

Regional Funding

Fiscal Year 2022 - Partner Funding Application

Rappahannock Area Agency on Aging

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Salary	1,239,850.00	1,334,915.16	1,300,000.00	884,868.11	1,313,630.80	1,313,630.80
Benefits	224,954.00	110,130.50	275,000.00	67,721.26	138,700.00	138,700.00
Operating Expenses	624,911.00	517,854.00	625,000.00	984,216.23	688,572.46	688,572.46
Capital Expenses	122,801.00	70,500.00	122,825.00	132,000.00	70,000.00	70,000.00
Other Expenses	151,447.00	134,549.44	152,000.00	4,452.00	4,552.00	4,552.00
Total	2,363,963.00	2,167,949.10	2,474,825.00	2,073,257.60	2,215,455.26	2,215,455.26

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	13,000.00	13,000.00	13,000.00	13,000.00	14,950.00	14,950.00
Fredericksburg	7,880.00	7,880.00	7,880.00	7,888.00	9,062.00	9,062.00
King George	12,616.00	12,616.00	12,616.00	12,616.00	14,508.40	14,508.40
Spotsylvania	31,885.00	31,885.00	31,885.00	35,000.00	36,667.75	36,667.75
Stafford	27,946.00	26,946.00	27,946.00	27,832.00	32,006.80	32,006.80
United Way	3,500.00	0.00	3,500.00		0.00	

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Grants	2,161,966. 00	1,961,837. 10	2,272,828. 00	1,951,921. 60	2,058,260. 31	2,058,260. 31
Client Fees		0.00			50,000.00	50,000.00
Fundraising	11,520.00	6,900.00	11,520.00			
Other (Click to itemize)	93,650.00	106,885.0 0	93,650.00	25,000.00	0.00	0.00
Total	2,363,963. 00	2,167,949. 10	2,474,825. 00	2,073,257. 60	2,215,455. 26	2,215,455. 26

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	2,215,455. 26

Rappahannock Area Agency on Aging

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

The administrative cost for the agency is built on the indirect cost associated with running an operation. The cost included in this category are Executive Director, Finance Director, and IT support. The cost are currently around 9% max for the overall administration of the agency which is low compared to other agencies of comparable size. We have worked hard to enhance services while lowering the overhead cost of the agency. Also with the ability to purchase our own building with USDA funding, our rent cost have decreased. However, despite our best efforts, our cost for health insurance, utilities and other costs continue to increase. Federal Grants have increased and were used to offset these cost. We continually search for new ways to save costs.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

We have been able to eliminate four positions through attrition within the agency. This has been accomplished by spreading the responsibilities of those positions among other staff members. We are experiencing an ongoing increase in benefit costs for staff. Our agency has received an increase of 64% in the insurance rates but found alternative coverage for employees. However, we have needed to increase salaries to keep up with the employees hiring market. We have lost several long term employees to better paying positions within the region. We continuously review our benefits package and salary structure to determine ways to retain highly qualified employees without stretching the budget.

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

No administrative cost are charged to the funding provided by the localities. All administrative cost are paid by grants.

Capital Expenses

Please provide an overview of the capital costs for your agency.

Each year, the agency applies for funding with the Department of Rail and Public Transit to pay for vehicles. For the past several years, the agency has received 2-3 vehicles annually. The vehicles are used to replace current vehicles in use to transport residents throughout the region. The agency will receive 2 vehicles for fiscal year 2020. Our vehicles logged a total of more than 335,600 miles during 2020. We are exploring ways to supplement the cost of replacing these vehicles by minimizing emergency repairs using a local mechanic for maintenance cost/plan for each vehicle. We have implemented a 5 year plan to assist us in spreading the costs for upkeep over a 5 year span. Finally, we utilize Techsoup to reduce the cost of software programs for the agency.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

A portion of the locality funding received will be used to pay the matching portion required by the grantor for the purchase of the vehicle. The remaining funding needed to purchase the vehicles will be provided by the Department of Rail and Public Transit.

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

We have experienced an increase in salary expectations of new employees hired for existing positions. We have also experienced an increase in health cost .

Please provide a description of any changes to agency benefits structure or cost.

We have experienced an increase in salary expectations of new employees hired for existing positions. We have also experienced an increase in health cost .

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

We have not experienced any funding cuts to grants during 2020 . We continuously monitor the federal grants and state grants to anticipate any proposed funding reductions. The funding for FY 2021 may change based on the reauthorization of the Older Americans Act. Additionally, the CARES Act, authorized to assist with issues that have arisen with the COVID pandemic has provided funding specific to providing nutritional and emergency services to those 60 years old and older.

If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

We are unaware of any outside funding source changes that will be implemented this year.

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

Prices for goods and services have increased, the cost of keeping talented employees continues to increase while funding remains the same.

Rappahannock Area Agency on Aging

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

The Caroline Cafe continues to grow in participation. . We continue to see an increase in the need for transportation in Caroline County. But most of all, the highest need for assistance in Caroline County is for emergency repairs. We have seen some of the most deplorable situations in Caroline County. We recognize that many of the residents do not have resources to make badly needed repairs to their homes. Our funding is not sufficient to meet all the needs.

City of Fredericksburg

The Fredericksburg Cafe is located at the downtown Fredericksburg Baptist Church. We had to move the cafe from Old Shiloh Baptist Church due to the inability to meet the ADA requirements in the contract with our grantor agency. The new location allows our participants the freedom to move about in a more accessibly space.

King George County

Through a partnership with Rappahannock Adult Activities, Inc. RAAA is providing services to several additional community members who may otherwise not be participating in an active, social setting with appropriate nutrition, activities and individual support from an RAAI assigned staff member. King George was the first location to implement this one of a kind partnership and is the most successful program in our area. The RAAI partnership hopes to expand to other areas and Senior Cafes based on the model established initially in King George County.

Spotsylvania County

The Spotsylvania Cafe continues to grow in membership, with more people that drive in attending. This is a great situation as additional participants attend, but the Agency does not have to worry about the transportation waiting list. The Spotsylvania County Sherriff's office is a community partner of RAAA sponsoring multiple events throughout the year which benefit RAAA's clients. Spotsylvania has had "Stuff a Cruiser" events and other jurisdictions have followed the lead and participated in this event. Each event typically results in household goods and supplies which are then distributed to clients in multiple programs. Spotsylvania continues to be our most active program with the most participants in all services.

Stafford County

In Stafford County, Cafe participation continues to rise. The Stafford County Sheriff's office has assisted by supporting "Stuff a Cruiser" and "Shop with a Cop" events for RAAA clients. We have also partnered with Virginia Tech Cooperative Extension program to start a Lift (Long Life Improvement through Fitness Together) program. This program is designed to help our older residents learn to safely exercise using weights (in a chair when necessary). This program assists in reducing falls and also helps individuals become more active.

Rappahannock Area Agency on Aging

Agency Information

General Information

Agency Name Rappahannock Area Agency on Aging
Physical Address 460 Lendall Lane, Fredericksburg, VA, 22405, US
Mailing Address 460 Lendall Lane, Fredericksburg, VA 22405
Agency Phone Number (540) 371-3375
Federal Tax ID # 54-1027651
Web Address www.healthygenerations.org
Agency Email Address pholland@healthygenerations.org

Agency Mission Statement

Our mission is to enhance the quality of life for all older citizens.

