

Agency Name:	Empowerhouse				
Physical Address:	150 Olde Greenwich Dr. , Suite 101				
Mailing Address:	P.O. Box 1007				
City:	Fredericksburg	State:	VA	Zip:	22402
Telephone Number:	540-373-9372	Fax:	540-374-0794		
Federal Tax ID #:	52-1142547				
Web Address:	www.empowerhouseva.org				
General Email Address:	office@empowerhouseva.org				
Agency Main Contact:	Kathy Anderson	Title:	Executive Director		
Telephone Number:	540-373-9372				
E-Mail Address:	kathya@empowerhouseva.org				

Agency Mission:

We empower survivors of domestic violence and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. Empowerhouse gives victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention. Major goals for our work include promoting the safety of domestic violence survivors and their children through direct assistance and collaboration with helping agencies. Our work also focuses on addressing the needs of the entire family and educating youth on healthy relationships and the warning signs of teen dating violence.

Number of years agency has been in operation: 37

Localities Served:

Caroline, Fredericksburg, King George, Spotsylvania, and Stafford

Total Projected Agency Expenses for FY2017

List Program Title/Name		Salary	Benefits	Operating Expenses	Capital Expenses	Total
Program 1	Domestic Violence Hous	\$ 311,596.50	\$ 54,865.17	\$ 303,495.61	\$ 76,000.00	\$ 745,957.28
Program 2	24-Hour Domestic Violer	\$ 35,663.66	\$ 6,476.99	\$ 15,358.95	\$ -	\$ 57,499.61
Program 3	Children Exposed to Don	\$ 37,210.14	\$ 3,956.02	\$ 8,368.33	\$ -	\$ 49,534.48
Program 4	Domestic Violence Educa	\$ 224,239.49	\$ 46,746.19	\$ 55,086.45	\$ -	\$ 326,072.12
Program 5	Other programs	\$ 86,306.94	\$ 11,717.91	\$ 19,926.66	\$ -	\$ 117,951.52
Total Program Budgets		\$ 695,016.72	\$ 123,762.28	\$ 402,236.00	\$ 76,000.00	\$ 1,297,015.00
Agency Administrative Expenses		\$ 76,002.98	\$ 7,853.39	\$ 45,116.98		\$ 128,973.35
Total Agency Expenses		\$ 771,019.70	\$ 131,615.67	\$ 447,352.98	\$ 76,000.00	\$ 1,425,988.35

Total Agency Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ 1,500.00	\$ 1,500.00	\$ 12,925.48
Fredericksburg	\$ 14,350.00	\$ 14,350.00	\$ 49,808.00
King George	\$ 6,577.00	\$ 9,848.00	\$ 10,340.00
Spotsylvania	\$ 36,162.00	\$ 49,243.00	\$ 49,808.00
Stafford	\$ 46,898.00	\$ 48,748.00	\$ 49,808.00
United Way	\$ 93,712.00	\$ 95,000.00	\$ 119,999.88
Grants	\$ 588,643.50	\$ 683,864.02	\$ 717,864.00
Client Fees	\$ 97,933.00	\$ 96,000.00	\$ 96,000.00
Fundraising	\$ 115,889.00	\$ 120,535.00	\$ 120,535.00
Other*	\$ 201,520.00	\$ 122,900.00	\$ 122,900.00
Total Agency Revenues	\$ 1,203,184.50	\$ 1,241,988.02	\$ 1,349,988.36

**Detail below what revenues are included under "Other", in the table above:*

Other is local contributions for each year. In FY 15 only, Other includes \$75,000 payment from VDOT for moving costs related to moving and rennovating new office space; the building we moved out of will be torn down - road widening. The capital expense is listed above but the capital request from each locality is detailed in Locality Notes. Only the operating request is reflected above.

Agency Name:	Empowerhouse
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Agency Administrative Expenses Overview

In the box below, provide an overview of the administrative costs detailed on the Agency Overview Tab, in the Total Projected Agency Expenses table for the agency as a whole. If your agency is requesting an increase or decrease in administrative funding, please describe, in detail, the reasons for these changes. Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds (as detailed in the chart below). (Do not exceed 15 lines of text.)

Administrative costs include the entire wages and benefits for the part-time administrative assistant and bookkeeper. It includes a portion of the Executive Director, the Assistant Director, and the Resource Development Coordinator and their benefits. It includes the event expenses and it includes a portion of all operating expenses.

Administrative Revenue

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline			
Fredericksburg			
King George			
Spotsylvania			
Stafford			
United Way			
Grants	\$ 60,000.00	\$ 65,000.00	\$ 65,000.00
Client Fees	\$ 11,000.00	\$ 10,926.00	\$ 6,946.00
Fundraising	\$ 18,136.00	\$ 35,071.00	\$ 37,639.00
Other*	\$ 45,376.00	\$ 17,389.00	\$ 19,388.00
Total Agency Revenues	\$ 134,512.00	\$ 128,386.00	\$ 128,973.00

**Detail below what revenues are included under "Other", in the table above:*

Other* include local contributions and only for FY 2015 includes a pay out from VDOT for moving expenses as part of a forced relocation due to a road widening project and plans to tear down the building where our offices leased space.

Agency Capital Expenses Overview

In the box below, provide an overview of the capital costs detailed on the Agency Overview Tab, in the Total Projected Agency Expenses table, for the agency as a whole. Please provide justification for and specific amounts of capital costs that are defrayed by locality funds. (The description should not exceed 15 lines of text.)

We have requested each locality participate in the capital expansion of our area's only domestic violence (DV) shelter. We are renovating and furnishing a building to relocate our new shelter. We need support in order to do this but far less than otherwise would be needed because the Sunshine Lady Foundation (SLF) provided the funds to purchase the building. It is a modern facility with many of the amenities our shelter needs. Doris Buffett's generous gift saves us locally from having to fund the needed expansion entirely with local dollars. The localities' contribution, alongside private donors, will manage to shelter the increased demand and bring dignity to a population that has endured overcrowding and scarce resources over the past 10 years. When the shelter is opened this year, we expect to shelter every local DV victim and their children who request it. That is 96 local families we were unable to shelter due to being full over the last 5 years. In that same period, we were able to shelter 1,053 local people, over half of which were children. With DV, for safety reasons, we need to be able to accommodate all people who request it, not most of the people. We are in a capital campaign to raise the rest of the funds to relocate, repurpose, and furnish the building to put it to use. Contributions are coming in from the community. Our localities' request is \$67,000 each year for the next 2 years to total a \$200K contribution (67,000 already committed in 2016). We are asking each locality for a capital contribution. A similar one was provided to the regional Moss Free Clinic build ending about four years ago. The localities' request is 8% of the total cost to buy, refurbish, furnish, and initially operate the new building that will quadruple our space. Over 50% of the total cost has already been provided by the SLF.

Agency Name:	Empowerhouse
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Salary & Benefit Expenses Overview

In the box below, provide an overview of any increases or decreases in general personnel expenses for the agency. This would include any planned or projected merit or COLA increases, or new positions being requested. Also include a description of any changes to agency benefits structure or cost.
(The description should not exceed 10 lines of text.)

