stafford County:

We have completed our million dollar facility. Staff moved into the new building in March 2013. However, the agency continued to work on the certificate of occupancy. With the help of the Board of Supervisors, USDA and our attorney, the agency was able to complete the issues with the Deed of Easement. Our attorney had to negotiate the language with representatives from Stafford County and USDA. We are so excited about our new facility and will be hosting an open house in December 2014. We look forward to seeing all of you there.

**Partner Agency Funding Application FY2016
PROGRAM INFORMATION**

Program Name:	Page 6
CRIA	

Each agency submitting a funding request must fill out the following pages for each program serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	CRIA (Communication, Referral, Information & Assistance)	<i>Is this a new program?</i>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Program Contact:	Pat Holland	Title:	Director of Client Services
Telephone Number:	(540) 371-3375		
E-Mail Address:	pholland@raaa16.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

The CRIA program provides communication, referrals, information, and assistance to individuals in the community who are in need of support to find and access appropriate services and facilities to meet their needs. Examples of CRIA requests include: nutrition, transportation, homemaking, EARS (emergency alert response systems), facilities by municipality, insurance counseling and assistance, weatherization, emergency home repairs, partner agency referrals, assistance in locating help in another area, local information, community programs, and many other requests. The program helps community members to improve awareness and access to services and other types of assistance. Often, individuals are faced with crisis situations and are in need of critical services to help alleviate the crisis. Trained CRIA Specialists are available to connect residents to those critical services. The Specialists offer community resources available to help an older adult remain in their own home after the crisis has passed. The specialist conducts a telephone assessment of the situation. Based on the assessment, information on services available either through the agency or partner agencies are provided to the caller. In instances of emergencies, the caller is directed to call 9-1-1.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

This program provides reliable access to information, improves community awareness and increases access to local services by connecting individuals with appropriate referrals. Additionally, Rappahannock Area Agency on Aging is a part of the "No Wrong Door" initiative to help reduce the number of contacts needed to access assistance. RAAA utilizes the PeerPlace database to track and manage requests for information, RAAA also maintains and distributes the "Senior Resource Directory" in addition to providing representation for many community partners and programs. There are, on average, more than 1,100 calls each month within Planning District 16. Additionally, over 5,500 newsletters were delivered throughout the year on a quarterly basis to the community with informative information on useful resources. Over the past two years, our grantor has changed the way we track individuals reached. Previously, we were able to track all individuals reached.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

RAAA maintains partnerships with many community organizations, non-profits, and programs to keep our resource listing and contacts up-to-date and comprehensive. Specifically, we partner with: Rappahannock United Way, Rappahannock Area Community Services Board, Partners in Aging, Rappahannock Area Chamber of Commerce, Local, State and Regional transportation boards, Potomac Health Foundation, Mary Washington Healthcare, Spotsylvania Regional Medical Center, Fredericksburg Area Food Bank, Parks and Recreation, and many other agencies and groups.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

CRIA services are targeted to frailer older adults who are unable to stay in the community without the assistance of some services. Those individuals who are minority, below poverty level, or reside in a rural community are given priority status. CRIA programs are for older residents, aged 60 and older, that reside in planning district 16 which includes the city of Fredericksburg, and the counties of Spotsylvania, Stafford, Caroline and King George. CRIA services are provided to all older adult residents of planning district 16. Older adults can contact the agency through a toll-free number for personalized assistance. Residents, regardless of age, can contact the agency to find out what resources are available to older adults aged 60 and over. The agency also conducts informative events through radio, television, mail, email, social media, newsletters, website, office visits, in-home assessments, group meetings and formal presentations.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There are no direct-to-client fees associated with CRIA assistance. The majority of funding for this service comes from the Older Americans Act. This funding stream does not allow fees, however, donations are always accepted.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	\$5,879.00	\$5,879.00	\$5,879.00
Fredericksburg	\$926.00	\$926.00	\$926.00
King George	\$3,154.00	\$3,154.00	\$3,154.00
Spotsylvania	\$6,051.00	\$6,051.00	\$6,051.00
Stafford	\$5,735.00	\$5,735.00	\$5,735.00
United Way	0.00	0.00	0.00
Grants	\$37,832.00	\$38,102.00	\$38,102.00
Client Fees	0.00	0.00	0.00
Fundraising	0.00	0.00	0.00
Other	0.00	0.00	0.00
Total Program Budget for PD16	\$59,577.00	\$59,577.00	\$59,577.00

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The agency has devoted more personnel to resource development and information. While this funding still does not cover a full-time Information & Referral Specialist, it does allow the agency to respond to the increasing phone calls from the community members who are seeking assistance.