Number of Years in Operation 44

Main Contact

Main Contact Patricia Holland, phone: (540) 371-3375, email: nfarmer@healthygenerations.org
Job Title Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline
Fredericksburg
King George
Spotsylvania
Stafford

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

Without an Area Agency on Aging, the senior population of our community and those who care for them would be devastated. Healthy Generations Area Agency on Aging, as dictated under the Federally funded Older Americans Act, is the designated provider of services and information to/for seniors living in Planning District 16. If we were dissolved or merged with another partner agency, the state would be unable to allocate the designated funding to our area, therefore leaving those over 60 years old without assistance so needed by this population.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Mr. A came to the agency in danger of having all of his utilities cut-off and having no way to access food or groceries after having assisted with the final expenses of multiple family members. Mr. A contacted the agency to ask for referrals in the area of emergency assistance. We were able to confirm that he had already used all available emergency assistance in the community and due to Covid-19 was unable to access other assistance. Our agency was able to pay his past due utility bills, set him up with bi-weekly home delivered meals, deliver a box of household items and food to his home. After this assistance Mr. A was able to continue paying his bills on-time, receive food that was ready-to-heat and stay comfortably and safely in his home and community.

Example 2

The Ombudsman program received a call from a family member of a loved one who was in need of help finding a long-term care placement. The loved one wanted to know and understand the options of transitioning their loved one into a nursing home as they needed more care than what they could provide. The loved one was overwhelmed with options and knew that they would need assistance with paying the cost. The LTCO went over the options for applying for long-term care Medicaid that would help cover the cost for their loved one in the nursing home and or in the loved ones current home. The family member explained that they did know that there was a option of being able to keep their loved one in their home and that has been a huge request from their loved one. The family member was so thankful that they cried tears of joy and explained how happy they were that there was someone to go over these hard decisions with and appreciated the information that was provided.

Example 3 (Optional)

One of the major goals of the Senior Community Service Employment Program (SCSEP) is to assist qualified seniors (55 & over) build skills and improve their ability to find employment.

Mr. E. has been a participant in SCSEP just a little over two years. His barriers to employment included: at risk for homelessness, no income, as well as a past criminal background that made him an extremely low prospect to employment. HGAAA was able to place him with a host agency that provided him with a training opportunity as a furniture warehouse assistant. He is doing a superb job. Since entering the program his driver's license was reinstated after 11 years and he is the proud owner of a vehicle. Most recently, Mr. E. had his voting rights restored and NOW volunteers as a poll worker two days a week.

Rappahannock Area Agency on Aging - Emergency Services

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Emergency Services

Is this a new program? No

Program Contact

Name Patricia Holland

Title Executive Director

Email pholland@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Provides an up to monetary contribution for the prevention of utility cut-offs, eviction, medical expenses, prescription purchase, and other emergency situations that will cause a severe hardship, etc. for low to moderate income seniors in PD 16.

Client Fees

Please describe the fees clients must pay for the services by this program.

Clients pay no fees for this service.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

The Agency's low income clients may have a life situation that causes them to be unable to pay for needed services to allow them to remain in their homes. A year with higher or lower than normal temperatures, may cause larger electric bills. By paying these unbudgeted expenses, seniors are then unable to provide the necessities of every day life.

If this is a new program, be sure to include the benefits to the region for funding a new request.

The Agency has administered an Emergency Services Program for many years. Without this assistance, a client may progress into financial difficulty, therefore furthering the possibility of homelessness.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Households with a person aged 60 and over with priority given to those with an annual income of 130% or less of the poverty level.

If your program has specific entry or application criteria, please describe it here.

Applicants provide information on the persons in the household, annual income and a bill that shows the emergency situation (disconnect notice, etc.). After referral to other agencies for assistance, Healthy Generations will assist with funds necessary to stop the impending issue.

Rappahannock Area Agency on Aging - Emergency Services

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

No increases or decreases were made based on this program.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None.

In particular, please describe in detail if any increase is sought for new positions or personnel.

None.

Rappahannock Area Agency on Aging - Emergency Services

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel						
Benefits						
Operating Expenses		7,454.00	7,454.00	7,454.00	7,454.00	7,454.00
Capital Expenses						
Total	0.00	7,454.00	7,454.00	7,454.00	7,454.00	7,454.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline						
Fredericksburg						
King George						
Spotsylvania						
Stafford						
United Way						
Grants						
Client Fees						
Fundraising		7,454.00	7,454.00	7,454.00	7,454.00	7,454.00
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	7,454.00	7,454.00	7,454.00	7,454.00	7,454.00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	0.00

Rappahannock Area Agency on Aging - Emergency Services

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

In order for this program to work there must be many community partners. Other non-profits, including The Salvation Army, United Way, many churches and civic organizations provide partial funding of client requests. Because these types of requests are many and funding from each entity limited, the partnerships are extremely important to negate the issue.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without this program, many households would experience greater financial difficulty and the possibility of homelessness.

Rappahannock Area Agency on Aging - Emergency Services

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	4	5	2	3	8	8
Caroline County	5	4	1	0	6	6
King George County	4	1	0	0	3	3
Spotsylvania County	16	12	14	2	19	19
Stafford County	9	5	5	2	14	14
Other Localities	0	0	0	0	0	0
Total	38	27	22	7	50	50

Rappahannock Area Agency on Aging - Emergency Services

[View Diagram](#) Goals and Objectives

Goals

Goal:

Provide outreach to community members through Newsletters, Facebook Ads, and health fairs/events in the community.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
To make contact with community members in need of emergency assistance.	Total # Clients Served	300		268	500		300
	Total # Clients Achieved/Successful	300		268	500		300
	% Achieved / Successful	100	0	100	100	0	100
Provide outreach and information to other Agency's in the community who also provide assistance in emergency situations.	Total # Clients Served	12		268	30		300
	Total # Clients Achieved/Successful	12		268	30		300
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Our Emergency Services Program will be providing additional assistance to those in need. We have received many more requests due to COVID.

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

Providing financial aid and other resources, including referrals to other public and private agencies, to persons 60 and older who have an emergency need for help. The program provides for immediate and short-term assistance in getting resources in an emergency that endangers the health or well-being of older persons.

Objectives

		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
To provide emergency financial assistance (up to \$100.00) to individuals 60 or older who have an immediate and short-term need for emergency financial assistance which endangers the health or well-being of those older persons.	Total # Clients Served	27		22	50		50
	Total # Clients Achieved/Successful	27		22	50		50
	% Achieved / Successful	100	0	100	100	0	100
To provide additional resources as needed based on the amount of financial assistance required to accomplish the correction of the emergency.	Total # Clients Served	27		22	50		50
	Total # Clients Achieved/Successful	27		22	50		60
	% Achieved / Successful	100	0	100	100	0	120

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - CRIA

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name CRIA

Is this a new program? No

Program Contact

Name Patricia Holland

Title Executive Director

Email pholland@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

CRIA stands for Communication, Referral, Information and Assistance (CRIA). The CRIA program provides communication, referrals, information, and assistance to individuals in the community who are in need of support to find and access appropriate services and facilities to meet their needs. Examples of Information & Assistance requests include: nutrition, transportation, homemaking, emergency alert response systems, nursing home facilities, Medicare insurance counseling and assistance, emergency home repairs, partner agency referrals, assistance in locating help in another area, local information, community programs, and many other requests. This program is the connection to community resources improving awareness and access to services and other types of assistance. Often, individuals are faced with some type of crisis situation and are in need of critical services to help alleviate the crisis while remaining in the community. Trained Specialists are available to connect residents to those critical services. The Specialists offer community resources available to help an older adult remain in their own home after the crisis has passed. The specialist conducts a telephone assessment of the situation. Based on the assessment, information on services available either through the agency or partner agencies are provided to the caller. In instances of emergencies, the caller is directed to call 9-1-1.

