

Regional Funding

Fiscal Year 2022 - Partner Funding Application

Healthy Families Rappahannock Area

Agency Total Budget

In the boxes below provide an overview of the administrative costs associated with your total agency budget.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Salary	560,158.9 1	627,863.7 2	640,420.9 9	660,040.2 2	658,161.0 6	677,906.0 0
Benefits	137,172.6 8	139,380.5 1	142,168.1 2	120,732.6 3	120,529.3 3	124,145.0 0
Operating Expenses	167,327.2 2	217,929.0 0	217,929.0 0	219,615.9 1	319,641.6 1	250,000.0 0
Capital Expenses	0.00	0.00	0.00	0.00	0.00	0.00
Other Expenses	0.00	0.00	0.00	0.00	0.00	0.00
Total	864,658.8 1	985,173.2 3	1,000,518. 11	1,000,388. 76	1,098,332. 00	1,052,051. 00

Revenues

Please include revenue associated with your entire organization. This section represents the TOTAL revenue your organization is receiving. The revenue associated with specific programs will be listed within your program budgets; this section represents total revenues. (For example if your organization requests funding for multiple programs the total amount requested from each locality or other entities goes within this section)

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	2,880.00	2,880.00	2,880.00	2,880.00	2,880.00	4,000.00
Fredericksburg	9,000.00	9,000.00	9,000.00	9,000.00	9,000.00	10,000.00
King George	0.00	0.00	2,880.00	0.00	0.00	4,000.00
Spotsylvania	16,400.00	28,000.00	28,000.00	10,000.00	10,000.00	10,000.00
Stafford	9,432.00	9,432.00	9,432.00	9,432.00	9,432.00	10,000.00
United Way	72,414.36	70,000.00	70,000.00	73,063.07	28,750.00	28,750.00
Grants	574,409.1 4	631,938.0 0	645,322.0 0	835,375.2 2	710,680.0 0	710,000.0 0

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	50.00	4,312.43	5,000.00	0.00	0.00	5,000.00
Other (Click to itemize)	368,588.8 4	229,610.8 0	228,004.1 1	200,358.4 7	327,590.0 0	270,301.0 0
Total	1,053,174. 34	985,173.2 3	1,000,518. 11	1,140,108. 76	1,098,332. 00	1,052,051. 00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	188,515.5 3	0.00	0.00	139,720.0 0	0.00	0.00

Healthy Families Rappahannock Area

Agency Budget Narrative

Administrative Expenses

Provide an overview of the administrative costs for your agency.

HFRA continues to be administratively lean. Administrative costs (unrelated to supporting direct service) continue to be a low percentage of the budget. The expenses include staff's full salaries and benefits for functions related to fiscal, administrative and operational efforts. The Administrative staff consists of one Director, one full time Administrative Office Associate and two "Program Supervisors," which oversee and support the direct service staff, making their salaries more programmatic than administrative.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

N/A

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

N/A

Capital Expenses

Please provide an overview of the capital costs for your agency.

N/A

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

N/A

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

With the RACSB being the fiscal agent of HFRA, all staff receives up to a 3% Cost of Living Adjustment, resulting in an increase in salaries each year.

Please provide a description of any changes to agency benefits structure or cost.

N/A

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

Funding home visiting has always been challenging. Funder requirements sometimes drive programmatic decisions that may not be in the best interest of families, communities, or service providers. As we mature as an industry, it has become clear that asking for more money merely from the General Assembly each year is not strategically the most effective way to create long-term sustainability or help us scale up our programs for impact.

A critical part of Virginia's Plan for Home Visiting, endorsed by the Children's Cabinet in May 2019, is developing of financing strategies to provide long-term sustainability for home visiting services throughout the Commonwealth. One key strategy for supporting sustainability is for home visiting to be a covered Medicaid service for pregnant women and families with young children with reimbursement designed specifically for home visiting, without trying to fit home visiting into a system designed for clinical services.

If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

N/A

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

Note: Retained earnings and emergency operating funds may fluctuate greatly each year. We often use these funds to supplement budget shortfalls or loss of funding. Since we are administratively lean, we can make only a few reductions in expenses to offset losses. Sixty-five percent of our funding contractually binds our service numbers to the amount of direct service staff we employ, the number of Supervisors to oversee those staff, and the number of families we serve and assess. If we lose funding and lay off staff, our budget shortfall will worsen as grant funds would be reduced. Therefore, we must use retained earnings to create enough flexibility to minimize the effects of funding challenges.

