

Regional Funding

Fiscal Year 2018 - Partner Funding Application

Empowerhouse

Application Status: Submitted

Empowerhouse

Agency Information

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General Information

Agency Name	Empowerhouse
Physical Address	150 Olde Greenwich Drive, Suite 101, Fredericksburg, Virginia, 22408, U.S.A.
Mailing Address	P.O. Box 1007 Fredericksburg, VA 22402
Agency Phone Number	(540) 373-9372
Federal Tax ID #	521142547
Web Address	http://www.empowerhouseva.org/
Agency Email Address	office@empowerhouseva.org

Agency Mission Statement

We empower survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. We give victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse breaks the cycle of violence through shelter, housing, advocacy, education, awareness, prevention, and intervention.

Major goals for our work include promoting the safety of domestic violence survivors and their children through direct assistance and collaboration with other helping agencies. Our work also focuses on addressing the needs of the entire family, including a providing a Certified Batterer's Intervention Program and educating youth on healthy relationships and the warning signs of teen dating violence.

Number of Years in Operation	38
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Main Contact

Main Contact Kathy Anderson, phone: (540) 373-9372, email: kathya@empowerhouseva.org

Job Title Executive Director

Localities Served

Please select any/all localities your agency serves.

Caroline

Fredericksburg

King George

Spotsylvania

Stafford

Collaborative Impact

Describe in detail how the community would be impacted if your agency were dissolved or merged with another partner agency.

If Empowerhouse were dissolved or merged, we would see decreased health and economic status for many of our citizens particularly women and children. Homicides and suicides of men, women, and children would increase; injuries would increase; increased risk of harm would befall emergency responders who would continue to be called to escalated situations. There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Our work improves the safety of DV victims (cost savings in not treating new injuries) and their children; it also does so for responders because we provide alternatives to what victims have been living.

We provide support to obtain jobs, access protective orders, and obtain court system relief. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain economic stability that decreases the burden on tax payers. Our clients retain employment, pay taxes, and participate in the area's economy. This help stops survivors from spiraling into poverty and homelessness.

Empowerhouse leverages at least 10 dollars for every locality dollar invested. We make huge community improvements with the services made possible by the dollars Empowerhouse brings into the region and raises in our community. It makes fiscal sense that we partner with governmental systems. Our nonprofit wages cost significantly less than government workers performing comparable but different tasks and purpose. Our nonprofit leverages in-kind and volunteer contributions that unite with governmental support and make the total dollars expand the impact made in our community. We operate regionally which saves repetitive functions that would duplicate in each jurisdiction if services were stand-alone in each locality.

Community Impact

Please provide at least 2 examples of how your services have impacted members of our community.

Example 1

Empowerhouse identified 9 years ago our community's only domestic violence shelter needed an expansion. Our 2,900 sq ft split foyer home built for sheltering was well used and met its purpose. With regional population growth and hard use the building received, it no longer met area need. As daily census dramatically increased starting 2012, Empowerhouse created the plan to increase capacity from 20 domestic violence (DV) survivors and their children at one time (20 people) to more than 40. As a result, we acquired a duplex in 2012, another home in 2013 and in 2014 bought a building (now renovated-just opened in August 2016) for the new 10,000 sq ft DV shelter, almost quadrupling size. Empowerhouse just completed a \$2.4 million Capital Campaign to raise money to open a new expanded DV shelter. In addition to sheltering buildings, Empowerhouse provides rental assistance and case management for survivors and their children to transition into their own permanent housing.

Quotes from members of our community who received Empowerhouse services recently:

"My husband always purposefully bumped into me, knocking me into things or knocking me down. He always said that I ran into him or had another excuse as to why it was my fault."

"Having this place all to myself with my children, knowing I am safe, I feel 90% healed."

"They [Empowerhouse workers] did not make decisions for me like I was used to with my husband; they gave me freedom to make my own choices."

"Before I turned to Empowerhouse, I didn't see a way out. I would've given up. He would have killed me or I would have killed myself."

"I am doing things now that I never had the chance to do."

"I was worth a lot more and I did not know that until I got here [Empowerhouse]."

"The court advocate made me realize for the first time, I was in an abusive relationship. I have two children (college and high school) and have been married for 20 years."

"Support Group was an important part of my healing and education."

Example 2

Cindy, a 25 year old mother of 2, first learned about Empowerhouse services from a law enforcement officer who responded to a domestic call at her home. Her husband of 9 years assaulted her, trapped her in a closet, threw her against the wall, and spit in her face. Cindy never called 911 but later stated that she thought he might kill her that night if she did not call for help. She was given an Emergency Protective Order and called the Empowerhouse hotline from the deputy's cell phone. Leaving the house without clothes or any belongings that night, Cindy and her 3 and 8 year old children came into the Empowerhouse shelter. The Shelter Director and other staff worked quickly to connect Cindy and her children with resources to pick out free clothing at the local Goodwill and to sign up for expedited SNAP benefits. With purchased emergency items and additional food and toiletries from our pantry, she met all her emergency needs. Then shelter staff connected her to our housing services in which she received housing location from CVHC, and case management and rental assistance from our staff. As a result she was able to secure affordable housing for herself and her children. Now stable, with the help of our grant partner, the RGI Employment Specialist, Cindy pursued a customer service position at a department store where she is currently working to support her family. While many things began to fall in place for her, she continued safety planning and risk assessment with the shelter staff as her husband tried to find her and sabotage her efforts. The Empowerhouse court advocates accompanied her to court. Without the increased state and locality funds that allowed our new shelter to be staffed 24 hours a day, to answer the hotline, to provide DV Education and Supports, to help her children, resource referral, safety planning, and risk assessment, Cynthia would not have been able to establish safety and stability for her and her children as quickly as she did.