The new expanded relocated shelter (opening December 2015) will operate with a new full time employee with benefits and part-time staffing for evening hours and a part-time employment specialist. This year's operating request: the share for each locality is calculated to bring the total share from each locality in line with the services received/needed annually/average. Spotsylvania, Stafford, and Fredericksburg receive about the same amount of services fluctuating annually but in the same ball park. Caroline's need demonstrates approximately at 25% of each of the aforementioned localities. King George's need demonstrates approximately 20% of the aforementioned localities. Therefore, increases in requests are calculated using Stafford and Spotsylvania Counties' annual contributions (almost 4% each of the Empowerhouse budget each) and asking the other localities to increase to a level that will have each locality paying for its fair share of the costs in proportion to each other. Empowerhouse attracts dollars from Federal and State government, Rappahannock United Way, Foundations, and other private contributors giving back to all localities at least 10 times over the total

Budget Issues

Please detail below any legislative initiatives or issues that may impact the agency for the upcoming year. This could include new legislation that may increase or decrease projected funding at any level (Federal/State/Local), or could affect grants or designated funds as they are currently received. If you are aware of "outside" funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

At the state level, part of the federal dollars will change administration to a different state agency, from VDSS to VDCJS. We are hopeful to apply for increased VOCA funding at the state level to add a full-time new staffer to address the need in our new expanded domestic violence shelter. It is unknown at this time how the new funding application, the process, and change of agencies will impact this hope for a new daytime staffer at the new expanded shelter. This hope has been included in the projected FY 2017 budget. Empowerhouse will continue to monitor this change and work diligently to impact bringing state dollars into our community if they are available.

Please detail below any identified agency needs or areas of concern that are currently not being addressed in your funding request. This could include training or technical assistance for specific areas, administrative support for a program or service, evaluation of current programs, or consultation for strategic planning, board support, or fundraising.

Nothing at this time.

Agency Name:	Empowerhouse
Locality Notes	
<i>Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.</i>	
City of Fredericksburg	
<p>Empowerhouse is increasing capacity to shelter victims of domestic violence and their children in the area's only domestic violence shelter by moving into a newly purchased and renovated building. In this effort to accommodate all local victims and their children requesting shelter, at full build-out, the center will double the occupancy of the current site. The center will be owned and operated by Empowerhouse debt free. Thanks to a generous donation from the Sunshine Lady Foundation, the center is owned debt free. Empowerhouse continues to be in a capital campaign to raise \$900,000 to finish renovations, furnish, open and operate for the first year. \$180,000 remains to be raised taking into account all cash and pledges. The request to Fredericksburg City is a \$25,000 capital contribution to the facility, on top of operating, to be paid in FY 2017, or \$12,500 in FY 2017 and FY 2018 each year. We expect to meet the area demand over a 20 year period.</p>	
Caroline County	
<p>Empowerhouse is increasing capacity to shelter victims of domestic violence and their children in the area's only domestic violence shelter by moving into a newly purchased and renovated building. In this effort to accommodate all local victims and their children requesting shelter, at full build-out, the center will double the occupancy of the current site. The center will be owned and operated by Empowerhouse debt free. Thanks to a generous donation from the Sunshine Lady Foundation, the center is owned debt free. Empowerhouse continues to be in a capital campaign to raise \$900,000 to finish renovations, furnish, open and operate for the first year. \$180,000 remains to be raised taking into account all cash and pledges. The request to Caroline County is a \$25,000 capital contribution to this facility, on top of the operating request, to be paid in FY 2017, or \$12,500 in FY 2017 and FY 2018 each year. We expect to meet the area demand over a 20 year period.</p>	
King George County	
<p>Empowerhouse is increasing capacity to shelter victims of domestic violence and their children in the area's only domestic violence shelter by moving into a newly purchased and renovated building. In this effort to accommodate all local victims and their children requesting shelter, at full build-out, the center will double the occupancy of the current site. The center will be owned and operated by Empowerhouse debt free. Thanks to a generous donation from the Sunshine Lady Foundation, the center is owned debt free. Empowerhouse continues to be in a capital campaign to raise \$900,000 to finish renovations, furnish, open and operate for the first year. \$180,000 remains to be raised taking into account all cash and pledges. The King George County Capital request is \$25,000 to this facility, on top of the operating request, to be paid in FY 2017, or \$12,500 in FY 2017 and FY 2018 each year. We expect to meet the area demand over a 20 year period.</p>	
Spotsylvania County	
<p>Empowerhouse is increasing capacity to shelter victims of domestic violence and their children in the area's only domestic violence shelter by moving into a newly purchased and renovated building. In this effort to accommodate all local victims and their children requesting shelter, at full build-out, the center will double the occupancy of the current site. The center will be owned and operated by Empowerhouse debt free. Thanks to a generous donation from the Sunshine Lady Foundation, the center is owned debt free. Empowerhouse continues to be in a capital campaign to raise \$900,000 to finish renovations, furnish, open and operate for the first year. \$180,000 remains to be raised taking into account all cash and pledges. The Spotsylvania County Capital request is the remaining \$33,000 pledge, on top of the operating request, to be paid in FY 2017, or \$16,500 in FY 2017 and FY 2018 each year. We expect to meet the area demand over a 20 year period.</p>	
Stafford County	
<p>Empowerhouse is increasing capacity to shelter victims of domestic violence and their children in the area's only domestic violence shelter by moving into a newly purchased and renovated building. In this effort to accommodate all local victims and their children requesting shelter, at full build-out, the center will double the occupancy of the current site. The center will be owned and operated by Empowerhouse debt free. Thanks to a generous donation from the Sunshine Lady Foundation, the center is owned debt free. Empowerhouse continues to be in a capital campaign to raise \$900,000 to finish renovations, furnish, open and operate for the first year. \$180,000 remains to be raised taking into account all cash and pledges. The Stafford Capital request is the \$50,000 pledge made, on top of the operating request, to be paid in FY 2017, or \$25,000 in FY 2017 and FY 2018 each year (if not paid in FY16). We expect to meet the demand over a 20 year period.</p>	

Agency Name:	Empowerhouse		
Program Name:	Domestic Violence Housing Supports	<i>Is This a New Program?</i>	<i>No</i>
Program Contact:	Kathy Anderson	Title:	Executive Director
Telephone Number:	540-373-9372		
E-Mail Address:	kathya@empowerhouseva.org		

Projected Program Expenses for FY2017

Program Name	Salary	Benefits	Operating Expenses	Capital Expenses	Total
Domestic Violence Housing Supports	\$ 311,596.50	\$ 54,865.17	\$ 303,495.61	\$ 76,000.00	\$ 745,957.28

Program Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ 739.49	\$ 759.45	\$ 7,075.97
Fredericksburg	\$ 7,074.45	\$ 7,265.44	\$ 27,268.06
King George	\$ 3,242.41	\$ 4,986.07	\$ 5,660.77
Spotsylvania	\$ 17,827.61	\$ 24,931.85	\$ 27,268.06
Stafford	\$ 23,120.38	\$ 24,681.23	\$ 27,268.06
United Way	\$ 54,154.86	\$ 54,966.35	\$ 75,436.88
Grants	\$ 348,699.39	\$ 349,741.33	\$ 391,533.28
Client Fees	\$ -	\$ -	\$ -
Fundraising	\$ 39,200.00	\$ 39,014.00	\$ 45,446.00
Other*	\$ 51,493.00	\$ 57,000.00	\$ 63,000.00
Total Agency Revenues	\$ 545,551.59	\$ 563,345.71	\$ 669,957.08

***Detail below what revenues are included under "Other", in the table above:**

Other* is local contributions.