Client Fees

Please describe the fees clients must pay for the services by this program.

There are no direct-to-client fees associated with this service. The majority of funding for this services comes from the Older Americans Act. This funding does not allow "fees", however, donations are always accepted and encouraged.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

This program provides reliable access to information, improves community awareness and increases access to local services by connecting individuals with appropriate referrals. The agency maintains and distributes the "Senior Resource Directory" which is a listing of all local resources. There are, on average, more than 1,100 calls each month to our agency. Additionally, 4,538 newsletters were delivered throughout the year on a quarterly basis to the community. We also have over 750 people on our social media page who receive regular updates on our services. Finally, we track the number of hits on our website through google analytics. Last year, we had over 25,000 "hits" via google. These are family members who may live out of the area looking for vital resources for their loved ones.

Due to the COVID Pandemic, our call numbers have increased tremendously. FY20 saw the Agency make and receive over 181,000 calls for assistance and information.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This is not a new program.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Anyone needing information on aging services can contact the agency to find out what resources are available to older adults aged 60 and over. The agency also conducts informative events through radio, television, mail, email, social media, newsletters, website, office visits, in-home assessments, group meetings and formal presentations. During FY20, 6722 contacts with individuals were made. Numerous Information & Assistance service referrals to both agency programs and other programs in the community were made from these contacts.

If your program has specific entry or application criteria, please describe it here.

Information & Assistance programs are for older residents, aged 60 and older, caregivers, distant family members, and others who need information regarding aging services for someone that resides in PD 16 which includes the City of Fredericksburg, and the Counties of Spotsylvania, Stafford, Caroline and King George. Those individuals who are minority, below poverty level, or reside in a rural community are given priority status. Additionally, Healthy Generations Area Agency on Aging is a part of the "No Wrong Door" initiative to help reduce the number of contacts needed to access assistance.

Rappahannock Area Agency on Aging - CRIA

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

No change in requests from each jurisdiction.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

No change in requests from each jurisdiction.

In particular, please describe in detail if any increase is sought for new positions or personnel.

No change in requests from each jurisdiction.

Rappahannock Area Agency on Aging - CRIA

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel	38,270.00	38,270.00	11,400.00	11,400.00	11,400.00	11,400.00
Benefits	12,246.00	12,246.00	3,360.00	3,360.00	3,360.00	3,360.00
Operating Expenses	6,331.00	6,331.00	11,240.00	11,240.00	11,240.00	11,240.00
Capital Expenses	0.00		0.00	0.00		
Total	56,847.00	56,847.00	26,000.00	26,000.00	26,000.00	26,000.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	2,879.00	2,879.00		2,879.00	2,879.00	2,879.00
Fredericksburg	926.00	926.00		926.00	926.00	926.00
King George	3,154.00	3,154.00		3,154.00	3,154.00	3,154.00
Spotsylvania	6,051.00	6,051.00		6,051.00	6,051.00	6,051.00
Stafford	5,735.00	5,735.00		5,735.00	5,735.00	5,735.00
United Way	0.00		0.00	0.00		
Grants	38,102.00	38,102.00	26,000.00	7,255.00	7,255.00	7,255.00
Client Fees	0.00		0.00	0.00		
Fundraising	0.00		0.00	0.00		
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	56,847.00	56,847.00	26,000.00	26,000.00	26,000.00	26,000.00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	26,000.00

Rappahannock Area Agency on Aging - CRIA

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The agency works closely with local agencies to ensure resources are up to date online and in our resource directory. As staff are out in the community, the staff are able to gather critical information and offer information to those calling the agency. Additionally, the staff refer individuals to appropriate resources first before using "last resort funding" from our agency. If there is another resource available that covers the caller's need, the agency makes that referral to the other agency. When all other resources are exhausted, the agency will evaluate the individuals for services offered by this agency. We have a number of key partnerships within our area. We work very closely with members of Partners in Aging, local DSS offices, local Veteran offices, hospitals, parks and rec departments, for profit entities serving older adults, sheriff's departments, RACSB, disAbility Resource Center and others as identified.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

This funding is critical when connecting residents of the greater Fredericksburg area. This funding is used to connect individuals to community resources, resource guides and other critical information. No other agency in the area offers a comprehensive listing of resources to older adults and their families. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging, possibly from a different area. There would be no assurance that PD16 would receive its "fair share" of federal and state funding. Further, the dedication and devotion to maintain an accurate resource directory would no longer be an option. Older adults, their families and disabled adults may not find the resources to assist them when they need it most.

Rappahannock Area Agency on Aging - CRIA

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	119	185	183	1,380	230	460
Caroline County	121	149	96	1,944	120	240
King George County	55	66	56	690	85	170
Spotsylvania County	410	431	353	2,550	505	1,110
Stafford County	228	306	218	3,300	330	660
Other Localities	4	24	38	99	50	100
Total	937	1,161	944	9,963	1,320	2,740

[View Diagram](#) Goals and Objectives

Goals

Goal:

Increased access to community resources and community awareness of HGAAA programs are key to the effectiveness of Information & Assistance. During FY22 the agency will work to increase community awareness through marketing, participation in health and community fairs, partnership building, and other opportunities. COVID will mean that the Agency will not be able to make face to face presentations, but will need to come up with creative ideas on presenting topics.

Objectives

		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Provide group presentations to community members at both public and private health and community fairs, presentations, and meetings. HGAAA will participate in more than 15 events during FY22.	Total # Clients Served	12	17	6	20		20
	Total # Clients Achieved/Successful	12	17	6	20		20
	% Achieved / Successful	100	100	100	100	0	100
Make presentations to at least 500 individuals in a community setting to provide information on program availability and access to services during FY22.	Total # Clients Served	300	500	1,039	500		200
	Total # Clients Achieved/Successful	300	500	1,039	500		200
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

COVID will require the Agency to use new means in reaching the public. Community collaborations will be important in making this work.

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

The goal of the Information & Assistance Program is to connect older adults aged 60 and older, individuals with disabilities aged 18+ and their caregivers' with timely, reliable, comprehensive information and referral services to anyone who requests it, regardless of income, at no cost to them.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Provide older adult residents of Planning District 16 with timely reliable information easily accessible to the general public.	Total # Clients Served	5,215	6,000	22,000	6,000		3,000
	Total # Clients Achieved/Successful	5,215	6,000	2,200	6,000		3,000
	% Achieved / Successful	100	100	10	100	0	100
Provide telephone information and referral to approximately 205 new individuals each year.	Total # Clients Served	5,215	250	944	6,000		200,000
	Total # Clients Achieved/Successful	5,215	250	944	6,000		200,000
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

COVID has increased our clients served both with actual services, such as meals and with phone information.