Example 3 (Optional)

We began work with Julie who went to the health department for a routine visit to renew WIC. They asked her, "Are you safe at home?" She said no. They called Empowerhouse; our Spanish speaking Healthcare

Partnership Coordinator (HPC) talked to Julie about abuse, risk, safety, and options. HPC followed up with concern; Julie assessed her future. (Reported by Julie: married a few years ago-abuse 3 months later, calling her dirty, stupid, and accusations of cheating. He forbade leaving home without him. He kept her money; he spent it on addictions. At birth, no milk came; he forbade formula. He forced nonstop nursing which required medical care for bleeding on each side but not allowed. Beatings were weekly-punches and kicks. His mom (Pam) promised better life in the US; they moved from Latin America. Pam offered protection but insisted Julie obey rules-never call the police. Abuse continued into next pregnancy. He punched her face, pushed her, drag her by her hair at 7 months- premature contractions, bled 3 times while pregnant, depression, and felt isolated and that she had no one to talk with or to help.) 6 months later, Julie called, ready to leave. He attacked again; she ran out in the middle of the night to his mother's house looking for help. Pam talked to him, but told Julie not to make him mad. She entered shelter with 2 children. While safe there, the HPC helped her fill out an application to Fredericksburg Christian Health Center. 2 years not seeing a Dr., she had no idea where to go without insurance. Her teeth hurt; HPC helped her get into Rapp. Comm. Health Dental Clinic. HPA connected them to Head Start for her daughter. They offered after school child care for student and siblings. When she finds a job, she has low cost childcare-both children. Later the family entered housing services and mom expressed feeling happy, safe and free. Working a part-time job, she soon will move to her own apartment with help from Empowerhouse, CVHC, and RGI.

Empowerhouse -

Locality Information

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Locality Notes

Please use the spaces below to provide any locality specific notes or statements that may be relevant to your application.

Caroline County

The continued support from Caroline is requested to ensure the life-saving services are provided to Caroline residents. Empowerhouse appreciates the support of Caroline County as we continue to deliver services at an outreach office within the County. Empowerhouse continues to request a one-time contribution of \$12,500 to the capital project of the new shelter. New needs arise, now open, that Caroline would benefit from supporting.

City of Fredericksburg

The continued support from Fredericksburg is requested to ensure the life-saving services are provided to Fredericksburg residents. Empowerhouse respectfully requests a \$5,000 overall increase to the budget in FY 2018 to meet the needs of Fredericksburg survivors of domestic violence and their children – City residents. In addition, Empowerhouse continues to request a \$25,000 contribution to the capital project of the shelter. New needs arise, now that it is open, that Fredericksburg would benefit from supporting.

King George County

The support from King George County is critical to meeting the needs of King George County residents even more so in FY 2018 when targeted activities are provided with the help of a State grant to provide services and outreach in partnership with the King George Sheriff's Office. Empowerhouse respectfully requests a contribution of \$15,000 to support these efforts and ensure local match for this new initiative in King George. Empowerhouse continues to request a one time contribution of \$12,500 to the capital project of the new shelter. New needs arise, now that it is open, that Caroline would benefit from supporting.

Spotsylvania County

The continued support from Spotsylvania is requested to ensure the life-saving services are provided to Spotsylvania residents. Empowerhouse appreciates the assistance and full support of Spotsylvania County as the new shelter was renovated and is now open. Spotsylvania County continues to be important in ensuring the delivery of emergency 24 hour supports and additional services past the crisis to survivors of domestic violence and their children who are Spotsylvania residents. The final three year pledge of \$16,000 to the capital contribution to the new shelter is requested in FY18 to complete the pledge made

to Empowerhouse to the shelter capital project.

Stafford County

The continued support from Stafford is requested to ensure the life-saving services are provided to Stafford residents. Empowerhouse appreciates the assistance and full support of Stafford County as the new shelter was renovated and is now open. Stafford County continues to be important in ensuring the delivery of emergency 24 hour supports and additional services past the crisis to survivors of domestic violence and their children who are Stafford residents.

Empowerhouse -

Agency Budget

In the boxes below provide an overview of the administrative costs associated with your agency budget. Include revenue that defrays administrative costs; this is non programmatic revenue and should not include any revenue associated with programming.

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Expenses

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Salary	69,760.00	84,057.00	84,057.00
Benefits	6,888.00	8,438.00	8,438.00
Operating Expenses	54,752.00	50,148.00	53,032.00
Capital Expenses			
Administrative Expenses			
Total	131,400.00	142,643.00	145,527.00

Revenues

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Caroline	0.00	0.00	0.00
Fredericksburg	0.00	0.00	0.00
King George	0.00	0.00	0.00
Spotsylvania	0.00	0.00	0.00
Stafford	0.00	0.00	0.00
United Way	0.00	0.00	0.00
Grants	0.00	0.00	0.00
Client Fees	15,109.00	19,870.00	21,000.00
Fundraising	46,777.00	53,501.00	54,527.00
Other (Click to itemize)	69,514.00	69,272.00	70,000.00

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Total	131,400.00	142,643.00	145,527.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Empowerhouse -

Agency Budget Narrative

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Administrative Expenses

Provide an overview of the administrative costs for your agency.

Empowerhouse continues to be administratively lean. The costs of administration continue to be a low percentage of the budget at almost 10% of the operating budget, in FY 15. The expenses include direct full or partial salaries of administrative and management staff and benefits for functions related to fiscal, administrative and fundraising efforts. It also includes a percentage of the operating costs and the total costs associated with fundraising events.

If your agency is requesting an increase or decrease in administrative funding, please describe in detail the reasons for these changes.

n/a

Please provide justification for and specific amounts of administrative costs that are defrayed by locality funds.

n/a

Capital Expenses

Please provide an overview of the capital costs for your agency.

There are not any capital administrative costs. Empowerhouse finished a capital project of expanding, relocating, and opening a new domestic violence shelter. The cost to do so was \$2.4 million over two and one half years. The organization is and will be receiving pledges over the next 2 years as the donors fulfill the pledges to finish the campaign. Local governments in Spotsylvania and Stafford Counties supported the new shelter project. at a combined \$100,000 contribution. amounting to 4.1% of the total cost of the project. Empowerhouse continues to seek help from the other three area PD16 localities to support the new shelter campaign. Unanticipated costs of additional fencing and gates, additional security, and additional electric are among the capital costs that have been added to the capital costs of the overall project.

Please provide justification for and specific amounts of capital costs that are defrayed by locality funds.

The new shelter will require additional electric and security. New pledges from the additional three

localities are requested to assist in defraying the total costs of these needs.

Salary & Benefit Expenses

Please provide an overview of any increases or decreases in general personnel expenses for your agency.

n/a

Please provide a description of any changes to agency benefits structure or cost.

n/a

Budget Issues

Provide any legislative initiatives or issues that may impact the agency for the upcoming year.

n/a

If you are aware of “outside” funding sources that will expire or be reduced on a set cycle or date, please note those below and how you are planning for them.

n/a

Please detail any identified agency needs or areas of concern that are currently not being addressed in your funding request.