In the box below, please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2017. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

The increase from localities for operating of this program as a whole is \$31,917. The request addresses new Housing Support expenses related to opening the new expanded domestic violence shelter and includes new staffing hours to ensure appropriate services are provided in an increased square footage building more than tripling in size and an increased census from 20 women and children to up to 40 women and children at full capacity. Localities area asked to contribute to increased staffing hours, part-time evening coverage and a new full-time day employee to continue critical trauma informed advocacy for survivors of domestic violence and their children where the increased people and families at the new shelter will receive services to meet their emergency needs which often involves more than one family at a time and ensuring 24-hour coverage at all times.

Client Fees

In the box below, please describe the fees clients must pay for the services provided by this program. Please also include how those fees are determined and if any scales are used, or if determinations are made on an ability to pay basis. This description should not exceed 10 lines of text.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Agency Name:	Empowerhouse
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Program Purpose / Description

In the box below, provide an overview of the program. The description should not exceed 10 lines of text.

Empowerhouse's shelter's purpose is a residence to provide for the safety and protection of domestic violence victims and their children. Safety planning is individually designed through exploration of past and current situations, taking into account the future. Fleeing often results in homelessness. We spend cash assistance to get placement in their own rentals and we direct staff (including a dedicated employment specialist) and other resources to support their housing and financial stability goals. Up to 20 adults and children stay up to 2 months at shelter, a break from a dangerous oppressive situation within which they live, or while transitioning to independence. Average stay: 1 month. Some enter our independent sites if a large family needs time to find affordable housing. We help obtain protective orders; some return home with boundaries in place. Provision of emergency resources, emotional support, connecting families to community resources, including but not limited to the legal system, housing, social services, medical, mental health, education, family, faith, financial, etc. 44 households with 65 children were assisted in their own permanent housing last year and 265 people were sheltered.

Justification of Need

In the box below, please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The description should not exceed 10 lines of text.

Victims of domestic violence (DV) or displaced due to DV come into emergency housing to alleviate their crisis. This saves lives and provides the needed relief/ break from volatile and dangerous violence occurring at home. No other PD16 program provides DV shelter. Qualifying PD16 DV victims, and their children, when requested, are guaranteed overnight accommodations by Empowerhouse when experiencing imminent danger. All PD16 residents who request shelter, after eligibility assessment, are welcome at the Empowerhouse shelter if space is available. If full, we contact other DV shelters out of area and help transport them to other locations, if desiring to go. We shelter PD16 people in other sites when they are experiencing imminent danger, when other facilities cannot be arranged. Via financial assistance and staff- we also place in rentals to regain independence, housing, and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. 11,000 bed nights were provided to shelter DV victims last year. A total 18,215 bed nights-FY 15 were provided in their own permanent housing through rental assistance subsidies we provided. 17 households were not accommodated.

Target Audience and Service Delivery

In the box below, describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. In the second box, list the actual numbers served, along with the projected numbers to be served during the upcoming fiscal year. The description should not exceed 10 lines of text.

Primarily female victims of domestic violence and their children in Planning District 1 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous, domestic violence situation and/or have become homeless, recently, as a result of the domestic violence. PD16 residents are offered shelter regardless of neighborhood or jurisdiction. For safety reasons, the shelter is in an unpublicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in that year. It is unusual for persons to request multiple stays within one year. We place people in housing from all over the area and in rentals all throughout the area per their unique needs.

Number of Individuals Served

<i>Locality</i>	<i>FY2015 (Actual)</i>	<i>FY2017 (Projected)</i>
<i>Fredericksburg City</i>	86	85
<i>Caroline County</i>	33	35
<i>King George County</i>	11	20
<i>Spotsylvania County</i>	77	85
<i>Stafford County</i>	86	85
<i>Other Localities</i>	35	35
Total Served	328	345

Please use the columns to the left to provide the actual numbers of individuals served in this program during FY2015, and the projected numbers of individuals to be served in FY2017.

Agency Name:	Empowerhouse
Program Collaboration	
In the box below, describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area. The description should not exceed 10 lines of text.	
<p>By contract, a part-time employment specialist, a trained Empowerhouse worker and employed at RGI, helps Empowerhouse housing program survivors in their new houses (search, applications, computer skills, troubleshooting transportation and other barriers, retaining employment, pursue promotions, etc.) RGI supports the work with an Empowerhouse job help center we staff and RGI provides computers and software and a dedicated education navigator. CTS - free certificate courses and massage, beauty, and pampering. Doris Buffett supplied 2 houses, one to which MacDoc donated improvements. Pursuit of Housing(POH) Partners play a role in re-housing the homeless. We coordinate as part of the CoC (a coalition on homelessness). POH Partners: GWRC coordinates, CVHC- a housing locator and picks up and delivers donated furniture- shared among POH. Subject to resources, each partner re-houses the homeless: Empowerhouse –DV victims- female headed families accompanied by children; some are unaccompanied, Micah -chronically homeless unaccompanied adults, Thurman – families, Hope House -female headed families. Kloke/Mayflower helps Empowerhouse with furniture storage and moving.</p>	
Collaborative Impact	
In the box below, describe, in detail, how the community would be impacted if your agency were dissolved or merged with another partner agency. The description should not exceed 10 lines of text.	
<p>We would lose lives, decrease safety, compromise health, and decrease economic status for many of our citizens particularly women and children. We provide support for victims to obtain jobs, access protective orders, and obtain relief through the court system. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively. They would remain in dangerous homes, continually terrorized and reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability. The houses provide the residents their path to economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. The program is an anti-poverty measure for some of the most vulnerable citizens of Fredericksburg. This help stops our clients from spiraling into poverty and homelessness.</p>	
Community Impact	
In the box below, please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.	
<p>Stacy, from Stafford, called the hotline breathing very heavy and crying. She said, "I was in your shelter a couple of weeks ago and I left the shelter and went back to him because my husband told me he was never going to hit me again. Well he lied. He just beat me up. I ran with my kids and we are hiding behind that 7-11, you know, where you guys picked me up before. I don't have a phone. He took mine and some lady here let me use hers. I know I can't come back to the shelter because I left but what can you do to help me? I know I screwed up." The hotline worker was quick to interject and say, "You absolutely can come back to shelter and you did not screw up. So let's get you and your kids safe. Please go into the 7-11 and wait and someone will be there to pick you and the children up. If you see him, please tell the clerk to call 911 right away." Once in shelter, Stacy worked on goals, She found out she was pregnant and efforts were made to start prenatal care. The Children's Coordinator helped to enroll her children in Head Start. The housing team worked on finding housing and via work with the Employment Specialist and Education Navigator, they made a discovery that she was a few credits short of receiving her Bachelor's Degree, Empowerhouse paid her deposit and first month's rent and she signed a lease on her new apartment. She and her children are safe and she has a new start where she will continue to have a team upon which to draw strength and resources while she pursues long term stability in safety. -----A survivor, from Caroline County, struggling with addiction, applied for a higher education scholarship that was awarded and here are some words from her application:"Through all of this, I became determined to get away and stop using drugs. I eventually got away again and returned to the methadone clinic. They refused to help me and referred me to Empowerhouse. I called the hotline and was accepted into shelter. I immediately connected with their Healthcare Advocate and continued working with the clinic. I began the detox process. While working on my recovery in shelter, I learned about the housing services. I worked with the Employment Specialist to help me find a job. I moved into my own apartment a month ago and have visitation with my daughter every other weekend at my apartment. Since connecting with Empowerhouse, I completed my semester of school, earning good grades and found jobs doing delivery driving for two local restaurants. The life that I have rebuilt gives me the drive and determination to succeed.</p>	

