Partner Agency Application for Funding
FY2016
FACE SHEET

Agency Name:	Empowerhouse (Formerly Rappahannock Council on Domestic Violence)				
			Has the City/ County Funded This Agency in Previous Years?	√ Yes ☐ No	
Physical Address:	4700 Harrison Road Fredericksburg, VA 22408				
Mailing Address/PO Box:	P.O. Box 1007				
City: Fredericksburg		State:	VA	Zip:	22402
Telephone Number:	540-373-9372	Fax Number:	540-33-0794		
Federal Tax ID #:	52-1142547				
Web Address:	www.empowerhouseva.org				
General Email Address:	office@empowerhouseva.org				
Agency Main Contact:	Kathy Anderson	Title:	Executive Director		
Telephone Number:	(540) 373-9372				
E-Mail Address:	kathya@empowerhouseva.org				

Agency General Information

Agency Mission:

We empower survivors of domestic violence (DV) and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter/housing, advocacy, education, awareness, prevention, and intervention. We aim to reduce new incidences of intimate partner violence, improve victim safety, enhance the criminal and civil legal system's response to DV, strengthen victim services, increase knowledge of DV dynamics, legal systems, safety planning, community services, and promote healthy, safe, and non-abusive relationships through providing multiple services to the community including: emergency domestic violence shelter, housing, 24-hour crisis education, risk assessment, safety planning, on-going victim and community education, advocacy, court accompaniment, healthcare visit accompaniment, Latina culturally appropriate and language services, children and teen services, concrete support through supportive services and direct financial assistance, and batterer intervention services. In addition to State, Federal, and Local Government grants, Empowerhouse is supported by community donations, businesses, Rappahannock United Way, The Community Foundation, volunteers, and community based groups financially, in-kind, and through partnerships.

Number of years agency has been in operation:	36
Localities Served:	Stafford, Spotsylvania, Fredericksburg, King George, and Caroline

Agency Financial Information

	List Programs	Personnel Expenses	Benefits	Operating Expenses	Total Program Budget
1.	**Domestic Violence Housing Supports**	$279,004	$39,544	$302,613	$621,161
2.	**24-Hour Domestic Violence Hotline**	$35,380	$5,961	$14,964	$56,305
3.	**Children Exposed to Domestic Violence**	$38,509	$3,898	$8,411	$50,818
4.	**Domestic Violence Essential Support and Education for Adults**	$182,342	$30,500	$42,216	$255,058
5.	**Other Programs**	$84,938	$11,133	$19,055	$115,126
Agency Administration:		$63,591	$6,370	$45,280	$115,241
Capital Outlay:					$1,000,000
Total Agency Budget:		**$683,764**	**$97,406**	**$432,539**	**$2,213,709**

X *If your application includes funding increases for personnel (to include new positions or merit / COLA increases), please check here and explain in detail the need for this type of increase under each program budget.*

Submission Checklist: ***(include 1 copies of each)***	√ IRS 501(c)(3) Letter	√ Audit Report *(with Audit Management Letter)*	√ Current Financial statement	√ IRS 990
√ Accountant Contact Information	√ Organizational Chart	√ Current Board Roster *(with contact information)*	√ Agency's Current Strategic Plan	

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BUDGET EXPLANATIONS

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Agency Administrative Expenses:

In the box below, provide an overview of the administrative costs detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds. If your agency is requesting an increase or decrease in administrative funding, please describe, in detail, the reasons for these changes. (The description should not exceed 15 lines of text.)

Empowerhouse is not requesting locality funds for administrative costs.

Capital Outlay:

In the box below, provide an overview of the capital expenses detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of capital costs that are defrayed by locality funds. (The description should not exceed 10 lines of text.)

Sheltering at our domestic violence shelter is well exceeding our capacity and the need has been steadily increasing in an upward trajectory. The organization will fix capacity this coming year by relocating our domestic violence shelter to a new building with increased size and capacity to shelter more victims and their children and relieve the overcrowding and congestion that is particularly oppressive for victims of domestic violence who have experienced trauma. We experienced a 70% increase in people housed, over half of which were children, over the past 5 years. During the same period, we experienced a 76% increase in our turn away rate, requests for shelter of which we were unable to accommodate because we were full and we were not able to find placement in other shelters. We increased bed nights by 87% in that same period. (A bed night is an occupied bed on any given night of the year.) Although we only had 20 beds in our shelter, we were so full that we occupied 23 beds every night of the year. The Sunshine Lady Foundation provided a grant that allowed Empowerhouse to purchase an existing commercial building for this purpose. We are beginning a $1 million campaign to raise the funds to relocate, renovate, and furnish the new domestic violence shelter and operate it for 1 year. A request of $17,000 each, for three years, from Stafford, Spotsylvania, and Fredericksburg, and $8,500 each, for three years, from Caroline and King George is requested for this capital expansion. See housing supports program for more details. The total time limited capital request over three years from our regional local governments is $200,000.

Personnel Expenses (General):

In the box below, provide an overview of any increases or decreases in general personnel expenses for the agency. This would include any planned or projected merit or COLA increases, or new positions being requested. Also include a description of any changes to agency benefits structure or cost. (The description should not exceed 10 lines of text.)

The only change is in regard to new staffing hours at the expanded shelter. New part-time hourly workers ($47,151 wages and FICA) to provide additional morning coverage and additional evening coverage (busiest hours) every day in the expanded domestic violence shelter so that the increased people and families at the new shelter will receive services to meet their emergency needs which often involve more than one family at a time; and to ensure 24-hour coverage at all times for the safety and security of everyone.

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BUDGET EXPLANATIONS

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Budget Information

Please complete the following chart with the financial information for the agency as a whole. In each area include the budget specifically allocated to your agency from each locality/entity listed below.

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	$1,500	$1,500	$12,310
Fredericksburg	$9,350	$14,350	$49,243
King George	$6,577	$6,577	$9,848
Spotsylvania	$36,162	$36,162	$49,243
Stafford	$46,898	$46,898	$49,243
United Way	$43,384	$95,000	$95,000
Grants	$640,343	$584,115	$591,115
Client Fees	$94,218	$89,800	$89,800
Fundraising	$140,777	$118,035	$139,907
Other *(explain below)*	$119,920	$135,170	$128,000
Total Agency Budget for PD16	$1,139,129	$1,127,607	$1,213,709

Detail below what is included in the category 'Other':

Other includes local contributors.

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Please detail below any legislative initiatives or issues that may impact the agency for the upcoming year and how you are planning for them. This could include new legislation that may increase or decrease projected funding at any level (Federal/State/Local), or could affect grants or designated funds as they are currently received. If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

State funding will decrease or increase depending on current trends. In some program areas it could mean a decrease but may increase another initiative such as in the DHCD homelessness and housing funds.

In order to mitigate potential state funding cuts, Empowerhouse works tirelessly to apply to all relevant and available funding sources locally, statewide and Nationally. Empowerhouse works diligently to diversify funding in all areas including events and local donors in a variety of ways with tremendous support from citizen volunteers.

Please detail below any identified agency needs or areas of concern that are currently not being addressed in your funding request. This could include training or technical assistance for specific areas, administrative support for a program or service, evaluation of current programs, or consultation for strategic planning, board support, or fundraising.

Please use the area below to provide any locality specific notes or statements that may be relevant to your application.

City of Fredericksburg:

In this application, Empowerhouse is expressing need directly related to requests for services and as a result, people served. We also are addressing unmet need in our shelter expansion project. We seek support from the City of Fredericksburg alongside other localities and private contributors to achieve helping all survivors of intimate partner violence locally who request shelter for themselves and their family. They need domestic violence shelter to not have to risk staying where they are and where they have been in danger and therefore where they likely will be victimized again. 5% of the capital dollars to expand shelter are requested from Fredericksburg to be received over a three year period. This is an excellent investment because the building is already purchased through a donation from the Sunshine Lady Foundation for this purpose.

Caroline County:

In this application, Empowerhouse is expressing need directly related to requests for services and as a result, people served. We also are addressing unmet need in our shelter expansion project. We seek support from Caroline County alongside other localities and private contributors to achieve helping all survivors of intimate partner violence locally who request shelter for themselves and their family. They need domestic violence shelter to not have to risk staying where they are and where they have been in danger and therefore where they likely will be victimized again. 2.5% of the capital dollars to expand shelter are requested from Caroline County to be received over a three year period. This is an excellent investment because the building is already purchased through a donation from the Sunshine Lady Foundation for this purpose.

King George County:

In this application, Empowerhouse is expressing need directly related to requests for services and as a result, people served. We also are addressing unmet need in our shelter expansion project. We seek support from King George County alongside other localities and private contributors to achieve helping all survivors of intimate partner violence locally who request shelter for themselves and their family. They need domestic violence shelter to not have to risk staying where they are and where they have been in danger and therefore where they likely will be victimized again. 2.5% of the capital dollars to expand shelter are requested from King George County to be received over a three year period. This is an excellent investment because the building is already purchased through a donation from the Sunshine Lady Foundation for this purpose.

Spotsylvania County:

In this application, Empowerhouse is expressing need directly related to requests for services and as a result, people served. We also are addressing unmet need in our shelter expansion project. We seek support from Spotsylvania County alongside other localities and private contributors to achieve helping all survivors of intimate partner violence locally who request shelter for themselves and their family. They need domestic violence shelter to not have to risk staying where they are and where they have been in danger and therefore where they likely will be victimized again. 5% of the capital dollars to expand shelter are requested from Spotsylvania County to be received over a three year period. This is an excellent investment because the building is already purchased through a donation from the Sunshine Lady Foundation for this purpose.

Stafford County:

In this application, Empowerhouse is expressing need directly related to requests for services and as a result, people served. We also are addressing unmet need in our shelter expansion project. We seek support from Stafford County alongside other localities and private contributors to achieve helping all survivors of intimate partner violence locally who request shelter for themselves and their family. They need domestic violence shelter to not have to risk staying where they are and where they have been in danger and therefore where they likely will be victimized again. 5% of the capital dollars to expand shelter are requested from Stafford County to be received over a three year period. This is an excellent investment because the building is already purchased through a donation from the Sunshine Lady Foundation for this purpose.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Domestic Violence Housing Supports**	***Is this a new program?***	☐ Yes √ No
Program Contact:	Tammy Appel	Title:	Assistant Director
Telephone Number:	(540) 373-9372		
E-Mail Address:	office@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Empowerhouse's secret shelter's purpose is safe emergency residential home to provide for the safety and protection of domestic violence victims and their children. Safety planning is individually designed through exploration of the past and current situation and taking into consideration what the future may bring. Fleeing their relationship often results in homelessness. Therefore we spend cash assistance to help them get placed into their own rental housing and we direct staff (including a dedicated employment specialist) and other resources to support their goals of housing and financial stability. Up to 20 adults and children may stay up to 2 months at shelter, a break from a dangerous or oppressive situation within which they live, or while they transition to independence. Average stay: a month. Some enter our new Transition Houses if a large family needs added time to work on finding affordable housing. We help obtain protective orders and some return home with some boundaries in place. Other help includes support to live communally (5 bedrooms and communal living space), provision of emergency resources (food, transportation, clothing until independently secured), emotional support; guiding individuals and families to connect with community resources including but not limited to legal system, housing, social services, medical, mental health, education, family, faith, financial, etc. 41 households with 67 children were placed in their own permanent housing last year and 311 people were sheltered, over half of which were children.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Victims endangered by an intimate partner or displaced due to domestic violence (DV) come into temporary/ emergency housing to alleviate their crisis. This service saves lives and provides the needed relief/ break from volatile and dangerous violence occurring at home. No other PD 16 program provides domestic violence shelter. Qualifying PD 16 DV victims, and their children, when requested, are guaranteed overnight accommodations by Empowerhouse when experiencing imminent danger. All PD 16 residents who request shelter, after phone/in-person eligibility assessment, are welcome at the Empowerhouse shelter if space is available. If full, we contact other domestic violence shelters out of area and help transport victims and their children to other locations, if desiring another shelter. We shelter PD 16 people in other shelter sites when they are experiencing imminent danger, when other facilities cannot be arranged. Via direct financial assistance ($190K paid directly to vendors last year from grants), and staff- we also place in rentals to regain independence, housing, and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. 10,374 bed nights were provided sheltering victims of domestic violence last year. A total 21,820 bed nights-FY 14 were provided in their own permanent housing through rental assistance subsidies provided by Empowerhouse. 26 households were not accommodated when requesting shelter last year due to space.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