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PROGRAM INFORMATION

Program Name:	Page 8
CRIA	

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

The goal of the CRIA Program is to provide older adults aged 60 and older and their caregivers' timely, reliable, comprehensive information and referral services to anyone who requests it, regardless of income, at no cost to them. This program is not funded through United Way, therefore, the logic model is not included.

Objectives:

1a.	Provide older adult residents of Planning District 16 with timely reliable information easily accessible to the general public. Increase available useful reliable resources by 80 new resources during the year. We project a total distribution of 6,500 newsletters during 2016.
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	Provide telephone assessments to approximately 205 new clients each year.
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Program Goal 2:

N/A

Objectives:

2a.	N/A
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2b.	N/A
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CRIA

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The CRIA Specialist enters the data into the statewide database based on the telephone assessment. The database tracks the referrals and the Specialist is able to assign the referral to services internally as well as transmit information to partner agencies. Information on the number of presentations, newsletters, telephone calls and outreach events are tracked. Demographic information is available in summary form or detailed reports. Data can be analyzed, even to the level of communities, zip code, race, etc.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:

Objective 1a.

Last year, 5,458 newsletters were distributed during 2014. This number is an increase from the number of newsletters distributed the previous year. We added 88 new resources during 2014.

Objective 1b.

The agency provided resources to 531 new older adults during 2014.

Objective 2a.

N/A

Objective 2b.

N/A

CRIA

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

CRIA Program goals are currently over achieved. The agency increased the number of people reached by concentrating our efforts on recording contacts. Previously, no emphasis had been placed on the need for the data. Additionally, staff have been engaged in community events, increasing awareness and targeting retirement communities, regardless of income.

Program Goal 2:

N/A

10. Community Impact: (Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)

Many individuals do not have family in the area who can assist them. One family, the H. family, was faced with the patriarch's health challenges. The patriarch had always taken care of the family finances, major decisions and driving. Ms. H. had never learned to drive. Mr. H. and his daughter stopped by the office one day. Mr. H. suffered from stage IV lung cancer and wasn't expected to live longer than 6 months. He requested assistance with check writing, transportation and Medicare for his wife so that she wouldn't have to worry about these daily activities. Unfortunately for Mr. H., all the children lived out of the area. The agency was able to assist Mrs. H. with these daily activities by connecting them to community resources. Mr. H. passed away peacefully with his family by his side just a few short months later. Mrs. H. continues to utilize the transportation program with the agency.

Ms. D. was a homeless disabled adult who had fallen on hard times and was living in her vehicle. She needed a connection to employment and heard about our senior employment program. Ms. D. contacted us via email (she was unable to afford a phone and used the free internet at the library). Ms. D. stopped into the office. We were able to provide her with a donated gas card to help her get around town. We assisted her with the application to become a participant in the senior employment program and we connected her to resources which would assist her in finding housing assistance. Ms. D. is now employed, is working towards finding her own living accommodations and she is getting health care for the first time in many years.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Currently, there are over 700 residents in planning district 16 receiving assistance through the federal, state and local funding. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding. The vans currently used to transport the older residents in our area would return to the state for auction and/or distribution to other areas. Over 250 people would no longer receive regular nutritious hot meals. Over 100 people would no longer be engaged in activities with their peers. The 700 individuals who are receiving services would probably remain at home, lacking in personal contact and would probably fall into a deep depression. We recognize that other agencies could cover our territory from other parts of the state. Our agency has successfully received the designation as the local Area Agency on Aging and weatherization provider. By having the local presence, we are able to recruit volunteers for our services. We may not be as successful at recruiting volunteers if an agency from outside our area is handling the services.

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SERVICE DATA**

Program Name:

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CRIA

Program Service Data:

Service Period: 10/1/2013

to 9/30/2014

Locality Served	Total Served			Gender						Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other					
Fredericksburg	54		16	38	30	20		3		1					
Caroline	48		23	25	26	21									
King George	21		7	14	11	10									
Spotsylvania	166		55	111	108	44	1	5		8					
Stafford	103		34	69	64	22	1	4		12					
Other															
Total	392		135	257	239	117	2	12	1	21					

*Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups						Income Levels						
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under \$10,000	\$10,000 - \$19,000	\$20,000 - \$39,000	\$40,000 - \$59,000	Over \$60,000
Fredericksburg								24					
Caroline								48					
King George								21					
Spotsylvania								166					
Stafford								103					
Other													
Total													

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

The CRIA Specialist enters the data into the statewide database based on the assessment. The database tracks the referrals and the Specialist is able to assign the referral to services internally as well as transmit information to partner agencies. Information on the number of presentations, newsletters, telephone calls and outreach events are also tracked. Demographic information is available in summary form or detailed reports. Data can be analyzed, even to the level of communities, zip code, race, etc.