Agency Name:	Empowerhouse	
Goals & Objectives		
Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal, along with a space for the most recently collected data for that program objective. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Please note the data collection period for each objective's outcome data.		
Program Goal 1		
Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship.		
Objective 1a:	Most Recent Outcome Data for Objective 1a:	
100 women and their 100 children will be sheltered in our domestic violence shelter between July 1, 2015 and June 30, 2015.	139 women and 126 children were sheltered in FY 2015.	
	<i>Data Collection Period for 1a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 1b:	Most Recent Outcome Data for Objective 1b:	
At least 75% of adult shelter residents will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence home and at least 75% will report that they know more about community resources as a result of the services they received.	88% reported they know more ways to plan for their safety as a result of services they received while at the Empowerhouse domestic violence shelter and 90% reported they know more about community resources as a result of the same services.	
	<i>Data Collection Period for 1b:</i>	<i>July 1, 2014-June 30, 2015</i>
Program Goal 2		
Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.		
Objective 2a:	Most Recent Outcome Data for Objective 2a:	
Provide scattered site placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 25 domestic violence victims.	Provision of all mentioned services to 36 victims who were placed into housing and 8 more who continued assistance and services from the previous year.	
	<i>Data Collection Period for 2a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 2b:	Most Recent Outcome Data for Objective 2b:	
Provide supportive services to 24 survivors including safety planning, domestic violence advocacy, budgeting, clothing, and other services necessary to reduce the barriers they face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, etc.	Provided supportive services to 44 survivors of domestic violence in the housing supports program.	
	<i>Data Collection Period for 2b:</i>	<i>July 1, 2014-June 30, 2015</i>

Agency Name:	Empowerhouse
Outcomes Explanation & Goal Updates for FY2017	
<p><i>Please note below if you feel you have met your goals and objectives for the data reported above. If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case. Also, please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported above. If you are restating the goals or objectives for FY2017, please include those below.</i></p>	
Explanation & Overview	
Goal 1	Goal 2
Objective 1a	Objective 2a
Met and exceeded	Met and exceeded
Objective 1b	Objective 2b
Met and exceeded	Met an exceeded
Updates for FY2017	
Goal 1	Goal 2
none	none
Objective 1a	Objective 2a
Increase objective numbers: 125 victims of domestic violence and their 125 children will be sheltered in our domestic violence shelter in FY 2017.	none
Objective 1b	Objective 2b
none	none

Agency Name:	Empowerhouse		
Program Name:	24-Hour Domestic Violence Hotline	<i>Is This a New Program?</i>	No
Program Contact:	Tammy Torres	Title:	Assistant Director
Telephone Number:	540-373-9372		
E-Mail Address:	office@empowerhouseva.org		

Projected Program Expenses for FY2017

Program Name	Salary	Benefits	Operating Expenses	Capital Expenses	Total
24-Hour Domestic Violence Hotline	\$ 35,663.66	\$ 6,476.99	\$ 15,358.95		\$ 57,499.61

Program Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ 117.54	\$ 100.68	\$ 777.00
Fredericksburg	\$ 1,124.44	\$ 963.17	\$ 2,992.42
King George	\$ 515.36	\$ 661.00	\$ 621.22
Spotsylvania	\$ 2,833.59	\$ 3,305.19	\$ 2,992.42
Stafford	\$ 3,674.85	\$ 3,271.97	\$ 2,992.42
United Way	\$ -	\$ -	\$ -
Grants	\$ 28,165.98	\$ 33,199.00	\$ 32,900.00
Client Fees	\$ -	\$ -	\$ -
Fundraising	\$ 10,000.00	\$ 8,450.00	\$ 6,450.00
Other*	\$ 16,574.00	\$ 8,068.00	\$ 7,775.00
Total Agency Revenues	\$ 63,005.76	\$ 58,019.02	\$ 57,500.49

***Detail below what revenues are included under "Other", in the table above:**

Other* is local contributions plus in 2015 only a payment from VDOT to assist with moving the offices from a location scheduled to be torn down for a road widening project.

In the box below, please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2017. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Empowerhouse is requesting an increase from Caroline and Fredericksburg localities in an effort to balance the support provided by localities in proportion to the level of services provided to each locality. The slight decreases for other localities are related to the percentage change for all programs, and the need to shift resources to the housing supports program which is expanding to meet area need.

Client Fees

In the box below, please describe the fees clients must pay for the services provided by this program. Please also include how those fees are determined and if any scales are used, or if determinations are made on an ability to pay basis. This description should not exceed 10 lines of text.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Agency Name:	Empowerhouse
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Program Purpose / Description

In the box below, provide an overview of the program. The description should not exceed 10 lines of text.

The 24-hour domestic violence hotline provides local access to a trained worker via two Empowerhouse hotline numbers, one which is toll-free. The service opens communication to those isolated by domestic violence. Workers validate feelings and experience, provide risk assessment for future harm and safety planning for the adult victim and affiliated children. Safety planning, as part of the service, is individually designed through analysis of the victim's past and current situation and takes into consideration what the future may bring. Information on domestic violence, agency services, and community resources, are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on: how to file for protective orders and the various governmental entities which are available to report abuse. Most victims calling do not realize that abuse, they experience, is against the law. The primary purpose of the call is to increase safety. This service provides a confidential and free response to survivors, individuals isolated by their intimate partners and demeaned, threatened, physically harmed and frequently in danger.

Justification of Need

In the box below, please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The description should not exceed 10 lines of text.

One in 4 women will experience severe physical violence at the hand of an intimate partner in her lifetime. A Virginian is killed every 5 days due to domestic violence. Area law enforcement respond to over 6,500 domestic related calls for service each year. This service saves lives in our area through providing expertly trained advocates who know how to educate and direct callers and provide an outlet to seek help, identify the problem, and understand the danger. No other program in PD 16 provides relief in the form of a domestic violence hotline, answered 24 hours per day, where the worker is prepared to stop all activity and focus all attention on the caller frequently lasting an average of one hour. This step is critical because a victim of domestic violence may reach out only once and the responder needs to be ready to listen and address the specific concerns to build trust and open a support system that is lacking due to isolation. Safety planning is a critical service that is prioritized with all callers. All PD 16 victims of domestic violence are eligible and can access the local 373-9373 hotline number or the local toll-free number. 1,346 callers received confidential assistance this past year, FY 15.

Target Audience and Service Delivery

In the box below, describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. In the second box, list the actual numbers served, along with the projected numbers to be served during the upcoming fiscal year. The description should not exceed 10 lines of text.

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Planning District 16 call the hotline. Sometimes we respond to calls outside of the planning district especially when a family member who lives outside of the area may call for a victim who is located in PD 16. Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 150 Olde Greenwich Drive in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and no longer documented as hotline calls.