Rappahannock Goodwill Industries – We contract with RGI for a part-time employment specialist dedicated to this caseload. Trained as an Empowerhouse worker, and employed at RGI, she helps housing program survivors at Empowerhouse or in their new houses (job search, job search skill building, applications, computer skills, identifying openings, troubleshooting transportation and other barriers to obtaining and retaining employment, coaching to pursue promotions, GED, budgeting, etc.) RGI supports the work with an Empowerhouse job help center we staff and RGI provides computers and software. **CTS** provides free certificate courses to some of our participants and other free services to support them such as massage, beauty, and pampering. **Doris Buffett** supplied 2 houses, one to which MacDoc donated improvements. ***Pursuit of Housing Campaign (POH) Partners*** each play a role in re-housing various demographics of our local population who are homeless. Through our collaborative efforts, we coordinate as part of the CoC (a much larger coalition with concern for the homeless population). ***POH Partners***: **GWRC** coordinates, **Central Virginia Housing Coalition** provides a full-time housing locater and pick up and deliver donated furniture, which we share among POH partners with our grant funding. Subject to resources, each partner re-houses homeless people: **Empowerhouse** – homeless victims of domestic violence usually female headed families accompanied by children; some are unaccompanied, **Micah** - the chronically homeless-primarily unaccompanied adults, **Thurman Brisben** – homeless families; **Loisann's Hope House** – homeless female headed families accompanied by children. **Kloke/Mayflower** continues to help Empowerhouse on multiple occasions with furniture storage, moving, and ongoing storage for POH.

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Primarily female victims of domestic violence and their children in Planning District 16 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous, domestic violence situation and/or have become homeless, recently, as a result of the domestic violence. PD 16 residents are offered shelter regardless of neighborhood or jurisdiction. For safety reasons, the shelter is in an unpublicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in a stay that year. It is unusual for persons to request multiple stays within one year. We place people in housing from all over the area and in rentals all throughout the area per their unique needs.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No Fees. *(As a Virginia Accredited Domestic Violence program, we are not allowed to charge fees for victim services.)*

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

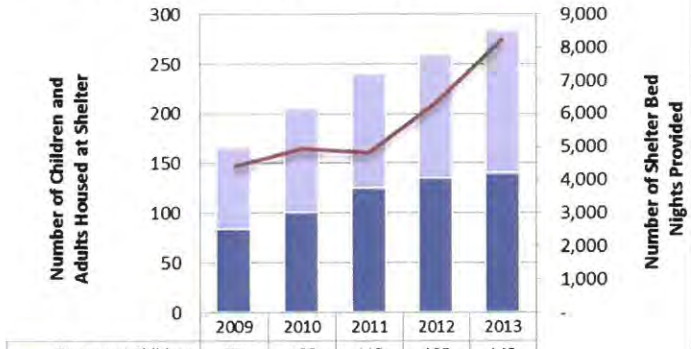
	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	$837	$822	$11,624
Fredericksburg	$5,218	$7,860	$42,681
King George	$3,670	$3,602	$6,840
Spotsylvania	$20,180	$19,806	$32,706
Stafford	$26,171	$25,687	$27,797
United Way	$26,942	$60,068	$59,621
Grants	$402,932	$317,702	$317,703
Client Fees	$0	$0	$0
Fundraising	$43,410	$49,200	$55,000
Other	$60,516	$67,640	$67,718
Total Program Budget for PD16	$589,876	$552,387	621,690

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The $63,872 increase from localities is requested primarily for new part-time hourly workers ($47,151 wages and FICA) to provide additional morning coverage and additional evening coverage (busiest hours) every day in the expanded domestic violence shelter so that the increased people and families at the new shelter will receive services to meet their emergency needs which often involves more than one family at a time; and to ensure 24-hour coverage at all times, especially during emergencies. The request also addresses $16,721 for additional operating costs of security, supplies, maintenance, insurance, and utilities. The share for each locality is calculated to bring the total share/request from each locality in line with the services received/needed annually, on average. Spotsylvania, Stafford, and Fredericksburg receive approximately the same number of services fluctuating annually but in the same ball park. Caroline's need history demonstrates approximately at 25% of each of the aforementioned localities. King George's need history demonstrates approximately 20% of the aforementioned localities. Therefore, increases in requests are calculated using Stafford County's annual contribution (4% of the Empowerhouse budget) and asking the other localities to increase to a level that will have each locality paying for its fair share of the costs. Empowerhouse attracts dollars from Federal and State government, Rappahannock United Way, Foundations, and other private contributors giving back to all localities at least 10 times over the total contribution provided.

Sheltering at our domestic violence shelter is well exceeding our capacity and the need has been steadily increasing in an upward

trajectory. The organization will fix capacity this coming year by relocating our domestic violence shelter to a new building with increased size and capacity to shelter more victims and their children and relieve the overcrowding and congestion that is particularly oppressive for victims of domestic violence who have experienced trauma. We experienced a 70% increase in people housed, over half of which were children, over the past 5 years. During the same period, we experienced a 76% increase in our turn away rate, requests for shelter of which we were unable to accommodate because we were full and we were not able to find placement in other shelters. We increased bed nights by 87% in that same period. (A bed night is an occupied bed on any given night of the year.) Although we only had 20 beds in our shelter, we were so full that we occupied 23 beds every night of the year.



	2009	2010	2011	2012	2013
Sheltered Children	83	105	115	125	143
Sheltered Adults	84	101	126	136	141
Total Bed Nights	4,408	4,931	4,831	6,332	8,249

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship.

Objectives:

1a.	100 women and their 100 children will be sheltered in our domestic violence shelter between July 1, 2015 and June 30, 2016. (*Since presented need continues to increase, this objective will change significantly in FY 16 and the projections or objective may change to at least 150 adults and 150 children.)*
1b.	At least 75% of adult shelter residents will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence home and at least 75% will report that they know more about community resources as a result of the services they received at Empowerhouse between July 1, 2014 and June 30, 2015.

Program Goal 2:

Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.

Objectives:

2a.	Provide scattered site placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 25 domestic violence victims.
2b.	Provide supportive services to 24 survivors including safety planning, domestic violence advocacy, budgeting, obtaining clothing and other donations, and any other services or referrals necessary to reduce the number of barriers they are face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, education, scholarships, referrals for credit counseling, and Empowerhouse on-site RGI Job Help Center.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Shelter Services Coordinator provides direct services to adult residents and supervises others who also provide services. She is responsible for ensuring intakes are complete and service data is entered into VAData, a statewide data collection system for Virginia accredited domestic violence service programs. This system allows Empowerhouse to review the number of participants and the percentage of safety planning conducted with shelter residents reported by staff and monitor anonymous evaluations filled out by residents and entered by a confidential statewide entry center. Additionally, Empowerhouse conducts written shelter evaluations at exit. Among other questions, residents are able to provide feedback on whether they participated in safety planning and whether they were provided with written referrals to community service organizations. The Executive Director reviews the surveys and data and compiles quarterly reports on the above objectives and the results. VAData provides reports on the aggregate anonymous evaluations filled out by shelter residents. Housing clients fill out anonymous services on barriers, progress, satisfaction, and successes.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	7/1/2013-6/30/14

Objective 1a.

141 adults and 170 children resided in our Empowerhouse domestic violence shelter program last year.

Objective 1b.

96% reported they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence home (Virginia performance 92%). 93% reported that they know more about community resources as a result of the services they received at Empowerhouse shelter (Virginia performance-91%).

Objective 2a.

41 households placed with their 67 children were placed and sustained in permanent rental units with utility, deposit, and rental financial subsidy assistance. (Another 6 households with their children were assisted from the previous year entry into housing.)

Objective 2b.

We provided supportive services to 47 survivors including safety planning, domestic violence advocacy, budgeting, obtaining clothing and other donations, and any other services or referrals necessary to reduce the number of barriers they are face to economic stability and permanent housing. 29 of them accessed assistance in gaining or retaining employment as they resided in housing, including employment assistance, job skills training, education, scholarships, referrals for credit counseling, and Empowerhouse on-site RGI Job Help Center.

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Objective 1: met and exceeded- Sheltering at our domestic violence shelter is well exceeding our capacity and the need has been steadily increasing in an upward trajectory. The organization will fix capacity this coming year by relocating our domestic violence shelter to a new building with increased size and capacity to shelter more victims and their children and relieve the overcrowding and congestion that is particularly oppressive for victims of domestic violence who have experienced trauma. We experienced a 70% increase in people housed, over half of which were children, over the past 5 years. During the same period, we experienced a 76% increase in our turn away rate, requests for shelter of which we were unable to accommodate because we were full and we were not able to find placement in other shelters. We increased bed nights by 87% in that same period. (A bed night is an occupied bed on any given night of the year.) Although we only had 20 beds in our shelter, we were so full that we occupied 23 beds every night of the year.

Objective 2: met and exceeded

Program Goal 2:

Objective 1: Met and exceeded. We have had great results stretching rental assistance dollars to place more women and children than we anticipated into permanent housing. Survivors of domestic violence are often isolated from support networks and financial resources by their abusive partners. They often lack steady income, employment history, credit history, and landlord references. With inflicted abuse, they sometimes have bad credit. Despite these obstacles, the financial subsides and our partnership to pay for our share of a housing locator at Central Virginia Housing Coalition and her work to strengthen relationships with landlords has proved to be effective in helping survivors enter quickly into their own housing where they can become economically and housing stable with some help. This is important so they do not return to homelessness or abuse.