The new expanded domestic violence shelter is open. New needs are identified as a result of being operational. Empowerhouse will address these needs as they arise and we will request support from localities as needed to support this service that is a critical public safety and health benefit for so many area citizens across the region. We appreciate the support provided by Stafford and Spotsylvania. We will continue to request support from Fredericksburg, King George, and Caroline to assist in serving the residents from the three aforementioned localities.

Regional Funding

Fiscal Year 2018 - Partner Funding Application

Empowerhouse

Application Status: Submitted

Empowerhouse Domestic Violence Education and Supports

Program Budget Narrative

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Please indicate in details reasons for increases or decreases in the amounts requested for FY 2018.

The Domestic Violence Education and Supports Program is more robust with additional staffing provided by the State. This creates a shift in greater operating dollars dedicated to this program proportionally. While a small decrease will be seen in other programs, and increase will be seen here by all localities. The greater proportional increase requested from Fredericksburg and King George reflects the need for essential support to be provided by localities to support the levels of service provided in these localities and ensuring that localities have some parity with the support provided by all localities and in relation to the services provided. The King George request touches on the need for local match specific to King George. More dollars are spent on services delivered in each locality than the contribution requested by each. The locality funding request is about 10% of the total programs' cost.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

Empowerhouse works diligently and efficiently to bring funding to our community to provide the services that are needed by victims of domestic violence and their children. The support provided by localities are essential in the overall ability to provide the services to locality residents. The diversified funding allows Empowerhouse to meet the needs in each locality and as a region and the support from localities is fundamental in doing so.

In particular, please describe in detail if any increase is sought for new positions or personnel.

n/a

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Collaborative Impact

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Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Churches-groups. Memoranda of Understanding with governmental & non to coordinate services to promote DV victims health and safety: 5 jurisdictions: Law Enforcement-work with officers, seek safety & justice & provide cross training; QuanticoMB & victim/witness-at court and staff cases for best outcomes, training & plan events; prosecutors-see assistance during trials and when abuser has elevated risk behaviors toward victim or worker; J & DR Court Intake & Clerks-to help victims file protective orders (PO), custody, etc., help Spanish speakers file in I-CAN; Social Service Departments- coordinate-expedite benefits and facilitate move among localities & services for children; Probation-coordinate victim safety related to offender accountability; LAW-prioritize assisting income eligible DV victims with lawyer or advice-civil proceedings: Pos, custody, undocumented victims; UMW-campus victims; coordinate DV support and training in health settings w/RCASA, MWH Forensic Services & EDs.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

If dissolved: DV Victims would have no group where they learn from prepared topics and from other group members who are facing similar trauma and no expanded support system. They would not learn how to spot abusive behaviors and they would not learn what healthy relationships look like-gaining communication skills for future relationships. No one would train their healthcare providers to routinely and safely screen for DV offering a lifeline to an immediate advocate. They would not be repeatedly accompanied to all court hearings when they bravely face a person who professed to love them but instead had terrifying behavior and who remains a symbol of fear or an actual threat. Homicides of men and women would increase; suicide would increase; child fatalities and injuries would increase; and increased risk of harm would befall emergency responders who would continue to be called to escalated situations.

Empowerhouse -

Program Overview

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General Information

Program Name Domestic Violence Education and Supports

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

We provided in-person domestic violence (DV) education and supports to 1,090 adults at our office, court, support groups, and health offices last year. 38 years ago, police and social workers had nowhere to send a mom (and her children) if beaten in her own home. Community members founded RCDV, now Empowerhouse, an accredited DV services organization, the only one locally, one of about 50 in Virginia, providing free and confidential services to DV victims including: risk assessment, education on impact & risks posed to self, to children- and to physical and mental health, Spanish language services, safety planning, legal remedies, and support groups. Court advocates are in PD16 Juvenile & Domestic Relations Court for regular DV criminal docket days or by request of victims, attorneys, or court services and help DV victims face their abusive partners in trials. They help with emotional support, filing, education, referrals, connection to services, and accompaniment to help them obtain protective orders, navigate a complex legal system, and safety plan as they choose to proceed or not and as they are successful or not, and as they move past court proceedings. Latina advocacy assists with a network to help navigate language barriers and culturally unfamiliar systems. In group, victims learn about the impact of DV on their lives and reduce isolation through peer and worker support. Workers assist identified victims in healthcare settings as requested by victims and professionals.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services. The majority of victims of domestic violence (DV) come to Empowerhouse without a name for what they are suffering and they do not assertively seek services. Many question whether they deserve to receive services because they are conditioned to believe they are not worth anything. We find that domestic violence victims frequently say they are unsure of whether they are calling/visiting the right place and go on to say that someone else may need Empowerhouse services more than they do. Fees for services would present one additional barrier which would make the services less accessible to them than is already the case based on their own self screening resulting from the severe attacks to their self worth.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Negotiating safely away from abuse is complex and challenging. Once the secret's out, much work is ahead for DV survivors, experts of their horrific situations. They continuously weigh options and competing needs, seeking an end to violence in a way safest for their family. Often certain safety is unattainable for them and their children. They strive for best decisions despite limited choices posing both benefits and risks in implementation. Providing the only free and confidential support and accompaniment services strictly to help DV victims, we often save lives by helping assess risk, obtain protective orders, and safety plan. Victims learn DV impact, legal remedies, safety planning, and community resources. They seek freedom from abuse. Learning they are not to blame and not alone, they now believe abuse is not the norm and they do not deserve it. They otherwise believe there is nowhere to turn but to their abusers. With help, they gain a support system and achieve their goals.

If this is a new program, be sure to include the benefits to the region for funding a new request.

n/a

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

PD16 adult DV victims: people in need of services: every socioeconomic background, religion, education level, age, ethnicity, gender, profession, etc. One in 4 women experiences severe intimate partner violence in her lifetime. Every 5 days DV kills a Virginian, more in the process of leaving than those living with abuse underscoring the danger DV poses during the process of trying to end it. Area law enforcement respond to over 6,500 DV calls/year. We are serving 24hrs/day regardless of locality/neighborhood. Police and courts refer the most victims who access services via phone, coming by the Spotsylvania outreach office, appearing in courts for DV criminal cases, or at health offices. Daily, our advocates are in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford courts. Latina advocacy is based at the outreach office and individual support is frequently provided at service agencies in each locality. Multiple support groups are provided 2 hours weekly at a City church.