Number of Individuals Served			<i>Please use the columns to the left to provide the actual numbers of individuals served in this program during FY2015, and the projected numbers of individuals to be served in FY2017.</i>
<i>Locality</i>	<i>FY2015 (Actual)</i>	<i>FY2017 (Projected)</i>	
<i>Fredericksburg City</i>	<i>299</i>	<i>310</i>	
<i>Caroline County</i>	<i>78</i>	<i>85</i>	
<i>King George County</i>	<i>36</i>	<i>40</i>	
<i>Spotsylvania County</i>	<i>272</i>	<i>310</i>	
<i>Stafford County</i>	<i>306</i>	<i>310</i>	
<i>Other Localities</i>	<i>355</i>	<i>300</i>	
<i>Total Served</i>	<i>1,346</i>	<i>1,355</i>	

Agency Name:	Empowerhouse
Program Collaboration	
In the box below, describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area. The description should not exceed 10 lines of text.	
<p>Empowerhouse staff play a role in several coalitions to address domestic violence and strengthen collaborative crisis and systems response to domestic violence: King George Domestic Violence Task Force, Caroline County Alliance Against Violence and the following three entities recently became one: The Stafford County Domestic Violence Response Team, the Fredericksburg Domestic Violence Coordinating Council and The Spotsylvania Domestic Violence Task Force. Our domestic violence hotline and 24 hour response services are widely promoted through these coordinating bodies that also promote training for first responders and all service providers who frequently come in contact with victims of domestic violence and their families. Governmental entities attend and regional organizations such as Rappahannock Legal Services, RCASA, Safe Harbor, RACSB, and MWH Forensic Services.</p>	
Collaborative Impact	
In the box below, describe, in detail, how the community would be impacted if your agency were dissolved or merged with another partner agency. The description should not exceed 10 lines of text.	
<p>Specifically regarding the hotline if the organization were dissolved: Victims of domestic violence would not have help without the 24-hour hotline. The help is designed to help them plan for their escape. Planning makes a huge difference to both their safety and ongoing economic struggles and coercion they face, coercion to return to the home where the abuser attempts to regain and maintain control over their lives so the abuse can continue unchallenged and unfettered. Victims would have no one to discuss this with, confidentially, in incremental steps and say, "Did you realize this behavior is against the law?", or "I am concerned for your safety." There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. As a whole: Empowerhouse leverages at least 10 dollars for every locality dollar invested. The services that are made possible by the dollars Empowerhouse brings into the region and that Empowerhouse also is raising in our community makes huge improvements for our community.</p>	
Community Impact	
In the box below, please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.	
<p>Dana called the Empowerhouse hotline at 10 PM from Fredericksburg and said, "I'm done and I can't do this anymore." The hotline worker answering the call asked if the caller could tell her a little more about what was going on. She said, "My husband is crazy and the police just left with him. He was chasing me around the house with a butcher knife and threatening to kill me.. He locked me out of the house in my nightgown. I am almost 60 years old and I have been doing this for thirty five years and I can't take it anymore." She continued, "I don't have a job, or a car, and no money. I can't pay the rent so the police told me to call you. They said you work with women who are in my situation, similar to mine..." Then Dana broke down sobbing. The hotline worker assured Dana that Empowerhouse could help and the two discussed the possibility of coming into shelter. This was the beginning of changes she was able to make to get her life back. She is working and has a lot of friends at work and at her new apartment. She shared recently that she has not been this happy in years. ***** From Spotsylvania, Jeremy called the hotline worried because he would be leaving home for college next fall and he was concerned about his mom. He attended a presentation by Empowerhouse on healthy relationships at school and used the hotline number to reach out about how scared he was for his mom. He talked with the advocate about the abuse that has been going on for years. Although he had spoken to his mom about the resource available to her, she has not taken action to get out. He talked about his feelings and his anxiety about the abuse getting worse and wondering if his step-father would kill his mom while he was away at school. His younger brothers are worried too and Jeremy sometimes takes them into his room to play games when the abuse is going on so that they will not listen to it and get stressed out like he is. The advocate listened, provided information, and went through a safety plan with Jeremy. He also was told it was not his fault and he was not responsible for the abuse. (At a later date, Jeremy, his mom, and his brothers came by the Empowerhouse office where his mom began to receive services to address the years of abuse she has endured. This was a beginning for her in letting the secret out and a relief for her son. His mom is receiving services and Jeremy is at school. She is making changes for her and the boys with the support of her community.</p>	

Agency Name:		Empowerhouse	
Goals & Objectives			
Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal, along with a space for the most recently collected data for that program objective. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Please note the data collection period for each objective's outcome data.			
Program Goal 1			
Enhance the safety and support of victims of domestic violence and their children to decrease exposure to and effects of violence.			
Objective 1a:		Most Recent Outcome Data for Objective 1a:	
At least 70% of individuals calling the Empowerhouse hotline are more informed about the dynamics of domestic violence and services available through Empowerhouse.		96% of individuals calling the Empowerhouse hotline were more informed about the dynamics of domestic violence and the services available through Empowerhouse.	
		<i>Data Collection Period for 1a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 1b:		Most Recent Outcome Data for Objective 1b:	
At least 75% of domestic violence survivors know more about the resources available to them in our community.		91% of domestic violence survivors know more about the resources available to them in our community.	
		<i>Data Collection Period for 1b:</i>	<i>July 1, 2014-June 30-2015</i>

Agency Name:	Empowerhouse		
Program Name:	Children Exposed to Domestic Violence	<i>Is This a New Program?</i>	No
Program Contact:	Sarah King	Title:	Support Services Coordinator
Telephone Number:	540-373-9372		
E-Mail Address:	sarahk@empowerhouseva.org		

Projected Program Expenses for FY2017

Program Name	Salary	Benefits	Operating Expenses	Capital Expenses	Total
Children Exposed to Domestic Violence	\$ 37,210.14	\$ 3,956.02	\$ 8,368.33		\$ 49,534.48

Program Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ 102.82	\$ 86.73	\$ 668.96
Fredericksburg	\$ 983.61	\$ 829.75	\$ 2,577.90
King George	\$ 450.82	\$ 569.43	\$ 535.16
Spotsylvania	\$ 2,478.71	\$ 2,847.34	\$ 2,577.90
Stafford	\$ 3,214.60	\$ 2,818.72	\$ 2,577.90
United Way	\$ -	\$ -	\$ -
Grants	\$ 13,423.89	\$ 13,795.53	\$ 13,795.53
Client Fees	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00
Fundraising	\$ 10,000.00	\$ 11,000.00	\$ 10,000.00
Other*	\$ 19,211.00	\$ 16,784.00	\$ 15,551.00
Total Agency Revenues	\$ 51,115.45	\$ 49,981.51	\$ 49,534.35

***Detail below what revenues are included under "Other", in the table above:**

Other* is local contributions.

In the box below, please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2017. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Empowerhouse is requesting an increase from Caroline and Fredericksburg localities in an effort to balance the support provided by localities in proportion to the level of services provided to each locality. The slight decreases for other localities are related to the percentage change for all programs, and the need to shift resources to the housing supports program which is expanding to meet area need.

Client Fees

In the box below, please describe the fees clients must pay for the services provided by this program. Please also include how those fees are determined and if any scales are used, or if determinations are made on an ability to pay basis. This description should not exceed 10 lines of text.

The only fee for services at Empowerhouse are those that have an intervention focus, an effort to stop violent behavior by the perpetrator in the relationship. There is a nominal fee charged to the teen boys education/intervention group. The participants are referred related to violence they have used in their family or interpersonal relationships. The \$100 fee for the 8 week group is part of the accountability component. The fee has been waived for families demonstrating a financial case.