Objective 2: Met and exceeded. We have had great success with housed survivors of domestic violence availing themselves of the voluntary services relevant to their needs and experience in an effort to become economically stable for themselves and their family, safely housed and self supported. The contracted RGI employment specialist, we employ, trained in domestic violence has demonstrated great results with participants obtaining employment, secondary employment, and improving their vocational skills and employability.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

It has been of great benefit to our community that we have flexible options for survivors of domestic violence in helping them as they take the steps to leave abuse. The help we provide can last years and it is gratifying to see great results as we work together in our community to achieve them and this includes the untiring work of the people who find themselves in an abusive relationship. When we first met her, she had seen the Empowerhouse poster at church that asked questions about behaviors in an abusive relationship. She saw her situation, for which she did not have a name, in the domestic violence poster and, being too scared to seek help and all the fears that surrounded that, she came to our office to seek information on volunteering. On her second visit, she could not hold in her secret any longer and she confided in our healthcare advocate regarding the years of abuse and how her life had been taken over since she married and gave birth to their child. She did not understand why this was happening or how it had gotten this bad. She owned her own business before, had never known of domestic violence, was a motivational coach, and completely embarrassed and distraught that her life was reduced to nothing in terms of economic resources her abusive husband controlled and the intimidation which ruled her and her children's lives keeping them from participating in routine human experiences. They were isolated in the home. She was not allowed to drive any of their many vehicles and he picked out her clothes. She never knew when he would pick her up by the neck and pin her to the wall. As she began to make sense of how this thing called domestic violence had impacted her life and realized it would not get better without seeking help, she took steps to get a protective order. Our shelter was full and she stayed with a friend. All of her assets were frozen and she and her children had no access to financial resources for years. On one day visit with the father, her baby was not returned and he told her that he now had custody and he would regulate and decide when she could come to visit her baby. This could not have wounded her more than anything he had done. She was in complete poverty and really felt hopeless at times. When the judge ordered her to perform the childcare for her own child while he worked, she somehow did not fall into complete despair. She was embarrassed while forced to lean on friends which were a blessing. This entire time she participated in support group and received court advocacy services. An amazing local attorney took her case on a reduced fee and payment plan and went to bat for her in court. Each hearing was a struggle and yet she persevered. She found a job that was below her education and skill set and her friends helped her to and from work and daycare with rides early in the morning and in the evening. She was exhausted. A donor gave Empowerhouse a car and after pulling her name from a hat of people who needed transportation, she was given this high functioning gift. She had one more issue to solve for her and her family before court. Her attorney told her if she did not have a job and her own residence, she would lose custody of her now toddler. Empowerhouse was able to provide rental assistance dollars from a Federal Grant based on her need to relocate from the domestic violence. She accepted the help and moved into her own rental. She spoke at an event to help our community understand the experiences of survivors of domestic violence. She learned of a job opening in her field and applied. She competed and was offered the position. As a result, she is gainfully employed, maintaining her housing for her family, and returning to the person she once was. She states she has had to relearn basic things that we all take for granted like shopping. She was not allowed to go to the mall or pick out her own clothes for years. Her adolescent child begged to go at one point, wondering why that was off limits, and this experience was part of clueing her into how abnormal her life had become prior to seeking help.

Another brave woman endured years of abuse at the hands of their children's father and her husband. He drank and hit her all the time and she was completely isolated. She made an attempt to leave and stay with her brother but it was so difficult for her to parent her three children in that overcrowded environment after leaving abuse that she eventually returned to her husband. When she contacted Empowerhouse by going to a false medical appointment for her child she arranged with her provider (he otherwise monitored her coming and going and would not let her out of their residence), she did come into our shelter. They stayed for many months at the shelter and then the Transition House while she waited for the only apartment that would rent to her to become available. Fortunately, it was less expensive than many locally. She received bus passes for her and her children through a donor to Empowerhouse. She received summer camp for her children and she worked while taking advantage of the FRED bus while her children were in summer camp. She worked with our employment specialist, the job help center, and our Latina Services Coordinator. Through the help of this program, she entered her own apartment with her children. They are free from her husband's physical violence. We helped her furnish her apartment through contracting with CVHC and their staff, and a donation from Kloke to store donated furniture. Obviously he has visitation with the children and she continues to work with our program to help her stay strong and be aware of resources as she needs them now and she may need support in the future.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

The community would lose in missing out on saved lives, improved safety, improved health, and improved economic status for many of our citizens particularly women and children. We provide support for victims to obtain jobs, access protective orders, and obtain relief through the court system. If Empowerhouse dissolved, victims of domestic violence would have no place to go in the middle of the night or anytime for that matter to an expert response that is set up and ready to respond effectively to their type of crisis and on-going needs. They would remain in their dangerous homes, continually terrorized and reduced to non-human status alongside their children who, at a minimum, are exposed to it and often are direct victims of abuse. Empowerhouse moves victims from crisis to stability. The houses, rental subsidies, and employment services we provide via donations and grant funding to victims of domestic violence are crucial in helping our clients take control of their lives and gain stability. The houses provide the residents their path to economic stability that decreases the burden on tax payers. Our clients retain or gain employment, pay taxes, and they participate in the area's economy. The houses, housing services, and permanent placements into housing, are anti-poverty measures for some of the most vulnerable citizens of Fredericksburg. This help stops our clients from spiraling into poverty and homelessness.

The board members and CEO are able to advocate for the needs of survivors of domestic violence easily and with clarity and focus. The expert response provided is intentionally designed to address safety issues, assess risk, and ensure that the danger that domestic violence poses is taken seriously and that presenting victims are believed and assisted with a sense of immediacy. It is very helpful that there is not confusion or blending of missions within the organization. With safety as the top priority, there is less chance of a missed referral or a misstep that increases risk for a victim of domestic violence if the organization were otherwise preoccupied with another mission that may be competing for attention. With a single mission, there is less chance that scarce resources would be consumed with providing support and care in another direction that decreases resources to people who are not safe and need us to provide a priority response.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Service Data: Service Period: 7/1/2013 to 6/30/2014

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	86	96								
Caroline	34	40								
King George	16	25								
Spotsylvania	102	95								
Stafford	64	95								
Other	55	50								
Total	357	401	110	247	154	126	11	40	0	66

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total	80	67	24	25	28	84	42	0	277	75	5		

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

Shelter and housing staff enter client information into a statewide data collection system for domestic violence programs. The system is carefully designed to not disclose identifying data on a small subset of persons within a service area such as identifying one sheltered Asian woman from Caroline County. 4 employees meet monthly to track the participants within the housing supports program. The Assistant Director and Executive Director review the data quarterly and ensure that data is entered. Empowerhouse has steadily invested in expanding housing supports. The 2016 count of participants takes into account the households that were not housed last year due to limited space at the shelter. That number is used to project the 2016 increase in persons sheltered. Empowerhouse expects to have capacity to serve all local victims requesting shelter in 2016. The numbers from locality to locality increase and decrease each year with Fredericksburg, Stafford and Spotsylvania experiencing the highest use and Caroline and King George experiencing less demand.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**24 Hour Domestic Violence Hotline**	***Is this a new program?***	☐ Yes ☒ No
Program Contact:	Kathy Anderson	Title:	Executive Director
Telephone Number:	373-9372		
E-Mail Address:	kathya@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

The 24-hour domestic violence hotline provides local access to a trained worker via two Empowerhouse hotline numbers, one which is toll-free. The service opens communication to those isolated by domestic violence. Workers validate feelings and experience, provide risk assessment for future harm and safety planning for the adult victim and affiliated children. Safety planning, as part of the service, is individually designed through analysis of the victim's past and current situation and takes into consideration what the future may bring. Information on domestic violence, agency services, and community resources, are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on: how to file for protective orders and the various governmental entities which are available to report abuse. Most victims calling do not realize that abuse, they experience, is against the law. The primary purpose of the call is to increase safety. This service provides a confidential and free response to survivors, individuals isolated by their intimate partners and demeaned, threatened, physically harmed and frequently in danger.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

One in 4 women will experience severe physical violence at the hand of an intimate partner in her lifetime. A Virginian is killed every 5 days due to domestic violence. Area law enforcement respond to over 6,300 domestic related calls for service each year. This service saves lives in our area through providing expertly trained advocates who know how to educate and direct callers and provide an outlet to seek help, identify the problem, and understand the danger. No other program in PD 16 provides relief in the form of a domestic violence hotline, answered 24 hours per day, where the worker is prepared to stop all activity and focus all attention on the caller frequently lasting an average of one hour. This step is critical because a victim of domestic violence may reach out only once and the responder needs to be ready to listen and address the specific concerns to build trust and open a support system that is lacking due to isolation. Safety planning is a critical service that is prioritized with all callers. All PD 16 victims of domestic violence are eligible and can access the local 373-9373 hotline number or the local toll-free number. 1,230 callers received confidential assistance this past year, FY 14.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

Empowerhouse staff play a role in several coalitions to address domestic violence and strengthen collaborative crisis and systems response to domestic violence: King George Domestic Violence Task Force, Caroline County Alliance Against Violence and the following three entities recently became one: The Stafford County Domestic Violence Response Team, the Fredericksburg Domestic Violence Coordinating Council and The Spotsylvania Domestic Violence Task Force. Our domestic violence hotline and 24 hour response services are widely promoted through these coordinating bodies that also promote training for first responders and all service providers who frequently come in contact with victims of domestic violence and their families. Governmental entities attend and regional organizations such as Rappahannock Legal Services, RCASA, Safe Harbor, RACSB, and MWH Forensic Services.

24 hour domestic violence hotline

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Planning District 16 call the hotline. Sometimes we respond to calls outside of the planning district especially when a family member who lives outside of the area may call for a victim who is located in PD 16. Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 4700 Harrison Road in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and no longer documented as hotline calls.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees. Accredited domestic violence programs are not allowed to charge fees for victim services.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	$117	$105	$107
Fredericksburg	$727	$1,009	$1,020
King George	$511	$462	$468
Spotsylvania	2,812	$2,543	$2,571
Stafford	$3,647	$3,298	$3,334
United Way	$3,476	$0	$0
Grants	$22,762	$27,762	$27,762
Client Fees	$0	$0	$0
Fundraising	$10,650	$9,950	$11,000
Other	$11,012	$9,420	$10,043
Total Program Budget for PD16	$54,714	$54,549	$56,305

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The 1% increase for localities is related to increased costs in rent because our rental offices are forced to move from a road widening project.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

Enhance the safety and support of victims of domestic violence and their children to decrease exposure to and effects of violence.

Objectives:

1a.	At least 70% of individuals calling the Empowerhouse hotline are more informed about the dynamics of domestic violence and services available through Empowerhouse.
1b.	At least 75% of domestic violence survivors know more about the resources available to them in our community.

Program Goal 2:

Objectives:

2a.	
2b.	

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

All hotline calls are logged on VAData forms that are entered into the statewide Virginia data collection project for domestic violence programs in Virginia. The Executive Director runs quarterly reports to monitor the results of the objectives and ensures that date is entered.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	7/1/13-6/30/14

Objective 1a.

96% of individuals who called the hotline are more informed about the dynamics of domestic violence and services available through our program.

Objective 1b.

95% of domestic violence survivors know more about the resources available to them in the community.

Objective 2a.

Objective 2b.

9. **Program Goal Updates:** *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Both objectives: met and exceeded. No changes.

Program Goal 2:

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

A woman who steadily was isolated by her husband after marrying and being subjected to the first act of violence on her wedding night, called the hotline. This was not easy for her to do, over time he had taken complete control over her life and the lives of her young children. She did not realize what her future would hold when he moved her in her last week of pregnancy away from family and friends. Very small acts to take care of her needs and the needs of her children were met with punishment and tighter controls. Eventually he barred her and the children from leaving the house. He installed cameras in every room of the house to monitor her compliance when he went to work. She took small steps to seek help, by telling her family. She was told to listen to and not challenge her husband. An acquaintance at church gave her the Empowerhouse number. Finally one day, her children were crying and said, "Mom, why can't we go outside and play?" It was the last straw for her. She finally struck up the courage to pick up the phone despite the cameras and called the Empowerhouse hotline. Many weeks of safety planning occurred discussing how she would escape safely, making sure that she took items of importance if she could, arranging transportation, deciding whether she would call the authorities and press charges, when and how to do it, and what she would do to protect herself and the children related to any escalated abuse that may occur. She did escape and availed herself of all of the Empowerhouse services eventually. She continues to struggle economically but resides in her own apartment, works, and is applying to pursue a bachelor's degree and is seeking a financial scholarship for higher education with the help of Empowerhouse staff.