Healthy Families Rappahannock Area

Locality Information

Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

The continued support from Caroline County is greatly appreciated. This funding is requested to supplement the proceeds received by Healthy Families Rappahannock Area (HFRA), to provide services locally. HFRA appreciates the support of Caroline County as we continue to deliver services to the residents. HFRA requests a conservative, one-time increase of \$1,120 bringing the total contribution to \$4000. The gracious annual contribution from Caroline County has historically been \$2,880, regardless of COLA's, the economy, or other challenges. The requested amount is far below the national average of what it costs to support one family with home visiting services, which is approximately \$4000 per year. Instead, your contribution will continue to help supplement grant funds and ensure the continuity of services across the county.

City of Fredericksburg

The continued support from Fredericksburg City is greatly appreciated. This contribution is requested to supplement the funding received by Healthy Families Rappahannock Area (HFRA) to provide services locally. We appreciate your support as we continue to deliver services to the residents. We acknowledge your gracious contribution of \$9,000 and look forward to our continued partnership. As a result of your ongoing support, as well as support from individuals, community organizations (to include Health Departments, Departments of Social Services, hospitals and other entities), over 100 families residing in the city were referred to HFRA for support, during FY2020. Your funding will continue to supplement grant funds, and ensure the continuity of services across the city.

King George County

The support from King George County is critical to meeting the needs of King George County residents. As families begin to rebound from the effects of the pandemic, home visiting services, to include case management and other supports, will be extremely beneficial. One of the many benefits is helping to alleviate stressors which may contribute to the abuse and neglect of babies. Over the past three years, Healthy Families Rappahannock Area (HFRA), has served a combined total of 50 families residing in King George County. We respectfully request a contribution of \$4,000 to support these efforts and to be aligned with localities of comparable service numbers. We are not seeking compensation or reimbursement per family served, we are humbly requesting your support as we provide the same high quality service to the families of King George as we do the other localities in PD16.

Spotsylvania County

The continued support from Spotsylvania County is greatly appreciated. This contribution is requested to supplement the funding received by Healthy Families Rappahannock Area (HFRA) to provide services locally. We appreciate your support as we continue to deliver services to the residents. We acknowledge your gracious contribution of \$10,000 and look forward to our continued partnership. As a result of your ongoing support, as well as support from individuals, community organizations (to include Health Departments, Departments of Social Services, hospitals and other entities), approximately 200 families residing in the County were referred to HFRA for support, during FY2020. Your funding will continue to supplement grant funds, and ensure the continuity of services across the county.

Stafford County

The continued support from Stafford County is greatly appreciated. This contribution is requested to supplement the funding received by Healthy Families Rappahannock Area (HFRA) to provide services locally. We appreciate your support as we continue to deliver services to the residents. We acknowledge your gracious contribution of \$9,432 and look forward to our continued partnership. As a result of your ongoing support, as well as support from individuals, community organizations (to include Health Departments, Departments of Social Services, hospitals and other entities), over 120 families residing in the county were referred to HFRA for support, during FY2020. Your funding will continue to supplement grant funds, and ensure the continuity of services across the county.

Healthy Families Rappahannock Area

Agency Information

General Information

Agency Name	Healthy Families Rappahannock Area
Physical Address	4815 Carr Drive, Fredericksburg, VA, 22408, US
Mailing Address	4815 Carr Drive, Fredericksburg VA 22408
Agency Phone Number	(540) 374-3366
Federal Tax ID #	542029476
Web Address	http://www.healthyfamiliesrappahannock.org/
Agency Email Address	dfearon@rappahannockareacsb.org

Agency Mission Statement

Empowering parents to raise healthy children.

Healthy Families home visitors, referred to as "Family Support Specialists" (FSS), are living, breathing how-to manuals, supporting parents. They help to establish nurturing parent-child relationships, develop positive parenting skills, provide safe homes, and learn to support healthy child development.

Healthy Families Virginia's evidence-based model is rooted in the belief that early nurturing relationships are the foundation for life-long healthy development. Families work to reduce risks and build resiliency to raise healthy children who are ready to learn.

Families are typically referred to us prenatally or at the time of the baby's delivery. They will receive an initial visit, during which their strengths and needs are identified. A determination is then made about whether Healthy Families or other services in the community are more appropriate for them. Families are voluntarily connected to the community resources they prefer.

Healthy Families Rappahannock Area (HFRA) is a good fit for parents with multiple stressors, such as single parenthood, low income, limited knowledge about infant and child development, history of abuse or adverse childhood experiences, personal trauma, and issues related to substance abuse, mental health, and/or domestic violence.

