Partner Agency Application for Funding
FY2016
FACE SHEET

Agency Name:	Stafford Junction, Inc.				
				Has the City/ County Funded This Agency in Previous Years?	■ Yes ☐ No
Physical Address:	791 Truslow Rd, Fredericksburg, VA 22406				
Mailing Address/PO Box:	PO Box 5405				
City: Fredericksburg		State:	VA	Zip:	22403
Telephone Number:	540-368-0081	Fax Number:	540-301-0032		
Federal Tax ID #:	20-3036072				
Web Address:	www.staffordjunction.org				
General Email Address:	info@staffordjunction.org				
Agency Main Contact:	Linda Hill	Title:	Executive Director		
Telephone Number:	540-368-0081				
E-Mail Address:	lindahill@staffordjunction.org				

Agency General Information

Agency Mission:
Stafford Junction is a faith-based nonprofit organization that serves children and their families who are at-risk because of poverty and or limited English proficiency. We work cooperatively with established systems and services in the community on common goals to maximize effectiveness for children and families; and, therefore avoid duplicating services provided by other nonprofit agencies.

Number of years agency has been in operation:	10 years
Localities Served:	Stafford County; Fredericksburg City; Spotsylvania County

Agency Financial Information

	List Programs	Personnel Expenses	Benefits	Operating Expenses	Total Program Budget
1.	**Brain Builders**	$41,034		$19,635	**$60,669**
2.	**HUGS**	$20,995		$14,091	**$35,086**
3.	**Life Skills Workshops**	$28,284		$8,916	**$37,200**
4.	**Summer Junction**	$30,792		$10,391	**$41,183**
5.	**Healthy Living Pays**	$34,368		$15,338	**$49,706**
Agency Administration:		$12,112		$9,544	**$21,656**
Capital Outlay:					
Total Agency Budget:		**$167,585**		**$77,915**	**$245,500**

☑ *If your application includes funding increases for personnel (to include new positions or merit / COLA increases), please check here and explain in detail the need for this type of increase under each program budget.*

Submission Checklist: ***(include 1 copies of each)***	☑ IRS 501(c)(3) Letter	☑ Audit Report *(with Audit Management Letter)*	☑ Current Financial statement	☑ IRS 990
☑ Accountant Contact Information	☑ Organizational Chart	☑ Current Board Roster *(with contact information)*	☑ Agency's Current Strategic Plan	

Partner Agency Funding Application FY 2016
BUDGET EXPLANATIONS

Agency Name:
Stafford Junction

Agency Administrative Expenses:

In the box below, provide an overview of the administrative costs detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds. If your agency is requesting an increase or decrease in administrative funding, please describe, in detail, the reasons for these changes. (The description should not exceed 15 lines of text.)

Stafford Junction is not asking for funds to defray administrative costs.

Capital Outlay:

In the box below, provide an overview of the capital expenses detailed on the face sheet for the agency as a whole. Please provide justification for and specific amounts of capital costs that are defrayed by locality funds. (The description should not exceed 10 lines of text.)

Stafford Junction is not asking for funds to defray capital costs.

Personnel Expenses (General):

In the box below, provide an overview of any increases or decreases in general personnel expenses for the agency. This would include any planned or projected merit or COLA increases, or new positions being requested. Also include a description of any changes to agency benefits structure or cost. (The description should not exceed 10 lines of text.)

Stafford Junction is asking for funding to raise employee compensation to a level that is consistent with other non-profit organizations in this area and to add another staff member to accommodate growth in existing programs and the addition of one new program. Wages are in the range of $12-$13.50 per hour and need to be raised to $13-$15 per the regional norm. The raise is essential to retain quality personnel that provide a consistent delivery of the programs. We have discovered the cost of turnover to be unaffordable. Stafford Junction offers no employee benefits so an adequate wage is crucial.

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BUDGET EXPLANATIONS

Budget Information

Please complete the following chart with the financial information for the agency as a whole. In each area include the budget specifically allocated to your agency from each locality/entity listed below.

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			$1,500
King George			
Spotsylvania			$1,500
Stafford		$17,100	$42,000
United Way	$5,000	$37,500	$45,000
Grants	$78,010	$75,500	$75,500
Client Fees			
Fundraising			$15,000
Other *(explain below)*	$101,296	$84,575	$84,575
Total Agency Budget for PD16	$184,306	$214,675	$265,075

Detail below what is included in the category 'Other':

Stafford Junction has received a broad base of financial support for the last 10 years from area churches, individuals and businesses. Churches represent about 45% of the cash donations and provide many volunteers. Local businesses provide 25% of the cash contributions as well as donations of goods and services. Individuals provide the remaining 30% of the cash donations and are a large source of our volunteer force. Stafford Junction receives no federal or state funding. At the state level we have qualified as a Neighborhood Assistance Program with the Department of Education which means some of our donors are entitled to tax credit incentives. The "other" amounts listed above do not include the value of goods, services or volunteer hours that have been donated.

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BUDGET EXPLANATIONS

Agency Name:	Page 4
Stafford Junction	

Please detail below any legislative initiatives or issues that may impact the agency for the upcoming year and how you are planning for them. This could include new legislation that may increase or decrease projected funding at any level (Federal/State/Local), or could affect grants or designated funds as they are currently received. If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.
N/A

Please detail below any identified agency needs or areas of concern that are currently not being addressed in your funding request. This could include training or technical assistance for specific areas, administrative support for a program or service, evaluation of current programs, or consultation for strategic planning, board support, or fundraising.
N/A

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LOCALITY NOTES

Agency Name:	*Page 5*
Stafford Junction	

Please use the area below to provide any locality specific notes or statements that may be relevant to your application.

City of Fredericksburg:

N/A

Caroline County:

N/A

King George County:

N/A

Spotsylvania County:

N/A

Stafford County:

N/A

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Brain Builders**	*Is this a new program?*	☐ Yes ■ No
Program Contact:	Samira Rosensteel	Title:	Program Manager
Telephone Number:	540-368-0081		
E-Mail Address:	samiralahud@staffordjunction.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Since 2003, Stafford Junction offers an afterschool program, Brain Builders, for children in low income neighborhoods in Stafford County. Brain Builders meets 2-3 days a week during the school year to further stimulate students' intellectual growth and to enhance the children's abilities to succeed in school through homework assistance, character building and enrichment activities, light meals, and community service opportunities for children in grades K-8. Brain Builders aims to provide one-on-one mentoring to the children in the program and to provide relevant field trip experiences that promote richer and fuller development of the talents and capabilities of the children. Since its inception, Brain Builders works closely with Stafford County Public Schools. The teachers and counselors refer eligible students to our program and provide our staff and volunteers with support and guidance as we work with the students. In FY2015, Brain Builders operates in four Elementary and one Middle Stafford County Public Schools.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Children in low income, multi-ethnic, multi-lingual communities (where many of the families are immigrants to the United States) here in Stafford County face many challenges, making social integration into their neighborhoods problematic and achievement in the classroom a struggle. Studies have proven that children who do not enter school ready to learn face even greater obstacles to educational success later and without corrective action, fall steadily further behind their peers, diminishing their chances to succeed in life and to be positive contributors to society. These problems are further exacerbated when children fail to receive proper reinforcement of classroom teaching and mentoring in the home. As stated by a study from the University of Virginia, 83% of all low income children fail to read on grade level at 3rd grade, and 74% will not catch up in later grades. These students are less likely to graduate from high school, and are more likely to face incarceration and unemployment as adults; all of which would ultimately add a long-term financial strain on Stafford County.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