A woman and her family and friends used the Empowerhouse hotline to check in and give updates during a particularly dangerous time in her life. She was being stalked by her ex husband and possibly people affiliated with him. One afternoon, her daughter called and told us that her mom had not returned after driving to the grocery store. The detective we needed was already in our office. He too was getting a phone call from dispatch. The woman was in the trunk of her car abandoned. She used a 911 cell phone, given to her by Empowerhouse, to request help. Law enforcement was able to locate her and successfully rescue her because of the GPS on the phone.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Specifically regarding the hotline if the organization were dissolved:

Victims of domestic violence would not have help without the 24-hour hotline. The help is designed to help them plan for their escape. Planning makes a huge difference to both their safety and ongoing economic struggles and coercion they face, coercion to return to the home where the abuser attempts to regain and maintain control over their lives so the abuse can continue unchallenged and unfettered. Victims would have no one to discuss this with, confidentially, in incremental steps and say, "Did you realize this behavior is against the law?", or "I am concerned for your safety." There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection.

As a whole:

Empowerhouse leverages at least 10 dollars for every locality dollar invested. The services that are made possible by the dollars Empowerhouse brings into the region and also is raising in our community makes huge improvements for our community.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 21
24 hour domestic violence hotline	

Program Service Data: *Service Period:* 7/1/13 to 6/30/14

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	292	340								
Caroline	52	65								
King George	45	55								
Spotsylvania	318	340								
Stafford	262	340								
Other	261	260								
Total	1,230	1,400	72	1,148	628	264	7	199	0	276

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford											170 not eligible for TANF	842 not applicable as to whether TANF eligible or not	
Other													
Total	0	0	0	8	115	681	332	27	218 eligible for TANF				

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

Empowerhouse enters each hotline caller into the statewide date collection system for domestic violence centers. The Assistant Director monitors and supervises entry. Some data is not available. The system does not have a mechanism for recording income data except for TANF (Temporary Aid to Needy Families) eligibility. The system is designed to collect non identifying confidential information and demographics on victims of domestic violence. Callers may fall into more than one race demographic. NFL news stories on domestic violence are contributing to increased calls. Local and National awareness efforts are increasing. It is expected that calls will increase in 2016.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Children Exposed to Domestic Violence**	***Is this a new program?***	☐ Yes √ No
Program Contact:	Tammy Appel	Title:	Assistant Director
Telephone Number:	(540) 373-9372		
E-Mail Address:	office@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Children are the forgotten victims when serving families experiencing domestic violence. Children's voices tend to be silent as their parents seek services whether it is because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adult. Empowerhouse community based children's groups are called the Forgotten Victims' Program. As children receive any of the educational services available directly for them, children's groups, teen groups, or individual support at our office or shelter, they begin to realize that they are not alone and they are not responsible for the violent outbursts frequently witnessed or directed toward them in their homes. Very small children understand that yelling and violence do not feel good and, even if they are not direct witnesses or targets, they are aware of its occurrence in their homes. Empowerhouse provides age appropriate activities, A Windows Between Worlds workshops, support, and education for children in the community through groups provided to children of various age groups, and genders: Forgotten Victims children's groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys, including groups at schools, when requested and arranged, and the engagement of teen councils and college students. This past year, the teen council launched the Bee Real Campaign and two forums to encourage teens to educate other teens on red flags and the warning signs of teen dating violence.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Children witnesses and victims need to be provided with an outlet to express themselves, with education that will help them realize they are not to blame, and with information that will help them to protect themselves if they witness violence in the future. Children exposed to domestic violence, whether residing in shelter or attending groups, need to increase their skills to cope, function, and safety plan. Empowerhouse programs are the only free, community based services in the planning district dedicated to teaching safety planning and coping skills to child survivors ages 2-17. No other shelter service in the planning district is dedicated to sheltering children exposed to intimate partner violence (accompanied by their mother). Children begin to realize that abuse is not normal when staying in shelter which provides a sense of relief and safety protected from the violence that occurred at home. When children learn about safety planning (stay out of the fight, call 911 for help, hide, or run to a neighbor for help, if safe) they are less likely to be direct victims of the violence they witness at home with skills to protect themselves if present during future violence. Last year, 305 children participated in individual and group support specifically to provide education and skill building as a result of being exposed to the intimate partner violence of a parent. For teens, they participated either as witnesses or because of direct abuse in a peer relationship.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

The Empowerhouse children's coordinator, teen boys' coordinator, and the support services coordinator work closely with the Juvenile and Domestic Relations Court Services' Units, Chaplain and the Office on Youth, the youth detention center, the schools related to child IEPs, arranging transportation to school of origin, counselors and social workers in schools identifying children witnesses and those who may need services, and also work closely with departments of social services child protective services on some cases. Thurman Brisben, Hope House, RCASA, Court Appointed Special Advocates, and Safe Harbor additionally interact, on occasion, with Empowerhouse workers regarding child services. There are increased efforts by a team of providers in Spotsylvania and Empowerhouse to bring more healthy relationship services to adolescents and teens, where they are, to counteract the transportation challenges. Empowerhouse is a member of the Fredericksburg CPMT and the Collaborative for Youth and Families.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in PD 16 are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at our domestic violence shelter from 0-17 years old (children who are 18 are classified as adults in our programs and still are served in shelter and alongside their younger peers). In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Through groups, teenagers receive services split by gender; children ages 2-4, 5-8, and 9-12 receive group services. Services are provided to children at shelter. The Forgotten Victims' Groups, Teen Girls' Groups, and Teen Boys' Groups are held at churches and the Empowerhouse public outreach office in Spotsylvania (on occasion- at schools). Children and Teen groups are provided 2 hours per week, one evening per week for 8-12 week cycles.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees for all children's programming with the exception of the Teen Boys group which is $100 for 12 weeks of 2 hour weekly groups. Some receive waived fees. This group has an intervention focus. Empowerhouse charges fees for service for intervention groups only. Referrals for intervention groups come mainly from juvenile based probation.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	$80	$95	$96
Fredericksburg	$498	$911	$921
King George	$351	$417	$422
Spotsylvania	$1,927	$2,295	$2,320
Stafford	$2,499	$2,976	$3,009
United Way	$1,070	$0	$0
Grants	$10,038	$15,026	$15,026
Client Fees	$1,200	$1,250	$1,250
Fundraising	$10,000	$10,000	$11,500
Other	$10,519	$16,262	$16,273
Total Program Budget for PD16	$38,182	$49,233	$50,817

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The 1% increase for localities is related to increased costs in rent because our rental offices were forced to move from a road widening project.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

Promote the safety and support of children exposed to domestic violence to decrease exposure to, and harmful impact of, violence.

Objectives:

1a.	To provide weekly 2 hour education/support groups for 75 children (child witnesses and or victims of domestic violence) in the Forgotten Victims Groups (includes 2-4, 5-8, 9-12). And to provide weekly support/education groups to 18 teenage girls/victims of dating violence ages 13-17 from July 1, 2014-June 30, 2015.
1b.	To provide weekly intervention/education groups to 25 teenage boys who have been exposed to domestic violence from July 1, 2014-June 30, 2015.

Program Goal 2:

Objectives:

2a.	
2b.	

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

Data on children is collected from parents who participate in other programs. Teens attend intake appointments with their parent. Data is entered into VAData, the Virginia data collection project used by accredited domestic violence programs. Reports are generated by VAData quarterly and reported to grant funders by the assistant director. Program coordinators, children's services coordinator, support services coordinator, and teen boys' coordinator keep roll sheet records of group attendance and provide quarterly reports of this data.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	7/1/2013-6/30/14

Objective 1a.

Empowerhouse provided weekly 2 hour education/support groups for 125 children (children exposed to intimate partner violence) in the Forgotten Victims Groups (includes 2-4, 5-8, 9-12). We provided weekly support/education groups to 47 teenage girls/victims of dating violence (or witnesses of parent intimate partner violence) ages 13-17.

Objective 1b.

The teen boys' coordinator and group facilitator provided weekly intervention/education groups to 26 teenage boys who have been exposed to domestic violence or participated in violence in their relationships.

Objective 2a.

Objective 2b.

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Objective 1: Met and exceeded, no change.

Objective 2: Met and exceeded, no change.

Program Goal 2:

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

A mom with eight children in our counties called the hotline and the Latin victim services coordinator (LVSC) took the call. She said, "Please help me. I left the house with my baby, we need help and I don't know where to go". When asked if she was in a safe place to talk about what happened, her husband choked her and bit her in the area of her ribs and her stomach and then choked her again. This was not the first time he physically abused her. She was in a lot of pain, but she took her 1 year old baby and walked to a Church to ask for help, but the Church was closed. She said that she did a search using her cell phone for a domestic violence organization in the area. The LVSC told her she was leaving now to come get her. When the LVSC arrived; she was sitting down under a tree with her baby. The LVSC looked at her and smiled. The mom said she did not think anyone would come. Once back at the office in a safe place she expressed worry for her other children, all seven of them (6-17). They were in different schools and she was worried that they would take the school bus and arrive at the house where he was before they knew what happened to her. The LVSC spoke to the support services coordinator (SSC) and the assistant director (AD) and they determined the next steps together. The LVSC took her to the ER, and cared for the baby while she saw the doctor. The SSC went to one of the schools and picked up 4 of them while the AD went to the other school and picked up the other 3. When all arrived back at the office the children were already safe waiting for mom. The same staff took them to an "alternate shelter" until space opened up in the main shelter. Food was assembled and the basic things they would need for a few days. The LVSC called law enforcement and they came to the office. They had issued a protective order from the previous night and the officer agreed to go with us to the house to pick up important information, birth certificates, medicines and their clothes. Later, after services, they were so happy. Simple things like deciding what food they will eat or what clothes they can use, not being afraid to talk at the table during dinner where huge to this family. Describing the change that she saw in her children in the few weeks they had been away from the abuser: running in the back yard, laughing without fear of repercussions were things she mentioned enjoying. She started to cry and remember how after years of being abused she just risked everything and took her baby and left the house. She said she knew that if she did not find help she would be dead, because he would have killed her just for leaving. She told the LVSC she walked and walked and she was praying to God to help her find a place or somebody to help her and her children. Then she told her that when the LVSC arrived and she saw her smile, she knew that she was safe. She said, "I was not sure that you would come for me, I was scared. But you came, thank you".

99% of participating children increased their self esteem through A Windows Between Worlds (art activities designed for children exposed to intimate partner violence) workshops. From facilitator notes and records kept by the children's services coordinator.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

When survivors move on and are able to break free (not always within in their control because sometimes they are murdered in the process), child abuse decreases, the kind that would have been a byproduct of a person beating an intimate partner, but not the kind when the abusive partner is also a predator and may have easier access to a child during custody or visitation. The help we provide also results in less children in care systems, that otherwise in some cases, need to step in because children are injured, are in danger, are neglected, or do not have a residence.

Our staff stay current with statewide and national trends with domestic violence services and ensure that our local community is benefitting from best practices and initiatives useful to our community.