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Homemaker

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Homemaker

Is this a new program? No

Program Contact

Name Kimberly Dickinson

Title Senior Services Coordinator

Email kdickinson@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

The homemaker program provides supports to keep frail older individuals independent and able to remain in their own home and community. Items such as: Dusting, vacuuming, sweeping and mopping of all areas of a home used by the client, thoroughly cleaning bathrooms and kitchens, washing, drying and folding laundry, washing and changing bed linens, taking out the trash, shopping, errand services, small meal preparation, etc. The program is geared toward individuals who are low-income, socially disadvantaged frail older people aged 60 or older. Often the homemaker is the only or main interaction that the client has with the outside world. Many of the clients within the homemaker service are over the age of 80. These individuals often suffer from chronic or debilitating conditions. Because of these chronic issues, a clean home is needed to keep an individual healthy. The homemaker is able to take care of errands, pick up medically necessary prescriptions as well as purchase fresh food, vegetables, and healthy nutritious drinks for the client. With these services, several of our clients have been able to remain in the home after being discharged from the hospital. This saves the client and their loved ones on the cost of long term care facility costs, rehab costs.

Client Fees

Please describe the fees clients must pay for the services by this program.

The majority of the cost for services are funded with federal funds under the Older Americans Act. The Older Americans Act prohibits the agency from charging fees, however, donations are accepted. Each client is provided with a blank envelope. The client is provided with the cost of the service and asked to make a donation to the agency for their services.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

We anticipate the needs for older adults will continue to grow due to the expected increase in this population. This program provides the means for seniors to remain and age in place in their homes. If the agency were impacted to the extent that our agency would shut down, the funds would potentially be placed with another Area Agency on Aging from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding. Despite level funding, the agency was able to minimize cost while increasing services.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This is not a new request.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Homemaker services are for older residents, age 60 and older, that reside in PD 16 which is the City of Fredericksburg, and the Counties of Stafford, Spotsylvania, Caroline and King George. Those who are frail and having trouble completing activities of daily living are eligible. The client receives between 1 and 4 hours of service every other week. Household cleaning, laundry and shopping/errand running are provided.

If your program has specific entry or application criteria, please describe it here.

Homemaker services are targeted to frail older adults who are unable to stay in the community without the assistance of some services. Those individuals who are minority, below poverty level or reside in a rural community are given priority status. A homemaker is trained to work within the home and with the client. The homemaker will drive to the client's home with the tools needed to keep the home clean. The homemaker will work with the client to clean the home environment, concentrating on the areas identified by the client. When an area of concern is identified by either the client or a family member/physician, the homemaker works with the Director of Client Services to identify a means to make the home more comfortable and clean. The Director of Client Services will conduct periodic home visits to assure the work is completed according to agency standards.

Rappahannock Area Agency on Aging - Homemaker

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

The increase that we are requesting is to provide additional services in the localities to individuals in need.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

Without an increase the level of service will remain the same as previous years while the need increases.

In particular, please describe in detail if any increase is sought for new positions or personnel.

This increase is to provide additional hours of service to clients in need. This doesn't mean an increase in personnel but additional hours are needed to provide the services.

Rappahannock Area Agency on Aging - Homemaker

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel	104,000.0 0	104,000.0 0	91,489.00	104,000.0 0	104,000.0 0	104,000.0 0
Benefits	39,000.00	39,000.00	12,568.00	39,000.00	39,000.00	39,000.00
Operating Expenses	22,639.00	22,639.00	37,099.00	22,639.00	22,639.00	22,639.00
Capital Expenses						
Total	165,639.0 0	165,639.0 0	141,156.0 0	165,639.0 0	165,639.0 0	165,639.0 0

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	3,242.00	3,242.00	1,806.80	3,242.00	3,242.00	3,242.00
Fredericksburg	2,318.00	2,318.00	1,806.80	2,318.00	2,318.00	2,318.00
King George	3,154.00	3,154.00	1,806.80	3,154.00	3,154.00	3,154.00
Spotsylvania	4,705.00	4,705.00	1,806.80	4,705.00	4,705.00	4,705.00
Stafford	3,187.00	3,187.00	1,806.80	3,187.00	3,187.00	3,187.00
United Way	3,500.00	3,500.00		3,500.00	3,500.00	3,500.00
Grants	139,533.0 0	139,533.0 0	127,982.0 0	139,533.0 0	139,533.0 0	139,533.0 0
Client Fees	0.00	0.00	4,140.00	0.00	0.00	0.00
Fundraising		6,000.00			6,000.00	6,000.00
Other (Click to itemize)	6,000.00	0.00	0.00	6,000.00	0.00	0.00
Client Donations				6,000.00		
Client Donations	6,000.00					
Total	165,639.0 0	165,639.0 0	141,156.0 0	165,639.0 0	165,639.0 0	165,639.0 0

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	16,539.00

Rappahannock Area Agency on Aging - Homemaker

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Many community organizations and Department's of Social Services refer community members to the agency for assistance for seniors. The nutrition program, in conjunction with other agency programs, works with local Sheriff's departments, The Silver Companies, local churches, and other community groups, like the rotary - throughout the year to gather and distribute donations to clients including: clothing, bedding, cleaning supplies, food items, personal hygiene supplies, and other items. Agency leadership is continually working to identify and access any viable partnerships which would benefit local seniors. In addition, the HGAAA Nutrition Program partners with many local organizations, restaurants, law enforcement, and education institutions to provide direct individual assistance, periodic donations of dry goods, fresh foods, community events and other activities to HGAAA clients.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If the program were dissolved or merged with another partner agency there would be no assistance to these individuals meaning that they would no longer receive the supports that make sure they can maintain their independence increasing the likelihood of placement in a facility or loss of life. .

Rappahannock Area Agency on Aging - Homemaker

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	119	24	25	18	30	30
Caroline County	121	4	5	1	5	5
King George County	55	2	1	1	3	3
Spotsylvania County	410	27	25	23	32	32
Stafford County	228	9	5	3	12	12
Other Localities	4	0	0	0	0	0
Total	937	66	61	46	82	82

[View Diagram](#) Goals and Objectives

Goals

Goal:

Another goal of the Homemaker Program is to enable frail, homebound older adults and their family caregivers support which enables continued community involvement and prevents caregiver overwhelm which is a common factor in facility placement.

Objectives

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Relieve family caregivers of some of the stress of supporting a second household, including assistance in meal preparation, paying bills, laundry, light cleaning, and other homemaking tasks allowing the client and family caregiver to engage in quality time together.	Total # Clients Served	66	35	61	82		82
	Total # Clients Achieved/Successful	66	35	61	82		82
	% Achieved / Successful	100	100	100	100	0	100
Because of the assistance of HGAAA homemakers, clients are able to participate in community and family events which they would normally not be able to attend because of the energy expended on maintaining their household. Frail elders expend more in these small tasks because of limited mobility and other health related factors.	Total # Clients Served	66	65	61	82		82
	Total # Clients Achieved/Successful	66	65	61	82		82
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

The main goal of the Homemaker Program is to enable frail, homebound older adults aged 60 and older to remain physically and mentally healthy while living independently in their own homes. These services will reduce, prevent or delay the more costly option of premature nursing home placement.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Provide assistance to 80 or more seniors who may be unable to push a vacuum, clean items which are too high or low to the ground, help with laundry, small meal preparation, shopping, errands, changing lines, taking out the trash and money management.	Total # Clients Served	66	70	61	82		82
	Total # Clients Achieved/Successful	66	70	61	82		82
	% Achieved / Successful	100	100	100	100	0	100
Improve client safety through routine home visits, annual completion of updates to the Uniform Assessment Instrument, and periodic check-ins.	Total # Clients Served	66	70	61	82		82
	Total # Clients Achieved/Successful	66	70	61	82		82
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Nutrition