Number of Years in Operation	22
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Main Contact

Main Contact	Davy Fearon, phone: (540) 374-3366, email: dfearon@rappahannockareacsb.org
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Job Title	Director
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Localities Served

Please select any/all localities your agency serves.

- Caroline**
- Fredericksburg**
- King George**
- Spotsylvania**
- Stafford**

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

Just think-with all of the supports available within Planning District 16, there were over 5,000 child abuse and neglect referrals made last year. There is a reason The Commonwealth of Virginia's Department responsible for protecting children, funds, and collaborates specifically with Healthy Families programs across the state. Home visiting programs are necessary, vital and effective. Each year, Healthy Families Rappahannock Area supports over 200 families residing in one of the 5 localities in the Planning District with home visiting services. Whether families are seeking to be educated about their baby's development, searching for resources, needing a supportive voice, before they reach a place of despair. Dissolving is not an option for HFRA. The work we do is critical to our present and future. Merging could prove beneficial if it provides greater accessibility to resources otherwise, maintaining fidelity, the evidence based research dictates that home visiting services remain a stand-alone service to be supplemented by resources.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Nina was 16 years old and 3 months pregnant when she heard about the Healthy Families program. Though hesitant, she agreed to an assessment with a Family Resources Specialist, to begin the enrollment process and receive more information.

After her first meeting with her Family Services Specialist, Ivy, she began to open up and was able to learn more about her pregnancy. She learned how her eating affects her baby's development, what she may experience in her next trimester and how to best prepare for the baby's arrival.

As her due date came closer, Ivy supported Nina in scheduling a hospital tour. As a first time parent, Nina became more comfortable on her day of delivery.

After her son's birth, weekly sessions with Ivy began. They included learning about his development, co parenting with his father and connecting to various local resources while she finished high school. Ivy connected Nina with a program that introduced her to other teen moms in the area as she noted she didn't know of other pregnant moms at her high school.

Since the start of the pandemic, Nina noted one of her favorite parts of our program was being a part of a Zoom playgroup where she was able to see other moms and babies, and sing nursery rhymes.

Our program was also able to provide diapers, wipes and food during some of the toughest weeks when Nina's mother was out of work.

Example 2

The Vanegas family was assigned FSS Carmen in December 2016. For the past four years, She had the pleasure of working with them. The family endured many setbacks; however, through resilience and determination, they were able to achieve many of their goals.

When the family was first accepted into our program, Mrs. Vanegas was hesitant about transferring to a new family service worker. She was extremely comfortable with her previous worker and was leery about restarting the "trust process" with a new worker. Upon entering our program, Mrs. Vanegas was three months pregnant, with a six-year-old son and a one-year-old daughter (target child). She also had 12 and 10-year-old daughters living in El Salvador. Mrs. Vanegas presented with symptoms of depression due to the news of her unplanned pregnancy and her living conditions. She was concerned about the conflicts that existed with her landlord and what her options would be, living in a basement.

After a few visits, Mrs. Vanegas became more comfortable interacting during visits. Mrs. Vanegas stated, "Healthy Families was the light I needed to overcome the darkness my family was enduring." Healthy Families was able to introduce the family to Credit Repair services, how to start their own business, school enrollment, early childhood intervention services, and how to achieve homeownership.

The last visit with the Vanegas family was bitter-sweet as they were schedule to "graduate" from HFRA and move into a four-bedroom home. They began a business which is thriving, even during the pandemic. School-age children are enrolled and receiving exceptional grades. "Target child" has just turned four years old and is ready to start school. At this point in time, the baby is being observed for speech therapy, which resulted from a Healthy Families referral.

Mrs. Venegas graduated from HFRA services on 10/30/2020.

Example 3 (Optional)

This is another success story as it appeared in the Free Lance Star:

Like toilet paper and paper towels, diapers and baby wipes have become precious commodities during the COVID-19 pandemic, but not being able to find them wasn't the only problem facing 22-year-old Sarah Lee.

Getting them to her Spotsylvania County home was another. Her only mode of transportation is a bicycle, and to avoid multiple trips to the store—to reduce possible exposure to the coronavirus—she'd rather get a big box of diapers.

But carrying an 84-pack on the handlebars is a balancing act, not to mention a hefty expense for Lee and her boyfriend, Osvaldo Pardillo. He hasn't been able to work at his job detailing cars and their rent recently went up to \$1,100 a month for their two-bedroom home.