Each agency submitting a funding request must fill out the following pages for each program serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	Nutrition Transportation	<i>Is this a new program?</i>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Program Contact:	Boyd Elliott	Title:	Fleet Manager
Telephone Number:	(540) 371-3375		
E-Mail Address:	belliott@raaa16.org		

12. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

The purpose of the Nutrition Transportation program is to provide access to Senior Café participation for those who are no longer driving and who have no other daytime method of transit. RAAA Nutrition Transportation is provided throughout planning district 16 to Senior Café sites in addition to day-trip locations, shopping, and area-wide nutrition programs and presentations. The transportation Program provides the little extra help to an older, frailer individual who is in need of assistance that will keep them in their own home for a longer period. The service is conducted by a trained van driver who offers personalized service from door to door. The service is geared towards individuals who are low income, socially disadvantaged older person aged 60 and older. The van driver is able to build a rapport with the older adult. This service provides participants an opportunity to shop for groceries, life-saving medications, banking, and other socialization.

13. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

80% of clients requesting nutrition assistance are unable to provide their own transportation. These clients benefit greatly from the many opportunities offered at the Senior Cafés, including: frequent socialization with clients, staff, and volunteers, physical activity – balance training, limited mobility callsthenics, chronic disease self-management training, educational and information presentations, crafts, art projects and many other options. None of which would be possible without managed transportation. We have a list of 95 individuals waiting to receive services. During fiscal year 2014 (October 1, 2013 – September 30, 2014), the agency provided 28,319 one-way trips to 368 individuals. With a fleet of 28 vans, the drivers logged 270,664 miles during the year. In order to remove the individuals waiting for services, we would need an additional \$160,930.00 annually.

14. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

In addition to state and federal funding this agency also receives funding from Rappahannock United Way. Referrals are received from MWHC Care Transitions Partnership, the Live Well, Virginia! Chronic Disease Self-Management Program, municipalities, Fredericksburg Area Food Bank, and direct contacts from community members. We continue to build community partnerships and improve collaboration options.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

15. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Nutrition transportation is offered to individuals who participate in the activities of the RAAA Senior Cafés across PD 16. These people are age 60 and older and are qualified using the Virginia UAI (Universal Assessment Instrument) to determine level of need and triaged to receive services based on need and availability of services. Transportation programs are for older residents, aged 60 and older, that reside in planning district 16 which includes the city of Fredericksburg, and the counties of Spotsylvania, Stafford, Caroline and King George.

16. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

The majority of the cost for services are funded with federal funds under the Older Americans Act. The Older Americans Act prohibits fees, however, donations are accepted on a voluntary basis.

17. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	\$5,879.00	\$5,879.00	\$5,879.00
Fredericksburg	\$2,318.00	\$2,318.00	\$2,318.00
King George	\$3,154.00	\$3,154.00	\$3,154.00
Spotsylvania	\$8,754.00	\$8,754.00	\$8,754.00
Stafford	\$8,241.00	\$8,241.00	\$8,241.00
United Way	\$30,000.00	\$30,000.00	\$15,000.00
Grants	\$511,800.00	\$550,091.00	\$560,591.00
Client Fees	\$6,000.00	\$12,000.00	\$14,000.00
Fundraising	0.00	\$2,500.00	\$5,000.00
Other	0.00	\$0.00	\$0.00
Total Program Budget for PD16	\$576,146.00	\$622,937.00	\$622,937.00

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The budgeted costs shown for 2015 include all transportation programs provided by the agency. This budget encompasses the transportation for the cafés, medical trips, and mobility options programs. Previously, only the costs for the Older Americans Act program was shown. The client fees increased because under the mobility options program, the agency is allowed to charge a fee for each one-way trip. Additionally, we have increased our efforts to generate private pay and/or grant funding. With the increased community awareness, we have also noticed an increase in the donations for the agency. This increase is also reflected in the amounts above. No increases are included for each of the jurisdictions.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

Transportation Services

18. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

The goal of the Transportation Program is to enable frail, homebound older adults aged 60 and older to remain physically and mentally healthy while living independent in their own homes. These services will reduce, prevent or delay the more costly option of premature nursing home placement. The agency provides transportation to mobility challenged residents aged 60 and older.