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Nutrition

Is this a new program? No

Program Contact

Name Krystal Jones

Title Senior Services Coordinator - Nutrition

Email kjones@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Our nutrition program is provided within the designated local senior cafes; and through volunteers and a meal delivery service that deliver meals to homebound seniors. The Senior Cafes are located within each of the counties of Caroline, King George, Spotsylvania, Stafford and the City of Fredericksburg. Each Cafe is open three days per week. The cafes offer nutritionally sound meals to local clients and the cafes offer other activities as well. These activities include: frequent socialization with their peers, physical activity - balance training, limited mobility calisthenics, other exercises, chronic disease self-management training, educational and information presentations, crafts, art projects and many other options. Additionally, some individuals are homebound and unable to attend the Senior Cafes, for these clients home delivered meals are supplied. Each client receives nutritionally-sound, frozen or ready to heat meals. Emergency meals are also provided in the event that there is a lapse in service due to inclement weather or unforeseen circumstances. Agency newsletters are also distributed, as well as informational/educational materials. Because making sure clients are receiving adequate services and that they remain healthy and in good spirits, weekly phone calls are made to each.

Client Fees

Please describe the fees clients must pay for the services by this program.

The majority of cost for services are funded under the Older Americans Act. The Older Americans Act prohibits fees, however, donations are accepted.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

With more than 36,000 individuals aged 65 and older in Planning District 16, supporting this vulnerable population while remaining active in their communities is integral to overall community health. Access to appropriate nutrition , activity and awareness of services are key components to avoiding unnecessary nursing home placement.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This is not a new program.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Nutrition programs are for older residents, age 60 and older, that reside in PD 16 which the city of Fredericksburg, and the counties of Stafford, Spotsylvania, Caroline and king George. Nutrition services are provided to older adult residents of planning district 16, in their own homes when the older resident is unable to get to a senior cafe. Eligible older adults receive up to 7 meals per week. Typically, older adults who are shut in receive meals on a weekly basis. Residents who attend the program conducted at the Senior Cafes receive services 3 times per week at one of the 5 senior cafes located throughout the Planning District,

If your program has specific entry or application criteria, please describe it here.

Nutrition services are targeted to frail older adults who suffer from lifestyle insecurities. These individuals are at risk of premature placement in facility care without nutrition assistance. Individuals may receive priority status based on minority status, poverty level (as allowed by funding), and those who reside in rural areas.

Rappahannock Area Agency on Aging - Nutrition

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

No increase is being requested.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None

In particular, please describe in detail if any increase is sought for new positions or personnel.

None.

Rappahannock Area Agency on Aging - Nutrition

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel	245,000.0 0	245,000.0 0	439,759.2 4	245,000.0 0	245,000.0 0	245,000.0 0
Benefits	78,400.00	78,400.00	52,940.00	78,400.00	78,400.00	78,400.00
Operating Expenses	113,955.0 0	113,955.0 0	284,760.0 7	113,955.0 0	113,955.00	113,955.00
Capital Expenses						
Total	437,355.0 0	437,355.0 0	777,459.3 1	437,355.0 0	437,355.0 0	437,355.0 0

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	4,000.00	4,000.00	6,505.20	4,000.00	4,000.00	4,000.00
Fredericksburg	2,318.00	2,318.00	0.00	2,318.00	2,318.00	2,318.00
King George	3,154.00	3,154.00	6,505.20	3,154.00	3,154.00	3,154.00
Spotsylvania	10,857.00	10,857.00	3,064.00	10,857.00	10,857.00	10,857.00
Stafford	10,783.00	10,783.00	6,505.20	10,783.00	10,783.00	10,783.00
United Way	0.00	0.00	0.00	0.00	0.00	0.00
Grants	396,243.0 0	396,243.0 0	716,507.3 1	396,243.0 0	396,243.0 0	396,243.0 0
Client Fees	0.00	0.00	28,372.40	0.00	0.00	0.00
Fundraising		10,000.00			10,000.00	10,000.00
Other (Click to itemize)	10,000.00	0.00	10,000.00	10,000.00	0.00	0.00
Client Donations				10,000.00		
Client Donations	10,000.00		10,000.00			
Total	437,355.0 0	437,355.0 0	777,459.3 1	437,355.0 0	437,355.0 0	437,355.0 0

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	437,355.0 0

Rappahannock Area Agency on Aging - Nutrition

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Many community organizations and Department's of Social Services refer community members to the agency for assistance for seniors. The Nutrition programs, in conjunction with other agency programs, works with local Sheriff's departments. The Silver Companies, local churches, and other community groups, like the rotary - throughout the year - gather and distribute donations to clients including: clothing, bedding, cleaning supplies, food items, personal hygiene supplies and other items. Agency leadership is continually working to identify and access any viable partnerships which would benefit local seniors.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If the program were dissolved there would be no assistance to these individuals meaning that they would no longer receive the supports that make sure they can maintain their independence increasing the likelihood of placement in a facility or loss of life.

Rappahannock Area Agency on Aging - Nutrition

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	19	21	25	260	260	50
Caroline County	29	42	43	76	75	55
King George County	21	16	17	59	60	32
Spotsylvania County	84	83	90	374	375	110
Stafford County	45	49	59	234	234	70
Other Localities	0	0	0	21	0	0
Total	198	211	234	1,024	1,004	317

Rappahannock Area Agency on Aging - Nutrition

[View Diagram](#) Goals and Objectives

Goals

Goal:

To provide useful health and wellness related information to nutrition program clients, which enables them to make well-informed lifestyle choices that will help them stay in their own homes and prevent premature or unnecessary institutionalization.

Objectives

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Ensure that meal center managers offer educational information and exercise activities that promote good health.	Total # Clients Served	132	110	143	160		100
	Total # Clients Achieved/Successful	132	110	143	160		100
	% Achieved / Successful	100	100	100	100	0	100
Ensure that homebound clients receive regular information that promotes good nutrition, exercise, and home safety through HGAAA newsletter and regular supplemental information.	Total # Clients Served	79	50	83	87		618
	Total # Clients Achieved/Successful	79	50	83	87		618
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

The goal of the nutrition program is to promote good health thereby helping older residents of PD16 to remain in their own homes and active in the community, which will help to prevent premature or unnecessary placement in the more costly nursing home.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Efficiently operate five Senior Cafes that provide nutritionally balanced breakfast and lunch meals to as many eligible residents as possible.	Total # Clients Served	132	110	143	160		90
	Total # Clients Achieved/Successful	132	110	143	160		90
	% Achieved / Successful	100	100	100	100	0	100
Provide weekly or biweekly home meal delivery of nutritionally balanced meals and nutritional supplements to as many eligible residents as possible.	Total # Clients Served	79	50	226	87		618
	Total # Clients Achieved/Successful	79	50	226	87		618
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Ombudsman/DMAS Ombudsman and Elder Abuse

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Ombudsman/DMAS Ombudsman and Elder Abuse

Is this a new program? No

Program Contact

Name Nicole Farmer

Title Long Term Care Ombudsman

Email nfarmer@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Ombudsmen advocate for older persons receiving long term care services, whether the care is provided in a nursing home or assisted living facility, or through community-based services to assist persons still living at home. We provide older Virginians, their families and the public with information, advocacy, and assistance to help resolve care problems.