Agency Name:	Empowerhouse
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Program Purpose / Description

In the box below, provide an overview of the program. The description should not exceed 10 lines of text.

Children are the forgotten victims when serving families experiencing domestic violence. Children’s voices tend to be muted as their parents seek services because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adults. Empowerhouse community based children’s groups are called the Forgotten Victims’ Program. As children participate in educational services, children’s groups, teen groups, or individual support at our office or shelter, they begin to learn they are not alone and they are not to blame for the violence frequently witnessed or directed toward them in their homes. Young children understand that yelling and violence do not feel good and, even if they are not direct witnesses or targets, they are aware that it occurs in their homes. We provide age appropriate workshops, A Windows Between Worlds, support, and education in the community through groups provided to children of all ages and genders: Forgotten Victims children’s groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys, including groups at schools, when requested and arranged, and the engagement of teen councils and college students.

Justification of Need

In the box below, please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The description should not exceed 10 lines of text.

Children witnesses need to be provided an outlet to express themselves, education that will help them realize they are not to blame, and information that will help them to protect themselves if they witness violence in the future. Children exposed to domestic violence (DV), whether residing in shelter or attending groups, need to increase their skills to cope, function, and safety plan. Empowerhouse programs are the only free community based services in PD16 dedicated to teaching safety planning and coping skills to child witnesses, ages 2-17. No other shelter service in PD16 is dedicated to sheltering children exposed to DV (accompanied by their mother). Children begin to realize that abuse is not normal when staying in shelter which provides a sense of relief and safety protected from the violence that occurred at home. When children learn about safety planning (stay out of the fight, call 911 for help, hide, or run to a neighbor for help, if safe) they are less likely to be direct victims at home with skills to protect themselves if in the future. Last year 289 children participated in individual and group support. Teens participated either as witnesses or because of direct abuse in a peer relationship.

Target Audience and Service Delivery

In the box below, describe the program’s intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. In the second box, list the actual numbers served, along with the projected numbers to be served during the upcoming fiscal year. The description should not exceed 10 lines of text.

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in PD 16 are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at our domestic violence shelter from 0-17 years old (children who are 18 are classified as adults in our programs and still are served in shelter and alongside their younger peers). In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Through groups, teenagers receive services split by gender; children ages 2-4, 5-8, and 9-12 receive group services. Services are provided to children at shelter. The Forgotten Victims’ Groups, Teen Girls’ Groups, and Teen Boys’ Groups are held at churches and the Empowerhouse public outreach office in Spotsylvania (on occasion- at schools). Children and Teen groups are provided 2 hours per week, one evening per week for 8-12 week cycles.

Number of Individuals Served		
<i>Locality</i>	<i>FY2015 (Actual)</i>	<i>FY2017 (Projected)</i>
<i>Fredericksburg City</i>	<i>77</i>	<i>80</i>
<i>Caroline County</i>	<i>20</i>	<i>25</i>
<i>King George County</i>	<i>17</i>	<i>18</i>
<i>Spotsylvania County</i>	<i>87</i>	<i>85</i>
<i>Stafford County</i>	<i>75</i>	<i>80</i>
<i>Other Localities</i>	<i>13</i>	<i>12</i>
Total Served	289	300

Please use the columns to the left to provide the actual numbers of individuals served in this program during FY2015, and the projected numbers of individuals to be served in FY2017.

Agency Name:	Empowerhouse
Program Collaboration	
In the box below, describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area. The description should not exceed 10 lines of text.	
<p>The Empowerhouse children’s coordinator, teen boys’ coordinator, and the support services coordinator work closely with the Juvenile and Domestic Relations Court Services’ Units, the Office on Youth (and Group Home), the youth detention center, the schools related to child IEPs, arranging transportation to school of origin, counselors and social workers in schools identifying children witnesses and those who may need services, and also work closely with departments of social services child protective services on some cases. Thurman Brisben, Hope House, RCASA, Court Appointed Special Advocates, and Safe Harbor additionally interact, on occasion, with Empowerhouse workers regarding child services. There are increased efforts by a team of providers in Spotsylvania and Empowerhouse to bring more healthy relationship services to adolescents and teens, where they are, to counteract the transportation challenges. Empowerhouse is a member of the Fredericksburg CPMT and the Collaborative for Youth and Families.</p>	
Collaborative Impact	
In the box below, describe, in detail, how the community would be impacted if your agency were dissolved or merged with another partner agency. The description should not exceed 10 lines of text.	
<p>When survivors are able to break free (not always within in their control; sometimes they are murdered in the process), child abuse decreases if it was a byproduct of a person beating a partner, but not if the abuser is also a predator and gains full access to a child during custody or visitation (at which time the protective parent would not be present). Our help results in less children in care systems that otherwise need to step in because children are injured, are in danger, are neglected, or do not have a residence. We are current with statewide and national trends in DV services and ensure our local community benefits from best practices and initiatives. Our response partnering with governmental systems makes fiscal sense. Wages paid by this nonprofit cost significantly less than those paid to government workers performing comparable but not the same tasks or purpose. Our nonprofit leverages charitable financial, in-kind, and volunteer contributions that unite with governmental support and make the total dollars expand the impact we make in our community. We do this regionally which saves repetitive functions that would be duplicated in each jurisdiction if it were a stand-alone service in each locality.</p>	
Community Impact	
In the box below, please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.	
<p>In order to give underprivileged children a hand up in their education, each year Cortek/Etek adopts a charity and gives computers to school age children. This year, a long term supporter of Empowerhouse and employee of the company suggested Empowerhouse. Upon connecting, the donor kept increasing the number of children they were willing to serve. Empowerhouse offered this opportunity to parents of school age children within our housing (shelter and permanent housing), support groups, and teen groups. Approximately 30 children from all over PD16 attended the back to school pizza party event with their parents. The company purchased new lap tops and tablets for each child. One of them came from our teen boys group arriving with his foster care mother. Another couple of boys came with their mom (who is staying in one of our independen houses) while she had visitation ith them from their foster families. Each of the children left the gathering with huge smiles on their faces after a mass effort to get their systems operating and registered with Microsoft. Each of them left that gathering feeling important and ready to overcome the year's challenges ahead of them with their permanent or temporary families.</p> <p>-----One young man attending the teen boys group from Fredericksburg had the following to say about his participation: “The time I spent in the teen boys group was amazing; I have learned a huge variety of new skills. For example I learned new ways to deal with anger such as walking away or journaling. I learned that there are different types of abuse: such as emotional, verbal, mental, cyber/bullying, and physical. I feel I am better [able] to communitate with my family members so that I will never hurt them again.”</p>	