Objectives:

- | | |
|-----|--|
| 1a. | Approximately 150 program participants will be transported to the meal centers, essential shopping and medical appointments as indicated in the United Way Logic Model. The Logic Model only relates to elderly residents who are enrolled in the Senior Café's nutrition programs. |
| 1b. | Participants can depend on regular and reliable transportation for reasons described in 1a. above in order to allow all participants to become less dependent on unreliable and costly modes of transportation. Participants are less isolated due to increased mobility as indicated in the United Way Logic Model. |

Program Goal 2:

Transportation service helps prevent unnecessary or premature institutionalization.

Objectives:

- | | |
|-----|--|
| 2a. | Approximately 150 program participants will be transported to the meal centers, essential shopping and medical appointments as indicated in the United Way Logic Model. The Logic Model only relates to elderly residents who are enrolled in the Senior Café's nutrition programs. |
| 2b. | Participants can depend on regular and reliable transportation for reasons described in 2a. above in order to allow all participants to become less dependent on unreliable and costly modes of transportation. Participants are less isolated due to increased mobility as indicated in the United Way Logic Model. |

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Transportation program is evaluated utilizing the Uniform Assessment Instrument which assesses an older individual's progress while receiving services and assesses the individual to determine eligibility for our programs. Data is evaluated to determine the number of participants who stay in the program and are able to remain in their own homes with equal or better results on their annual reassessment. At least 80% of program participants will remain in their own homes. Last year, this standard was met.

19. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:

Objective 1a.

Last year, 368 people participated. 92% (338 people) were able to remain in their own homes. In order to continue participating in the programs, a person must have some mobility. The majority of individuals who no longer attend are now completely home bound due to mobility challenges and cannot afford to hire a care giver to assist them while in the program.

Objective 1b.

The agency provided 28,319 one way trips to 368 people during 2014.

Objective 2a.

Of the 368 participants, 92% remained in their own homes because of this service.

Objective 2b.

The agency drove a total of 270,664 miles to assist individuals with their transportation challenges.

20. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Transportation Program goals are revised to reflect actual services provided by the agency instead of one program. Despite the increase in the number of residents over the age of 60 in planning district 16 and despite the reduction in federal funding, the agency has been able to continue serving those with the greatest need. We have a waiting list currently of 95 people, an increase of 400% over last year's numbers. We are concentrating on recording the real needs within the community. The new Executive Director has dictated that the agency assess all individuals for needs. Previously, staff had placed a moratorium on services and many individuals were not recorded in the database. Interestingly, more than 25% of the older adults who have been waiting for services more than 2 years have either been placed in a nursing home or have passed away.

Program Goal 2:

The transportation goal remained unchanged for 2015.

21. Community Impact: (Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)

Joe was recently referred to our office for assistance. Joe lost his wife of 40+ years and was very lonely. Joe had taken care of his wife during her illness and Joe found himself wanting to become involved. Joe was a reserved, shy, withdrawn individual who wasn't too sure about attending the café. The first day Joe was at the café, he joined in with the festivities including dancing, bingo, exercising and enjoying himself. Within weeks of joining the café, Joe was well adjusted to attending the café. We would constantly see Joe smiling and laughing with all the ladies. He is quite the dancer.

Ms. J. has been coming to the café for many years. Recently, this vibrant woman suddenly found herself in the hospital battling COPD. Ms. J. was in the hospital for over a week. Because Ms. J. had been a participant for several years, one group of ladies went to see her in the hospital. They were able to bring Ms. J. balloons, cards and spent the afternoon just sitting with Ms. J. When Ms. J. was discharged to rehab, she was calling the café manager to find out how soon she could return to the café. Once Ms. J. was discharged from rehab, she returned to the café. Ms. J. stated her friends from the café kept her spirits up and kept her going until she could return. The café becomes a place for lonely, depressed people to socialize, have fun and receive good nutritious food during the day. Ms. J. did end up in the hospital again but we are hopeful she will be back again real soon. Her friends miss her dearly.

22. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Currently, there are over 700 residents in planning district 16 receiving assistance through the federal, state and local funding. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding. The vans currently used to transport the older residents in our area would return to the state for auction and/or distribution to other areas. Over 250 people would no longer receive regular nutritious hot meals. Over 100 people would no longer be engaged in activities with their peers. The 700 individuals who are receiving services would probably remain at home, lacking in personal contact and would probably fall into a deep depression. We recognize that other agencies could cover our territory from other parts of the state. Our agency has successfully received the designation as the local Area Agency on Aging and weatherization provider. By having the local presence, we are able to recruit volunteers for our services. We may not be as successful at recruiting volunteers if an agency from outside our area is handling the services.