- **Stafford County Public Schools (SCPS)** - SCPS allow us to use their school facilities at 5 public schools, and, provide transportation to take the students home after each session.
- **Rappahannock Area Community Services Board (RACSB)** - RACSB – Prevention Department provides Second Step – a character building program where the students learn social and emotional skills.
- **Rappahannock Area Kids on the Block (RAKOB)** – RAKOB provides bullying prevention/childhood obesity lessons throughout the year to our students.
- **University of Mary Washington (UMW)** – UMW Department of Mathematics/Sociology evaluate the pre/post surveys administered by Stafford Junction to students, teachers, tutors and parents during Brain Builders.
- **Fredericksburg Area Food Bank** – Through the Club Kids program, we are allowed 7 cases of juice boxes and 1 box of snacks monthly. This helps supplement food at one program location.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

We target low income neighborhoods where 75%-100% of the school aged children receive free/reduced lunch, and face many barriers to success, including poverty and limited English skills in their homes. The free/reduced lunch is a national program that serves children whose families might not be able to afford nutritious food. Brain Builders serves at-risk children from Olde Forge community, Quarles Mobile Home Park, Garrison Woods Section 8 housing, Jefferson Place neighborhood, and England Run Townhomes. Brain Builders operates in 5 Stafford County Public Schools from October - May: Rocky Run Elementary School, Kate Waller Barrett Elementary School, Falmouth Elementary School, Ferry Farm Elementary School, and Edward E. Drew Middle School with waiting lists and demands for the program at other locations. The students meet 2-3 days a week from 3:40 to 5pm.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There is no cost to the families/students who participate in the Brain Builders afterschool program.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			
King George			
Spotsylvania			
Stafford		$8,143	$12,000
United Way		$14,000	$14,000
Grants	$17,000	$9,500	$9,500
Client Fees			
Fundraising			$6,750
Other	$35,660	$29,223	$18,419
Total Program Budget for PD16	$52,660	$60,866	$60,669

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Stafford Junction is requesting 20% funding from Stafford County for the Brain Builders Program. The program is in its 10th year and well established. The funding will stabilize its financial base. The reduction in Grants from FY14 to FY15 is due to a one time award.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

To provide a safe and positive environment for the students in the Brain Builders afterschool program by building on their interests and strengths.

Objectives:

1a.	Our Brain Builders students will engage in math activities regularly.
1b.	Our Brain Builders students will maintain or increase their reading levels.

Program Goal 2:

To provide a safe and positive environment for the students in the Brain Builders afterschool program by enriching and empowering our students.

Objectives:

2a.	Our Brain Builders students will develop and improve in homework skills to reinforce learning during homework groups.
2b.	Our Brain Builders students will be enriched by art, sports, music and technology activities by participating in field trips.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

The Brain Builders Program retains at least 90% of the students enrolled in the program for the full-school year. Progress is measured through report cards, and extensive pre/post surveys of the students, teachers, parents and tutors (college students, retired teachers, and middle and high school students). These surveys are evaluated by a statistical class at the University of Mary Washington. Brain Builders evaluations show improvement each year in the academic performance, as well as in the students' attitude towards school, attendance level, homework preparation, and in their view of themselves as successful students.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	2013/2014 school year

Objective 1a.

100% of the Brain Builders students engaged in math activities. 65% of the Brain Builders advanced their math facts.

Objective 1b.

60% of the Brain Builders students maintained their reading levels.

Objective 2a.

76% of students improved in turning homework in on time

Objective 2b.

100% of Brain Builders students attended enrichment activities through field trips (Children's Art Expo, academic fair, Young Eagles flight, and more).

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Stafford Junction will continue to provide a safe and positive environment for the students in the Brain Builders afterschool program by building on their interests and strengths. We are currently enrolling approximately 80 students' grades 1-8 in four Elementary and one Middle Stafford County Public Schools. In the second semester, we plan to add Kindergarten students in the four Elementary Schools we serve.

Program Goal 2:

Stafford Junction will continue to provide a safe and positive environment for the students in the Brain Builders afterschool program by enriching and empowering our students through homework help and enrichment field trips.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

Evidence is mounting that where and how youth spend their time outside of normal school hours has important implications for their development. Our Brain Builders afterschool program provides low income youth grades K-12 with a safe and supportive adult-supervised environment and offer them various growth-enhancing opportunities, including activities and experiences that promote academic, personal, social and recreational development.
The afterschool program surveys shows that low income, at-risk youth have improved significantly in both reading and mathematics after they participated in the program. Youth participating in our program attend character building sessions weekly, and begin to give back to the community by singing at senior citizen homes, helping serve a weekly community dinner to less fortune individuals, and, students that finished school continue in the program as a volunteer. Students in Brain Builders improved their feelings of self-confidence and self-esteem, school bonding, positive social behavior, school grades and achievement test scores, and reducing problem behavior such as aggression and conduct problems.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Stafford Junction offers its program free of charge to about 100 low-income, at-risk students during the school year. Parents look forward to our Brain Builders afterschool program year after year. Without our afterschool program, youth grades K-12 would:

- be unsupervised with no organized activities;
- be involved in illegal activities;
- not benefit from enrichment activities (fun and engaging academic activities);
- not receive homework help in a safe and structured environment to complete their homework, prepare for tests, and work specifically on concepts covered during the school day;
- not participate in recreation activities such as cooking classes, young eagles flight, Porsche Club America race, and wildlife lessons;

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 7
Brain Builders	

Program Service Data: *Service Period:* October 2013 to May 2014

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg										
Caroline										
King George										
Spotsylvania										
Stafford	115	130	61	54	-	-	-	-	-	-
Other										
Total	115	130	61	54	-	-	-	-	-	-

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford	-	83	24	8	-	-	-	-	-	-	-	-	-
Other													
Total	-	83	24	8	-	-	-	-	-	-	-	-	-

:

Stafford Junction works with low income children in Stafford County. In FY14, we did not collect information on race and income levels for our Brain Builders afterschool program. We are updating our application to measure race and income levels. Stafford Junction projects that 130 will be enrolled in our afterschool program based on data from FY14 and FY15.

Logic Model – Projected

Program Name: Brain Builders

Agency: Stafford Junction **Contact Name:** Linda Hill

Phone: (5400368-0081 **Email:** lindahill@staffordjunction.org

Target population served by program: We target low income neighborhoods in Stafford County where 75%-100% of the school aged children receive free/reduced lunch, and face many barriers to success, including poverty and limited English skills in their homes. The free/reduced lunch is a national program that serves children whose families might not be able to afford nutritious food. In FY 14, Brain Builders serves at-risk children from Olde Forge community, Quarles Mobile Home Park, Garrison Woods Section 8 housing, Falmouth Elementary neighborhoods and England Run low income areas. We provide the program at Rocky Run Elementary, Kate Waller Barrett Elementary, Falmouth Elementary, Ferry Farm Elementary, and Edward E. Drew Middle Schools.