Additionally, a nonprofit response, partnering with governmental systems makes fiscal sense. The wages paid by this nonprofit are significantly less costly than those generally paid to government workers performing comparable but not the same tasks or purpose. As a nonprofit, we can leverage charitable financial and in-kind donations and volunteers, to unite with governmental support and make the total dollars stretch in the volume of services we are able to extend to the community. We do this regionally which saves repetitive functions that would be duplicated in each jurisdiction if it were a stand-alone service in each locality.

Children Exposed to Domestic Violence

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Service Data: Service Period: 7/1/13 to 6/30/14

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	57	80								
Caroline	22	30								
King George	16	30								
Spotsylvania	112	80								
Stafford	67	80								
Other	31	25								
Total	305	325	142	163	148	105	8	32	1	38

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total	105	99	44	57									

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

Empowerhouse staff enter services and people served into VAData. The executive director runs reports and reviews with assistant director to ensure data is entered by all staff. Service demands for children and teens is anticipated to increase as awareness of services continues to increase and as victims of domestic violence step forward as a result of national attention to the problem related to NFL scandals. Income data is not collected and identifying data is not collected or provided in a report in such a way as to report out number of female children in Stafford, for example. VAData intentionally limits domestic violence data for the safety and protection of survivors of domestic violence. More than one race may be recorded in the system.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Domestic Violence Essential Supports and Education**	***Is this a new program?***	☐ Yes X No
Program Contact:	Tammy Appel	Title:	Assistant Director
Telephone Number:	373-9372		
E-Mail Address:	office@empowerhouseva.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Empowerhouse provided in-person domestic violence (DV) education and support to 826 adults at our public outreach office, court, support groups, and healthcare settings last year. 36 years ago, law enforcement and social workers had nowhere to send a mom and her children if they were beaten in their own home. Therefore community members founded this nonprofit, Rappahannock Council on Domestic Violence-RCDV, now Empowerhouse. This nonprofit, accredited domestic violence services organization, the only one locally, one of 45 in Virginia, provides to DV survivors free, confidential, and voluntary services including but not limited to:

Risk assessment	Accompaniment	Education on impact and risks posed to children	Latina cultural and language services
Safety Planning	Legal remedies	And posed to physical and mental health	Weekly education and support groups

Our court advocates are in juvenile & domestic relations courts during regularly scheduled criminal dockets or by request of victims, regardless of income, and assist with facing their abusive partners in criminal trials, filing, education, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful legally or not. Latina advocacy assists victims with culturally appropriate support network to help them navigate culturally unfamiliar systems. In group, they learn about the impact of DV in their lives and reduce their isolation through peer support. Accompaniment in healthcare settings occurs as we are promoting safe and effective DV screening.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Negotiating safety and freedom from abuse is a complex and challenging process. Once the secret of DV is made public or disclosed, much work is ahead for DV survivors who are experts of their horrific situations. They continuously weigh their options and competing needs while seeking an end to abuse and violence in what seems like the safest way for their family. Often they are not able to bring about certain safety for themselves and their children and they strive to make the best choices despite what often are limited and pose both benefits and risks in implementation. We offer the only free and confidential support and accompaniment services in PD 16 strictly to help victims of domestic violence. This in-person education and support should be provided at the critical time it is requested to help DV survivors process what is happening to them. The help to assess risk, obtain protective orders, and safety plan often saves lives. When victims learn about the impact of DV, legal remedies, safety planning, and community resources, they become much better prepared to seek freedom from violence and abuse. They learn they are not to blame and are not alone which keeps them from the vulnerability of believing that abuse is normal and they deserve it. They typically believe that they have nowhere else to turn but to their abusive partner who usually, at the critical time of leaving, is promising the moon if she returns or threatening the worst if she does not. Her frame of mind, based on what she is exposed to and whether she gains support or not, will determine her actions that will affect her life and the lives of her children. With this help, they expand their support system and they obtain resources to help them achieve their goals.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

Churches provide space for groups and accompanying services at which people (100 avg. weekly) obtain staff facilitated education groups. MOUs with governmental and nongovernmental groups to coordinate best service delivery to promote health and safety of DV victims: 5 jurisdictions: **Law Enforcement** -work closely with detectives or officers on cases, helping a victim to obtain safety and justice; we provide DV training to most offices, **victims/witness programs**- work closely at court and staff cases for best DV victim outcomes; jointly plan events and training, **commonwealth's attorney's offices**- seek assistance of criminal prosecutors, help during trials and when abusers engage in elevated risk behaviors toward victims or workers, **Juvenile & Domestic Relations Court Intake and Clerks**-work closely to help victims file protective orders, custody, support; protocol to help Spanish speakers file with I-CAN, **departments of social services**- coordinate benefits for DV victims to expedite benefits and facilitate a move from one locality to another, support obtaining GEDs, facilitate services and support for children, families impacted by abuse. **Community Based Probation**-coordination for victim safety related to offender accountability Regional-**RLS**-prioritize assisting income eligible DV victims with representation or advice- civil proceedings –like protective orders, custody- a procedure to bypass intake - undocumented DV victim related to constraints of the phone intake. We work closely with **MWH Forensic Services Department**, **Emergency Departments**, **Chaplain Services**, **Foundation, Marketing**, **Safe Harbor**, and **RCASA** - collaborate to help us bring services to DV victims in the healthcare setting. We provide training on how to screen for DV safely and on-site DV services. **Moss Free Clinic** -we have a presence for screening patients for DV and their nurse volunteers go to our DV shelter to perform health screenings - **Fredericksburg Health Department** -we provide training for DV screening and bring on-site DV services.

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

Adult victims of domestic violence in Planning District 16. People in need of these services come from every socio economic background, religion, education level, age, ethnicity, gender, profession, etc. One in four women experiences severe intimate partner violence in her lifetime. A Virginian is killed every 5 days because of DV. Area law enforcement collectively respond to over 6,300 DV calls every year in Planning District 16. Services are offered 24 hours per day regardless of locality or neighborhood. Law enforcement or the court system refer the majority of DV victims who may access services via phone, coming by the outreach office in Spotsylvania, appearing in court for a domestic violence criminal case, or at a healthcare provider office upon disclosing domestic violence. Healthcare screenings are provided at our domestic violence shelter in Stafford County. Court advocacy is provided daily in each locality juvenile & domestic relations court in PD 16. Latina advocacy is based at the outreach office at 4700 Harrison Road in Spotsylvania and individual support is frequently provided at service agencies in individual localities. Support groups are provided 2 hours weekly at a church in Fredericksburg.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

No fees. *(As a Virginia Accredited Domestic Violence Program, we are not allowed to charge fee for victim services.)*

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline	$466	$478	$483
Fredericksburg	$2,907	$4,571	$4,621
King George	$2,045	$2,095	$2,118
Spotsylvania	$11,243	$11,518	$11,646
Stafford	$14,581	$14,938	$15,103
United Way	$11,896	$34,932	$35,379
Grants	$137,284	$122,466	$122,466
Client Fees	$0	$0	$0
Fundraising	$20,000	$29,500	$31,000
Other	$22,330	$26,608	$32,241
Total Program Budget for PD16	$222,753	$247,105	$255,057

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The 1% increase for localities is related to increased costs in rent because our rental offices were forced to move from a road widening project.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.

Objectives:

1a.	To accompany and assist 500 victims of domestic violence in area Juvenile and Domestic Violence Courts and healthcare settings from July 1, 2015 – June 30, 2016.
1b.	To provide support and education services to 125 Hispanic/Latina victims of domestic violence in their primary language through bilingual/bicultural advocates from July 1, 2014 – June 30, 2015.

Program Goal 2:

Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.

Objectives:

2a.	Provide a variety of support groups to 100 female victims of domestic violence meeting 2 hours each week from July 1, 2015 – June 30, 2016. (open group, closed group, Spanish language group, moving-on group)
2b.	At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

All education, accompaniment, support, and group services are documented on VAData forms and entered into the VAData Virginia database for accredited domestic violence programs. The court advocate keeps additional records on court contacts specifically. Coordinators (support services coordinator and Latina support services coordinator) keep roll sheets on group attendance and report the numbers to the assistant director. The executive director runs VAData reports at least quarterly to review the outcome measures and service numbers. The assistant director monitors staff data entry monthly.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	7/1/2013-6/30/14

Objective 1a.

382 victims were accompanied and assisted in area Juvenile and Domestic Relations Courts and healthcare settings. (301 and 81 respectively)

Objective 1b.

181 Hispanic/Latina victims of domestic violence were provided crisis and advocacy services in their primary language through Empowerhouse bilingual/bicultural advocates.

Objective 2a.

181 victims of domestic violence were provided a variety of support group meetings for 2 hours each week. (Group varieties included standard open group, standard closed curriculum group, standard Latina group, and occasional Moving On group)

Objective 2b.

87% of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan. (83% Virginia performance)

9. **Program Goal Updates:** *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Objective 1: Empowerhouse served a remarkable number of victims in court and healthcare settings in FY14 despite experiencing a decrease in court advocacy hours. (We were able to restore these hours in FY15-current year, and expect to see a higher number of people assisted at court and in healthcare settings). Volunteers, supervisors, and other personnel with distinct service goals assisted the part-time court advocate in covering as many court dockets and victim requests for accompaniments as possible. As a result of restoring the court advocacy hours, we will meet the objective in the current year. The relationship developed in court accompaniment and healthcare visits fosters trust and assists a victim to seek additional services such as support group. Hope for change and real change increases with engagement in services and developing a support system to break through the isolation developed as a result of domestic violence.

Objective 2: Empowerhouse was able to meet and exceed the objective of working with Spanish speaking survivors. The support for Latina victims of domestic violence continues to be essential and in demand. The bilingual and bicultural workers help survivors navigate a complex system unfamiliar to them and frequently not accessible due to the language barrier. This service continues to be a priority.

Program Goal 2:

Objective 1: Objective 1a: Exceeded target. The support groups continue to be a needed service and survivors often receive support and assistance from other survivors as they expand their support system in groups.

Objective 1b: Exceeded target. Safety planning will continue to be a priority for survivors and is taught and promoted in staff and volunteer training and meetings.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

A family, isolated by their surroundings and abusive family member, sought medical care at MWH related to the needs of their adolescent child. The provider noticed that mom was disheveled and exhausted, exhibited poor hygiene, and seemed distressed. The nurse asked mom if she was safe at home when an opportunity presented to ask that question in confidence. While her son received care, mom began to receive care too as a result disclosing that she was terrified of her husband and wanted help. The care provider called and requested an advocate from Empowerhouse and, with the permission of mom, called law enforcement. After multiple discussions: the history of abuse, safety planning, arranging shelter and mental health services for her and her children, and an investigation of the home, we learned that she had been a prisoner in her home, chained to furniture, not allowed to speak to her children, not allowed to bathe, and was subjected to atrocious violence daily. The team intervened alongside mom and rescued this family and restored some normalcy. In addition to other services provided by Empowerhouse (shelter, housing, etc.) and others' help, mom proceeded with the criminal and civil legal process throughout the year. Empowerhouse accompanied her to every trial, worked with forensic services, chaplain services, law enforcement, victim/witness, and the prosecutor to help her focus and have courage to continue her legal process despite many ups and downs emotionally and many practical economic setbacks she was facing. She and her children attended group meetings. The court advocate, healthcare advocate, and housing advocate spent numerous hours on the phone and in-person helping her through setbacks, disappointments, and triumphs. She and her children moved on to a healthy, safe, and stable environment free from his terror and abuse.