If your program has specific entry or application criteria, please describe it here.

Services are voluntary. We serve individuals victims and survivors disclosing domestic violence

specifically intimate partner violence as services are requested. Some requests for service come through service providers such as law enforcement, healthcare providers, and social services which is one way that domestic violence victims find out about services.

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Number of Individuals Served

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Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2016 (Actual)	FY2018 (Projected)
Fredericksburg City	128	150
Caroline County	86	90
King George County	40	55
Spotsylvania County	393	450
Stafford County	401	450
Other Localities	42	40
Total	1,090	1,235

Empowerhouse -

Goals and Objectives

Goals

Goal:

Promote the safety, education and support of victims of domestic violence to decrease exposure to and the harmful effects of abuse and violence.

Objectives	Objective Results	Year End	Baseline
Provide assistance and support through a variety of support groups to 100 female victims of domestic violence meeting 2 hours each week.	Total # Clients Served	131	140
	Total # Clients Achieved/Successful	131	140
	% Achieved / Successful	100	100
At least 70% (Virginia standard) of domestic violence survivors are able to identify their safe options through participation in the development of a safety plan.	Total # Clients Served	1,090	1,225
	Total # Clients Achieved/Successful	959	858
	% Achieved / Successful	87.98	70.04

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

We expect to increase the number of participants.

If you are restating the goals or objectives for FY 2018, please include those here

In FY 18, Empowerhouse expects to increase the support group attendance to 140 Provide assistance and support through a variety of support groups to 140 female victims of domestic violence meeting 2 hours each week.

The total DV Education and support total clients to 1,225 rather than the number that was projected for FY 2016 of 925.

Goal:

Promote the safety, health, security, and support of victims of domestic violence to decrease exposure to and harmful effects of violence.

Objectives	Objective Results	Year End	Baseline
To accompany and assist 500 victims of domestic violence in area Juvenile and Domestic Violence Courts and healthcare settings.	Total # Clients Served	642	700
	Total # Clients Achieved/Successful	642	700
	% Achieved / Successful	100	100
To provide support and education services to 125 Hispanic/Latina victims of domestic violence in their primary language through bilingual/bicultural advocates.	Total # Clients Served	201	150
	Total # Clients Achieved/Successful	201	150
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

None.

If you are restating the goals or objectives for FY 2018, please include those here

To provide support and education services to 150 Hispanic/Latina victims of domestic violence in their primary language through bilingual/bicultural advocates.

Empowerhouse -

Program Budget

Please detail below the budget request for your program.

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Expenses

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Salary	221,748.00	257,930.00	301,238.00
Benefits	39,737.00	49,697.00	60,548.00
Operating Expenses	54,672.00	52,240.00	78,082.00
Capital Expenses			
Total	316,157.00	359,867.00	439,868.00

Revenues

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Caroline	551.00	1,536.00	1,805.00
Fredericksburg	5,271.00	5,004.00	7,552.00
King George	3,617.00	0.00	5,854.00
Spotsylvania	18,088.00	18,416.00	20,609.00
Stafford	17,907.00	17,370.00	19,776.00
United Way	40,966.00	40,077.00	35,846.00
Grants	215,666.00	268,297.00	348,426.00
Client Fees	0.00	0.00	0.00
Fundraising	6,591.00	5,167.00	0.00
Other (Click to itemize)	7,500.00	4,000.00	0.00
Total	316,157.00	359,867.00	439,868.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Regional Funding

Fiscal Year 2018 - Partner Funding Application

Empowerhouse

Application Status: Submitted

Empowerhouse Domestic Violence Housing Supports

Program Budget Narrative

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Please indicate in details reasons for increases or decreases in the amounts requested for FY 2018.

The Domestic Violence Housing Supports budget has increased in 2017 and 2018 related to opening and running a larger expanded shelter with the appropriate supports in place to assist survivors of domestic violence and their children move forward on a path to meet their goals and Empowerhouse goals of health, safety, and stability. In an effort to promote regional cooperation related to each locality providing for the needs of survivors of domestic violence, the majority of the increase is requested from localities in which additional support is critical to the success of serving each locality well and ensuring regional services as a whole are available. Increased State funding has helped to meet increased area needs in 2016, 2017 and 2018. A request to RUW for FY2018 is specifically to increase employment specialist services for victims of domestic violence onsite at the new shelter.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

The increase from King George is requested as part of match funding for a new state grant to focus specific activities to increase outreach and attention to survivors of domestic violence in King George County. The 20% local match is important to the success of the project. Empowerhouse respectfully requests an increase from Fredericksburg to address the service demand over many years within the City. Each locality's efforts to support the life saving services are critical to delivering the services and meeting the area need. The new shelter is allowing Empowerhouse to open access to every survivor of domestic violence and their children requesting domestic violence shelter. Two of the 5 area localities made a capital contribution to the shelter to ensure the project's success. The new expanded shelter with higher occupancy opened in August.

In particular, please describe in detail if any increase is sought for new positions or personnel.

The request to RUW is to increase a half time employment specialist position to full-time. n/a for localities requests.

Also, capital expenses are available but do not appear to belong in this section. It does not appear to be the appropriate location. There is not a corresponding revenue category of capital. If one were created in the other section of revenue, it would be very difficult to see a year to year comparison of the program expenses and revenue because the expenses and income for the new shelter spans three years starting in FY 15. Different amounts are expended each year that do match revenue for that year and instead go into the next year.

Empowerhouse -

Collaborative Impact

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Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

RGI supplies an employment specialist trained as an Empowerhouse worker to support DV housing program survivors in their new houses (job search, applications, computer skills, overcome transportation and other barriers, retain employment, pursue promotions...) RGI supports (computers & software) an Empowerhouse job help center we staff. EVCC - free certificate courses and massage, beauty, and pampering. Doris Buffett supplied 2 houses one to which MacDoc donated improvements. Pursuit of Housing(POH) Partners play a role in re-housing the homeless. We coordinate as part of the CoC (a coalition on homelessness). POH Partners: GWRC coordinates, CVHC- a housing locator and picks up and delivers donated furniture- shared among POH. Subject to resources, each partner re-houses the homeless: Empowerhouse-DV victims-female headed families accompanied or by children or unaccompanied; Micah -chronically homeless single adults, Thurman and Hope House – families. Kloke, CSI, and Molly Maid help.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Without the DV Shelter and housing, we would lose lives, decrease safety, compromise health, and decrease economic status for many. If Empowerhouse dissolved or its mission was diluted, DV victims would have no place to go in the middle of the night to an expert response that is set up to respond effectively. They would remain in dangerous homes, continually terrorized and reduced to non-human status with their children who, at a minimum, are exposed and often are direct victims. When survivors are able to break free, child abuse decreases with less children in care systems than otherwise need to step in because children are injured, are in danger, are neglected, or do not have a residence. We move victims from crisis to stability. The houses, rental subsidies, and employment services provided via donations and grant funding to DV victims are crucial in helping local citizens take control of their lives and gain stability.