**Partner Agency Funding Application FY 2016
SERVICE DATA**

Program Service Data:		Service Period: 10/1/2013 to 9/30/2014								
Locality Served	Total Served		Race							
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	14		5	9	3	11				
Caroline	14		3	11	4	10				
King George	23		4	19	10	11			1	1
Spotsylvania	56		12	44	30	24		2		
Stafford	27		3	24	11	14	1		1	
Other										
Total	134		27	107	58	70	1	2	2	1

*Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups							Income Levels					
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under \$10,000	\$10,000 - \$19,000	\$20,000 - \$39,000	\$40,000 - \$59,000	Over \$60,000
Fredericksburg								14	9	4	1		
Caroline								14	12	2			
King George								23	13	7	3		
Spotsylvania								56	43	2	11		
Stafford								27	11	10	6		
Other													
Total								134	88	25	21		

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why.

The Transportation program is evaluated utilizing the Uniform Assessment Instrument which assesses an older individual's progress while receiving services and assesses the individual to determine eligibility for our programs. Data is evaluated to determine the number of participants who stay in the program and are able to remain in their own homes with equal or better results on their annual reassessment. At least 80% of program participants will remain in their own homes. Last year, this standard was exceeded.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	Nutrition Services	Is this a new program?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Program Contact:	Robin Campbell	Title:	Nutrition Coordinator
Telephone Number:	(540) 371-3375		
E-Mail Address:	rcampbell@raaa16.org		

23. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

RAAA's Senior Cafés are located in the counties of Caroline, King George, Spotsylvania, Stafford and the City of Fredericksburg. Each Café is open three days per week and in addition to providing nutritionally sound breakfast and lunch meals clients many other activities are available. These activities include: frequent socialization with clients, staff, and volunteers, physical activity – balance training, limited mobility calisthenics, other exercise, chronic disease self-management training, educational and information presentations, crafts, art projects and many other options. Additionally, some individuals are homebound and unable to attend the Senior Cafés, for these clients home delivered meals are supplied. Each client receives 7 nutritionally-sound, frozen meals each week, emergency meals are also provided in the even that there is a lapse in service due to inclement weather or unforeseen circumstances. Agency newsletters are also distributed

24. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

With almost 35,000 individuals aged 60 and older in Planning district 16 supporting this vulnerable population in remaining active in their communities is integral to overall community health. Access to appropriate nutrition, activity, and awareness of services are key components to avoiding unnecessary nursing home placement. We have a list of over 61 individuals waiting to receive services. During fiscal year 2014 (October 1, 2013 – September 30, 2014), the agency provided 46,212 meals to 237 individuals. In order to remove the individuals waiting for services, we would need an additional \$130,845.00. Additionally, given the climate for grant funds, we anticipate the needs for older adults will continue to grow due to the expected reduction in federal funding. Another challenge is the realization that many older adults are not aware of our programs.

25. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

In addition to state and federal funding this agency also receives funding from Rappahannock United Way. Referrals are received from MWHC Care Transitions Partnership, the Live Well, Virginia! Chronic Disease Self-Management Program, municipalities, Fredericksburg Area Food Bank, and direct contacts from community members. We continue to build community partnerships and improve collaboration options.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

26. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Nutrition Services are targeted to frail older adults who suffer from food insecurities. These individuals are at risk of premature placement in facility care without nutrition assistance. Individuals may receive priority status based on minority status, poverty level (as allowed by funding), and those who reside in rural areas. Nutrition programs are for older residents, aged 60 and older, that reside in planning district 16 which includes the city of Fredericksburg, and the counties of Stafford, Spotsylvania, Caroline and King George. Nutrition services are provided to older adult residents of planning district 16, in their own homes when the older resident is unable to get to a senior café. Eligible older adults receive up to 7 meals per week. Typically, older adults who are shut in receive 7 meals on a weekly basis. Residents who attend the programs conducted at the Senior Cafés receive services 3 times per week at one of the 6 senior cafés located throughout the Planning District.

27. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

The majority of cost for services are funded under the Older Americans Act. The Older Americans Act prohibits fees, however, donations are accepted.

28. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	\$15,000.00	\$15,000.00	\$15,000.00
Fredericksburg	\$2,318.00	\$2,318.00	\$2,318.00
King George	\$3,154.00	\$3,154.00	\$3,154.00
Spotsylvania	\$10,857.00	\$10,857.00	\$10,857.00
Stafford	\$10,783.00	\$10,783.00	\$10,783.00
United Way	0.00	0.00	0.00
Grants	\$384,344.00	\$425,914.00	\$425,914.00
Client Fees	\$8,000.00	\$10,000.00	\$10,000.00
Fundraising	0.00	\$2,500.00	\$2,500.00
Other	0.00		
Total Program Budget for PD16	\$434,456.00	\$480,526.00	\$480,526.00

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

During the 2014 legislative session, the Commonwealth awarded the Area Agencies on Aging additional funding to offset sequestration cuts. The increased funding is reflected in the budget for 2015 and 2016. While these funds may be cut, it is our understanding that the governor is committed to funding meals for our older adult population.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

Nutrition Services

29. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

The goal of the nutrition program is to promote good health thereby helping older residents of PD16 to remain in their own homes and active in the community, which will help to prevent premature or unnecessary placement in the more costly nursing home. At least 80% of program participants should remain in their own homes during the fiscal year.