After years working with a Spanish speaking Latina mom who left abuse and, after her participation in Empowerhouse services, including the help advocates provide in legal remedies for documented status as a result of abuse, she received legal documentation and is now working and providing for her children. She attends group with other women who experienced abuse, receiving the service in her first language, and is helping others and her children to move on from abuse and experience safe and healthy lives.

Another woman bought a house after sharing that she attended three sets of groups. She said that in the first group she learned that she was in an abusive relationship and how to get out. In the second set of groups she learned how to spot unhealthy relationships. She said that in the third set, she finally learned what it meant to be in a healthy relationship and is glad that she can set an example for her teen children now so that they learn to expect respect in a relationship.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

If dissolved: All victims of domestic violence would not have a group to go to where they invest their time and where they learn from topics prepared for their arrival and from other group members who face or have faced similar circumstances. If there were not free and confidential groups, they would not expand their support system. They would not reach clarity within themselves that they have not deserved the abuse as they look in the mirror across the room at another woman who they so clearly see has not deserved the same type of abuse that has been inflicted on her. They would not learn how to spot abusive behaviors and they would not learn what healthy relationships look like. They would not learn communication skills that will carry them in future healthy relationships. They would not share great resources with one another that have helped each of them survive their ordeals. They would have no one to remind and train their healthcare providers to routinely and safely screen for domestic violence offering a lifeline to Empowerhouse in the form of the advocate coming to the healthcare office, a tricky visit to arrange when an abusive and controlling partner makes every attempt to isolate. They would have no one to repeatedly accompany them to all court hearings when they bravely face a person who professed to love them but instead demonstrated monstrous and terrifying behavior and who sometimes remains a symbol of fear and often remains an actual threat. Homicides of men and women would increase; suicide would increase; child fatalities and injuries would increase; and increased risk of harm would befall emergency responders who would continue to be called to escalated situations placing them in physical harm. It is common knowledge among providers that domestic violence calls are the most dangerous types of calls for law enforcement. Our work not only improves the safety of victims of domestic violence and their children, it also increases safety for others because we provide victims with alternatives to what they have been living. The less times that law enforcement, rescue squads, and others are called to the home to respond, or have to provide care due to injuries or health consequences, the better. Victims now have ways to get out of the abuse; our professionals have increased safety. As victims no longer are forced to return to the house where they are in danger, less responses are requested than otherwise would be the case. This fact also saves our localities in less financial costs incurred. Less injuries due to an available response means less costs incurred for treating family members injured by domestic violence.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 36
Domestic Violence Essential Supports and Education for Adults	

Program Service Data: *Service Period:* 7/1/13 to 6/30/14

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg	157	175								
Caroline	46	55								
King George	36	55								
Spotsylvania	308	300								
Stafford	228	300								
Other	51	40								
Total	826	925	16	809	392	166	9	180	1	78

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg									239 are TANF eligible		223 are not eligible for TANF	364 not applicable as to whether they are TANF eligible or not	
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total					160	459	194	13					

Please describe below your data collection methodology and tracking measures. Indicate systems or processes that are used and responsible parties. Please also describe how your projections are determined for the upcoming year. If any of the above information is not available, please indicate why:

Empowerhouse staff enter services and people into VAData. The executive director runs reports and reviews with assistant director to ensure data is entered by all staff. In the coming year, the court advocacy program will have increased hours of staffing, more than last year (reporting year), when the program was understaffed. Therefore, more people in each locality will be served reflected by the increased projection. Empowerhouse does not collect or have a mechanism for recording income data in the data collection system used that is specific statewide to domestic violence centers except for information on whether a person is eligible for TANF, temporary aid to needy families which used to be called welfare. The data collection system is designed to collect non identifying confidential information and demographics on victims of domestic violence. Callers may fall into more than one race demographic. 239- 29% are TANF eligible, families in poverty specifically pregnant women or adults with children.

Logic Model – With Results

Program Name: Rapid Re-Housing for Domestic Violence Victims and Their Children

Agency: Empowerhouse **Contact Name:** Kathy Anderson

Phone: 373-9372 **Email:** kathya@empowerhouseva.org

Target population served by program:

Women victims of domestic violence with their children, newly single headed households, residing at the Empowerhouse domestic violence emergency shelter for a minimum of three weeks, with little to no income, at-risk of long term homelessness, in need of safe housing, and seeking a safe and supportive environment for themselves and their children free from the intimate partner violence they experienced in their own homes. Victims of domestic violence entering shelter needing housing assistance have multiple barriers to becoming self sufficient. Past participants in the housing program demonstrate the following demographics: approximately: 25% have no GED; 70% have only a GED or high school diploma, 70% of them have little or no work history, 60% have limited computer skills, 40% need childcare, 40% have limited transportation; most of the participants have more than one of these barriers.

Specific need that is addressed by program:

In the US, one in four women will experience severe physical violence at the hands of an intimate partner in her lifetime. The age most at risk is 18 to 25 years old. A Virginian is killed every 5 days as a result of domestic violence. Local law enforcement responds to over 6,500 domestic violence related calls each year in Planning District 16. Empowerhouse serves over 2,300 people in multiple programs each year in our planning district. On average, 120 adults and 120 children come into our shelter each year. Disclosing domestic violence is overwhelming and provokes feelings of anxiety, fear, shame, and isolation. Leaving domestic violence often results in great loss and instability without access to home, vehicle, finances, clothing, status, and routine. Usually the risk of harm and danger escalates at this point and the practical and financial losses compound the impact. Their lack of work history and education (common in households experiencing domestic violence) become prominent obstacles to obtaining gainful employment. Victims of domestic violence and their children entering our shelter have a great need for the housing supports we provide in the rapid re-housing program which is a catalyst for obtaining housing stability which in turn helps them to focus their attention on solving other barriers to economic stability, specifically, gaining or maintaining employment. Survivors of domestic violence and their children need long term economic solutions, like those offered in this program and other supports we connect them to in our community, to keep them from falling into ongoing homelessness and poverty.

This is the projected FY 2015 logic model (second one-Form D) it most closely aligns with the proposed activities in the current year application. Some activities will not have report outs because they did not occur or were not measured or collected in FY 2013. See italics.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
-Funding -Staffing: DV Housing Advocate, DV Housing	• individualized intake assessment, risk assessment and safety plan	-Staff makes all participants feel welcome, respected, and that their backgrounds and beliefs	Participants: -learn about domestic violence dynamics, power and control,	Participants -know more ways to plan for their safety	Survivors of domestic violence are safely housed,

Case Manager, RGI Employment Specialist, Shelter Coordinator, Children's Coordinator, 5 Night Resident Managers, Assistant Director, CVHC Housing Locater, student intern, volunteers -Career Training Solutions -Private Landlord Partners -Direct financial assistance for deposits, rent, childcare, transportation and incidentals -Allstate Financial Empowerment Curriculum -RGI on-site Job Help Centers at our Outreach office and at DV shelter -Staff training -Food, supply, and furniture donations -Domestic violence education materials -Evaluation and intake forms -VAdata Database	• barriers to housing placement assessment • development of housing plan • meetings with staff • employment barriers assessment • on-going support and activities with the team offered up to 2 years (financial: 1month-2 yrs) • placement in housing, help with payments or gifts of deposit, rent, utilities furnishings, and supplies • ongoing mobile advocacy to assist with benefits goals and accessing services •ongoing employment specialist activities including completing job search and readiness activities (resume writing, applications, mock interviews), computer classes, etc. •produce and distribute monthly housing participant newsletter with available resources • group meetings/classes • data analysis and tracking •follow-up and reporting	are respected -141 adults and 144 children stayed in shelter -65 intake assessments, risk assessments and safety plans with housing participants -65 participants had barriers to housing placement assessed -28 participants and their children met with the housing locator and were placed in (using cash subsidies) permanent housing -26 participated in employment specialist services *-15 will attend meetings/classes; 10 will participate multiple times in classes provided (Cannot report because this activity is not a FY 13 planned activity. It became an activity for a future year FY '14)* -17,959 bed nights assisted at shelter, transition house, and transition in place housing (rental assistance and services) -15 written or phone evaluations were completed -Tracking quarterly activities, data, and outcomes	abusive behaviors, risk factors, impact, and what it means to be safe. -learn how to plan for safety given the continued risk of harm -will decrease isolation -improve self confidence and belief in ability to succeed -learn about housing options and available services -learn about being a reliable renter/ tenant -become familiar with computers -learn job seeking skills -improve computer skills -learn improved budgeting skills -increase knowledge of community resources. -increase access to community resources such as childcare, clinicians, and credit counseling	-achieve housing stability which opens the door to feeling secure and in a routine to work on and achieve other goals -move into permanent housing -obtain GED -maintain employment -are offered job interviews -obtain primary employment -obtain secondary employment -are offered job promotion -obtain reliable transportation -obtain work authorization -maintain permanent housing -know more ways to gain financial stability -feel more hopeful about their lives	maintaining permanent stable housing independently, and are financially stable.

Measurement Plan & Results Report Form

Results Reported for the Period of July 1, 2012 – June 30, 2013

Program Name: Domestic Violence Survivors' Housing and Financial Empowerment Program

Outcome(s) (From the logic model, the benefits or changes for individuals during or after participating in program)	Indicator(s) (The observable, measurable characteristic or change that shows achievement of the outcome.)	Relevant Client	Data Source	Method (The method for collecting information to determine level of achievement of outcome.)	Target (Level of achievement the program expects to reach.)	Outputs (Actual outputs for the time period)	Result (Actual level of achievement of outcome.)
1. **Participants maintain employment and gain employment.**	Participants enter permanent housing.	All participants within the year who enter housing through the rapid re-housing program	Housing case manager files	The case manager and advocate create a data sheet and enter VAData	30 participants will enter permanent housing. (Another 10 will continue subsidies and or participate in services from previous year.	28 adults and 46 children	28 adult participants entered permanent housing (30 is the target for 2015 not 2013 which had a 24 target)
	Participants access the employment specialist services.	All participants who access employment specialist in the year	Employment specialist data tracking mechanisms and reports	Employment specialist updates and provides spreadsheet data shared with the advocate.	20 participants will access the employment specialist. (67%)	26 participants accessed the employment specialist.	93% of participants believed the voluntary employment services were worth their limited time.
	% of participants maintain employment on average per quarter	All participants who are accessing the employment specialist services in the year (may be in first or second year of service.)	Employment specialist data tracking mechanisms and reports	Employment specialist updates and provides spreadsheet data shared with the advocate.	60% or higher maintain employment, on average, per quarter.	17 of the 19 employed maintained their employment	89% maintained their employment.
	Of those unemployed, % that gain employment. # unemployed who gain employment	All participants who are accessing the employment specialist services within the year.	Employment specialist data tracking mechanisms and reports	Employment specialist updates and provides spreadsheet data shared with the advocate.	60% of unemployed gain unemployment. 8-10/year, go from unemployment to employment.*	19 of the 26 participants gained employment	73% gained employment;

2. Participants maintain their permanent housing.	% participants who rate shelter as a place they would recommend to a friend and feel more hopeful about their lives.	All shelter residents surveyed with greater than a 3 week stay	VAData Shelter DOW surveys	Surveys are periodically collected from participants well before their exit dates and sent to the central state intake.	90% will rate shelter as a place they would recommend to a friend; 75% will feel more hopeful about their lives.	22 out of 24 responding rate shelter as a place they would recommend to a friend; 20 out of 21 responses feel more hopeful about their lives.	92% rated shelter as a place they would recommend to a friend; 95% feel more hopeful about their lives.
	% of participants who maintain housing for one year.	All adult participants who entered housing in a 2 year period.	Case manager files	We review the files with the team who provide the data from each participant file. Staff make follow-up calls to check on participants after program is completed.	85% of participants maintain housing for one year.	27 of 28 participants maintained permanent housing for a full year.	96% maintained permanent housing for a full year.
	% of participants who maintain housing for 2 years.	*All participants who entered housing within a three year period.*	*Case manager files and follow up surveys*	*The team, including interns and volunteers conduct the follow up surveys from the case manager files and create the report.*	*70% of participants maintain permanent housing for 2 years.*		

*Over 2 years, given 40 participants in housing; 5 may remain unemployed, 10 gain employment, 25 maintain.