"It's a huge amount for us because we're not financially stable," she said, adding she found herself "rushing" her 3-year-old into potty training to try to eliminate at least one expense.

Lee wasn't the only person in this predicament. Healthy Families Rappahannock Area, a local nonprofit, surveyed its parents about needs during the pandemic and found diapers and wipes at the top of the list.

While Healthy Families offers programs and home visits to develop parenting skills, the agency doesn't have money to buy supplies such as diapers. When Fearon learned The Community Foundation was doing its own survey of local nonprofits and their needs, Healthy Families applied—and received—a grant.

Healthy Families staff members loaded up a pickup with boxes of disposable diapers and stacks of wipes and dropped them on doorsteps and porches of the agency's clients, who responded with tears of gratitude. Many of their parents are in households where primary breadwinners are either sick with the virus or out of work because of the shutdown.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Overview

You may save your work at any time by clicking on the "Save My Work" link/icon at the bottom or top of the page.

When you have completed all questions on the form, select the "Save My Work and Mark as Completed" link/icon at the bottom or top of this page.

You may also SWITCH between forms in this application by using the SWITCH FORMS feature in the upper right corner. When switching forms, any updates to the existing form will automatically be saved.

General Information

Program Name Healthy Families Rappahannock Area

Is this a new program? No

Program Contact

Name Davy Fearon

Title Director

Email dfearon@rappahannockareacsb.org

Phone (540) 374-3366

Program Purpose / Description

Provide an overview of this program

Healthy Families is a "living breathing manual" that offers a nationally accredited program that provides one-hour weekly home visits to promote positive parenting, improve childhood outcomes, and increase family self-sufficiency through education and community support.

Parents participate in home visits so they can learn how to recognize and respond to their babies' changing developmental needs, use positive discipline techniques, cope with the day-to-day stress of parenting in healthy ways, and set and achieve family goals.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees are ever collected. Healthy Families is a National Program bound to model fidelity which mandates the offering of free services. Many of the families served by Healthy Families Rappahannock Area make less than \$40,000 per year for a family of two-to-four people. Preventative services such as home visiting are often overlooked or undervalued by families because many feel they do not need support unless something goes wrong. Therefore charging a fee for a service that someone doesn't know they need is not justifiable. This additional expense would contribute to them having a challenging time in raising their little one(s). All services and items provided during the delivery of services (enrollment) are free of charge. Some of the items provided free of charge (thanks to sponsors and community partners) are; diapers, wipes, "pack-n-plays", Christmas gifts, pajamas, blankets, food during the holidays, and more.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Raising a child is challenging for all parents at some point. Coupled with the surmounting stressors from everyday life, parenting can be a daunting task especially when it is to be performed under immense stress. According to the Virginia Department of Social Services, in State Fiscal Year 2019 over 58,000 children were reported as possible victims of abuse or neglect. Of the 58,000 only 8,800 were unfounded, meaning "a review of the facts gathered during an investigation did not meet the preponderance of the evidence standard." The other 49,200 cases were deemed to need either an assessment or further intervention by the Department of Social Services. Of all victims, 32 percent were under the age of four, leaving the burden of protection and advocacy on the adults in their lives. Given the current state of our society where families are reluctant to visit doctors, schools and daycares are closed, and families are remaining indoors, approximately 15,000 babies are on their own.

If this is a new program, be sure to include the benefits to the region for funding a new request.

N/A

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Our target population are parents of babies that reside in planning district 16 in need of services. Regardless of income, education, religion, profession, political affiliation, age, gender, family composition, etc. According to the CDC, "several approaches seek to enhance parenting skills and promote healthy child development in ways that prevent child abuse and neglect" one of which is "early childhood home visitation." Families who do best in the program are willing to receive at least one home visit per week for the first six months after the baby's birth. After that the frequency is determined by their needs and progress. Families have the choice of receiving services until the child enters preschool, or until the child's fifth birthday. Families must enroll prenatally or within three months of birth. There are no income restrictions.

If your program has specific entry or application criteria, please describe it here.

Services are voluntary. We serve families who express an interest to an advocate who then completes a referral form on their behalf. This may also be done by self-referral. Advocates are generally from service providers such as healthcare providers, community organizations, social services and individuals.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Budget Narrative

Please indicate in detail reasons for increases or decreases in the amounts you are requesting.