Objectives:

1a.	Efficiently operate five Senior Cafés that provide nutritionally balanced breakfast and lunch meals to many eligible residents as possible.
1b.	Provide weekly home meal delivery of nutritionally balanced meals and nutritional supplements to as many eligible residents as possible.

Program Goal 2:

To provide useful health and wellness related information to nutrition Program clients, which enables them to make well-informed lifestyle choices that will help them stay in their own homes and prevent premature or unnecessary institutionalization.

Objectives:

2a.	Ensure that meal center managers offer educational information and exercise activities that promote good health.
2b.	Ensure that homebound clients receive regular information that promotes good nutrition, exercise, and home safety through RAAA newsletter and regular supplemental information.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Nutrition program is evaluated utilizing the Uniform Assessment Instrument which assesses an older individual's progress while receiving services and assesses the individual to determine eligibility for our programs. Data is evaluated to determine the number of participants who stay in the program and are able to remain in their own homes with equal or better results on their annual reassessment. At least 80% of program participants will remain in their own homes. Last year, this standard was met.

30. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period: October 1, 2013 – September 30, 2014

Objective 1a.

Six senior cafés were open three days per week, weather permitting. 20,151 meals were provided to 163 residents aged 60 and over who reside in Planning District 16 during 2014.

Objective 1b.

Agency volunteers and staff delivered 26,061 meals to 100 home bound (shut in) residents aged 60 and over who reside in Planning District 16 during 2014.

Objective 2a.

Senior Cafés managers and volunteers provided educational information to participants throughout the year. Educational information included falls prevention, identify theft and fraud alerts, and nutritional guidance a total of 10,744 times during 2014. Additionally, participants were provided fitness activities to enhance balance and mental health.

Objective 2b.

All home bound consumers received information through the 5,458 newsletters delivered throughout the Planning District. Additional supplemental information was provided throughout the year on relevant topics including Medicare Part D enrollments.

31. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Nutrition program goals are currently met. Staff worked hard to change the way services are provided. An effort to identify more cost effective means of purchasing meals was proactively pursued during 2013. Staff now utilize produce, meats and other nutrients from our partner agency, the food bank, when possible. Additionally, through negotiations with our meal provider, condiments are now included for free with the meals. Finally, extensive fund raising efforts have been launched to alleviate all food insecurities found in our older adults who reside in planning district 16. While these efforts help to offset the reduction in federal funding, we anticipate a continued reduction in funding for all federally funded programs.

Program Goal 2:

Nutrition goals are currently met. No goal modifications are needed at this time. The agency is proud to report on the enhancement of healthy aging programs with the anticipated implementation of chronic disease self-management programs. This program will be offered in conjunction with the Mary Washington Healthcare Foundation at Stafford Hospital. This program will educate participants on how to manage their chronic conditions, thereby reducing costly hospital readmission.

32. Community Impact: (Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)

Café participants were able to engage in lively discussion about their chronic health conditions. Six weeks, two and a half hours per session, was devoted to evaluating tools to effectively manage chronic conditions. One of the outcomes on the chronic disease self-management program is to develop a tool box of ideas to assist in managing a participant's chronic condition. During the workshops, participants who were 90+ years old began exercising at home on a regular basis. This exercise regimen included weights, walking and balancing efforts. Participants indicated they feel better, watch their nutritional intake and are able to sleep better. The program has been successful and was implemented within the cafes.

33. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Currently, there are over 700 residents in planning district 16 receiving assistance through the federal, state and local funding. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding. The vans currently used to transport the older residents in our area would return to the state for auction and/or distribution to other areas. Over 250 people would no longer receive regular nutritious hot meals. Over 100 people would no longer be engaged in activities with their peers. The 700 individuals who are receiving services would probably remain at home, lacking in personal contact and would probably fall into a deep depression. We recognize that other agencies could cover our territory from other parts of the state. Our agency has successfully received the designation as the local Area Agency on Aging and weatherization provider. By having the local presence, we are able to recruit volunteers for our services. We may not be as successful at recruiting volunteers if an agency from outside our area is handling the services.