Empowerhouse -

Program Overview

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General Information

Program Name Domestic Violence Housing Supports

Is this a new program? No

Program Contact

Name Kathy Anderson

Title Executive Director

Email kathya@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

Empowerhouse's shelter is a multi-family residence with 9 suites, 15 bedrooms, a large dining room with three kitchens, a playroom with laundry area, victim services center, and a computer/job help center to provide for the safety and protection of domestic violence (DV)/ intimate partner violence victims and their children. Safety planning is individually designed through exploration of past and current situations, taking into account the future. Fleeing often results in homelessness. We spend cash assistance for DV survivors to enter and continue in their own rentals and we direct staff (including a dedicated employment specialist) and other resources to support their housing and financial stability goals. Up to 30 adults and children at one time stay up to 2 months at shelter, a break from a dangerous oppressive situation within which they live, or while transitioning to independence. Average stay: 1 month. Some enter our independent sites if a large family needs additional time to find affordable housing. We help obtain protective orders; some return home with boundaries placed on the offender. Provision of emergency resources, emotional support, connecting individuals and families to community resources, including but not limited to the legal system, lawyers, housing, social services, medical, mental health, education, family, faith, financial, etc. 34 households with 49 children were assisted in their own permanent housing last year and 290 people were sheltered.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Programs are not allowed to charge fees to victims of domestic violence and their children for victim services.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

DV victims enter emergency housing to alleviate their crisis. This saves lives and provides needed relief from volatile and dangerous violence at home. No other PD16 program provides DV shelter. Qualifying PD16 victims and their children are guaranteed overnight accommodations by Empowerhouse when requested if experiencing danger. All PD16 residents requesting it, after eligibility assessment, are welcomed to shelter. If full, we transport to out of area DV shelters if requested. We shelter PD16 people in danger in other sites when other facilities cannot be arranged. Via financial assistance and staff- we also place in rentals to regain housing and financial stability essential for DV victims who otherwise feel trapped in the abuse or spiral into ongoing homelessness. 12,456 bed nights were provided to shelter DV victims FY16. A total 12,633 bed nights were provided in their own permanent housing through rental assistance subsidies we provided. 12 households could not be accommodated.

If this is a new program, be sure to include the benefits to the region for funding a new request.

n/a

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Primarily female victims of domestic violence (DV) and their children in PD16 are sheltered and/or re-housed. When the need is identified, men are sheltered in emergency locations. Persons coming into shelter are seeking immediate relief from an abusive, sometimes dangerous situation and/or have become homeless, recently, as a result of the DV. PD16 residents are offered shelter regardless of neighborhood or jurisdiction. For safety reasons, the shelter is in an un-publicized location in our planning district. Shelter is offered for up to 2 months. There is no limit on the number of stays due to the crisis need for safe shelter. However, frequent requests for shelter may prompt a service delivery plan that would shorten subsequent stays if the resident uses the entire 2 month period in that year. It is unusual for persons to request multiple stays within one year. We place people in housing from each of the localities and in rentals all throughout the area per their unique needs.

If your program has specific entry or application criteria, please describe it here.

Intimate partner violence victims, officers and providers assisting to connect them, access the domestic violence shelter via the 24-hour hotline, 540-373-9373 or through an advocate assisting them.

Empowerhouse -

Number of Individuals Served

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Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2016 (Actual)	FY2018 (Projected)
Fredericksburg City	43	45
Caroline County	16	20
King George County	16	20
Spotsylvania County	103	105
Stafford County	111	120
Other Localities	20	20
Total	309	330

Empowerhouse -

Goals and Objectives

Goals

Goal:

Victims of domestic violence who are homeless or at risk of homelessness are able to gain safe permanent housing, gainful employment (if needed) and economic stability.

Objectives	Objective Results	Year End	Baseline
Provide scattered site placements into permanent rental units with utility, deposit, and rental financial subsidy assistance to 25 domestic violence victims.	Total # Clients Served	34	34
	Total # Clients Achieved/Successful	34	34
	% Achieved / Successful	100	100
Provide supportive services to 24 survivors including safety planning, domestic violence advocacy, budgeting, clothing, and other services necessary to reduce the barriers they face to economic stability and permanent housing. Assist in gaining or retaining employment as they reside in housing, including employment assistance, job skills training, etc.	Total # Clients Served	34	34
	Total # Clients Achieved/Successful	34	34
	% Achieved / Successful	100	100

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

n/a

If you are restating the goals or objectives for FY 2018, please include those here

None restated.

Goal:

Promote the safety and support of victims of domestic violence to decrease exposure to and effects of violence and other forms of abuse within the context of an intimate partner relationship.

Objectives	Objective Results	Year End	Baseline
100 women and their 100 children will be sheltered in our domestic violence shelter between July 1, 2015 and June 30, 2016.	Total # Clients Served	280	300
	Total # Clients Achieved/Successful	280	300
	% Achieved / Successful	100	100
At least 75% of adult shelter residents surveyed will be able to identify/will report that they know more ways to plan for their safety as a result of the services they received while at the Empowerhouse domestic violence shelter.	Total # Clients Served	71	60
	Total # Clients Achieved/Successful	68	45
	% Achieved / Successful	95.77	75
At least 75% of shelter residents surveyed will report that they know more about community resources as a result of the services they received while at the domestic violence shelter.	Total # Clients Served	71	60
	Total # Clients Achieved/Successful	67	45
	% Achieved / Successful	94.37	75

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

Increase number of people sheltered.

If you are restating the goals or objectives for FY 2018, please include those here

Empowerhouse -

Program Budget

Please detail below the budget request for your program.