According to the 2019 National Center for Biotechnology Information, National library of Medicine publication, it is estimated home visiting costs approximately \$8500 per family per year. According to the Healthy Families America National Office, the average cost to provide Home Visiting Services per family per year is \$3,674 to \$4,649 [2017 dollars], depending on the number of families served.

Local Government funding currently makes up approximately 3% of HFRA funding with the majority derived from federal and state grants. With funding amounts ranging between \$2,880 and \$10,000 between localities, we hope to increase the award amounts to two levels of funding based on the number of families served in each locality.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

HFRA is dedicated to supporting it's currently enrolled families in addition to those who will enroll. No services will be interrupted if the increase is not received.

In particular, please describe in detail if any increase is sought for new positions or personnel.

No increase is requested for personnel.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Program Specific Budget

Please provide your program specific budget below.

Expenses

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Personnel	560,158.9 1	627,863.7 2	623,223.6 1	660,040.2 2	658,161.0 6	677,906.0 0
Benefits	137,172.6 8	139,380.5 1	176,767.5 7	120,732.6 3	120,529.3 3	124,145.0 0
Operating Expenses	167,327.2 2	217,929.0 0	214,624.2 9	219,615.9 1	319,641.6 1	250,000.0 0
Capital Expenses	0.00	0.00	0.00	0.00	0.00	0.00
Total	864,658.8 1	985,173.2 3	1,014,615. 47	1,000,388. 76	1,098,332. 00	1,052,051. 00

Revenues

This section represents revenue specifically associated with your program. Revenue that supports the implementation of your program and the services provided to the community.

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Caroline	2,880.00	2,880.00	2,880.00	2,880.00	2,880.00	4,000.00
Fredericksburg	9,000.00	9,000.00	9,000.00	9,000.00	9,000.00	10,000.00
King George	0.00	0.00	0.00	0.00	0.00	4,000.00
Spotsylvania	16,400.00	28,000.00	10,000.00	10,000.00	10,000.00	10,000.00
Stafford	9,432.00	9,432.00	9,432.00	9,432.00	9,432.00	10,000.00
United Way	72,414.36	70,000.00	70,000.00	73,063.07	28,750.00	28,750.00
Grants	574,409.1 4	631,938.0 0	762,736.0 0	835,375.2 2	710,680.0 0	710,000.0 0
Client Fees	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	50.00	4,312.43	850.00	0.00	0.00	5,000.00
Other (Click to itemize)	368,588.8 4	229,610.8 0	149,717.4 7	200,358.4 7	327,590.0 0	270,301.0 0
Donations/Gifts	1,248.34	11,712.00	11,000.00	12,143.12	12,000.00	12,000.00

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Emergency Operating/Retained Earnings	221,366.0 0	61,023.11	22,092.47	23,701.00	139,720.0 0	83,801.00
Medicaid	141,374.5 0	152,075.6 9	112,125.0 0	162,214.3 5	171,370.0 0	170,000.0 0
Village Fathers	4,600.00	4,800.00	4,500.00	2,300.00	4,500.00	4,500.00
Total	1,053,174. 34	985,173.2 3	1,014,615. 47	1,140,108. 76	1,098,332. 00	1,052,051. 00

Surplus / Deficit

	FY 2018 Actual	FY 2019 Actual	FY 2020 Budgeted	FY 2020 Actual	FY 2021 Estimate	FY 2022 Budget
Surplus or Deficit	188,515.5 3	0.00	0.00	139,720.0 0	0.00	0.00

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Collaborative Impact

Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Partnerships are where we are able to work smarter and not harder. They enable us to connect families with life-changing opportunities and resources. A few of those partnerships are; Smart Beginnings Rappahannock Area for early learning, Rappahannock Area YMCA for healthy living and fitness, GEICO Fredericksburg-a long time supporter of our Car Seat/Safety First Campaign, Obsidian Solutions Group for their annual support of families each holiday season, and the Dr. Yum project for education on healthy eating. A few of our referral partners are: Mary Washington Healthcare, Rappahannock Area Health District, Advanced Care for Women, Spotsylvania Regional Medical Center, The Departments of Social Services in Caroline, Stafford, Spotsylvania and Fredericksburg City, Rappahannock Area Community Services Board-PEID and Project LINK programs. One of our most collaborative partners is the Rappahannock United Way for their unwavering support of all we do and the families we serve.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

In Planning District 16, there were over 5,000 child abuse and neglect referrals made last year. The Commonwealth of Virginia's Department responsible for protecting children, funds, and collaborates specifically with Healthy Families programs across the state. Home visiting programs are necessary, vital and effective. Each year, Healthy Families Rappahannock Area supports over 200 families residing in one of the 5 localities in the Planning District with home visiting services. Whether families are seeking to be educated about their baby's development, searching for resources, needing a supportive voice, before they reach a place of despair. Dissolving is not an option for HFRA. The work we do is critical to our present and future. Merging could prove beneficial if it provides greater accessibility to resources otherwise, maintaining fidelity, the evidence based research dictates that home visiting services remain a stand-alone service to be supplemented by resources.