Partner Agency Funding Application FY 2016
SERVICE DATA

Nutrition

Program Service Data:

Service Period:

10/1/2013

to 9/30/2014

Locality Served	Total Served			Gender		Race					
	FY2014	FY2016*		Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	29			10	19	7	22				
Caroline	35			9	26	11	23				1
King George	44			11	33	22	20				1
Spotsylvania	106			32	74	68	33				3
Stafford	49			39	10	26	19	2			1
Other											
Total	263			101	162	134	117	2	2	2	6

*Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups							Income Levels					
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under \$10,000	\$10,000 - \$19,000	\$20,000 - \$39,000	\$40,000 - \$59,000	Over \$60,000
Fredericksburg								29	11	8	10		
Caroline								35	16	9	10		
King George								44	17	24	3		
Spotsylvania								106	51	41	14		
Stafford								49	31	11	7		
Other													
Total								263	126	93	44		

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Program Name:	Page 27
Homemaker Program	

Each agency submitting a funding request must fill out the following pages for each program serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	Homemaker Program	Is this a new program?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Program Contact:	Pat Holland	Title:	Director of Client Services
Telephone Number:	(540) 371-3375		
E-Mail Address:	pholland@raaa16.org		

34. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

The homemaker program provides supports to keep frail older individuals independent and able to remain in their own home and community. Items such as: Dusting, vacuuming, sweeping and mopping of all areas of a home used by the client, thoroughly cleaning bathrooms and kitchens, washing, drying and folding laundry, washing and changing bed linens, taking out the trash shopping, errand services, small meal preparation, etc. The program is geared toward individuals who are low-income, socially disadvantaged frail older people aged 60 or older. Often the homemaker is the only or main interaction that the client has with the outside world.

35. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Sequestration continues to be a very present concern for federally funded programs. At this time, we have a list of over 46 individuals waiting to receive homemaker services. During fiscal year 2014 (October 1, 2013 -- September 30, 2014), the agency provided 3,780 hours of service to 62 individuals. In order to remove the individuals waiting for services, we would need an additional \$112,240. Additionally, given the climate for grant funds, we anticipate the needs for older adults will continue to grow due to the expected reduction in federal funding. Another challenge is the realization that many older adults are not aware of our programs, this is continually improved through outreach and community awareness activities in addition to the services provided by CRIA.

36. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

In addition to state and federal funding this agency also receives funding from Rappahannock United Way. Referrals are received from MWHC Care Transitions Partnership, the Live Well, Virginia! Chronic Disease Self-Management Program, municipalities, Fredericksburg Area Food Bank, and direct contacts from community members. We continue to build community partnerships and improve collaboration options.

**Partner Agency Funding Application FY 2016
PROGRAM INFORMATION**

Homemaker Program

37. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Homemaker services are targeted to frail older adults who are unable to stay in the community without the assistance of some services. Those individuals who are minority, below poverty level, or reside in a rural community are given priority status.

38. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

The majority of the cost for services are funded with federal funds under the Older Americans Act. The Older Americans Act prohibits the agency from charging fees, however, donations are accepted.

39. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	\$3,242.00	\$3,242.00	\$3,242.00
Fredericksburg	\$2,318.00	\$2,318.00	\$2,318.00
King George	\$3,154.00	\$3,154.00	\$3,154.00
Spotsylvania	\$4,705.00	\$4,705.00	\$4,705.00
Stafford	\$3,187.00	\$3,187.00	\$3,187.00
United Way	\$30,000.00	\$30,000.00	\$30,000.00
Grants	\$90,090.00	\$112,033.00	\$112,033.00
Client Fees	\$6,000.00	\$6,000.00	\$6,000.00
Fundraising	\$1,000.00	\$1,000.00	\$1,000.00
Other	0.00	0.00	0.00
Total Program Budget for PD16	\$143,696.00	\$165,639.00	\$165,639.00

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

We did not submit an increase in funding for the local jurisdictions. We have successfully advocated for additional federal funding. And, we have the ability to transfer funding from our meals programs into other areas. With the increases provided by the state, we were able to shift the money to the programs which demonstrate a need. This is reflected in our budget for 2015 and 2016.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

Program Name:	Page 29
Homemaker Program	

40. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

The goal of the Homemaker Program is to enable frail, homebound older adults aged 60 and older to remain physically and mentally healthy while living independently in their own homes. These services will reduce, prevent or delay the more costly option of premature nursing home placement.

Objectives:

1a.	Provide residents of Planning District 16 who are 60 or older essential housekeeping services as indicated in the United Way logic model
1b.	Caregivers of the older adult residents of PD16 receive respite from the mentally stressful issue of caring for their loved one 24 hours a day, seven days a week. This program also increases the client's opportunities for socialization.