Agency Name:	Empowerhouse	
Goals & Objectives		
Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal, along with a space for the most recently collected data for that program objective. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Please note the data collection period for each objective's outcome data.		
Program Goal 1		
Promote the safety and support of children exposed to domestic violence to decrease exposure and the traumatic impact of violence.		
Objective 1a:	Most Recent Outcome Data for Objective 1a:	
To provide weekly 2 hour education/support groups for 75 children (child witnesses and or victims of domestic violence) in the Forgotten Victims Groups (includes 2-4, 5-8, 9-12). And to provide weekly support/education groups to 18 teenage girls/victims of dating violence ages 13-17.	148 children attended the Forgotten Victims Groups. 46 teen girls attended group.	
	<i>Data Collection Period for 1a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 1b:	Most Recent Outcome Data for Objective 1b:	
To provide weekly intervention/education groups to 15 teenage boys who have used violence in relationships.	14 teen boys attended group.	
	<i>Data Collection Period for 1b:</i>	<i>July 1, 2014-June 30, 2015</i>
Program Goal 2		
Support children with their emotional and social needs at shelter through the A Windows Between Worlds art workshops.		
Objective 2a:	Most Recent Outcome Data for Objective 2a:	
Over 100 children will receive services at the shelters.	126 children were supported with assessment and age appropriate activities at shelter.	
	<i>Data Collection Period for 2a:</i>	<i>July 1, 2014-June30, 2015</i>
Objective 2b:	Most Recent Outcome Data for Objective 2b:	
	<i>Data Collection Period for 2b:</i>	

Agency Name:	Empowerhouse		
Program Name:	Domestic Violence Education and Supports	<i>Is This a New Program?</i>	<i>No</i>
Program Contact:	Sarah King	Title:	Support Services Coordinator
Telephone Number:	540-373-9372		
E-Mail Address:	sarahk@empowerhouseva.org		

Projected Program Expenses for FY2017

Program Name	Salary	Benefits	Operating Expenses	Capital Expenses	Total
Domestic Violence Education and Sup	\$ 224,239.49	\$ 46,746.19	\$ 55,086.45		\$ 326,072.12

Program Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ 540.16	\$ 553.13	\$ 4,403.56
Fredericksburg	\$ 5,167.50	\$ 5,291.64	\$ 16,969.62
King George	\$ 2,368.41	\$ 3,631.50	\$ 3,522.84
Spotsylvania	\$ 13,022.09	\$ 18,158.61	\$ 16,969.62
Stafford	\$ 16,888.17	\$ 17,976.08	\$ 16,969.62
United Way	\$ 39,557.14	\$ 40,033.65	\$ 44,563.00
Grants	\$ 129,456.24	\$ 182,450.17	\$ 184,488.17
Client Fees	\$ -	\$ -	\$ -
Fundraising	\$ 38,553.00	\$ 27,000.00	\$ 21,000.00
Other*	\$ 44,000.00	\$ 23,659.00	\$ 17,186.00
Total Agency Revenues	\$ 289,552.70	\$ 318,753.78	\$ 326,072.42

****Detail below what revenues are included under "Other", in the table above:***

Other* is local contributions.

In the box below, please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2017. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Empowerhouse is requesting an increase from Caroline and Fredericksburg localities in an effort to balance the support provided by localities in proportion to the level of services provided to each locality. The slight decreases for other localities are related to the percentage change for all programs, and the need to shift resources to the housing supports program which is expanding to meet area need.

Client Fees

In the box below, please describe the fees clients must pay for the services provided by this program. Please also include how those fees are determined and if any scales are used, or if determinations are made on an ability to pay basis. This description should not exceed 10 lines of text.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Agency Name:	Empowerhouse
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Program Purpose / Description

In the box below, provide an overview of the program. The description should not exceed 10 lines of text.

Empowerhouse provided in-person domestic violence (DV) education and support to 1,035 adults at our office, court, support groups, and health offices last year. 37 years ago, police and social workers had nowhere to send a mom and her children if beaten in her own home. Community members founded RCDV, now Empowerhouse, an accredited DV services organization, the only one locally, one of 45 in Virginia, providing free, confidential services including: Risk assessment, Education on impact and risks posed to children and to physical and mental health, Spanish language services, Safety Planning, Legal remedies, support groups. Court advocates are in J & DR regular DV criminal days or by request of victims, regardless of income, and help them face their abusive partners in trials, filing, education, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful or not. Latina advocacy assists with a network to help navigate culturally unfamiliar systems. In group, they learn about the impact of DV in their lives and reduce their isolation through peer support. Accompaniment in healthcare settings occurs also.

Justification of Need

In the box below, please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request. If this is a new program, be sure to include the benefit to the region for funding a new request. The description should not exceed 10 lines of text.

Negotiating safety and freedom from abuse is complex and challenging. Once the secret of DV is disclosed, much work is ahead for DV survivors who are experts of their horrific situations. They continuously weigh their options and competing needs while seeking an end to abuse and violence in what seems like the safest way for their family. Often they are not able to attain certain safety for themselves and their children and they strive to make the best choices despite being limited and posing both benefits and risks in implementation. We offer the only free and confidential support and accompaniment services in PD16 strictly to help DV victims. The help to assess risk, obtain protective orders, and safety plan often saves lives. When victims learn about the impact of DV, legal remedies, safety planning, and community resources, they become much better prepared to seek freedom from violence and abuse. They learn they are not to blame and are not alone which keeps them from the vulnerability of believing that abuse is normal and they deserve it. They otherwise believe that they have nowhere to turn but to their abusers. With help, they expand their support system and they obtain resources to help them achieve their goals.

Target Audience and Service Delivery

In the box below, describe the program's intended audience or client base and how those clients are served. This should include the location of the service and what geographic areas are served or targeted for service. If your program has specific entry or application criteria, please describe it below. In the second box, list the actual numbers served, along with the projected numbers to be served during the upcoming fiscal year. The description should not exceed 10 lines of text.

Adult victims of domestic violence in Planning District 16. People in need of these services come from every socio economic background, religion, education level, age, ethnicity, gender, profession, etc. One in four women experiences severe intimate partner violence in her lifetime. A Virginian is killed every 5 days because of DV. Area law enforcement collectively respond to over 6,500 DV calls every year in Planning District 16. Services are offered 24 hours per day regardless of locality or neighborhood. Law enforcement or the court system refer the majority of DV victims who may access services via phone, coming by the outreach office in Spotsylvania, appearing in court for a domestic violence criminal case, or at a healthcare provider office upon disclosing domestic violence. Healthcare screenings are provided at our domestic violence shelter in Stafford County. Court advocacy is provided daily in each locality juvenile & domestic relations court in PD 16. Latina advocacy is based at the outreach office at 150 Olde Greenwich Drive in Spotsylvania and individual support is frequently provided at service agencies in individual localities. Support groups are provided 2 hours weekly at a church in the City.

Number of Individuals Served		
<i>Locality</i>	<i>FY2015 (Actual)</i>	<i>FY2017 (Projected)</i>
<i>Fredericksburg City</i>	168	225
<i>Caroline County</i>	82	90
<i>King George County</i>	35	40
<i>Spotsylvania County</i>	349	375
<i>Stafford County</i>	358	375
<i>Other Localities</i>	43	40
Total Served	1,035	1,145

Please use the columns to the left to provide the actual numbers of individuals served in this program during FY2015, and the projected numbers of individuals to be served in FY2017.