Healthy Families Rappahannock Area - Healthy Families Rappahannock Area

Number of Individuals Served

Localities

Please provide the actual numbers of individuals served in this program during FY2017, FY2018, and FY 2019, the estimated numbers of individuals served in FY2020 and the projected numbers of individuals served in FY2021.

Locality	FY2017 (Actual)	FY2018 (Actual)	FY 2019 (Actual)	FY 2020 (Actual)	FY 2021 Projected	FY 2022 Estimate
Fredericksburg City	190	185	204	202	200	200
Caroline County	24	45	47	26	35	40
King George County	16	5	7	13	15	12
Spotsylvania County	291	184	204	224	225	220
Stafford County	145	86	95	169	125	150
Other Localities	0	0	0	0	0	0
Total	666	505	557	634	600	622

[View Diagram](#) Goals and Objectives

Goals

Goal:

During and after pregnancy, FSS' promote maternal health by helping mothers schedule regular doctor's visits, improve diets, reduce stress levels, and connect with substance abuse prevention programs (as needed). Babies benefit as well. Studies show, mothers who participate home visiting programs were half as likely to have a baby born low-birthweight, which greatly reduced these babies risk for health and developmental problems. HFRA will ensure enrolled families receive visits as scheduled.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
A minimum of 75% of families are receiving 75% of home visits as scheduled.	Total # Clients Served	212	200	233	210		200
	Total # Clients Achieved/Successful	212	150	233	210		150
	% Achieved / Successful	100	75	100	100	0	75
A minimum of 75% of prenatal enrollees will receive 80% of their prenatal care visits.	Total # Clients Served			30			30
	Total # Clients Achieved/Successful			30			23
	% Achieved / Successful	0	0	100	0	0	76.67

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

One objective has been changed to more accurately reflect the effectiveness of the support we provide and effectiveness of our services. We will now report on mothers keeping up with their prenatal visits.

Prenatal visits to a health care provider usually include a physical exam, weight checks, and providing a urine sample. Depending on the stage of the pregnancy, health care providers may also do blood tests and ultrasound exams. These visits also include discussions about the mother's health, the fetus's health, and any questions about the pregnancy.

Prenatal care can help prevent complications and inform women about important steps they can take to protect their infant and ensure a healthy pregnancy.

If you are restating the goals or objectives for the prior calendar year, please include those here

A minimum of 75% of families are receiving 75% of home visits as scheduled.

Goal:

Home visiting programs are associated with reduced rates of child maltreatment and injuries. Mothers who participate in home visits also have lower stress levels and increased sensitivity during interactions with their children. One of our goals is to improve child health and development by utilizing appropriate tools at the recommended stages and connecting them to appropriate services.

Objectives		2018 Year End	2019 Baseline	2019 Year End	2020 Baseline	2020 Year End	2021 Baseline
A minimum of 85% of enrolled children will receive a developmental screening (Ages and Stages Questionnaire).	Total # Clients Served	124	100	176	150		180
	Total # Clients Achieved/Successful	124	100	151	150		153
	% Achieved / Successful	100	100	85.80	100	0	85
85% of enrolled (target) children will have a primary health care provider within 2 months after enrollment or birth of target child.	Total # Clients Served			66			60
	Total # Clients Achieved/Successful			66			51
	% Achieved / Successful	0	0	100	0	0	85
A minimum of 80% of enrolled children with	Total # Clients Served			6			5

suspected development delays will be referred to appropriate early intervention services for assessment to determine need for therapeutic services.	Total # Clients	5					4
	Achieved/Successful						
	% Achieved / Successful	0	0	83.33	0	0	80

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

N/A

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

New goals we will provide updates on are stated above. Our previously stated goals were associated with factors beyond our control. The ability to screen and conduct assessments for families were contingent on referral partners advocating for our services, having clients/patients complete our paperwork and then sending the paperwork to us. This continuously proved to be a challenging task because they are not contractually bound to supporting our services or providing referrals.

If you are restating the goals or objectives for the prior calendar year, please include those here