Logic Model – Projected

Program Name: Rapid Re-Housing for Domestic Violence Victims and Their Children

Agency: Empowerhouse **Contact Name:** Kathy Anderson

Phone: 373-9372 **Email:** kathya@empowerhouseva.org

Target population served by program:

Women victims of domestic violence with their children, newly single headed households, residing at the Empowerhouse domestic violence emergency shelter for a minimum of three weeks, with little to no income, at-risk of long term homelessness, in need of safe housing, and seeking a safe and supportive environment for themselves and their children free from the intimate partner violence they experienced in their own homes. Victims of domestic violence entering shelter needing housing assistance have multiple barriers to becoming self sufficient. Past participants in the housing program demonstrate the following demographics: approximately: 25% have no GED; 70% have only a GED or high school diploma, 70% of them have little or no work history, 60% have limited computer skills, 40% need childcare, 40% have limited transportation; most of the participants have more than one of these barriers.

Specific need that is addressed by program:

In the US, one in four women will experience severe physical violence at the hands of an intimate partner in her lifetime. The age most at risk is 18 to 25 years old. A Virginian is killed every 5 days as a result of domestic violence. Local law enforcement responds to over 6,500 domestic violence related calls each year in Planning District 16. Empowerhouse serves over 2,300 people in multiple programs each year in our planning district. On average, 120 adults and 120 children come into our shelter each year. Disclosing domestic violence is overwhelming and provokes feelings of anxiety, fear, shame, and isolation. Leaving domestic violence often results in great loss and instability without access to home, vehicle, finances, clothing, status, and routine. Usually the risk of harm and danger escalates at this point and the practical and financial losses compound the impact. Their lack of work history and education (common in households experiencing domestic violence) become prominent obstacles to obtaining gainful employment. Victims of domestic violence and their children entering our shelter have a great need for the housing supports we provide in the rapid re-housing program which is a catalyst for obtaining housing stability which in turn helps them to focus their attention on solving other barriers to economic stability, specifically, gaining or maintaining employment. Survivors of domestic violence and their children need long term economic solutions, like those offered in this program and other supports we connect them to in our community, to keep them from falling into ongoing homelessness and poverty.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
-Funding -Staffing: DV Housing Advocate, DV Housing Case Manager, RGI Employment Specialist,	• individualized intake assessment, risk assessment and safety plan • barriers to housing placement	-Staff makes all participants feel welcome, respected, and that their backgrounds and beliefs are respected -130 adults and 130	Participants: -learn about domestic violence dynamics, power and control, abusive behaviors, risk factors, impact, and	Participants -know more ways to plan for their safety -achieve housing stability which opens the	Survivors of domestic violence are safely housed, maintaining permanent stable

Shelter Coordinator, Children's Coordinator, 5 Night Resident Managers, Assistant Director, CVHC Housing Locater, student intern, volunteers -Career Training Solutions -Private Landlord Partners -Direct financial assistance for deposits, rent, childcare, transportation and incidentals -Allstate Financial Empowerment Curriculum -RGI on-site Job Help Centers at our Outreach office and at DV shelter -Staff training -Food, supply, and furniture donations -Domestic violence education materials -Evaluation and intake forms -VAdata Database	assessment • development of housing plan • meetings with staff • employment barriers assessment • on-going support and activities with the team offered up to 2 years (financial: 1month-2 yrs) • placement in housing, help with payments or gifts of deposit, rent, utilities furnishings, and supplies • ongoing mobile advocacy to assist with benefits goals and accessing services •ongoing employment specialist activities including completing job search and readiness activities (resume writing, applications, mock interviews), computer classes, etc. •produce and distribute monthly housing participant newsletter with available resources • group meetings/classes • data analysis and tracking •follow-up and reporting	children will stay in shelter -At least 40 intake assessments, risk assessments and safety plans -At least 40 helped-barriers to housing placement -At least 30 participants and their children meet with housing locator and placed with cash subsidies and move into permanent housing -At least 30 employment barrier assessments -20 participate in employment specialist services -15 will attend meetings/classes; 10 will participate multiple times in classes provided -22,000 bed nights assisted at shelter, transition house, and transition in place housing (rental assistance and services) -20 written or phone evaluations completed -Tracking quarterly activities, data, and outcomes	what it means to be safe. -learn how to plan for safety given the continued risk of harm -will decrease isolation -improve self confidence and belief in ability to succeed -learn about housing options and available services -learn about being a reliable renter/ tenant -become familiar with computers -learn job seeking skills -improve computer skills -learn improved budgeting skills -increase knowledge of community resources. -increase access to community resources such as childcare, clinicians, and credit counseling	door to feeling secure and in a routine to work on and achieve other goals -move into permanent housing -obtain GED -maintain employment -are offered job interviews -obtain primary employment -obtain secondary employment -are offered job promotion -obtain reliable transportation -obtain work authorization -maintain permanent housing -know more ways to gain financial stability -feel more hopeful about their lives	housing independently, and are financially stable.

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: Rapid Re-Housing for Domestic Violence Victims and Their Children

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	Indicator(s) *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	Relevant Client	Data Source	Method *(The method for collecting information to determine level of achievement of outcome.)*	Target *(Level of achievement the program expects to reach.)*
1. **Participants maintain employment and gain employment.**	Participants enter permanent housing.	All participants within the year who enter housing through the rapid re-housing program	Housing case manager files.	The case manager and advocate create a data sheet and enter VaData	30 participants will enter permanent housing. (Another 10 will continue subsidies and or participation in services from previous year.)
	Participants access the employment specialist services.	All participants who access employment specialist in the year	Employment specialist data tracking mechanisms and reports.	Employment specialist updates and provides spreadsheet data shared with the advocate.	20 participants will access the employment specialist.
	% participants maintain employment on average per quarter.	All participants who are accessing the employment specialist services in the year (may be in first or second year of service.)	Employment specialist data tracking mechanisms and reports.	Employment specialist updates and provides spreadsheet data shared with the advocate.	60% or higher maintain employment, on average, per quarter.
	Of those unemployed, % that gain employment. # unemployed who gain employment.	All participants who are accessing the employment specialist services within the year.	Employment specialist data tracking mechanisms and reports.	Employment specialist updates and provides spreadsheet data shared with the advocate.	60% of unemployed gain employment. 8-10/ year, go from unemployment to employment. *
2. Participants maintain their permanent housing.	% participants who rate shelter as a place they would recommend to a friend and feel more hopeful about their lives.	All shelter residents surveyed with greater than a 3 week stay	VAData Shelter DOW surveys	Surveys are periodically collected from participants well before their exit dates and sent to the central state intake.	90% will rate shelter as a place they would recommend to a friend; 75% will feel more hopeful about their lives. (25 surveys)
	% of participants who maintain housing for one year.	All adult participants who entered housing in a 2 year period.	Case manager files	We review the files with the team who provide the data from each participant file.	90% of participants maintain housing for one year.

	% of participants who maintain housing for 2 years.	All participants who entered housing within a three year period.	Case manager files and follow up surveys	The team, including interns and volunteers conduct the follow up surveys from the case manager files and create the report.	70% of participants maintain permanent housing for 2 years.

*Over 2 years, given 40 participants in housing; 5 may remain unemployed, 10 gain employment, 25 maintain.

Logic Model – With Results

Program Name: Empowerhouse Essential Domestic Violence Education and Supports

Agency: Empowerhouse (formerly Rappahannock Council on Domestic Violence) **Contact Name:** Kathy Anderson

Phone: 373-9372 **Email:** kathya@empowerhouseva.org

Target population served by program:

Adult female victims of domestic violence (DV) in PD16 who are referred, come to the outreach office, come to court, or access healthcare services. DV is defined as a pattern of abusive behaviors used by one individual to control or exert power over another in the context of an intimate relationship. Participants may avail themselves of one or many in a suite of educational and support services available to address their crisis and core needs related to surviving DV including support groups, court advocacy, healthcare companionship, and Latina culturally relevant programming in Spanish particularly for recent immigrants. Participants have experienced domestic violence in current or past relationships, may have experienced victimization that leads to court proceedings, may end up in the hospital related to injuries or chronic illness related to the abuse, may have left the relationship or may remain in the relationship while accessing services.

Specific need that is addressed by program:

This program addresses the need for domestic violence (DV) support, education, and safety planning for DV victims and provides the tools to discover how to break free from the devastating isolation of abuse, gain freedom from abuse, and prioritize and increase health, wellness, security, and safety. One in 4 women in her lifetime will experience severe physical violence at the hands of an intimate partner, most of which will occur before the age of 25 according to the CDC. Every 5 days a Virginian is killed as a result of domestic violence. PD 16 area law enforcement responds to over 6,500 domestic violence related calls each year. Empowerhouse responds to over 2,300 people every year. Abused women are at a greater risk than other women for long term health conditions such as chronic pain, neurological, gastrointestinal and reproductive disorders, migraine headaches, diabetes, and a range of physical and mental disabilities. The Centers for Disease Control (CDC) and Prevention estimates that the cost of intimate partner violence totaled $8.3 billion in 2013 for direct medical and mental health care services and lost productivity from paid work and household chores.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
•Funding • Staffing .75 FTE court advocate, .75 FTE Healthcare advocate,3 group facilitators 2 hours per week, 1 FTE Support Services Coordinator, 2 FTE Latina Services Coordinators, 10 trained volunteers, Assistant Director supervision •Strong collaborative	In English and Spanish: •Accompaniment to court and mobile healthcare advocacy visits, support during trial; explain the legal system and court process; support accessing services in these two systems, provided domestic violence services; follow-up case management •Maintain collaborative	755 essential domestic violence education and supports' participants (195 Latina women) 360 victim court meetings accompaniment 83 protective orders obtained 22 mobile advocacy	Participants will: • Learn that services at Empowerhouse exist to help victims & the court advocate will support them during court proceedings • Learn how and where to gain support in the legal system • Learn about risk and danger	Participants will: • Feel less fearful and intimidated about facing their abuser in court & better prepared to speak in front of the judge • Know how the judicial and police system work and obtain protective orders with protective mandated boundaries	Participants will (as a result of Empowerhouse education and support services): •break free from the devastating isolation of abuse, •prioritize their own health,