Specific need that is addressed by program: Recent research from Harvard Graduate School Of Education confirms that students who participate in afterschool programs can reap a host of positive benefits in a number of interrelated outcome areas – academic, social-emotional, prevention, and health and wellness. Participation in afterschool programs is influencing academic performance in a number of ways, including better attitudes toward school and higher educational aspirations; higher school attendance rates and lower tardiness rates; less disciplinary action, such as suspension; lower dropout rates; better performance in school, as measured by achievement test scores and grades; significant gains in academic achievement test scores; greater on-time promotion; improved homework completion; and deeper engagement in learning. In addition, the University of Virginia states that 83% of all low income children fail to read on grade level at 3rd grade, and 74% will not catch up in later grades. These students are less likely to graduate from high school, and are more likely to face incarceration and unemployment as adults. As a result of these studies and numerous supporting studies, the Brain Builders program provides both the parents and the student with the tools to develop positive behaviors that facilitate awareness of the value of education that ultimately leads to a greater graduation rate for the students of the program.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
1 Brain Builders Program Manager 9 Brain Builders Site Coordinators 1 Volunteer Coordinator 2 Bus Driver 2 Van Driver 1 Bus 1 Van Volunteers Funding Partners	Identify and enroll at-risk students into the Brain Builders program Provide afterschool homework assistance Conduct character building Facilitate ongoing training for afterschool site coordinators Coordinate local field trips Engage middle school students in community service projects Engage families Recruit volunteers Provide meals Enroll parents into parenting training and education offered through Brain Builders.	# of elementary and middle school students receiving homework assistance, character building activities and opportunities for intellectual and social growth # of local field trips and other experiences for students to expand their worldviews # of meals and take home snacks provided to students # of low income communities served # of families served by Brain Builders	Students in Brain Builders are actively involved in continuous learning. Students in Brain Builders attend school consistently. Families of students become fully aware of the educational benefits of the Brain Builders program.	Families of students in Brain Builders are involved in their children's education. Students in Brain Builders exhibit a more positive outlook toward school. Students in Brain Builders improve academic performance and communication skills. Students in Brain Builders improve ability to relate with peers and adults.	Brain Builders students will have the skills, attitudes and behaviors that will help them be successful in school, work, and in life. Parents of students develop behavior that facilitates an increase in their child's graduation rate. Students that were enrolled in the Brain Builders program have a higher graduation rate. Students enrolled in Brain Builders return to Stafford Junction to volunteer their time and experience.

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: Brain Builders

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	***Indicator(s)*** *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	***Relevant Client***	***Data Source***	***Method*** *(The method for collecting information to determine level of achievement of outcome.)*	***Target*** *(Level of achievement the program expects to reach.)*
1. Students in Brain Builders are actively involved in continuous learning.	Students are engage in math quizzes.	Brain Builders students in 3rd-5th grade	Stafford Junction	Students math quizzes results	60% of students will improve their math skills.
2. Students in Brain Builders improve academic performance and communication skills.	Student maintains or increases reading levels.	Brain Builders students	Stafford County Public Schools Teachers and Reading Specialist	Student report card	75% of students will maintain their reading levels.
	Student increases attendance rate.	Brain Builders students	Stafford Junction	Student report card Brain Builders attendance sheet Surveys	80% of Brain Builders students will increase their attendance at school.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**HUGS**	*Is this a new program?*	☐ Yes ■ No
Program Contact:	Greg Minor	Title:	Program Assistant
Telephone Number:	540-368-0081		
E-Mail Address:	gminor@staffordjunction.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

HUGS is an early childhood development program that acts as a catalyst for ensuring that the developmental needs of children ages 0-5 are a priority in the low income communities we serve. We prepare children for success in their early development years by providing 3, 4 and 5 year olds access to a highly rated preschool program during the school year. Children below 3 years are transported by Stafford Junction to its site where they are engaged in age appropriate social and emotional enrichment activities. while parents are engaged in development opportunities. Once children have entered school, Brain Builders (afterschool program for school-aged children) continues to reinforce the values we place on learning and success.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

66% of children below 200% poverty level do not attend preschool. Low income children start kindergarten 14 to 18 months behind their middle-class peers in language development, vocabulary, and basic skills (counting, ability to identify primary colors, etc.). Most never catch up without an opportunity for enrichment activities at home and a quality preschool experience. Early childhood development is critical to all children, but becomes even more critical when faced with the impoverished conditions. Since 2008, our HUGS program provides an opportunity to break this cycle of poverty for many of these children and their families.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

During the school year Stafford Junction provides top-quality structured preschool experience to preschool children who live in our five low-income neighborhoods. All of the preschool settings we use participates in the Virginia Star Quality Initiative (VSQI) and has been awarded a "3-Star" rating as a quality learning center based on VSQI's Quality Rating Improvement Scale (QRIS) by Smart Beginnings of Virginia. All of the preschools use the award winning Al's Pals Curriculum. Our current pre-school partners include;

- Stafford County Head Start and Early Head Start
- YMCA Massad Branch
- Cornerstone Preschool

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PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

HUGS currently focuses on low income, multi-ethnic, multi-lingual communities in Stafford County where 75%-100% of the school aged children receive free or reduced price lunch. We target at-risk children who lack access to early educational activities and preschool. The program runs from September through June. Preschool students are either enrolled in Head Start, Early Head Start or attending a local preschool program 4 to 5 times a week. Children below 3 attend activities twice a week at Stafford Junction. We provide transportation to and from local preschools and to activities in our facilities.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There is no charge for the children attending preschool. Stafford Junction pays for registration fees, field trips, and, also, provides transportation to the children daily.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			
King George			
Spotsylvania			
Stafford		$3,762	$7,000
United Way		$8,500	$8,500
Grants	$13,762	$10,000	$10,000
Client Fees			
Fundraising			$2,250
Other	$29,788	$18,753	$7,336
Total Program Budget for PD16	$43,550	$41,015	$35,086

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Stafford Junction is requesting 20% funding from Stafford County. The reduction in the overall program budget from FY15 to FY16 is due to the adult portion being split out into its own separate program named Life Skills Workshops. This allows each component to focus on differing goals and outcomes.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

To prepare at-risk children for educational success by exposing the 3, 4, and 5 year olds to a preschool environment. Early childhood development is critical to all children, but becomes even more critical when faced with the impoverished conditions of the children we serve.

Objectives:

1a.	Preschool children are exposed to math readiness by recognize and name some numbers.
1b.	Children respond positively in their social and emotional skills (to manage personal feelings, understand others' feelings and needs, and interact positively with others).

Program Goal 2:

To develop and engage children (birth to 3) participating in the HUGS program in positive relationships and interactions with adults.

Objectives:

2a.	Preschool children develop friendships over time; play with peers for extended periods of time; laugh together.
2b.	Children express self-using words and expanded sentences.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

Preschool students will be observed throughout the school year by their teachers. A preschool progress report will be issued each quarter to each child to measure social/emotional skills, work habits, fine/gross skills, music/art skills, and reading and math readiness. Attendance record will be maintained for all preschool activities including field trips. The HUGS program manager will be in contact with the preschool director to measure success throughout the school year.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	September 2013-June 2014

Objective 1a.