Agency Name:	Empowerhouse
Program Collaboration	
In the box below, describe, in detail, examples of collaborative efforts and key partnerships between your program and other programs or agencies in the area. The description should not exceed 10 lines of text.	
<p>Churches-space for groups. MOUs with government and nongovernment to coordinate services to promote health and safety of DV victims: 5 jurisdictions: Law Enforcement -work with detectives, helping a victim to obtain safety and justice; provide DV cross training, victims/witness programs-at court and staff cases for best DV victim outcomes; plan events and training, commonwealth's attorney's offices- seek assistance during trials and when abusers engage in elevated risk behaviors toward victims or workers, J & DR Court Intake and Clerks-to help victims file protective orders, custody, support; help Spanish speakers file with I-CAN, departments of social services-coordinate benefits for DV victims to expedite benefits and facilitate a move from one locality to another, facilitate services for children. Community Based Probation-coordination for victim safety related to offender accountability, RLS-prioritize assisting income eligible DV victims with representation or advice- civil proceedings: protective orders, custody, undocumented DV victims. MWH Forensic Services Department, EDs, Safe Harbor, & RCASA - bring services to DV victims in the health setting. Provide training on screening for DV safely and on-site DV services.</p>	
Collaborative Impact	
In the box below, describe, in detail, how the community would be impacted if your agency were dissolved or merged with another partner agency. The description should not exceed 10 lines of text.	
<p>If dissolved: DV Victims would have no group where they learn from prepared topics and from other group members who are facing similar trauma and no expanded support system. They would not learn how to spot abusive behaviors and they would not learn what healthy relationships look like gaining communication skills for future relationships. No one would train their healthcare providers to routinely and safely screen for DV offering a lifeline to an immediate advocate. No one would repeatedly accompany them to all court hearings when they bravely face a person who professed to love them but instead had terrifying behavior and who remains a symbol of fear or an actual threat. Homicides of men and women would increase; suicide would increase; child fatalities and injuries would increase; and increased risk of harm would befall emergency responders who would continue to be called to escalated situations. Our work not only improves the safety of victims of domestic violence (cost savings in not treating injuries) and their children, it also increases safety for others because we provide victims with alternatives to what they have been living.</p>	
Community Impact	
In the box below, please provide at least two examples of how your services have impacted members of our community. This description should not exceed 20 lines of text.	
<p>Some parts of a King Geore survivor's story who made changes while receiving services: "When I first thought of going to a shelter, I thought there is not way! But my life was getting to the point where I truly didn't care if I lived or died. Some nights I would pray that I wouldn't wake up. I had to do something and thank God for the the strength and thank God for Empowerhouse because it helped safe my life. I was so damaged that I didn't even feel human anymore. I wanted my marraiage to work. I was not a quitter. I became sad, hopeless, fearful, full of shame, and anxiety, afraid of the next mood or next punch. I was afraid and ashamed to leave the house because I knew I was going to anger him and I didn't want to deal with the consequences. Years went by, I was called a whore, a liar, a b_, you start to believe it. I was constantly accused of cheating. I felt like I was a caged animal, prisoner in my own home, always afraid of the next black eye, broken nose, or knock in the head. I had worked in DC and was very independent when we met. At his request, I quit my job after we first got married. He had complete control over me financially and in every way. After being beat down as far as any person could go, I managed to take advice from a friend and started seeing a psychiatrist to help me, along with a therapist. I began treatment for depression and anxiety disorder. My husband started noticing a change in me and he didn't like it. One day, after returning from an appointment, he accused me of sleeping with my Dr. and then the most demeaning act I experienced, he started sexually assaulting me. My therapist gave me the number to Empowerhouse. I immediately called them and luckily I got out safely and I have never returned, like I had so many times before. Today I am at peace, regaining my self respect. They helped me in many ways, at groups, in court. I have learned a lot, you and your children can be happy. We all deserve to live in a peaceful and loving environment and most importantly to feel safe." **A number of the women who have attended the Latina Spanish language support group have attended the Empowerhouse 40 hour volunteer training. There is a network of women who speak Spanish in our community who are equipped to tell others about Empowerhouse, about protective orders, about the group. At a recent presentation to the mothers at Stafford Junction, many of the Spanish speaking women were struggling with domestic violence. They received information and some have followed up with services to address the domestic violence and also connect to healthcare offices.</p>	

Agency Name:	Empowerhouse	
Goals & Objectives		
Please provide the following information regarding the goals and objectives for your program. Space has been provided for two goals, with two objectives per goal, along with a space for the most recently collected data for that program objective. If your agency is funded by the United Way, please include a copy of your Logic Model for this program as a supplemental attachment. Please note the data collection period for each objective's outcome data.		
Program Goal 1		
Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.		
Objective 1a:	Most Recent Outcome Data for Objective 1a:	
To accompany and assist 500 victims of domestic violence in area Juvenile and Domestic Violence Courts and healthcare settings	543 DV victims were accompanied to court and healthcare settings.	
	<i>Data Collection Period for 1a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 1b:	Most Recent Outcome Data for Objective 1b:	
To provide support and education services to 125 Hispanic/Latina victims of domestic violence in their primary language through bilingual/bicultural advocates	238 hispanic/latina survivors of domestic violence were assisted with culturally appropriate services from bi-lingual/bi-cultural advocates.	
	<i>Data Collection Period for 1b:</i>	<i>July 1, 2014-June 30, 2015</i>
Program Goal 2		
Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.		
Objective 2a:	Most Recent Outcome Data for Objective 2a:	
Provide a variety of support groups to 100 female victims of domestic violence meeting 2 hours each week.	122 female victims of domestic violence were provided assistance through support/education groups.	
	<i>Data Collection Period for 2a:</i>	<i>July 1, 2014-June 30, 2015</i>
Objective 2b:	Most Recent Outcome Data for Objective 2b:	
At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.	85% of DV survivors were able to identify their safe options through participation in the development of a safety plan.	
	<i>Data Collection Period for 2b:</i>	<i>July 1, 2014-June 30, 2015</i>

Agency Name:	Empowerhouse		
Program Name:	Other programs	<i>Is This a New Program?</i>	<i>No</i>
Program Contact:	Kathy Anderson	Title:	Executive Director
Telephone Number:	540-373-9372		
E-Mail Address:	kathya@empowerhouseva.org		

Projected Program Expenses for FY2017

Program Name	Salary	Benefits	Operating Expenses	Capital Expenses	Total
Other programs	\$ 86,306.94	\$ 11,717.91	\$ 19,926.66		\$ 117,951.52

Program Revenues

	FY 2015 Actual	FY 2016 Budgeted	FY 2017 Projected
Caroline	\$ -	\$ -	\$ -
Fredericksburg	\$ -	\$ -	\$ -
King George	\$ -	\$ -	\$ -
Spotsylvania	\$ -	\$ -	\$ -
Stafford	\$ -	\$ -	\$ -
United Way	\$ -	\$ -	\$ -
Grants	\$ 8,898.00	\$ 39,678.00	\$ 30,147.02
Client Fees	\$ 85,683.00	\$ 83,824.00	\$ 87,804.00
Fundraising	\$ -	\$ -	\$ -
Other*	\$ 24,866.00	\$ -	\$ -
Total Agency Revenues	\$ 119,447.00	\$ 123,502.00	\$ 117,951.02

***Detail below what revenues are included under "Other", in the table above:**

Other* is local contributions and in FY 15 included the VDOT payment for moving.

In the box below, please indicate, in detail, reasons for increases or decreases in the amounts requested for FY 2017. Include whether these changes come from increases in personnel, benefits, or operating expenses. If an increase is being requested, please describe the impact not receiving an increase would have on the program. In particular, please describe in detail if any increase is sought for new positions or personnel.

Client Fees

In the box below, please describe the fees clients must pay for the services provided by this program. Please also include how those fees are determined and if any scales are used, or if determinations are made on an ability to pay basis. This description should not exceed 10 lines of text.

n/a