relationships with court personnel, social services and healthcare •Space at Courthouses to meet with participants •Donated meeting rooms •Specialized facility with security personnel •Women's Curriculum •Supplies •Curriculum in Spanish with Cultural appropriation •AWBW online data base of art activities •Evaluation and Monitoring •5 computers with internet connection and copier •Empowerhouse information and educational handouts •Referral directory • Staff training •VAData database •Evaluation and services forms •Transportation funds	relationships with offices of clerk, intake, victim-witness, commonwealth attorney, legal services, DSS, and hospital •listen to victims, support their autonomy; risk assessment, safety plan •Facilitated group education/ discussion •Weekly intake assessments •Collaboration with community agencies that can provide services to the Latin@ community •Provide verbal and written information, training, and referrals to community agencies •Transportation to court or to offices to receive support •Evaluation/compile survey results •Record and enter forms into VAData weekly record keeping •Staff meetings, supervisor meetings, volunteer coordination	visits with victims at their healthcare appointments 662 provided counseling/support 625 provided safety planning 526 provided education on the dynamics of domestic violence 96 women attended weekly 2 hour support groups 50 women attended Spanish language group 633 provided information and referral 114 provided Transportation 755 VaData advocacy forms entered, 4,977 hours of service 43 surveys completed	in the abusive relationship • Learn to navigate safety while at risk of on-going abuse; learn options for improving safety for self and children • Learn about domestic violence dynamics • Learn abuse is not their fault • Learn how to establish healthy relationships with their children • Gain a support system; learn that other women understand, feel less alone • Learn that caring for oneself is part of improving self-esteem • Learn about and how to access other community resources	• Be prepared to address/ avoid threatening or dangerous situations • Know about ways to plan for safety and use a safety plan for self and children • Recognize and identify abusive behaviors, DV patterns of power & control, and the cycle of violence • Feel more hopeful about the future and understand and feel better about themselves • Form and access a support system that offers them security • Acts more independently • Know how and where to report an incident of domestic violence safely even if no legal residency in the U.S. • Improve capacity to find resources that help them have better quality of life; access resources to address needs • Access follow-up care and other available domestic violence resources like shelter and housing	wellness, security, and safety •use tools learned to make informed choices •gain freedom from abuse, •increase safety in their lives, in all areas within their own control, for themselves and their children.

Measurement Plan & Results Report Form

Results Reported for the Period of July 1, 2012 – June 30, 2013

Program Name: Empowerhouse Essential Domestic Violence Education and Supports

Outcome(s) (From the logic model, the benefits or changes for individuals during or after participating in program)	Indicator(s) (The observable, measurable characteristic or change that shows achievement of the outcome.)	Relevant Client	Data Source	Method (The method for collecting information to determine level of achievement of outcome.)	Target (Level of achievement the program expects to reach.)	Outputs (Actual outputs for the time period)	Result (Actual level of achievement of outcome.)
1. Survivors of domestic violence prioritize their own health, wellness, security and safety and increase safety in their lives.	Participants are able to identify their safety options via participating in safety planning.	Participants receiving essential domestic violence education and supports	VDSS FY report	Advocates' observations as reported to VAData in advocacy forms.	At least 70% (VA standard) of participants are able to identify their safety options via participating in safety planning. (528/755)	625 participants of 755 served were reported as identifying their safety options via participating in safety planning	83 % participants are able to identify their safety options via participating in safety planning.
	Participants know more ways to plan for their safety.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80 % of surveyed participants say they know more ways to plan for their safety as a result of services they received. (34/43)	40 participants of 43 surveyed say they know more ways to plan for their safety as a result of services they received.	93 % surveyed participants say they know more ways to plan for their safety as a result of services they received.
	Participants feel more hopeful about their future.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	85% of surveyed participants say they felt more hopeful about their future as a result of the services they received. (36/43)	39 participants of 43 surveyed felt more hopeful about their future as a result of services they received.	91% surveyed participants felt more hopeful about their future as a result of services they received.
	Participants expand their safety resources as a result of knowing more about community services.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80% of surveyed participants know more about community resources as a result of the services they received. (34/43)	35 of 43 participants surveyed know more about community resources because of services received.	81% surveyed participants know more about community resources because of services received.

2. Survivors of domestic violence know about and have a heightened awareness of risk, danger, and harm in abusive relationships.	Participants learn about risk factors for dangerous behaviors in DV relationships through participation in risk assessment.	Participants receiving essential domestic violence education and supports	VAData FY year advocacy report	Advocates' observations as reported to VAData in advocacy forms.	At least 65% of participants assess risk and danger in their relationship.	545 of 755 participants assessed risk and danger in their relationship.	72% participants assessed risk and danger in their relationship.
	Participants know more about domestic violence and its impact on their lives.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80% of surveyed participants report knowing more about domestic violence and its impact as a result of services they received. (34/43)	38 participants of 43 surveyed report knowing more about domestic violence and its impact as a result of services they received.	88% of surveyed participants report knowing more about domestic violence and its impact as a result of services they received.

Logic Model – Projected

Program Name: Empowerhouse Essential Domestic Violence Education and Supports

Agency: Empowerhouse (formerly Rappahannock Council on Domestic Violence) **Contact Name:** Kathy Anderson

Phone: 373-9372 **Email:** kathya@empowerhouseva.org

Target population served by program:

Adult female victims of domestic violence (DV) in PD 16 who are referred, come to the outreach office, come to court, or access healthcare services. DV is defined as a pattern of abusive behaviors used by one individual to control or exert power over another in the context of an intimate relationship. Participants may avail themselves of one or many in a suite of educational and support services available to address their crisis and core needs related to surviving DV including support groups, court advocacy, healthcare companionship, and Latina culturally relevant programming in Spanish particularly for recent immigrants. Participants have experienced domestic violence in a current or past relationship, may have experienced victimization that leads to court proceedings, may end up in the hospital related to injuries or chronic illness related to the abuse, may have left the relationship or may remain in the relationship while accessing services.

Specific need that is addressed by program:

This program addresses the need for domestic violence (DV) support, education, and safety planning for DV victims and provides the tools to discover how to break free from the devastating isolation of abuse, gain freedom from abuse, and prioritize and increase health, wellness, security, and safety. One in 4 women in her lifetime will experience severe physical violence at the hands of an intimate partner, most of which will occur before the age of 25 according to the CDC. Every 5 days a Virginian is killed as a result of domestic violence. PD 16 area law enforcement responds to over 6,500 domestic violence related calls each year. Empowerhouse responds to over 2,300 people every year. Abused women are at a greater risk than other women for long term health conditions such as chronic pain, neurological, gastrointestinal and reproductive disorders, migraine headaches, diabetes, and a range of physical and mental disabilities. The Centers for Disease Control (CDC) and Prevention estimates that the cost of intimate partner violence totaled $8.3 billion in 2013 for direct medical and mental health care services and lost productivity from paid work and household chores.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
•Funding • Staffing .75 FTE court advocate, .75 FTE Healthcare advocate,3 group facilitators 2 hours per week, 1 FTE Support Services Coordinator, 2 FTE Latina Services Coordinators, 10 trained volunteers, . Assistant Director supervision •Strong collaborative	In English and Spanish: •Accompaniment to court and mobile healthcare advocacy visits, support during trial; explain the legal system and court process; support accessing services in these two systems, provided domestic violence services; follow-up case management •Maintain collaborative	850 essential domestic violence education and supports' participants (175 Latina women) 425 victim court meetings accompaniment 100 protective orders obtained 25 mobile advocacy	Participants will: • Learn that services at Empowerhouse exist to help victims & the court advocate will support them during court proceedings • Learn how and where to gain support in the legal system • Learn about risk and danger	Participants will: • Feel less fearful and intimidated about facing their abuser in court & better prepared to speak in front of the judge • Know how the judicial and police system work and obtain protective orders with protective mandated boundaries	Participants will (as a result of Empowerhouse education and support services): •break free from the devastating isolation of abuse, •prioritize their own health,

relationships with court personnel, social services and healthcare •Space at Courthouses to meet with participants •Donated meeting rooms •Specialized facility with security personnel •Women's Curriculum •Supplies •Curriculum in Spanish with Cultural appropriation •AWBW online data base of art activities •Evaluation and Monitoring •5 computers with internet connection and copier •Empowerhouse information and educational handouts •Referral directory • Staff training •VAData database •Evaluation and services forms •Transportation funds	relationships with offices of clerk, intake, victim-witness, commonwealth attorney, legal services, DSS, and hospital •listen to victims, support their autonomy; risk assessment, safety plan •Facilitated group education/ discussion •Weekly intake assessments •Collaboration with community agencies that can provide services to the Latin@ community •Provide verbal and written information, training, and referrals to community agencies •Transportation to court or to offices to receive support •Evaluation/compile survey results •Record and enter forms into VAData weekly record keeping •Staff meetings, supervisor meetings, volunteer coordination	visits with victims at their healthcare appointments 700 provided counseling/support 595 provided safety planning 550 provided education on the dynamics of domestic violence 75 women attend weekly 2 hour support groups 50 women attend Spanish language group 650 provided information and referral 125 provided Transportation 850 VAData advocacy forms entered, 5,250 hours of service 75 surveys completed	in the abusive relationship • Learn to navigate safety while at risk of on-going abuse; learn options for improving safety for self and children • Learn about domestic violence dynamics • Learn abuse is not their fault • Learn how to establish healthy relationships with their children • Gain a support system; learn that other women understand, feel less alone • Learn that caring for oneself is part of improving self-esteem • Learn about and how to access other community resources	• Be prepared to address/ avoid threatening or dangerous situations • Know about ways to plan for safety and use a safety plan for self and children • Recognize and identify abusive behaviors, DV patterns of power & control, and the cycle of violence • Feel more hopeful about the future and understand and feel better about themselves • Form and access a support system that offers them security • Acts more independently • Know how and where to report an incident of domestic violence safely even if no legal residency in the U.S. • Improve capacity to find resources that help them have better quality of life; access resources to address needs • Access follow-up care and other available domestic violence resources like shelter and housing	wellness, security, and safety •use tools learned to make informed choices •gain freedom from abuse, •increase safety in their lives, in all areas within their own control, for themselves and their children.

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: Empowerhouse Essential Domestic Violence Education and Supports

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	Indicator(s) *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	Relevant Client	Data Source	Method *(The method for collecting information to determine level of achievement of outcome.)*	Target *(Level of achievement the program expects to reach.)*
1. Survivors of domestic violence prioritize their own health, wellness, security and safety and increase safety in their lives.	Participants/ victims are able to identify their safety options via participating in safety planning.	Participants receiving essential domestic violence education and supports	VDSS fiscal year report	Advocates' observations as reported to VAData in advocacy forms.	At least 70% (VA standard) of participants are able to identify their safety options via participating in safety planning. (595/850)
	Participants know more ways to plan for their safety.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80 % of surveyed participants say they know more ways to plan for their safety as a result of services they received. (60/75)
	Participants feel more hopeful about their future.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	85% of surveyed participants say they felt more hopeful about their future as a result of the services they received. (64/75)
	Participants expand their safety resources as a result of knowing more about community services.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80% of surveyed participants know more about community resources as a result of the services they received. (60/75)
2. Survivors of domestic violence learn about risk and danger in abusive relationships.	Participants are learn about risk factors for dangerous behaviors in DV relationships through participation in risk assessment.	Participants receiving essential domestic violence education and supports	VAData annual advocacy report	Advocates' observations as reported to VAData in advocacy forms.	At least 65% of participants assess risk and danger in their relationship. (553/850)

	Victims of domestic violence (participants) know more about domestic violence and its impact on their lives.	Participants receiving essential domestic violence education and supports surveyed	DOW VAData reports	Participants complete anonymous surveys sent to the VSDVAA where they are entered and reports available online.	80% of surveyed participants report knowing more about domestic violence and its impact as a result of services they received. (60/75)