85% of HUGS children demonstrated math readiness by learning shapes, numbers, and being able to count to 100.

Objective 1b.

80% of children maintained their social and emotional skills by understanding other's feelings and needs, interacting positively with others, and managing their personal feelings.

Objective 2a.

100% of children developed personal relationships with adults and other children by playing for extended periods of time, laughing together and developing friendships overtime.

Objective 2b.

80% of children expressed self-using words and expanded sentences when communicating with adults and other children.

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

The HUGS program will continue to prepare at-risk children for educational success by exposing the 3, 4, and 5 year olds to a preschool environment. Currently, we have 8 low income preschool age children attending the preschool program at the Massad Branch YMCA. We assisted 16 low income children to enroll in Stafford County Head Start and Early Head Start. Children attending the YMCA are transported daily by Stafford Junction personnel.

Program Goal 2:

Our HUGS program will continue to develop and engage at-risk children (birth to 3) in positive relationships and interactions with adults.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

Early childhood development is critical to all children, but is even more critical when children face impoverished conditions, as many of the children we serve do. Our HUGS program provides at-risk children (birth to five) extra level of help to keep up with their peers from higher socioeconomic levels. Unlike children from more affluent families, these specific children that we serve cannot engage in quality preschool programs for the following reasons: (1) they cannot afford the tuition, (2) they lack transportation to the venue of the programs, and (3) they often are uncomfortable and not at ease in settings that are unfamiliar and therefore find it difficult to participate fully. Stafford Junction has designed a program to remove these obstacles. We have identified structured, top rated preschool programs where our children can participate alongside students who are in higher socioeconomic classes at Stafford County Heard Start and Early Head Start, and the Massad Branch YMCA. While the YMCA handles the in-class program content, the essential components of this program, under the direction of Stafford Junction, make it possible for the children to participate by Stafford Junction providing enrollment assistance, covering associated fees, and providing transportation for the children to access a preschool program as well as the additional support of a Stafford Junction staff member in the classroom.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Stafford Junction offers its program free of charge to low income, at-risk preschool children (birth to 5) during the school year. Parents look forward to our program year after year. Without our program, preschoolers would:

- not be able to afford a preschool tuition;
- not be exposed to a preschool environment;
- lack transportation to the venue of the programs;
- often be uncomfortable and not at ease in settings that are unfamiliar and therefore find it difficult to participate fully.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 7
HUGS	

Program Service Data: *Service Period:* September 2013 to June 2014

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg										
Caroline										
King George										
Spotsylvania										
Stafford	19	30	7	12	-	4	4	11	-	-
Other										
Total	19	30	7	12	-	4	4	11	-	-

**Please include the projected number to be served in each locality for the upcoming fiscal year.*

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford	19	-	-	-	-	-	-	-	-	19	-	-	-
Other													
Total	19	-	-	-	-	-	-	-	-	19	-	-	-

:

Stafford Junction works with low income children in Stafford County. Stafford Junction projects that 30 children will be enrolled in our program based on data from FY14 and FY15.

Logic Model – Projected

Program Name: HUGS (Helping Us Grow Strong)

Agency: Stafford Junction **Contact Name:** Linda Hill

Phone: (540) 368-0081 **Email:** lindahill@staffordjunction.org

Target population served by program: HUGS currently focuses on low income, multi-ethnic, multi-lingual communities in Stafford County where 75%-100% of the school aged children receive free or reduced price lunch at public schools. We target at-risk children who lack access to early educational activities and preschool.

Specific need that is addressed by program: The greatest challenges facing our country – from school dropout rates, to crime to rising health-care costs, to the necessity of competing in the global marketplace – can only be met by focusing on the development of all our children, beginning at birth. To the Ounce of Prevention Fund, the "achievement gap" is not a metaphor. It is a social outcome that we can see and measure. Research shows that the achievement gap appears long before children reach kindergarten – in fact can become evident as early as age nine months. And at-risk children who don't receive a high-quality early childhood education are:

- 25% more likely to drop out of school
- 40% more likely to become a teen parent
- 50% more likely to be placed in special education
- 60% more likely to never attend college
- 70% more likely to be arrested for a violent crime

Early childhood programs are the most cost-effective way to ensure the healthy development of children in poverty and offer the greatest returns to society.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
1 Program staff 1 Volunteer Coordinator Volunteers 2 Translators 1 Bus 1 Van 2 Bus Driver 2 Van Driver Partners Funding	Prepare and disseminate flyers to specific communities Hold Registration Forum in September Enroll preschoolers in local preschool programs Transport preschoolers to local preschool programs Stafford Junction staff provides in classroom support	# of preschoolers served by Stafford Junction enrolled in local preschool programs # of preschoolers transported to local preschool programs by Stafford Junction # of low income areas served by Stafford Junction	Parents and students are aware of preschool benefits Preschool students are actively involved in continuous learning	Families are involved in their children's education Students exhibit school readiness skills Students improve ability to relate with peers and adults	Preschoolers experience healthy social and emotional development Preschool age children demonstrate the knowledge and skills necessary for successful entrance into kindergarten

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: HUGS (Helping Us Grow Strong)

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	***Indicator(s)*** *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	***Relevant Client***	***Data Source***	***Method*** *(The method for collecting information to determine level of achievement of outcome.)*	***Target*** *(Level of achievement the program expects to reach.)*
1. Preschool age children demonstrate the knowledge and skills necessary for successful entrance into kindergarten	Students improve their reading readiness.	4-5 year old students	Preschool program	Student report card	60% demonstrate good progress upon entering Kindergarten
	Students respond positively in their social and emotional skills	4-5 year old students	Preschool program	Student report card	80% maintain their social and emotional skills
2. Preschool students are actively involved in continuous learning	Students are exposed to math readiness by recognize and name some numbers	Preschool students	Preschool program	Student report card	70% demonstrate good progress in their math readiness.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Life Skills Workshops**	*Is this a new program?*	■ Yes ☐ No
Program Contact:	Gladys Castellanos	Title:	Program Manager
Telephone Number:	540-368-0081		
E-Mail Address:	gladyscastellanos@staffordjunction.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Life Skills Workshops is designed for adults who have a family member enrolled in any of our programs or who live in one of the 5 low income neighborhoods we serve. This program will provide workshops covering a broad range of topics, including Computer Skills, Nutrition, Parenting, Financial Planning, Health Issues, Communicating with the schools, ESL and other topics based on a need that is identified by our clients. Life Skills Workshops promotes basic human needs (social needs, self-actualization, and emotional needs).