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Expenses

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Salary	231,601.00	308,142.00	326,794.00
Benefits	40,235.00	55,527.00	55,286.00
Operating Expenses	329,025.00	328,148.00	326,233.00
Capital Expenses			
Total	600,861.00	691,817.00	708,313.00

Revenues

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Caroline	754.00	2,345.00	2,321.00
Fredericksburg	7,215.00	7,640.00	9,715.00
King George	4,951.00	0.00	7,531.00
Spotsylvania	24,757.00	28,114.00	26,512.00
Stafford	24,508.00	26,517.00	25,441.00
United Way	56,068.00	61,180.00	80,411.00
Grants	408,993.00	486,680.00	484,680.00
Client Fees	0.00	0.00	0.00
Fundraising	39,615.00	45,341.00	41,702.00
Other (Click to itemize)	34,000.00	34,000.00	30,000.00
Total	600,861.00	691,817.00	708,313.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Regional Funding

Fiscal Year 2018 - Partner Funding Application

Empowerhouse

Application Status: Submitted

Empowerhouse **24-Hour Domestic Violence Hotline**

Program Budget Narrative

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Please indicate in details reasons for increases or decreases in the amounts requested for FY 2018.

There is not a high degree of change in expenses or revenue for the 24 hour domestic violence hotline. There is request for a moderate but important increase of support from 2 localities. 3 localities see a decrease because of increases in other programmatic areas relative to this program.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

The increase from King George is essential for match funding from the new state grant effort to focus activities in King George. The increase from Fredericksburg is requested as an overall increase to support the services of Empowerhouse as delivered in the City with frequency in proportion to the level of services provided.

In particular, please describe in detail if any increase is sought for new positions or personnel.

n/a

Empowerhouse -

Collaborative Impact

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Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

Empowerhouse staff play a role in several coalitions to address domestic violence and strengthen collaborative crisis and systems response to domestic violence: King George Domestic Violence Task Force, Caroline County Alliance Against Violence and the following three entities for a Coordination Council: The Stafford County Domestic Violence Response Team, the Fredericksburg Domestic Violence Coordinating Council and The Spotsylvania Domestic Violence Task Force. Our domestic violence hotline and 24 hour response services are widely promoted through these coordinating bodies that also promote training for first responders and all service providers who frequently come in contact with victims of domestic violence and their families. Governmental entities like law enforcement, commonwealth attorneys, DSS, and victim/witness program attend and regional organizations such as Legal Aid Works, RCASA, Safe Harbor, RACSB, public defender's office, and MWH Forensic Services,

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

Planning by phone makes a huge difference to both DV victim safety and ongoing economic struggles and coercion they face, coercion to return to the home where the abuser attempts to regain and maintain control over their lives so the abuse can continue unchallenged and unfettered. Victims would have no one to discuss this with, confidentially, in incremental steps and say, "Did you realize this behavior is against the law?", or "I am concerned for your safety." There would be no-one to call at night, when law enforcement is on the scene, to discuss with them how to connect with shelter and mobilize resources to effect that connection. Communities everywhere value confidential and 24 hour access locally because victims are more likely to call if they know their information is not shared and decisions are not made for them. Dedicating time to the hotline by 24 hour workers who perform other DV functions is an efficient way to respond quickly, expertly, and with dedication to DV victims.

Empowerhouse -

Program Overview

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General Information

Program Name 24-Hour Domestic Violence Hotline

Is this a new program? No

Program Contact

Name Tammy Torres

Title Assistant Director

Email office@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

The 24-hour domestic violence hotline, the only serving PD16, provides access to trained workers via 2 Empowerhouse numbers, one toll-free. The service opens communication to those isolated by domestic violence (DV)/ intimate partner violence. Workers validate feelings and experiences, provide risk assessment for future harm, and safety planning for the adult or teen victim and affiliated children. Safety planning (part of the service) is individually designed through analysis of the victim's past and current situation taking into consideration what the future may bring. Information on DV, shelter, agency services, law enforcement, and other community resources are provided including crisis medical and legal, social services, financial, and mental health. Specific information provided on how to file for protective orders and the various governmental entities which are available to report abuse. Via a language line-we serve over 100 languages when English is not the first language. Professionals and family members call the hotline to request information to help a victim they know and many victims call for informational purposes. Most victims calling do not realize that the abuse they are experiencing is against the law. The primary purpose of this service is to increase safety and connect to resources providing a confidential, immediate, and free response to individuals isolated by their intimate partners, and demeaned, threatened, physically harmed, and frequently in danger.

Client Fees

Please describe the fees clients must pay for the services by this program.

No fees. Empowerhouse is an accredited domestic violence program. Critical life saving services for isolated and controlled victims of domestic violence must be provided regardless of ability to pay. As such and because of a mandate by Federal funding, local domestic violence programs are not allowed to charge fees to victims of domestic violence and their children for victim services. Diversified funding sources such as those granted by localities in combination with State and Federal funding and local contributions make it possible to provide this critical public safety life saving service to PD16 area citizens.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

One in 4 women experiences severe physical violence by an intimate partner in her lifetime. A Virginian is killed by domestic violence (DV) every 5 days. Area law enforcement respond to over 6,500 DV related calls annually. This hotline saves local lives through providing expertly trained and experienced workers to educate and direct callers and provide an outlet to seek help and identify the problem and danger. No other PD16 agency provides relief in the form of a DV hotline, 24 hours per day, with a worker prepared to stop all activity and focus attention on the caller on average for one hour. This is critical; a DV victim may find the opportunity and courage to reach out only once and needs us to be ready to listen, address concerns, build trust, and open a support system lacking due to isolation. Safety planning is critical and prioritized with all callers. All PD16 DV victims can access the 2 local numbers (one toll-free). 1,442 callers received confidential assistance last year.

If this is a new program, be sure to include the benefits to the region for funding a new request.

n/a

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Victims of domestic violence, family members, friends, and concerned individuals in the community, primarily in Caroline, Fredericksburg, King George, Spotsylvania, and Stafford call the hotline. Sometimes we respond to calls outside of PD16 especially when a family member who lives outside of the area may call for a victim who is located in PD16. Calls are answered after hours at the undisclosed shelter location and during business hours at the public outreach office at 150 Olde Greenwich Drive in Spotsylvania. Callers may use the hotline as often as needed. After the initial call, additional calls and services are recorded on other forms and no longer documented as hotline calls.