Client Fees

Please describe the fees clients must pay for the services by this program.

The Old Americans Act prohibits fee to either Ombudsman or Legal Services

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Residents of long-term care facilities and those receiving community-based care often are put in dangerous situations. The ombudsman provides a non-biased voice and the expertise to guarantee that residents rights are being met. Without this service this most vulnerable population would be left with no clear support or advocacy when it is needed the most.

If this is a new program, be sure to include the benefits to the region for funding a new request.

While this program is new to this application it has operated for many years and no specific funding is being requested.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Those receiving facility and community-based care. Clients may be self referred or referred by a third party or may be identified during ombudsman's visits to facilities.

If your program has specific entry or application criteria, please describe it here.

None.

**Rappahannock Area Agency on Aging - Ombudsman/DMAS Ombudsman and Elder Abuse
Program Budget Narrative**

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

No funding is being requested for this program.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None.

In particular, please describe in detail if any increase is sought for new positions or personnel.

None.

Rappahannock Area Agency on Aging - Ombudsman/DMAS Ombudsman and Elder Abuse

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel		46,804.00	46,804.00	46,804.00	46,804.00	46,804.00
Benefits		2,261.00	2,261.00	2,261.00	2,261.00	2,261.00
Operating Expenses		13,636.00	13,636.00	13,636.00	13,636.00	13,636.00
Capital Expenses						
Total	0.00	62,701.00	62,701.00	62,701.00	62,701.00	62,701.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline						
Fredericksburg						
King George						
Spotsylvania						
Stafford						
United Way						
Grants		62,701.00	62,701.00	62,701.00	62,701.00	62,701.00
Client Fees						
Fundraising						
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	62,701.00	62,701.00	62,701.00	62,701.00	62,701.00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	62,701.00

Rappahannock Area Agency on Aging - Ombudsman/DMAS Ombudsman and Elder Abuse

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The Ombudsman program works closely with local Adult Protective Service Departments to ensure that residents are treated properly and protected from acts against them.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without the Ombudsman, individuals receiving Long-Term services and supports would have no advocate to act on their behalf or to train caregivers about resident's rights.

Rappahannock Area Agency on Aging - Ombudsman/DMAS Ombudsman and Elder Abuse

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	0	14	6	2	6	12
Caroline County	0	7	10	3	13	20
King George County	0	5	6	1	7	15
Spotsylvania County	0	12	5	5	15	40
Stafford County	0	17	8	4	14	30
Other Localities	0	0	0	0	0	
Total	0	55	35	15	55	117

[View Diagram](#) Goals and Objectives

Goals

Goal: To provide outreach to community members for awareness of this service.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
To educate the community on the availability of the Ombudsman to assist in cases of need in facilities and community-based care settings.	Total # Clients Served	300		55	500		117
	Total # Clients Achieved/Successful	300		55	500		117
	% Achieved / Successful	100	0	100	100	0	100
To educate agencies and organizations on the availability of the Ombudsman to assist in cases of need in facilities and community-based care settings.	Total # Clients Served	12		7	30		30
	Total # Clients Achieved/Successful	12		7	30		30
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

COVID prevented the Agency from making face to face presentations.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

Ombudsmen advocate for older persons receiving long term care services, whether the care is provided in a nursing home or assisted living facility, or through community-based services to assist persons still living at home. We provide older Virginians, their families and the public with information, advocacy, and assistance to help resolve care problems.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
To provide one-on-one assistance for individuals residing in Long-Term Care including information, advocacy, and assistance.	Total # Clients Served	55		55	110		117
	Total # Clients Achieved/Successful	55		55	110		117
	% Achieved / Successful	100	0	100	100	0	100
To train facility staff and community members on residents rights when receiving long-term care services.	Total # Clients Served	10		2	21		5
	Total # Clients Achieved/Successful	10		2	21		5
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

COVID prevented the Ombudsman from entering facilities to make presentations.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Public Education

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Public Education

Is this a new program? No

Program Contact

Name Patricia Holland

Title Executive Director

Email pholland@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Public Education includes multiple methods of providing the public with necessary information to support aging with a quality of life.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Without education and information community members would be under-informed and unaware of the benefits of healthy aging and remaining in their homes and communities.

If this is a new program, be sure to include the benefits to the region for funding a new request.

The benefits of this information to support continued independence and community involvement are unmeasurable

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Anyone interested in aging information and access to services. Individuals are counseled on programs and services available to assist their needs.

If your program has specific entry or application criteria, please describe it here.

None

Rappahannock Area Agency on Aging - Public Education

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

None

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None

In particular, please describe in detail if any increase is sought for new positions or personnel.

None

Rappahannock Area Agency on Aging - Public Education

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel		27,821.85	27,821.85	27,821.85	27,821.85	27,821.85
Benefits		373.15	373.15	373.15	373.15	373.15
Operating Expenses		5,705.00	5,705.00	5,705.00	5,705.00	5,705.00
Capital Expenses						
Total	0.00	33,900.00	33,900.00	33,900.00	33,900.00	33,900.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline						
Fredericksburg						
King George						
Spotsylvania						
Stafford						
United Way						
Grants		33,900.00	33,900.00	33,900.00	33,900.00	33,900.00
Client Fees						
Fundraising						
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	33,900.00	33,900.00	33,900.00	33,900.00	33,900.00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	33,900.00

Rappahannock Area Agency on Aging - Public Education

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The agency works closely with other community businesses to provide information and education. Local Departments of Social Services, Alzheimer's Association, and medical facilities are all key partners.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

With the dissolution of public education the community will lack access to awareness of services and programs to provide healthy aging and ways to age in place.

Rappahannock Area Agency on Aging - Public Education

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	221	131	912	212	100	100
Caroline County	92	4	0	0	80	80
King George County	61	70	0	0	60	60
Spotsylvania County	297	95	0	30	200	200
Stafford County	62	0	127	0	100	100
Other Localities	0	0	0	50	0	0
Total	733	300	1,039	292	540	540

Rappahannock Area Agency on Aging - Public Education

[View Diagram](#) Goals and Objectives

Goals

Goal:

To educate and inform community members on available programs and services, while they are in the community.

Objectives

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Provide information sessions in community settings	Total # Clients Served	300		1,039	500		200
	Total # Clients Achieved/Successful	300		1,039	500		200
	% Achieved / Successful	100	0	100	100	0	100
Provide education on available services to those in need with an objective of alleviating unnecessary stress and crisis situations.	Total # Clients Served	300		944	500		4,500
	Total # Clients Achieved/Successful	300		944	500		4,500
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

To update social media outlets with pertinent information on community programs and services.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Update social media outlets at least twice monthly with information pertaining to resources and services available in the community.	Total # Clients Served	24		1,200	24		1,500
	Total # Clients Achieved/Successful	24		1,200	24		1,500
	% Achieved / Successful	100	0	100	100	0	100
Provide written materials at community events that are relevant to the needs of the agency's target demographic.	Total # Clients Served	300		1,039	500		200
	Total # Clients Achieved/Successful	300		1,039	500		200
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Title V

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Title V

Is this a new program? No

Program Contact

Name Mary Edwards

Title Title V Coordinator

Email pholland@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Senior Employment Program for unemployed persons 55 years old and older, low-income and hard to place in employment situations. Participants are placed into non-profit organizations for learning new skills and updating of old, with the goal of unsubsidized employment.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Unemployed and underemployed older individuals require a higher level of support from the community in order to exist and remain housed. With a small hourly wage and a purpose participants are much more contributing members of the community.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This program has been administered in this planning district for many years by the Agency on Aging .