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Research has shown that the results of programs for children can be dramatically enhanced by focusing on the development of adults that play a key role in the lives of these children. According to Dr. Jack Shonkoff, Director of Harvard University's Center on the Developing Child, programs that strive to enhance and develop executive function in the parents, caregivers and neighbors of at-risk children, results in improved results; building adult capabilities to improve child outcomes. Our program is designed to upgrade adults' abilities and increase their potential for success. We provide resources and information on healthy living and self-development. For the adults whose families are going through acculturation, Life Skills Workshops present an opportunity to be exposed to information and resources that allow them to feel better about themselves and empowers their role as a parent or working adult in a new culture. As a further help to the family, an adult/caregiver who actively pursues education is a positive role model for their children and the community.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

The Life Skills Workshops will be a collaborative effort with both new and existing community partners, including:

- Rappahannock Goodwill Industries - Financial Literacy Classes;
- Virginia Cooperative Extension (VCE) – Nutrition/Cooking Classes; Financial Literacy Classes;
- NextCare UrgentCare – Nutritional meal planning;
- RACSB - Parenting Classes;
- Fredericksburg Baptist Church – English as a Second Language Classes;

Other workshops, such as Computer Classes, and Communication with the Schools will be taught by Stafford Junction staff or trained volunteers.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

We target the adults who are in need of supportive services in the form of non-structured case management, linking them with resources and equipping them with tools needed to be successful. Like Skills Workshops currently focuses on low income, multi-ethnic, multi-lingual communities in Stafford County, specifically the Olde Forge Community, Quarles Mobile Home Park and Garrison Woods Section 8 housing and the Village of England Run. For FY 2016, we will also be offering these Workshops to low income residents of the City of Fredericksburg, and Spotsylvania County.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There is no charge for adults participating in the program. Stafford Junction provides transportation to all workshops for residents of the 5 low income neighborhoods we serve in Stafford County.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			$1,500
King George			
Spotsylvania			$1,500
Stafford			$4,500
United Way			$7,500
Grants		$17,000	$17,000
Client Fees			
Fundraising			$2,250
Other		$12,693	$2,950
Total Program Budget for PD16		$29,693	$37,500

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Stafford Junction is requesting 12% funding from Stafford County, 4% funding from Fredericksburg and 4% funding from Spotsylvania County for Life Skills Workshops. This is a new program for Stafford Junction where adult needs are the focus. The split in the funding request represents areas served. The program will expand to Fredericksburg and Spotsylvania County based on funding. A part time staff person has been added to oversee and manage the implementation of the program and measure the outcomes.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

Participants take charge of their personal financials and health goals.

Objectives:

1a.	Adults participating in our program will be able to set short and long term goals during financial literacy workshops.
1b.	Adults will gain knowledge about nutrition and exercise.

Program Goal 2:

To equip participants with basic skills needed to enter the work force.

Objectives:

2a.	Adults attending our program will gain knowledge in basic computer skills.
2b.	Adults will learn job searching techniques and how to build a resume.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

Adult will fill out a pre/post survey to measure their knowledge after each workshop and activities. Stafford Junction keeps a log of the numbers of adults transported to the workshops. The program manager will keep track of attendance for all workshops offered. The program manager will write monthly reports to keep track of all activities, numbers of adults served and number of volunteers. If objectives are not accomplished, we will refer back to the surveys, and directly communicate with participants to better meet their needs.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:

Objective 1a.

N/A

Objective 1b.

N/A

Objective 2a.

N/A

Objective 2b.

N/A

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

N/A

Program Goal 2:

N/A

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

At Stafford Junction we keep a close relationship with our clients and have established a trust with communities. Our program teaches valuable skills needed to succeed in life. The members of our communities learn how to adapt to cultural differences. They develop knowledge and skills that support healthy, functioning individuals in family and work roles. Life Skills Workshops encourages families to live up to their full potential by enhancing self-esteem and the appreciation of self-worth.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Life Skills Workshops will be very beneficial to all individuals in the low income neighborhoods we serve. Without Life Skills Workshops:

- Our communities will struggle to find the resources they need;
- It will be harder for adults to have access to educational programs that teach them the basic consumer science, computer and communication skills they need to run a home and/ or maintain a job;
- They will not receive money management classes;
- Trips to local farmer's markets will be difficult because many of the families in our programs do not have means of transportation;
- Members will not receive proper parenting classes that guide them in up-bringing a child in a positive way so that he/she can grow to be successful;
- Families will not be educated in healthy nutrition;

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 7
Life Skills Workshops	

Program Service Data: *Service Period:* - to -

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg		10								
Caroline										
King George										
Spotsylvania		10								
Stafford		20								
Other										
Total		40								

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford													
Other													
Total													

:

Life Skills Workshops is a new program being implemented in FY15. Stafford Junction projects that approximately 40 adults will be participating in at least one workshop in FY16 based on the number of participants registering to our program in FY15.

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Program Name:	*Page* 1
Summer Junction	

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Summer Junction**	*Is this a new program?*	☐ Yes ■ No
Program Contact:	Samira Rosensteel	Title:	Program Manager
Telephone Number:	540-368-0081		
E-Mail Address:	samiralahud@staffordjunction.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Summer Junction provides a day camp and other enrichment experiences to low income children ages 3-15 residing in Stafford County in need of proper supervision, nutritious food, physical activities, and continuing learning experiences. Supervised activities in a safe environment have been proven to reduce the number of children involved in illegal activities or otherwise disadvantageous behavior. Summer Junction helps bridge the gap between the Stafford County Public Schools semesters by engaging children in organized day camps, field trips and multi-day programs that keep them physically and mentally active during the summer months. Summer day camp components include reading, math, life science, nutrition and cooking classes, bible stories, character building and bullying prevention through educational activities, hands-on experiences, and other enrichment activities. To complement the growth aspect we factor in fun through sports, physical play, crafts, and games.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

To succeed in school and life, children need ongoing opportunities to learn and practice essential skills. This is especially true during the summer months. Unfortunately, some children face anything but idyllic summer months. When the school doors close, many children struggle to access educational opportunities, as well as basic needs such as healthy meals and adequate adult supervision. More than half of the achievement gap between lower and higher income children can be explained by unequal access to summer learning opportunities. Numerous studies show that summer learning opportunities improve academic outcomes for youth. Early and sustained summer learning opportunities lead to higher graduation rates and better preparation for college. Summer programs have also been shown to positively affect children's self-esteem, confidence, and motivation. (National Summer Learning Association). Our Summer Junction program provides low income children with strategically planned, structured summer experiences that challenge children, develop their talents, keep them engaged, and expand their horizons.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

- Friends of the Rappahannock – offers field trips, scholarships to the children to participate in their week long camps.
- Rappahannock Area Community Services Board – The Prevention Department offers character building workshops during our summer camp.
- Rappahannock Area Kids on the Block – provides bullying prevention sessions to the children enrolled in our camp.
- Virginia Cooperative Extension – provides workshops on nutrition and cooking classes to children enrolled in our summer programs.
- Stafford County Sheriff's Department – offers Badges for Baseball; a week long baseball camp and character building lessons for the children we serve.
- Riverside Theater Foundation – offers scholarships for a 2 weeks summer theater camp.
- The Salvation Army – offers scholarships to the children to attend their Camp Happyland.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

We target low income neighborhoods where 75%-100% of the children receive free or reduced price lunch at public schools. Summer Junction serves at-risk children ages 3-15 in Olde Forge Community, Quarles Mobile Home Park, Garrison Woods's Section 8 housing, Jefferson Place and England Run area. Our Summer Junction program runs during the months of June-August providing 5 weeks of summer day camp 4 times a week, 2 or more field trips per week, and registration fees for children to attend other specialty camp sessions, like Badges for Baseball, Camp Happyland, Friends of Rappahannock Summer Camp, Young Eagles flight, and Riverside Theater Camp. We provide transportation to all activities using our vehicles. These options offer children an alternate to roaming around neighborhoods and helps keep them out of trouble.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There is no charge for children to participate in any of the Summer Junction activities. Stafford Junction covers the cost of all registration fees, food, activities, and transportation.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			
King George			
Spotsylvania			
Stafford		$4,104	$8,500
United Way	$5,000	$8,000	$8,000
Grants	$4,104	$9,500	$9,500
Client Fees			
Fundraising			$2,250
Other	$21,233	$22,029	$12,933
Total Program Budget for PD16	$30,337	$43,633	$41,183

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Stafford Junction is requesting 20% funding from Stafford County for Summer Junction. This summer camp is well established and a haven for many at risk youth during the summer. The increase in funding request between FY15 and FY16 is to help anchor the programs financial base and rely less in inconsistent sources of funding.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

To build children with limited options character, confidence and skills through a wide range of summer programs, workshops, and cultural activities.