Program Goal 2:

N/A

Objectives:

2a.	N/A
2b.	N/A

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Homemaker program is evaluated utilizing the Uniform Assessment Instrument which assesses an older individual's progress while receiving services and assesses the individual to determine eligibility for our programs. Data is evaluated to determine the number of participants who stay in the program and are able to remain in their own homes with equal or better results on their annual reassessment. At least 80% of program participants will remain in their own homes. Last year, this standard was met.

41. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period: October 1, 2013 – September 30, 2013

Objective 1a.

Last year, 62 people participated. 87% (54 people) were able to remain in their own homes. Of those who left, 4 people passed away, 2 transitioned into a nursing home and 2 disenrolled from the program in order to be served by family (most likely in another state/location). As you can see, our programs do make a difference. Most people who are close to end of life spend down faster than any other population.

Objective 1b.

Please refer to the notes in Objective 1a.

Objective 2a.

N/A

Objective 2b.

N/A

42. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Homemaker Program goals are currently met. No major program modifications are needed at this time. Despite the increase in the number of residents over the age of 60 in planning district 16 and despite the reduction in federal funding, the agency has been able to continue serving those with the greatest need. We have a waiting list currently of 46 people. We anticipate the funding from United Way will help alleviate the majority of residents waiting for services. However, we will continue to increase the waiting list because of the growing need within the community.

Program Goal 2:

Homemaker Program

43. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

Ms. P. had been successfully living alone for many years. As a holocaust survivor, she had the spirit of a warrior. But Ms. P. was beginning to notice that she could no longer keep her house as clean as she would like. Her health was beginning to decline and she wanted to stay in her own home. She contacted the agency and requested some assistance with cleaning her home, some light errands, and assistance with her laundry. Once the agency started the homemaking services, Ms. P. realized she did not have the persistent cough due to the excessive dust in her home. Ms. P was able to sleep on nice clean sheets and was able to get a better night's rest. Ms. P. is eternally grateful for the assistance the agency provides to her on a bi-weekly basis.

Mr. E. was a referral from the hospital. Mr. E. was experiencing health issues and needed some assistance with cleaning his home. Mr. E. had become frailer over the years and his balance wasn't quite what it used to be. In fact, Mr. E. had been at the hospital due to a nasty fall. The agency sent in a team of homemakers to work on Mr. E's house. The homemakers were able to clean the home and eliminate the clutter which caused him to fall. The homemakers worked very closely with the family to make sure each precious item had the perfect spot to keep and maintain Mr. E's memories and assets. Mr. E. has been healed and is no longer in need of the intensive assistance from the homemakers. The homemakers are able to come out and spend a day bi-weekly cleaning his home.

44. Collaborative Impact: *(Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)*

Currently, there are over 700 residents in planning district 16 receiving assistance through the federal, state and local funding. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding. The vans currently used to transport the older residents in our area would return to the state for auction and/or distribution to other areas. Over 250 people would no longer receive regular nutritious hot meals. Over 100 people would no longer be engaged in activities with their peers. The 700 individuals who are receiving services would probably remain at home, lacking in personal contact and would probably fall into a deep depression. We recognize that other agencies could cover our territory from other parts of the state. Our agency has successfully received the designation as the local Area Agency on Aging and weatherization provider. By having the local presence, we are able to recruit volunteers for our services. We may not be as successful at recruiting volunteers if an agency from outside our area is handling the services.

Program Service Data:		Service Period: 10/1/2013 to 09/30/2014								
Locality Served	Total Served		Race							
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	15		2	13	12	2			1	
Caroline	3		0	3	1	2				
King George	3		0	3	2	1				
Spotsylvania	34		5	29	26	6	1			
Stafford	7		1	6	7	1				
Other										
Total	62		8	54	48	12	1	1	1	

*Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups										Income Levels			
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under \$10,000	\$10,000 - \$19,000	\$20,000 - \$39,000	\$40,000 - \$59,000	Over \$60,000	
Fredericksburg								15	7	1				
Caroline								3	1	1				
King George								3		2				
Spotsylvania								34	9	23	2			
Stafford								7	5	1	1			
Other														
Total								62	22	34	6			

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

The Homemaker program is evaluated utilizing the Uniform Assessment Instrument which assesses an older individual's progress while receiving services and assesses the individual to determine eligibility for our programs. Data is evaluated to determine the number of participants who stay in the program and are able to remain in their own homes with equal or better results on their annual reassessment. At least 80% of program participants will remain in their own homes. Last year, this standard was met.