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Senior Employment Program for unemployed persons 55 years old and older, low-income and hard to place in employment situations. Participants are placed into non-profit organizations for learning new skills and updating of old, with the goal of unsubsidized employment.

If your program has specific entry or application criteria, please describe it here.

Applicants must be unemployed, 55 or older, meet income guidelines as set forth by federal mandate and have barriers to employment.

Rappahannock Area Agency on Aging - Title V

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

There is no increase in funding requested.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None

In particular, please describe in detail if any increase is sought for new positions or personnel.

None

Rappahannock Area Agency on Aging - Title V

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel		166,676.0 0	166,676.0 0	166,676.0 0	166,676.0 0	166,676.0 0
Benefits		8,202.00	8,202.00	8,202.00	8,202.00	8,202.00
Operating Expenses		15,097.00	15,097.00	15,097.00	15,097.00	15,097.00
Capital Expenses						
Total	0.00	189,975.0 0	189,975.0 0	189,975.0 0	189,975.0 0	189,975.0 0

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline						
Fredericksburg						
King George						
Spotsylvania		8,747.00	8,747.00	8,747.00	8,747.00	8,747.00
Stafford		2,090.00	2,090.00	2,090.00	2,090.00	2,090.00
United Way						
Grants		179,138.0 0	179,138.0 0	179,138.0 0	179,138.0 0	179,138.0 0
Client Fees						
Fundraising						
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	189,975.0 0	189,975.0 0	189,975.0 0	189,975.0 0	189,975.0 0

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	189,138.0 0

Rappahannock Area Agency on Aging - Title V

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The agency's Title V program works with multiple non-profits and area employers to provide training experience as well as unsubsidized employment for participants. Without these partnerships the program couldn't exist.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without the program, those with barriers to employment would have even less of a chance of successful employment.

Rappahannock Area Agency on Aging - Title V

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	5	12	10	10	10	10
Caroline County	0	0	0	0	3	3
King George County	0	1	0	0	1	0
Spotsylvania County	10	12	7	9	13	13
Stafford County	3	4	5	6	10	10
Other Localities	0	0	0	0	0	0
Total	18	29	22	25	37	36

Rappahannock Area Agency on Aging - Title V

[View Diagram](#) Goals and Objectives

Goals

Goal:

To increase community awareness of the program to fill the employment slots available and to recruit agencies in which to place the participants.

Objectives

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Provide outreach to the community to recruit participants for the program.	Total # Clients Served	300		300	500		300
	Total # Clients Achieved/Successful	300		300	500		300
	% Achieved / Successful	100	0	100	100	0	100
Provide outreach to the community to recruit host agencies for the program.	Total # Clients Served	12		15	20		20
	Total # Clients Achieved/Successful	12		15	20		20
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes are planned for the program.

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal: To employ participants in unsubsidized jobs with the ability to earn a higher income.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
To recruit eligible participants.	Total # Clients Served	27		32	37		25
	Total # Clients Achieved/Successful	27		32	37		25
	% Achieved / Successful	100	0	100	100	0	100
Provide program counseling to assist participants in finding unsubsidized employment.	Total # Clients Served	27		32	37		25
	Total # Clients Achieved/Successful	27		32	37		25
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

No changes have been made.

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - Transportation

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Transportation

Is this a new program? No

Program Contact

Name Boyd Elliott

Title Transportation Manager

Email bellioth@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

The purpose of the transportation program is to provide access to Senior Cafe participation for those who are no longer driving and who have no other daytime method of transit. Transportation is provided throughout PD16 to Senior Cafe sites in addition to day-trip locations, shopping, and area-wide nutrition programs and presentations. The transportation program provides the little extra help to an older, frailer individual who is in need of assistance that will keep them in their own home for a longer period. The service is conducted by a trained van driver who offers personalized service from door to door. The service is geared towards individuals who are low income, socially disadvantaged older person aged 60 and older. The van driver is able to build a rapport with the older adult. This service provides participants an opportunity to shop for groceries, life-saving medications, banking, and other socialization.

Client Fees

Please describe the fees clients must pay for the services by this program.

The majority of the cost for services are funded with federal funds under the Older Americans Act. The Older Americans Act prohibits fees, however, donations are accepted on a voluntary basis.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

72% of clients requesting nutrition assistance are unable to provide their own transportation. These clients benefit greatly from the many opportunities offered at the Senior Cafes, including: frequent socialization with clients, staff community members and volunteers, physical activity - balancing training, limited mobility calisthenics, chronic disease self- management training, educational and information presentations, crafts, art projects and many other options. None of which would be possible without managed transportation. In FY19 the agency provided 19,064 one-way trips to 127 individuals. With a fleet of 32 vans, the drivers logged 335,701 miles during the year. If the agency were impacted to the extent that our agency would shut down, the funds would be placed within another Area Agency on Aging from a different area. There would be no assurance that PD16 would receive their "fair share" of federal and state funding.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This is not a new program.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Transportation is offered to individuals who participate in the activities of the agency's Senior Cafes across PD16. Transportation programs are for older residents, aged 60 and older or that reside in PD16 which includes the city of Fredericksburg, and the counties of Spotsylvania, Stafford, Caroline and King George. Clients are picked up from their home and taken to the cafe (meal site) for educational programs, socialization, recreation and nutritious meals. Clients are also offered an opportunity to go to the grocery store, pick up medications from the pharmacy, go to doctor appointments and other area events.

If your program has specific entry or application criteria, please describe it here.

Clients are age 60 and older or qualified disabled individuals under age 60 who come with a participant and are qualified using the Virginia UAI (Universal Assessment Instrument) to determine level of need and triaged to receive services based on individual need and service availability. These clients typically are unable to drive, have voluntarily released their drivers license, have no other means to travel, and cannot get around town.

Rappahannock Area Agency on Aging - Transportation

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

There is no increase in funding requested.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None.

In particular, please describe in detail if any increase is sought for new positions or personnel.

None.

Rappahannock Area Agency on Aging - Transportation

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel	245,000.0 0	224,500.0 0	479,889.7 2	245,000.0 0	245,000.0 0	245,000.0 0
Benefits	78,400.00	78,400.00	50,774.00	78,400.00	78,400.00	78,400.00
Operating Expenses	205,000.0 0	205,000.0 0	318,082.2 8	205,000.0 0	205,000.0 0	205,000.0 0
Capital Expenses	127,443.0 0	127,443.0 0		127,443.0 0	127,443.0 0	127,443.0 0
Total	655,843.0 0	635,343.0 0	848,746.0 0	655,843.0 0	655,843.0 0	655,843.0 0

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	2,879.00	2,879.00	4,688.00	2,879.00	2,879.00	2,879.00
Fredericksburg	2,318.00	2,318.00		2,318.00	2,318.00	2,318.00
King George	3,154.00	3,154.00	4,304.00	3,154.00	3,154.00	3,154.00
Spotsylvania	10,272.00	10,272.00	9,716.00	10,272.00	10,272.00	10,272.00
Stafford	8,241.00	8,241.00	17,430.00	8,241.00	8,241.00	8,241.00
United Way	0.00			0.00		
Grants	543,829.0 0	543,829.0 0	716,507.3 1	543,829.0 0	543,829.0 0	543,829.0 0
Client Fees		57,150.00	18,450.69		77,650.00	77,650.00
Fundraising	7,500.00	7,500.00		7,500.00	7,500.00	7,500.00
Other (Click to itemize)	77,650.00	0.00	77,650.00	77,650.00	0.00	0.00
Private Pay Programs/Misc Donations				77,650.00		