Objectives:

1a.	Children in Summer Junction will engage in age appropriate summer activities.
1b.	Children in Summer Junction will be encouraged to try new experiences and be able to demonstrate a new skill or knowledge gained at one of our summer activities.

Program Goal 2:

To expose preschool and elementary school age children with limited resources to math and reading activities and learning practices with others during the summer months.

Objectives:

2a.	Preschool and elementary school age children with limited resources will engage in academically enriching programs.
2b.	Preschool and elementary school age children will be encouraged to develop the positive habit of reading.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

Summer Junction program manager will maintain attendance records of all children participating in our summer day camp (10 sessions), field trips, and other multi-day camps. During our summer day camp, we maintain a reading log for each child. Pre/Post surveys will be administered to all children. The program manager will write a monthly report to keep track of all activities, number of children served, and number of volunteers.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	Summer 2014

Objective 1a.

214 children with limited options engaged in at least one of our summer programs, workshops, and cultural activities.

Objective 1b.

36 children ages 6-12 participating in our summer day camp gained knowledge about how to react to bad situations by participating on CPR lesson.

Objective 2a.

82 children ages 6-12 and 44 children ages 3-5 enrolled in our summer day camp participated in at least one math workshop during summer day camp. Children were exposed to shapes, patterns, number recognition, graphs, money, math facts, and other fun math games.

Objective 2b.

82 children ages 6-12 and 44 children ages 3-5 participated in reading activities during our summer day camp. They were exposed to fun songs, writing projects, and books.

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

Summer Junction program will continue to build children with limited options character, confidence and skills through a wide range of summer programs, workshops, and cultural activities.

Program Goal 2:

Summer Junction program will continue to expose preschool and elementary school age children with limited resources to math and reading activities and learning practices with others during the summer months.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

For some children summer vacation includes camp, visits to museums and libraries, family trips, and a variety of enriching activities; for other children, especially low income children, summer means months of boredom, inactivity, and staying at home. The vast majority of low income children find that when schools close for the summer, learning opportunities and healthy meals are no longer available. Deprived of healthy stimulation, these children lose a significant amount of the skills they learned during the school year. Our Summer Junction program provides low income, at-risk children ages 3-15 with a fun, safe and supportive adult-supervised environment where we boost their achievement, but also promote character development and interpersonal skills, health and fitness, and making friends. Examples of summer learning activities include summer camp sessions, summer reading programs, outdoor adventure camps, arts and music camps, and sports camps. All programs are offered free of cost to the children we serve; in addition, transportation to and from the program locations are available to all participants.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Stafford Junction offers its program free of charge to about 200 low-income, at-risk children during the summer months. Parents look forward to our Summer Junction program year after year. Without our summer programs, youth ages 3-15 would:

- be unsupervised with no organized activities;
- be possibly involved in illegal activities;
- not benefit from enrichment activities (fun and engaging academic activities);
- not participate in recreation activities such as cooking classes, Badges for Baseball, Young Eagles flight, Porsche Club America race, and Friends of Rappahannock activities;

Our program bridges the gap between school semesters by engaging students in summer learning opportunities.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 7
Summer Junction	

Program Service Data: *Service Period:* June 2014 to August 2014

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg										
Caroline										
King George										
Spotsylvania										
Stafford	214	215	115	99	15	92	30	61	0	16
Other										
Total	214	215	112	93	15	92	30	61	0	16

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford	35	118	39	22	0	0	0	0	21	26	18	0	149
Other													
Total	35	118	39	22	0	0	0	0	21	26	18	0	149

:

For FY16, Stafford Junction projects that 215 children will participate in at least one summer activity during our Summer Junction program. This number is based on data from FY14 and FY15.

Logic Model – Projected

Program Name: Summer Junction

Agency: Stafford Junction **Contact Name:** Linda Hill

Phone: (540) 368-0081 **Email:** lindahill@staffordjunction.org

Target population served by program: We target low income neighborhoods in Stafford County where 75%-100% of the children receive free or reduced price lunch at public schools. Summer Junction serves at-risk children ages 4-15 in Olde Forge Community, Quarles Mobile Home Park and Garrison Woods's Section 8 housing. With the expansion of our program, we will also be serving low income children in the Falmouth Elementary School area, and England Run area.

Specific need that is addressed by program: According to a report by the RAND Corporation, the average summer learning loss in math and reading for American students' amounts to one month per year. More troubling is that it disproportionately affects low-income students: they lose 2 months of reading skills, while their higher-income peers — whose parents can send them to enriching camps, take them on educational vacations and surround them with books during the summer — make slight gains. Summer Junction bridges the gap between school semesters and provides low income children life experiences, enjoyable physical activities and adequate nutrition that they may not otherwise encounter during the summer months. Summer Junction keeps the children mentally and physically active through character building, educational activities and hands-on experiences.

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
1 Summer Junction Program Manager 1 Volunteer Coordinator 8 Educators 2 Bus Driver 2 Van Driver 1Bus 1 Van Facilities 20 Meal Providers 2 Grants 15 Partners	Offer summer Day Camp Offer Multi-Day Camps/Experiences Coordinate Field Trips Provide meals Recruit Volunteers Academic Experience	# of sessions of summer day camp # of children enrolled in summer day camp participating in reading, math, science, crafts, music, sports, and character building activities # of nutritious meals offered to children in summer day camp # of children attending X multi-day camp experiences and Y field trips	Students in Summer Junction learn new skills during summer programs Students of Summer Junction are exposed to math and reading during the summer months	Children increase their cultural and fitness experiences resulting in improved physical health, social skills and confidence Children maintain positive educational and nutritional momentum	Children increase academic achievement and passage through grades Children are not involved in illegal activities or other activities that would be detrimental to their future

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: Summer Junction

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	***Indicator(s)*** *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	***Relevant Client***	***Data Source***	***Method*** *(The method for collecting information to determine level of achievement of outcome.)*	***Target*** *(Level of achievement the program expects to reach.)*
1. Students in Summer Junction learn new skills during summer programs	Students who engage in age appropriate summer activities	Children	Stafford Junction Partners	Survey	80% of children will engage in age appropriate summer activities
2. The participants of Summer Junction will be exposed to Math and Reading during the summer months.	Children with limited options who engage in academically enriching programs.	Children	Stafford Junction	Attendance Record	80% of children will engage in academically enriching programs
	Children are encouraged to develop the positive habit of reading.	Children enrolled in Stafford Junction afterschool program	Stafford County Public School teachers and reading specialist Stafford Junction	Students Report Card Reading Logs Attendance Record	70% of children will maintain their reading skills

Partner Agency Funding Application FY2016
PROGRAM INFORMATION

Program Name:	*Page* 1
HLP	

Each agency submitting a funding request must fill out the following pages for *each program* serving citizens within the region and for which funding is requested. Any incomplete applications or programs that do not have a full application will not be considered for funding. PLEASE do not include any unrequested information. Each locality reserves the right to request additional information once the application has been submitted.