If your program has specific entry or application criteria, please describe it here.

n/a

Empowerhouse -

Number of Individuals Served

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Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2016 (Actual)	FY2018 (Projected)
Fredericksburg City	356	355
Caroline County	53	65
King George County	44	55
Spotsylvania County	403	420
Stafford County	281	320
Other Localities	305	300
Total	1,442	1,515

Empowerhouse -

Goals and Objectives

Goals

Goal:

Enhance the support of victims of domestic violence and their children to decrease exposure to and effects of violence.

Objectives

At least 70% of individuals making victim related (victim, family & friend) calls to the hotline are more informed about the dynamics of domestic violence and services available through domestic violence programs.

Objective Results	Year End	Baseline
Total # Clients Served	1,442	1,515
Total # Clients Achieved/Successful	1,355	1,061
% Achieved / Successful	93.97	70.03

At least 70 % of DV survivors who call the hotline are given referrals to community resources to increase their capacity to acquire resources needed to live a violence-free life.

Total # Clients Served	1,047	1,150
Total # Clients Achieved/Successful	764	805
% Achieved / Successful	72.97	70

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

n/a

If you are restating the goals or objectives for FY 2018, please include those here

n/a

Goal:

Enhance the safety of victims of domestic violence and their children to decrease exposure to and effects of violence.

Objectives

At least 70% of victims of domestic violence calling the 24 hour domestic violence hotline know more ways to plan for their safety.

Objective Results	Year End	Baseline
Total # Clients Served	1,047	1,150
Total # Clients Achieved/Successful	832	805
% Achieved / Successful	79.47	70

Advocacy contacts will be made on behalf of the victim for over 50% of the domestic violence victims calling the hotline. These contacts were made to facilitate connection to requested services available in the community.

Total # Clients Served	1,047	1,150
Total # Clients Achieved/Successful	585	587
% Achieved / Successful	55.87	51.04

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

n/a

If you are restating the goals or objectives for FY 2018, please include those here

n/a

Empowerhouse -

Program Budget

Please detail below the budget request for your program.

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Expenses

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Salary	37,173.00	36,681.00	36,299.00
Benefits	6,564.00	6,877.00	6,779.00
Operating Expenses	15,970.00	7,397.00	7,339.00
Capital Expenses			
Total	59,707.00	50,955.00	50,417.00

Revenues

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Caroline	104.00	217.00	207.00
Fredericksburg	995.00	709.00	866.00
King George	683.00	0.00	671.00
Spotsylvania	3,416.00	2,608.00	2,362.00
Stafford	3,382.00	2,459.00	2,267.00
United Way	0.00	0.00	0.00
Grants	35,644.00	28,834.00	28,834.00
Client Fees	0.00	0.00	0.00
Fundraising	7,483.00	8,000.00	7,710.00
Other (Click to itemize)	8,000.00	8,128.00	7,500.00
Total	59,707.00	50,955.00	50,417.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00

Regional Funding

Fiscal Year 2018 - Partner Funding Application

Empowerhouse

Application Status: Submitted

Empowerhouse **Children Exposed to Domestic Violence**

Program Budget Narrative

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Please indicate in details reasons for increases or decreases in the amounts requested for FY 2018.

The Children's program experiences a small dip in locality funding for several localities in the 2018 request related to the proportional increase in other expanded programs and their activities. Again, the majority of the increase focuses on King George County related to local match for a state grant focusing on King George County, and on Fredericksburg where a much needed increase is requested relative to support for the activities provided to Fredericksburg residents.

If an increase is being requested, please describe the impact not receiving an increase would have on the program.

Empowerhouse continues to see an increased demand for services and is keeping pace with the demand. The request for a locality increase keeps the services flowing to those who need them when experiencing an emergency and at the time the decision is made to get help. The request to King George and Fredericksburg for an increase is respectfully submitted to address the need in these two localities.

In particular, please describe in detail if any increase is sought for new positions or personnel.

n/a

Empowerhouse -

Collaborative Impact

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Efforts and Partnerships

Describe in detail examples of collaborative efforts and key partnerships between your program and the other programs or agencies in the area.

The Empowerhouse children's coordinator, teen boys' coordinator, support services coordinator, and services director work closely with the Juvenile & DR Relations Court Services' Units, the Office on Youth + group home, youth detention center, Head Start, the schools related to child IEPs, arranging transportation to school of origin, counselors and social workers in schools identifying children witnesses and those who may need services, and also work closely with departments of social services child protective services and foster care on some cases. RCASA, CASA Rapp Area, RACSB, National Counseling Group, Catholic Charities, Healthy Families, and Safe Harbor additionally interact, on occasion, with Empowerhouse workers regarding child services. The Empowerhouse team is working with Heritage Park to bring a community based children's group to the housing community. Empowerhouse is a member and active participant of the Fredericksburg CPMT and the Collaborative for Youth and Families.

Collaborative Impact

Describe in detail how the community would be impacted if your program were dissolved or merged with another partner agency.

When survivors are able to break free (not always within in their control; sometimes they are murdered in the process), child abuse decreases if a byproduct of partner violence, but not if an abuser is also a predator and gains full access to a child during custody or visitation (at which time the protective parent would not be present). We ensure fewer children enter care systems that otherwise need to step in for child injuries, danger, neglect, or lack of dwelling. Current in DV National trends in services, we ensure best practices for our community. As a DV program, we have access to A Window Between Worlds art projects database specifically for work with children exposed to DV. The mission of Empowerhouse and its 24 hours services define it uniquely to respond to child witnesses of domestic violence even children who are not direct victims of physical child abuse or neglect as defined by code. Without this program, child DV witnesses would fall through the cracks in many ways.

Empowerhouse -

Program Overview

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General Information

Program Name Children Exposed to Domestic Violence

Is this a new program? No

Program Contact

Name Sarah King

Title Services Director

Email sarahk@empowerhouseva.org

Phone (540) 373-9372

Program Purpose / Description

Provide an overview of this program

Children are the forgotten victims when serving families experiencing domestic violence. Children's voices tend to be muted as their parents seek services because they are used to keeping secrets in the home of origin, or because they are engaged less than adults as services focus on crisis and the responsible adults. Empowerhouse community based children's groups are called the Forgotten Victims Groups. As children participate in educational services, children's groups, teen groups, or individual support at the Empowerhouse office or shelter, they begin to learn they are not alone and not to blame for the violence frequently witnessed and sometimes experienced directly in their homes. Very young children understand yelling and violence do not feel good and, even if they are not directly witnessing, they are aware that it occurs in their homes and are experiencing the impacts. Empowerhouse provides age appropriate workshops, A Windows Between Worlds, support, and education in the shelter and the community through groups provided to children of all ages and genders: Forgotten Victims children's groups: ages 2-4, 5-8, 9-12, Middle School Girls, Teen Girls, Teen Boys, including groups at schools, when requested and arranged, and the engagement of teen councils and college students. (Education on healthy relationships and warning signs of teen dating violence in area middle and high school classrooms is a separate program but a free service reaching over 4,000 teens annually.)