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Private Pay Programs/Misc Donations	77,650.00		77,650.00			
Total	655,843.00	635,343.00	848,746.00	655,843.00	655,843.00	655,843.00
	0	0	0	0	0	0

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	65,843.00

Rappahannock Area Agency on Aging - Transportation

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Many community organizations and Departments of Social Services refer community members to the agency for assistance for seniors. The transportation program, in conjunction with other agency programs, works the local Sheriff's departments, The Silver Companies, local churches, and other community groups, like the rotary - throughout the year to gather and distribute donations to clients including: clothing, bedding, cleaning supplies, food items, personal hygiene supplies, and other items. Agency leadership is continually working to identify and access any viable partnerships which would benefit local seniors. The agency is continually seeking volunteers within business to provide a short time, one day service for our clients.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If the agency were impacted to extent that our agency would shut down, the funds would be placed within another Are Agency on Agency from a different area. There would be no assurance that planning district 16 would receive their "fair share" of federal and state funding.

Rappahannock Area Agency on Aging - Transportation

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	40	6	7	6	7	8
Caroline County	33	20	21	14	19	21
King George County	24	13	14	9	11	15
Spotsylvania County	152	51	52	37	51	60
Stafford County	116	33	34	28	47	55
Other Localities	0	0	0	0	0	0
Total	365	123	128	94	135	159

Rappahannock Area Agency on Aging - Transportation

[View Diagram](#) Goals and Objectives

Goals

Goal:

The goal of the Transportation Program is to enable frail, homebound older adults aged 60 and older to remain physically and mentally healthy while living independent in their own homes. These services will reduce, prevent or delay the more costly option of premature nursing home placement. The agency provides transportation to mobility challenged residents aged 60 and older.

Objectives

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Approximately 150 program participants will be transported to the meal centers, essential shopping and medical appointments. This program only relates to elderly residents who are enrolled in the Senior Cafe's nutrition programs.	Total # Clients Served	127	115	127	135		135
	Total # Clients Achieved/Successful	127	115	127	135		135
	% Achieved / Successful	100	100	100	100	0	100
Participants can depend on regular and reliable transportation for reasons described in Transportation Objective 1 in order to allow all participants to become less dependent on unreliable and costly modes of transportation. Participants are less isolated due to increased mobility.	Total # Clients Served	127	115	127	135		135
	Total # Clients Achieved/Successful	127	115	127	135		135
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal: Transportation service helps prevent unnecessary or premature institutionalization.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Approximately 125 program participants will be transported to the meal centers, essential shopping and medical appointments. This program only relates to elderly residents who are enrolled in the Senior Cafe's nutrition programs.	Total # Clients Served	127	125	127	135		135
	Total # Clients Achieved/Successful	127	125	127	135		135
	% Achieved / Successful	100	100	100	100	0	100
Participants can depend on regular and reliable transportation for reasons described in Objective 1 of Goal 2 in order to allow all participants to become less dependent on unreliable and costly modes of transportation. Participants are less isolated due to increased mobility.	Total # Clients Served	127	125	127	135		135
	Total # Clients Achieved/Successful	127	125	127	135		135
	% Achieved / Successful	100	100	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here

Rappahannock Area Agency on Aging - VICAP

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name VICAP

Is this a new program? No

Program Contact

Name Nicole Farmer

Title VICAP Coordinator

Email nfarmer@healthygenerations.org

Phone (540) 371-3375

Program Purpose / Description

Provide an overview of this program

Virginia Insurance Counseling and Assistance Program (VICAP) provides Medicare counseling to individuals. Assistance includes: new to Medicare appointments, billing assistance, information on Open Enrollment, and other Medicare related questions.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees are paid by the client.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Because without this service individuals struggle to understand Medicare.

If this is a new program, be sure to include the benefits to the region for funding a new request.

This program has operated in this region for many years providing information, counseling, and assistance to individuals who qualify for Medicare.

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Those who qualify for Medicare.

If your program has specific entry or application criteria, please describe it here.

None

Rappahannock Area Agency on Aging - VICAP

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

There is no increase in funding requested.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

None

In particular, please describe in detail if any increase is sought for new positions or personnel.

None

Rappahannock Area Agency on Aging - VICAP

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel		42,013.00	42,013.00	42,013.00	42,013.00	42,013.00
Benefits		3,875.00	3,875.00	3,875.00	3,875.00	3,875.00
Operating Expenses		16,909.00	16,909.00	16,909.00	16,909.00	16,909.00
Capital Expenses						
Total	0.00	62,797.00	62,797.00	62,797.00	62,797.00	62,797.00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline						
Fredericksburg						
King George						
Spotsylvania						
Stafford						
United Way						
Grants		62,797.00	62,797.00	62,797.00	62,797.00	62,797.00
Client Fees						
Fundraising						
Other (Click to itemize)	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	62,797.00	62,797.00	62,797.00	62,797.00	62,797.00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	0.00	0.00	0.00	0.00	0.00	62,797.00

Rappahannock Area Agency on Aging - VICAP

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The agency works closely with other community businesses to provide information and education on Medicare issues and fraud. Local Departments of Social Services, Alzheimer's Association, and medical facilities are all key partners.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

With the dissolution of VICAP the community will lack access to awareness of services and programs to provide healthy aging and ways to age in place.

Rappahannock Area Agency on Aging - VICAP

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	0	100	100	15	150	60
Caroline County	0	75	75	17	75	40
King George County	0	60	60	10	60	40
Spotsylvania County	0	210	250	90	370	250
Stafford County	0	200	210	67	275	110
Other Localities	0	22	30	4	70	30
Total	0	667	725	203	1,000	530

[View Diagram](#) Goals and Objectives

Goals

Goal: To counsel individuals in need of education on Medicare.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
New to Medicare appointments for those who are newly eligible to Medicare.	Total # Clients Served	667		143	1,000		150
	Total # Clients Achieved/Successful	667		143	1,000		150
	% Achieved / Successful	100	0	100	100	0	100
Appointments to review Prescription Drug Plans and Medicare Advantage plans for those who require it.	Total # Clients Served	275		370	500		150
	Total # Clients Achieved/Successful	275		370	500		150
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Appointments are currently being completed by Zoom meetings.

If you are restating the goals or objectives for the prior calendar year, please include those here

Goal:

Senior Medicare Patrol Outreach - Providing information to individuals to combat and prevent Medicare Fraud.

Objectives

		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
Presentations to community groups to inform them of the risks of Medicare Fraud.	Total # Clients Served	12		30	30		30
	Total # Clients Achieved/Successful	12		30	30		30
	% Achieved / Successful	100	0	100	100	0	100
One-on-One conversations about Medicare Fraud and scams.	Total # Clients Served	667		143	1,000		150
	Total # Clients Achieved/Successful	667		143	1,000		150
	% Achieved / Successful	100	0	100	100	0	100

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

COVID has restricted presentations to the general public.

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None

If you are restating the goals or objectives for the prior calendar year, please include those here