Program Name:	**Healthy Living Pays (HLP)**	*Is this a new program?*	☐ Yes ■ No
Program Contact:	Gladys Castellanos	Title:	Program Manager
Telephone Number:	540-368-0081		
E-Mail Address:	gladyscastellanos@staffordjunction.org		

1. Program Purpose/Description: *(the following description should not exceed 10 lines of text)*

Stafford Junction helps to promote healthier lives for the individuals we serve in low income, disadvantaged neighborhoods in Stafford County. Our Healthy Living Pays (HLP) program encourages children, youth and families to adopt healthier lifestyles. HLP is designed to be an interactive program that promotes regular exercise, good nutrition, and provides informational sessions on preventative healthcare. The HLP application includes a health insurance assessment. Participants who lack health insurance are provided assistance enrolling in low-cost or free health care clinics that will provide an alternative to Emergency Room visits for routine health problems. For participants who qualify for premium subsidies, we assist with selecting an affordable health insurance plan using HealthCare.Gov. Stafford Junction is a Certified Assistance Counseling (CAC) organization.

2. Justification of Need: *(Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The following should not exceed 10 lines of text, and should include the most recent data available.)*

Living a healthy lifestyle is a greater challenge for individuals and families with limited resources. From Stafford Junction's ten years of experience offering services and programs for under-resourced families living in Stafford County, we have learned the following: 1) Lack of health insurance and limited access to health care, low incomes, limited English skills, cultural challenges, lack of transportation, and fear are barriers to getting medical attention and to following doctor's orders; 2) It is difficult for people on limited incomes to eat a healthy diet. Even if they want to switch to a healthier diet, they face a significant cost barrier in doing so. Fruits, vegetables, and whole grains are simply more expensive than processed foods; 3) Regular aerobic exercise is a challenge for individuals in lower socioeconomic groups. Many of them suffer from low self-esteem, have limited play spaces, and lack transportation to access activities.

3. Program Collaboration: *(The following should describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area, and should not exceed 10 lines of text.)*

- **YMCA; Massad Branch** – allows Stafford Junction to purchase a non-profit membership to provide YMCA membership to families who are enrolled in Healthy Living Pays (HLP) at no cost to the participants.
- **Greater Falls Run Lions Club** - provides vision/hearing screenings for the individuals we serve.
- **Fredericksburg Christian Health Center (FCHC)** - works with Stafford Junction to provide a flexible approach for our clients to successfully complete, with our help, all of the paperwork required. Stafford Junction provides the transportation for their initial 30 minute appointment and arranges volunteer translation services if required.
- **Virginia Cooperative Extension (VCE)** – provides workshops on nutrition, cooking and fitness to individuals enrolled in our program.

Partner Agency Funding Application FY 2016
PROGRAM INFORMATION

4. Program Audience and Service Delivery: *(The following should describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. Please do not exceed 10 lines of text.)*

The program currently focuses on low income, multi-ethnic, multi-lingual communities where 75%-100% of the school aged children receive free or reduced price lunch. We target children and their families who want to adopt a healthier life style. HLP is a yearlong program that offers a free membership to the YMCA to individuals enrolled in the program. It also offers workshops throughout the year on health and nutrition, assists participants with health insurance assessment and enrollment in to low-cost/free health clinics, and provides transportation to participants to exercise at the YMCA, farmer's market, and other events.

5. Client Fees: *(Please describe the fees clients must pay for the services provided in this program, and how those fees are determined.)*

There is no cost to participate in the HLP program. Stafford Junction pays an annual non-profit membership to the YMCA to encourage individuals to live a healthier lifestyle. We provide transportation and food to participants.

6. Budget Information: *(Please complete the following chart with the financial information for this program. In each area include the dollars specifically allocated/requested for this program.)*

	FY2014 Actual	FY2015 Budgeted	FY2016 Projected
Caroline			
Fredericksburg			
King George			
Spotsylvania			
Stafford		$1,091	$10,000
United Way		$7,000	$7,000
Grants	$37,501	$29,500	$29,500
Client Fees			
Fundraising			
Other	$5,596	$1,545	$3,206
Total Program Budget for PD16	$43,097	$39,136	$49,706

Please indicate, in detail, reasons for increases or decreases in the amounts requested for FY2016. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Stafford Junction is requesting 20% funding from Stafford County. The main increase from FY15 to FY16 is an increase in personnel expense to cover the new detailed scope of the program. The detailed scope entails more precise data collection to establish evidence based outcomes and more direct personal involvement of the program manager with the program participants.

7. Goals, Objectives, & Evaluation: *(Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal. If your agency is funded by the United Way, please include a copy of your **Logic Model** for this program as a supplemental attachment. Individual descriptions should not exceed 5 lines of text.)*

Program Goal 1:

To promote regular exercise and good nutrition to low income children and their families enrolled in the program.

Objectives:

1a.	120 individuals will enroll in a one-year membership at the YMCA through our HLP program.
1b.	A minimum of 60 individuals will enhance their knowledge of and access to food and cooking strategies which offer healthier, yet still filling, eating options.

Program Goal 2:

To assess HLP participants for their insurance status, and, based on the information provided in the individual's application, to offer local health care options, including enrollment assistance when necessary.

Objectives:

2a.	30% of the individuals enrolled in HLP will be assessed for insurance status, assist families in understanding, comparing and selecting local, free/low-cost health care options based upon their circumstances.
2b.	A minimum of 50 individuals will be screened and receive follow-up care for one or more of the following conditions: High blood pressure, diabetes, high cholesterol, poor eyesight, or poor hearing.

Evaluation Method: *(Please describe the method used to measure the above goals/objectives. Please do not exceed 10 lines of text.)*

HLP participants are tracked at the Massad Branch YMCA to collect data on usage of their gym memberships. Pre/post surveys are used to collect data on participants' knowledge of how to make healthy food choices. Stafford Junction also records insurance status through a database to track the number of participants enrolling in free/low-cost health care. Stafford Junction keeps a log of the numbers of adults and children transported to workshops, YMCA and other activities.

8. Outcome Data: *(Please give the most recent outcome data for the objectives above. Indicate below what time period the data covers.)*

Data Collection Period:	July 2013 - June 2014

Objective 1a.

150 individuals enrolled in a one year membership to the YMCA through the HLP program.

Objective 1b.

66 individuals enhanced their knowledge of and access to food and cooking strategies through cooking workshops and nutritional educative programs and by scheduled trips to the local farmers market.

Objective 2a.

371 individuals were assessed for health insurance and offered appropriate healthcare options according to their living situations.

Objective 2b.

There were a total of 90 participants in our health fairs that offered screening for high blood pressure, diabetes, high cholesterol, poor eyesight, or poor hearing.