Client Fees

Please describe the fees clients must pay for the services by this program.

The only fees for services at Empowerhouse are those that have an intervention focus, an effort to stop violent behavior by the perpetrator in the relationship. There is a nominal fee charged to the teen boys' education/intervention group. The participants are court referred related to violence they have used in their family or interpersonal relationships. The \$100 fee for the 8 week group is part of the accountability component. The fee has been waived for families demonstrating financial hardship cases. All other children's services are provided free of charge as required by accreditation of local domestic violence programs and Federal funders to provided free services to victims of domestic violence and their children.

Justification of Need

Please state clearly why this service should be provided to the citizens of the region and why the localities should consider this funding request.

Research shows that children exposed to domestic violence (DV) will negatively impact the performance of every child in a school classroom. A child or youth's ability to interact positively with others, self-regulate their behavior and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development creates extra stress for families, so early identification and assistance for both parents and children can head off negative results and keep development on track. Local children coming into our only local DV shelter need concrete support to navigate the changes in their family and school environments including schoolwork, school supplies, and communication with transportation, teachers, and counselors. Children and youth coping with DV need the education/support groups provided by this program to help them express their feelings and provide words to communicate what they are facing.

If this is a new program, be sure to include the benefits to the region for funding a new request.

n/a

Target Audience and Service Delivery

Describe the program's intended audience or client base and how those clients are served.

Children exposed to intimate partner violence and/or teens identified to be in unhealthy relationships in PD 16 are served by this program. Specifically children of all ages are sheltered and receive individual and or group attention at our domestic violence shelter from 0-17 years old. Children are served from Caroline, Fredericksburg, King George, Spotsylvania, and Stafford. In addition to emotional support and education, their needs are assessed and they receive assistance with emergency needs, academic support, referrals for medical, mental health, and social services among others. Group: teens receive services split by gender; children ages 2-4, 5-8, 9-12 receive group services. The Forgotten Victims' Groups, Teen Girls' Groups, and Teen Boys' Groups are held at Fredericksburg located churches and the Empowerhouse public outreach office in Spotsylvania (on occasion- in area schools). Children and Teen groups are provided 2 hours per week, one evening per week for 8-12 week cycles.

If your program has specific entry or application criteria, please describe it here.

n/a

Empowerhouse -

Number of Individuals Served

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Localities

Please provide the actual numbers of individuals served in this program during FY2016 and the projected numbers of individuals to be served in FY2018.

Locality	FY2016 (Actual)	FY2018 (Projected)
Fredericksburg City	45	45
Caroline County	23	25
King George County	25	25
Spotsylvania County	77	80
Stafford County	69	75
Other Localities	9	10
Total	248	260

Empowerhouse -

Goals and Objectives

Goals

Goal:

Children exposed to domestic violence are socially and emotionally competent as a result of Empowerhouse domestic violence children's services.

Objectives	Objective Results	Year End	Baseline
75% of adult survivors with minor children responding to the DOW survey report that because of services received, their children know that it's okay to talk about their experiences with violence.	Total # Clients Served	63	65
	Total # Clients Achieved/Successful	56	49
	% Achieved / Successful	88.89	75.38
75% of adult survivors with minor children responding to the DOW survey report that because of services received, they feel that their children are having more positive interactions with others.	Total # Clients Served	63	65
	Total # Clients Achieved/Successful	60	49
	% Achieved / Successful	95.24	75.38

Outcomes Narratives

Explanation & Overview

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

none

If you are restating the goals or objectives for FY 2018, please include those here

not restating

Goal:

Ensure crisis and support services are provided to child witnesses of domestic violence and court referred teens in need of violence intervention.

Objectives	Objective Results	Year End	Baseline
Provide shelter services and case management to 100 child witnesses of domestic violence in domestic violence shelter and housing.	Total # Clients Served	166	160
	Total # Clients Achieved/Successful	166	160
	% Achieved / Successful	100	100
Provide group education, support, and activities to 150 child and teen witnesses of domestic violence and teen perpetrators of violence. (110 children, 30 tweens/teens, 10 teen boys referred for intervention)	Total # Clients Served	184	150
	Total # Clients Achieved/Successful	184	150
	% Achieved / Successful	100	100

Outcomes Narratives**Explanation & Overview**

If your outcomes are significantly less than your stated objectives, please note any reasons why this might be the case

n/a

Updates for FY2018

Please note any changes you plan to make to the program, or the stated goals and objectives, given the data you have reported

increase the projected number of children served in shelter

If you are restating the goals or objectives for FY 2018, please include those here

Provide shelter services and case management to 150 child witnesses of domestic violence in domestic violence shelter and housing.

Empowerhouse -

Program Budget

Please detail below the budget request for your program.

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Expenses

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Salary	38,982.00	54,636.00	54,099.00
Benefits	4,116.00	6,676.00	6,538.00
Operating Expenses	9,011.00	10,412.00	10,331.00
Capital Expenses			
Total	52,109.00	71,724.00	70,968.00

Revenues

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Caroline	91.00	306.00	291.00
Fredericksburg	869.00	997.00	1,218.00
King George	596.00	0.00	944.00
Spotsylvania	2,981.00	3,670.00	3,325.00
Stafford	2,951.00	3,462.00	3,191.00
United Way	0.00	0.00	0.00
Grants	16,082.00	36,528.00	36,528.00
Client Fees	740.00	740.00	900.00
Fundraising	11,799.00	10,021.00	9,571.00
Other (Click to itemize)	16,000.00	16,000.00	15,000.00
Total	52,109.00	71,724.00	70,968.00

Surplus / Deficit

	FY 2016 Actual	FY 2017 Budgeted	FY 2018 Requested
Surplus or Deficit	0.00	0.00	0.00