9. Program Goal Updates: *(Please provide a brief description of the current status of your program goal(s), given your outcome data. For example, if reported data was well below the stated outcome measure, please indicate why you feel that is the case. Also, include how your outcome data will influence or modify the program for the upcoming fiscal year. These descriptions should not exceed 20 lines of text.)*

Program Goal 1:

The HLP program will continue to promote regular exercise and good nutrition to low income children and their families enrolled in our program.

Program Goal 2:

The HLP program will continue to assess its participants for their insurance status, and, based on the information provided in the individual's application, to offer local health care options, including enrollment assistance when necessary.

10. Community Impact: *(Please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.)*

The HLP program has impacted the children greatly. We have begun taking the children of Stafford Junction to the University of Mary Washington once a month to practice with the Athletic Department where they learn a variety of sports with different teams. They learn techniques on the sport, how to stay physically active, the importance of being focused in school and the impact is has on their future for college.
The families of Stafford Junction also benefit from the HLP program as a whole. Families learn how to become more active and live healthy lives through our staff transporting the members to the YMCA on regular scheduled trips. They learn to cook healthier foods for their families through the nutrition classes' offered.

11. Collaborative Impact: (Please describe how the community would be impacted if your agency were dissolved or merged with another partner agency. This description should not exceed 20 lines of text.)

Stafford Junction offers all of its programs free of charge. We also keep personal relationships with all of our families and without our programs the families would suffer greatly;

- They would not have access to preventative healthcare.
- They would not have transportation needed to attend any program.
- They would not have access to free memberships to the YMCA.
- They would not be able to attend health fairs.
- They would not be offered nutritional classes.

Partner Agency Funding Application FY 2016
SERVICE DATA

Program Name:	*Page* 7
HLP	

Program Service Data: *Service Period:* July 2013 to June 2014

Locality Served	Total Served		Gender		Race					
	FY2014	FY2016*	Male	Female	Caucasian	African American	Asian	Hispanic	American Indian	Other
Fredericksburg										
Caroline										
King George										
Spotsylvania										
Stafford	371	350	195	176	51	127	78	111	-	4
Other										
Total	371	350	195	176	51	127	78	111	-	4

Please include the projected number to be served in each locality for the upcoming fiscal year.

Locality Served	Age Groups								Income Levels				
	0-4	5-10	11-13	14-18	19-25	26-40	41-60	60 +	Under $10,000	$10,000 - $19,000	$20,000 - $39,000	$40,000 - $59,000	Over $60,000
Fredericksburg													
Caroline													
King George													
Spotsylvania													
Stafford	40	44	33	64	97	66	23	4	19	18	12	3	3
Other													
Total	40	44	33	64	97	66	23	4	19	18	12	3	3

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Stafford Junction works with low income families in Stafford County. Income level numbers are family based. Stafford Junction projects that 350 individuals will be enrolled in our program based on data from FY14 and FY15.

Logic Model – Projected

Program Name: Healthy Living Pays (HLP)

Agency: Stafford Junction **Contact Name:** Linda Hill

Phone: (540)368-0081 **Email:** lindahill@staffordjunction.org

Target population served by program: Healthy Living Pays targets low income, multi-ethnic, multi-lingual communities in Stafford County where 75%-100% of the school aged children receive free or reduced price lunch at public schools. The specific communities the program focuses on are the Olde Forge community, Quarles Mobile Home Park, Falmouth area, England Run area and Garrison Woods Section 8 housing. We target children and their families who want to adopt a healthier life style.

Specific need that is addressed by program: Optima Health's website reported that the Commonwealth of Virginia's vital statistics were as follows: cancer, heart disease, stroke, and chronic respiratory diseases were the top four leading causes of death for adults in Virginia. Diabetes was the eighth leading cause of death. These chronic diseases were more prevalent among adults living in low income households. Obesity and physical inactivity were more prevalent in racial minority groups and in lower socioeconomic groups. Not surprising, lack of healthcare coverage and lack of access to primary health care (i.e., having a primary care provider) was inversely related to having a chronic disease. It is hypothesized that adults with access to healthcare are more likely to be screened and diagnosed in a timely manner, unlike uninsured individuals who may have undiagnosed health problems or be at risk for developing chronic diseases. Other studies suggest access to health focused services has the potential to reduce the rate death and hospital visits due to chronic diseases. These health focused services include: adequate access and utilization of primary care characterized by preventative care, early detection of acute illness, ongoing chronic disease management through easy access to primary providers and adequate education about chronic medical conditions.

Measurement Plan Form

Results Projected for the Period of July 1, 2014 – June 30, 2015

Program Name: Healthy Living Pays (HLP)

Inputs *($'s, staff, volunteers, materials & other resources required)*	**Activities** *(What the program does with the inputs to achieve its outcomes)*	**Outputs** *(the direct products of program activities)*	**Projected Outcomes** *(Effects on knowledge, attitudes, skills, behavior, condition, or status during or after the program or project)*		
			Short term Outcomes	**Intermediate Outcomes**	**Long Term Outcomes**
1 Healthy Living Pays Program Coordinator 1 Volunteer Coordinator 7 Partner Agencies 3 Grants 8 Educators 2 Bus Driver 2 Van Driver 1 Van 1 Bus	Coordinate health insurance assessments and enrollment assistance Coordinate preventative health care and facilitate health care access Facilitate workshops Provide preventative health care to HLP participants. Educate on, promote and measure the effectiveness of regular exercise Educate on, promote and measure the benefits of better nutrition Provide transportation Recruit volunteers	# of individuals providing health insurance status information # of families assisted in the community in making dental and doctors' appointments. % of individuals with diabetes, high blood pressure, and high cholesterol identified # of health fair provided # of individuals that participate at the YMCA # of individuals enrolled in low-cost/free health clinics	Participants become better educated on the benefits of increased physical activities Participants become better educated on the benefits of nutritious foods Participants have increased knowledge of their disease processes and role as daily self-manager Participants are aware of and linked to community programs and resources.	Participants receive access to proper medical care and medications to address medical needs. Participants are exhibiting healthy behaviors Nutritional and/or physical activity choices are improved	Participants have developed a healthy lifestyle in both diet and physical activity taught through our HLP educational curriculum. Participants overall value of education increases and education is the best path out of poverty Participants reduce the burden of chronic disease

Outcome(s) *(From the logic model, the benefits or changes for individuals during or after participating in program)*	***Indicator(s)*** *(The observable, measurable characteristic or change that shows achievement of the outcome.)*	***Relevant Client***	***Data Source***	***Method*** *(The method for collecting information to determine level of achievement of outcome.)*	***Target*** *(Level of achievement the program expects to reach.)*
1. Participants are exhibiting healthy behaviors	Individuals who increase their knowledge on healthy nutritional consumption	Individuals participating in workshops through HLP	Stafford Junction Virginia Cooperative Extension (VCE)	Surveys	80% of individuals will increase their knowledge in healthy nutrition consumption
2. Participants become better educated on the benefits of increased physical activities	Individuals who increase their regular physical activity frequency	Children, Youth, Adults of our target communities	Stafford Junction YMCA	YMCA attendance log	50 individuals will increase their physical activity frequency